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## Teclado logitech k330 manual

G I II G III G IV V Element Group I: Mounts Forward Roll Mount Mount Press Stand Hand Mount B Silivas B Press On Hand Stand On One Hand Mount C Front Handspring Mount C Back Handspring Step Out Mount C Back Salto Step Out Mount D Front Salto Tucked Mount D One Hand Pressure Mount E Arabian Tucked Mount F Round Back Salto 360 Mount F Element Group II: Leaps, Jumps, Hoops Jump Straddle 90 C Element Group III: Turns 360 Turn 450 on back D 720 feet Forward D 1080 Make E Element Group IV: Acrobatic no-fly holder standing with horizontal foot hold forward to roll Planche arm bent. Walking Back Walking Forward Group Element V Acrobatic Flight Back Hands Step Out B Back Hands Step Out On One Hand B Hands Pressed Straddle Support B Back Salto Tucked C Back Salto Pike C Back Salto Step Out C Flick Plaque 90 C Salto Front One leg C back handspring 180 D full torso back salto layout to cross Straddle support D air D back hands 270 to Handstand D back Salto deploy E back handspring 270 before hands E full torso back Salto tucked F element group VI: coming down in front of Salto tucked down forward Walkover 3 60 get off B back salto tucked tucked down D Gainer 360 get off E back double Salto Pike drop E back triple torsion Salto layout to drop F full torsion double-back Salto tucked down G II G III G IV G V G VI All college beam routine starts from 9.40 base value start. Special requirements and difficulty bonus are routine components added to this base value. Requirements up to a level are deductions taken and do not affect the start value. Note that there are a variety of ways to avoid deducting UTL. Special requirements Minimum two series flight element minimum C one, may include mount0.2 OR: non-flight pass connect to E acroDance or dance/acro series, minimum two elementsDance minimum C, cannot connect to disassembly.2Lamp or jump requires 180 degree split.2TurnMinimum 360 degrees C; Oh, I don't know what to do. B connected from any Acro0.2Up to the Levellf flight series lacks an additional Acro D/E connection or dance E required;-0.1in cannot include an Acro D/E connected to get off the bonus horseDismountMinimum B Acro connected to minimum C to drop from C. (Pike-down after vertical)DLayout up to two legs (piked-down before vertical)CBack tuckCSide somiDFront tuckELeaps and JumpsSplit leapASplit jumpBSisneASwitch leapBRing leapDSwitch side leapDSwitch ring leapE Switch Jump 1/2E Jump Intervention Jump 1/4C Jump 3/4DPike Jump Wolf Jump Hand Jump BeatsACat Leapahitch Kick Dismaontsback 1/1BBackback 2/1DBack 5/2EFront 1/1CRudiDFront Earner 1/1 (Side or End of Fund)CGainer 1/1 (Side)CGainer 1/1 1 Tucked (End)DGainer 1/1 (Final)EGainer Pike (Final)CGainer Layout (Final)D Unique PopaLexi Punk Skills (UM)ELiukinNo Dies Commissions 2020CotchtikovaNo 2020 Gymnasts Back Hands Down Rain Showers (OU)B-Arm Back of Handheld Trinity Thomas (UF)C2/1 TurnElla Douglas (MSU)EWolf Make 1/1Marissa Oakley (UGA)BGainer Deploy stepoutella Hodges (TOSU)DDouble Tuck Lyrdasier Brooks (UM)E See anything missing? Send us an e-mail at [Protected E-mail]! Common Deductions Compositional DeductionsNo backward acro element, minimum A\*0.10No forward/sideward acro element, minimum A\*0.10Insufficient distribution of elements0.05Insufficient level changes0.05Insufficient use of length of the beam0.05Failure to show choreography in multiple directions0.05Execution DeductionsFlexed feet0.05 each timeKnee or leg separations<0.20Insufficient dynamics\*\*<0.20Insufficient sureness of performances<0.20Bent arms or kneess<0.30Additional movements to maintain balances<0.30Brush beam with hands<0.30Fall0.50Split positions180 degreesNo deduction160-179 degrees0.05-0.10135-159 degrees0.15-0.20134 degrees or belowSkill devaluedDismount/landing deductionsSmall hop or foot adjustment<0.10Small steps<0.10Large step or jump<0.20Extra arm swings<0.10Dismount lands too close to the beam0.10Incomplete twists<0.20Incorrect body posture on landings<0.20Squatted