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Street dance of china season 3

Do it all together but faster and less.i was a dancer longer than you have (Pocket-lint) – After the app's unveiling at E3 in June, Just Dance Now will release as a game for mobile devices later this month. Developer Ubisoft has described the game as a brand new Just Dance mobile experience. It is considered the most accessible version of Just Dance, a rhythm game series – also developed by Ubisoft – which was first released in 2009 and lets players emulate the movements of on-screen dancers while using the Wii Remote. The Just Dance series was limited to consoles for the past five years. Just Dance Now differs from other Just Dance titles in that it is optimized for smartphones, so you can play anywhere, anytime and with anyone. Just Dance Now players can use their smartphones as a controller, while using any Internet-connected screen to follow the game, according to Ubisoft. The new app will also allow an unlimited number of people to play together across different data connections (2G, 3G, 4G or Wi-Fi). In other words, Just Dance Now is for people who don't own a console but still want to play the original Just Dance game. The game will be launched as an app for portable devices and will connect to a TV, computer, tablet, etc. and stream on the screen from the synced site. You would use your smartphone, in a similar way to the Wimote, to control the game and play against multiple players who can connect simultaneously. You will be able to download Just Dance Now free of charge on September 25th. It should be available in the App Store and Google Play store. Songs include everything from 99 AirBallons by Nena and Applause by Lady Gaga to Part of Me by Katy Perry and Tik Tok by Keshá. Watch the video above for more information. Writing by Elyse Betters. Aug. 14, 2015, 6:28 PM UTC / Source: TODAYBy Scott StumpWhen Dr. Adnan Khera shows up his boombox and starts dancing in the streets of Boston, he does it not only for charity, but also to hopefully make him a better doctor. Since early May, anesthesiology has resided at Tufts Medical Center popping, locking and krumping around the city while dressed as a doctor, all for a good cause. All donations he receives during his performances are donated to a variety of charities, from animal rescue to child poverty, through his Doctor Be Dancing organization. Khera, 28, has raised about \$5,000 so far and hopes to raise \$10,000 by October. One of the missions of this project is to demonstrate the value of individuality inside medicine to medicine as a whole." Khera told TODAY.com. What I do on the streets allows me to communicate with the general population, while I feel normal in medicine, we have difficulty communicating with patients. We fail in many minds to communicate with them and what it is like to be a doctor, and what is in the patient's patient's interest. By expressing our individuality, we can better communicate with our patients. Khera is no stranger to public appearances, having previously done stand-up comedy and public speaking. He's also an ultra-runner, so dancing is another way for him to stay fit with a busy schedule. I've wanted to be a street artist for 2 to 3 years now, so (in May) I thought, Well, the snow has just melted, so it seems like a good time as ever, he said. He tries to go out about twice a week in Boston, and has also done performances while visiting his parents in Arizona. I've always walked around and danced in public, so it never felt so crazy to me," he said. A lot of people ask me, why busking? They think I'm a doctor and I can just work a shift and donate to charity that way. The economic model of busking is that you're going on the street and giving away your talent for free, so the idea is that you see the value in what I give you and choose to donate. It just seems natural that I would take a charitable financial model and give to charity. He also realizes that his public dance goes against the usual straitlaced demeanor of doctors. I feel like the fact that it's for charity makes it hard to speak against it," he said. I imagine some doctors might find it inappropriate for a doctor, but I've never met anyone adamantly against it. Overall, the goal is to have an impact, and also show the value of individuality. Khera does not have a specific location where he performs and does not have a signature song. He will take inquiries or just scroll through his phone and see what concerns him at that moment. It's ad-libbed, which is great because I don't get bored," he said. Follow TODAY.com Scott Stump on Twitter and Google+. A Healing Power from WebMD Archives Jan. 8, 2001 (St. Louis) – Patients take off their shoes before starting therapy with Caroline Heckman. They close their eyes and listen to their bodies. Some will skip or stretch, others will stand cross-armed or pound the floor. Heckman watches. And when the session is complete, she discusses what she observed. Emotions come up - sadness, anger, loss, shame says Heckman, Ma.Y., a registered