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How to read better and faster by norman lewis amazon

© 1996-2015, Amazon.com, Inc. or its affiliates © 1996-2015, Amazon.com, Inc. or its affiliates © 1996-2015, Amazon.com, Inc. or its subsidiaries How to read better and faster learn a number of effective techniques for improving reading speed, concentration, and retention. Summary of the book A classic book, written by the English expert Norman Lewis, How to Read Better and Faster was used as a guidebook by several top-notch universities, the Marine Corps, and the U.S. Air Force to improve the literacy and skills of their students and interns. How to read better and faster conveys skills and techniques to improve one's reading skills in order to make the most of the written word, be it books, newspapers, texts or magazines. The book is based on the idea that in order to read better, one must have increased levels of both retention and concentration. Effective speed reading involves not only the number of words a person can read per minute, but rather focuses on how many words are understood clearly. With this in mind, the author presents effective tools and techniques to improve the powers of storage, and reading speed, guiding readers on how to better their concentration on reading material at hand, build on their word vocabulary, quickly scan a page and understand its key ideas, build efficiency, and save time while sifting through amounts of bulky reading material. Practical in approach, How to read better and faster sets its goals and then presents the ways in which these can be achieved. It suggests many ways for speed reading, offering relevant exercises, designed to increase reading speed. This method allows readers to apply the learned skills and test themselves through practice. Divided into 14 chapters, the book contains topics like, How to Read With Aggressive Understanding, How to Skim, and How to Read With a Wondering Mind. A very useful book, How to Read Better and Faster helps people from all walks of life, to improve their reading skills, including students required to flip through pages of detailed survey material during exam preparation, professionals who do a lot of report-reading everyday, and those in research who have to read and analyze large amounts of reference data. About Norman Lewis Norman Lewis was a renowned grammarian and author, and considered an expert in the English language. He has also written several bestselling books, including 30 Days for a More Powerful Vocabulary, Rapid Vocabulary Builder, Proper Spelling Made Easy, Better English, and Word Power Made Easy. On December 11, 1912 in New York, he published his first article at the age of eleven, and graduated with a master's degree in English from Columbia University. After starting a teaching career at City College New York, and New York University, he taught English for more than three at Rio Hondo College in California, and died at the age of 93, in 2006. I have to say that for me this was an extremely useful book. Much more than expected. I thought I was a quick reader before, but thanks to the exercises in this book, I managed to increase my speed by another 20% on average. Yes, it's long-lasting, but it really takes you step by step, provides good guidance and exercises. And although it was originally written in 1944 (I read in 1958 completely revised 3rd edition), it is far from obsolete. In fact, apart from the obviously dated selection of I have to say that this was for me an extremely useful book. Much more than expected. I thought I was a quick reader before, but thanks to the exercises in this book, I managed to increase my speed by another 20% on average. Yes, it's long-lasting, but it really takes you step by step, provides good guidance and exercises. And although it was originally written in 1944 (I read in 1958 completely revised 3rd edition), it is far from obsolete. In fact, apart from the obviously dated selection of articles for reading exercises, the whole thing was pretty modern. e.g. p. 348 At the beginning of the section on reading critically, the author states that each author wants to convince the reader of his philosophy, attitude, POV. Even in fiction, a writer is a particular pleader. He continues: And of course it is almost impossible to download a magazine or newspaper today without being bombarded with special posts. As you turn the pages, almost every writer says to you, directly or indirectly, This is what I believe; or, This is how I feel; or, This is how I interpret a situation; or, these are the conclusions I draw from the (selected) facts; That's how I solve a problem. or, this is how to do the job; or, this is how I react to what has happened; or, this is how you should react; or, this is the furniture, clothing, perfume, grain, book, soap, cigarette, car or liquor you need to buy, the transport you need, the game or movie you need to watch, the holiday you are going to take, or the charity you need to contribute to; and so on and on, in infinite, infinite variety. And it was written well before the social media age. Yes, the author uses long sentences at times (and here it serves its purpose), but it's worth the effort. I also appreciated the author's thoughts on why one should read (both for further education, as well as entertainment), and in the chapter on jumping and skimming (which in my opinion is sacri-scrimmible), he made an appealing case, and argued that these techniques should be used sparingly, if at all. So all in all, yes, these nearly 400 pages take a while to get through (ironically), it's worthwhile, in my opinion. For more, check out more Read 6 steps to read a 300 page book in 2 hours, hours, remember what you have read Some books are entertaining, some useful, but once in a while come across a book that can be classified as life-changing. How to read better and faster by Norman Lewis is one such book. Don't be fooled by the simplistic title. The book is NOT an English lesson book that teaches one to read, but how to increase one's reading speed from 200 wpm (words per minute) to 500 wpm to even 1,000 wpm & 2,000 wpm. When I started the book I would crawl at 200 to 250 wpm, which Norman Lewis says is the average reading rate. And now after just a few months, I easily cruise at 450 to 500 wpm. This means that it now takes me half the time to finish the morning newspaper, emails, letters, office documents and also the occasional novel! In the words of a reviewer of this book on Amazon.com, the basis behind the author's theory is that speed reading, high concentration and material retention are all connected. You can't do one without the other very effectively. So if you start reading quickly, you are forced to concentrate and it increases retention. The high concentration that is induced when you try to read faster results in some interesting physiological changes in the brain where the memory of what you read becomes etched more permanently than the times when you don't have high concentration. This is not explained in the book, but I came to this conclusion after I became curious about what makes the book's techniques so effective and researched deeper into the subject. I don't want to go too much into the book's techniques because I think they are more effective if you read them directly from the book for the first time. I couldn't say it better though :) Happy reading :) Arif Edit: On popular request, I uploaded here, the image of flashmaster card that came with the book. Book.