landing\*\*\*<0.30\*May include roll, mount, walkover/cartwheel or salto; Rotation-off is considered side-by-side, Tick-cannon is considered forward or backward in favor of the gymnast\*\*makes the effortlessly difficult look\*\*\*Deduction is still taken if a fall occurs after landing (0.50 +<math>\pm 0.30</math>) May 29, 2009 - The fund icon chart published on May 28 as part of the appendations for J.O. 2009-10's points code has been updated. Click here for the updated document. May 29, 2009 - The foundation logo chart published May 28 as part of the J.O. Points Code appendages for 2009-10 has been updated. Click here for the updated document. Artistic National Voluntary Junior Olympic Code Levels of Points 2018 2022 General Information Code of Balance Points Gymnastics Foundation 101 Glossary Terms NBC Olympics Code of Points Balance Foundation Gymnastics SkillsCod of Balance Points Jimenistics Foundation Code Skills of Balance Points Gymnastic Foundation SkillsCode of Balance Points Fitness Beams Women's Gymnastics Artistic Gymnastics Junior Code Points of Balance Points Gymnastics Skills Foundation Code Points Women's Artistic GymnasticsXcel Requirements Gymnastics Gold Balance Foundation Gymnastics Skills Vicky fandomfluence of dance elements on balance beam resultsCode of balance points Gymnastics Foundation Junior Skills Olympic Code of Points 2018 2022 ReviewChristina S Code Corner Fitness Foundation collimator for atomic beams traveling in silicon plane instruments nature municipal balance foundation gymnastics skills wiki fandom as it is hened jackals artistic gymnastics world chionships day 2 Christina code corner foundation gym news 2017 2020 code of points women artistic gymnastics notes share there are several different types of skills performed on a balance beam. Skill values are according to the points code of 2017-2020. All GIFs made by one unique sensation and Candycoateddoom. Values for each element are given a value, representing its difficulty. Values are represented as letters A-E, matching the tenths they are equal. A = 0.1 B = 0.2 C = 0.3 D = 0.4 E = 0.5 F = 0.6 G = 0.7 H = 0.8 Mounts A-value (equal to 0.1) Free jump to one leg thief safe wing to support rear jump to cross the starting with hand support to support the rear jump to support the back jump Rear roll forward cartwheel through chest stand swing down (Mitchell) jump with legs bent to stand hand jump side split sit (support hand allowed) scissors jump over horn sit jump with arms bent to chest stand jump with hand support, 3/4 turn in semi-split support sit on one leg B-value (worth 0.2) squats/bend through to clear a handlebar support jump with half a turn Half turn to chest stand (Silivas) headpring/headkip click to stand hand-swing handstand with large arch reverse range planche press on hop side hand stand with 1/4 round (Laurie Hope) free cartwheel aerial walking for rear support free air layout to support rear two flying talent (me) air cartwheel Free for front support jump back through the straddle position above the front support fund standing with back to beam, Jump back to the side split on a beam with C-value hand support (worth 0.3) two wing circles followed by a flair (Baitova) free jump to cross the split neck roll with 11/2 turns to go forward through hand stand hand jump / swing / click hands with full jump / swing / click on handstand, Lower planche jump / swing / click on handstand, Lower to clear pike support jump/swing/click stand hands, half turn swing down jump with stretched thighs planche (Shushunova) jump/swing/click stand hands move to jump with one hand with half a round to jump with a half-turn to sway hand to rear thigh circle , jump with a semi-rotation to the rear thigh circle (Gurova) front tuck salto round-off, flic flac round-off, back hands (flick plaque) swing down to cross sit change leg jump to cross sit - diagonal approach horn (dick) D-value (worth 0.4) split switch mount three flying talent (Homma) jump/swing/click on handstand, Full rotation, lower planche (Hand-Li) jump/swing/click