dance therapist (ADTR) in private practice in St. Louis. When you start to move the body ... emotions are also activated. For centuries, dance has been recognized as a way to express oneself, celebrate life, or perform ritual healing. Now, dancing is increasingly accepted as a way to help work through their problems. Whether someone suffers from sexual assault or bulimia, breast cancer or depression, advocates say dance therapy can help people gain insight into their behavior, improve their self-esteem, and provide options to cope. Movement is a healing force, says Vivien Marcow Speiser, PhD, ADTR, a professor and chairman of the Institute for Mind and spirituality at Lesley University in Cambridge, Mass. Everyone knows that when you move, you feel better. That's why so many people exercise and take care of their bodies. Dance therapy officially appeared on the wards of psychiatric hospitals during World War II, when dance instructor Marian Chace used movement to treat veterans in Washington, D.C. The practice was labeled as a distinct profession in the 1960s and recognized by President Carter's Commission on Mental Health a decade later. Dance therapy has recently been the focus of studies receiving federal funding that researchers aim to document its effectiveness. Furthermore, the first AMERICAN doctoral programme in the field is currently being launched. As we enter the new millennium, we need to increase the strategies that have been developed to keep people healthy, says Marcow Speiser. Dance therapy definitely has its place. Because dance is a basic communication skill, it is a valuable way to therapy, according to the American Dance Therapy Association. It is used to improve emotional, developmental, mental, social, and physical well-being. Therapists can work with groups or on a one-on-one basis. Dance therapy is currently offered in crèches, prisons, mental health facilities and hospitals, and is based on the belief that the body, mind and spirit are interconnected. The whole person is involved in the treatment instead of just the words or the thoughts, says Sally L. Totenbier, ADTR, president of the association. We have the language and the words and the thoughts because they occur together with the movement, but we also have the physical movement with the memories and associations that come from being in motion. You have more layers appearing. About 1,200 dance therapists practice across the country, according to the association. Many patients are referred to dance specialists through their primary therapists. Even those without rhythm or dance experience can benefit. In particular, patients who are stiff and have difficulty vocalizing their emotions can learn to express themselves. Dance therapy is not dance technique, says Heckman, who also teaches a dance therapy course at Washington University. You don't have to be a dancer. It's about movement, and movement can be anything. Much of the public focus on dance therapy has been associated with seniors. A study conducted by the Dance Therapy Association in 1996, funded by the U.S. Administration on Aging, concluded that dance/movement therapy improved functional abilities of seniors with neurological injuries due to stroke or traumatic brain injury. Participants, who averaged 74 years of age, reported improvements in mood, social interaction, physical function, and energy levels. I would be hard pressed to find someone who couldn't benefit from dance therapy because of personality or physical abilities, says Totenbier. With the movement of the eyes or small gestures, we can work with them and find a way to help the person use them in an expressive or meaningful way. Without any training, Sharon Daugherty, MS, found that dance therapy worked for her. As a survivor of incest, she founded Innermotion, a dance theater group made up of sexual assault survivors who tell a story of healing through dance. The goal of the Ft. Lauderdale-based squad was to inspire other abuse victims with a message of hope. The result was a sense of awakening for everyone involved. This has given the dancers so far beyond what their traditional therapy did, said Daugherty. Inner motion gives you the opportunity to take all your strengths and feel confident enough to come up against any more obstacles and to heal them. Most people who work in dance therapy are women, as are the therapists themselves, but it can be beneficial for young and old, male and female, totenbier says. It may be the only way to therapy for a patient, or used in conjunction with traditional therapy when words just aren't enough. It's one thing to talk about your anger and say, 'Next time I get angry, I'll try this,' said Totenbier, who has a private practice in Houston. But when you do it with movement, the person is able to put their body in gear, and experience what they do when they are angry, and start trying different efforts. It adds another level, and for many people that is important. © 2001 WebMD, Inc. All rights reserved. Reserved.

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