on handstand, full rotation, lower to clear pike support jump/click next to hand stand to walk on both feet Jump/shake one hand to stand hand (Rankin) handstand, move to one arm, lower to clear straddle support on one arm round-off, Jump hands back (Flick Flack) with full rotation to swing down (Tsavdaridou) turn-off, backhand (Flick Flack) with a full twist to change jump leg with half-round sit split free cross - diagonal approach horn (Dick II) Flick Flack catch the beam in the E-value chest position (worth 0.5) cart, tuck back salto round-off, Back tuck salto end, back pike salto rounding, layout step out salto front pike salto round, back hands (flick plaque) with full twist to rear thigh circle (Zamolodchikova) circle, slice salto up to two legs F-value (worth 0.0 0 0 6) salto forward tucked with semi-rotation (wong) round-off , Arab walkover (Dunn) round-off, tuck back salto with a full twist (Garrison) jump forward with a half-turn back Salto G-value (worth 0.7) round-off Arab Salto (Erceg) roundoff, Salto rear layout with a twisted fill with A-value acrobatics (worth 0.1) roll forward unsupported forward hand walkover (Tinsica) forward walkover with support of one-hand walk-forward, backwards (tick-to-prosthetic) walking backwards with support of one hand to walk backwards with a swing down to cross a cartwheel to sit without a flight cartwheel with a B-value flight stage (worth 0.2) free shoulder to roll without support (Garrison Roll) Extending back roll back to stand hand-rolling sideways tucked wheel sideways through neck to stand walking backwards with bend through one leg to walk backwards from extended tuck to sit (Valdez) cartwheel from extended tuck to sit back on the cold The round-off fickle forward back flogging (flick flac) stepped out the back of the blackouts (flick flac) stepping out with support of one backhand back and forth (f flac lick) up to two legs Gainer back handspring (flick Plaque) Gainer back handspring (Flick Flack) swinging down cross straddle sit (Korbut) backhand (Flick Flack) with tuck swing down cross straddle sit (Chen) side disqualification with a hold under the crossbar to finish in position to sit C-value (worth 0.3) Valdez with Full round Valdez swing through a horizontal plane with supporting one arm (Garrison) back-saving (Flick Flack) with half a twist after hand supporting the rescue back (flick flac) with a 1/4 twist stand-in-hand back (flick flac) in a side position to the rear thigh circle (Jurcenko Loop) Backhand (Flick Flack) with Pike rocking down cross straddle sit (Rueda) front tuck Salto with take off from one leg tuck back salto pike back salto gainer tuck back salto gainer layout step out salto back layout step out gaino salter flick-flack with 1/4 Stand-in-hand twist (Honti) back thigh circle lateral wheel stretched D -value (equal to 0.4) jump back (flick plaque) with full twist before hand support (Kochetkova) back jump (Flick Plaque) with 3/4 twist stand hands (Omelianchik) jump From a side position with half a twist to a hand pole Backhand (flick flac) with step out in side position (Tousek) Gainer back spanking (Flick Flack) with a full twist (Khorkina) back-wobbling (flick) with a full twist swing down to cross the batter to sit (Rulfova) aerial cartwheel Free free air walk forward to one leg free walking air forward tuck 60 cm forward Tak Salto with take off from one meter front Pike Salto with take off from one foot to land at Arabesque (Liukin) Tuck side salto pike side salto air cartwheel With a leg change (Gardiner) jump back with a half-twist to go forward with a step-out (Onodi) E-value (worth 0.5) Onodi to two legs (Worley) back hands Fraing (Flick Flack) in a side position with a full rotation to the rear hip circle (Teza) Free aerial circle in front Pike Salto take off from a half-metre deployment back to Salto to an aerial carving of half a metre across the Kern (Colussi) Salto sideways tucked into one leg takeoff with half turn side stand (Schaefer) F-value (worth 0.6) jump forward with Half a twist to salto back tucked (Maaranen) jump forward with half a twist to salto back piked (Prodnunova) tucked Arab Salto Tuck back salto with a full twist G-value (worth 0.0 0 7) deploying salto back with a full twist turns A-value (worth 0.1) round Full on one leg full rotation on the B-value knee scale (worth 0.2) 11/2 turn on one leg full round in a half-illusion tuckstand make C-value (worth 0.3) full rotation in the full-turn back approach with a full horizontal round leg with a leg in a fraction 11/2 Make in tuckstand D-value (worth 0.4) 11/4 back spin (Li Li) double turn on one leg 11/2 turn with horizontal double-turn leg in illusion taxtand turn full rotation with free leg held back and up (Preziosa) 11/2 round With a leg in a split 21/2 turn in tuckstand E-value (worth 0.5) triangular rotation on one leg (Okino) double rotation with horizontal leg (Wevers) triangular rotation in tuckstand on one leg (Mitchell) double round with split leg (Suffihara) jumps & Jumping A-Value ( worth 0.1) Deer jump on a stand side Pike jump cat jump with half a round wolf hop wolf jump jump with a change of leg to wolf Sishon Shushunova with 1/4 twist B-value (worth 0.2) split jump split jump Split jump in a side position with the bending of the back foot (Henrich) splashing jump with half a round Fouette Hop with half a round to land in a straight jump Arabesque with a full round cat jump with a full wolf round jump with a half-round ring jump deer ring Shushunova with 3/3 4 twist Shushunova with full C-value twist (worth 0.3) Split jump with half-round tuck jump with full make straddle jump with full rotation switch jump split jump with 1/4 turn into a retard (Johnson) Pike jump with Full round straight jump with 11/2 make tuck jump with 11/2 make sheep jump D-value (worth 0.4) Jete tour split jump with half-round side jumping and beaming with half-round split jump side stand with full round wolf With a full round split jump ring split jump with arch body and dropped head (Yang Bo) split jump butterfly switch with semi-rotation E-value (worth 0.5) Johnson with half-round split jump with full round Yang Bo from side position (Teza) Ring split switch jump drop A-value (worth 0.1) front salto tucked in front salter tucked with half twist Gainer Tuck Salto on the side of the tuck beam back salto stretched back salto B-value (worth 0.2) aerial walk Forward with a full twist the Gainer Arab front stretches back salto with a full twist on the side of the Gainer Tuck Salto foundation back off the edge of the salto tuck beam back with a full twist stretched back salto with a full C-value twist (worth 0.3) an aerial walk forward with an 11/2 twist Front salto tucked with a full twist front salter stretched with an 11/2 twist Gainer stretched back salto with a double twist on the side of the Gainer Pike foundation back and salted off the edge of the Gainer Tuck Back salto foundation with a full turn off the horn tip (Kim) stretched back salto With an 11/2 twist stretched back salad with a double twist Gainer stretched back salto off the edge of beam D -value (worth 0.4) front salto stretched with a double front salad and a stretchy twist with a 21/2 twist Gainer stretched back salto with a 21/2 twist on the side or the edge of the horn (Khorkina) stretches back salto with a 21/2 twist double tuck back Salto Gainer Salto straight with a full twist from the edge of the beam (Steingruber) Gainer salto tucked in with an 11/2 twist from the edge of the beam (Olafsdottir) E-value (equivalent 0.5) Double Pike back Salto Gainer salto straight with a double twist from the edge of the beam (Jurkowska-Kowalska) F-value (worth 0.6) double front Salto Gainer stretched back salto with a triple twist on the side or the edge of the beam stretched back salto with a triple twist G-value (Worth 0.7) Arab Double Front (Patterson) Double Tuck Back Salto with a double twist filled with pike back salto with a full H-value twist (worth 0.8) double Tuck Salto with a double twist (Biles)

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