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Mandatory credit: Joe Nicholson-USA TODAY Sports LA Rams injury update: Just how expensive is the road win over the Seattle Seahawks in round one of the NFL Playoffs? Well, the LA Rams won the first round of the NFL playoffs by upsetting the Seattle Seahawks favorite. While the start of the game was a close contest, the Rams began pulling away in the second half and eventually led by a score of 30 - 13 until the Rams intercepted a defense that allowed the Seahawks to score a try. closing minutes. It was a warm win for the Rams. A kind of meaningful courage of winning has been so lacking from the team all season. It's a game where the team seems to face growing adversity as the game progresses. And yet, the Rams were locked in and focused. This is a team in a mission, driven by neglect and a constant stream of contempt. Yes, the Rams are dangerous This is a team that has lost the respect of most NFL analysts, and the trust of many fans. Before the game, some touted that starting quarterback Jared Goff, with a swollen thumb and surgical repairs, should be gone next year. Yes, that's right. The La Rams have made the playoffs, and yet before chatting on social media including cutting the team's starting quarterback. It's the NFL of 2020. Backup quarterback John Wolford was ruled out of the game early by a blow to the head by Seattle Seahawks safety/linebacker Jamal Adams. By that time, 9:20 had passed in the first half, and there were no scores. The Rams sent quarterback Jared Goff into the field, as the hearts and minds of the Rams and fans lavered on hopes that John Wolford would be fine. But he wasn't the only injured player of the day. Read: LA Rams: 15 greatest running backs of all time The Rams will face injuries to wide-field receiving Cooper Kupp, quarterback John Wolford, defensive lineman Aaron Donald, outside linebacker Leonard Floyd, running back Cam Akers, and offensive left guard David Edwards. Now, the morning after that, it's time to wade through the player's status to determine just how costly the Rams playoff win is really mandatory credit: Joe Nicholson-USA TODAY Sports WR Kupp Let's face it. The La Rams need wide-field players Cooper Kupp and Robert Woods on the football field to have a chance of winning playoff games. And that was punctuated in the second half when a thumbs up prevented Jared Goff from throwing the ball downfield 44 yards to Kupp. The ball was a little poor, so Kupp had to go back between two Seahawks defenders. It was the game that set the Rams offense up for their second field goal of the day. While Kupp caught just four of nine passes thrown in his direction, he led the Rams in receiving yards with 78 yards on the day. And he's a real recipient for the Rams, one afternoon where there are few things going right and a lot of things go wrong on the offensive side of the ball. Read more: LA Rams News: Waiving LB Patrick and Latest Injury updates Kupping his knee The injury to Cooper Kupp happened in the closing minutes, as he clutched at his knee and limped off the field. On one afternoon the Rams saw injuries to quarterback John Wolford, defenseman Aaron Donald, defenseman David Edwards, and more. So what's Kupp's knee? All signs are What#Rams for WR Cooper Kupp. Knees It's going to be okay. — Mike Garafolo (@MikeGarafolo) January 10, 2021 It's extremely positive news. Diagnosis is about as good as it can be with a knee and a top recorder. With a bruised knee, the Rams will likely hold Kupp to restraint in team practice this week. But make no mistake, Kupp will play. And he will be a huge factor in the Rams playoff run. Mandatory credit: Joe Nicholson-USA TODAY Sports QB Wolford The LA Rams tapped backup quarterback John Wolford to start in his second consecutive NFL game. This is not a better Wolford problem but a simple fact that Wolford is healthier. The Rams decided to start John Wolford at the start of the week, and that was kept secret to disappoint the Seahawks' defensive plan they would face. Wolford gives the Rams mobility in the pocket, and mobility gives the Rams the threat of a running game even with an empty backfield. It was a very compelling offense for head coach Sean McVay, especially when rams starting quarterback Jared Goff was just days away from surgically repairing the thumb of his throwing hand. During the game, a tweet by The Ringer shows how Goff's thumb is swollen, and it's clear that his throwing hand isn't 100 percent. Trend: L.A. Rams brace for defensive position coach is poaching Wolford won't finish what he started The Rams didn't score with Wolford under center. In fact, Wolford was injured with three completions of six passes thrown for 29 yards. And Wolford rushed just once in two yards. But it was that hasty that put Wolford at the seahawks' safety. Adams launched a savage blow to Wolford's helmet, leaving Wolford vulnerable to a few minutes. Reports later indicated that Wolford had been taken to hospital by ambulance for observation. Again, the Rams hold their breath. But the report on Sunday? After spending Saturday afternoon in hospital, Rams' QB John Wolford returned to LA last night with the team, per source. Both Rams' QBs, Wolford (neck) and Jared Goff (thumb) are banging up, but in the words of a source should both be OK. -- Adam Scheffer (@AdamScheffer) January 10, 2021 And that place-quarterback-will-they-face back on the menu for the next opponent. The Rams have a week to heal Goff's thumb, and a week to heal Wolford's neck. So that could complicate Rams practice this week, but the team will be ready to go next week. Mandatory credit: Joe Nicholson-USA TODAY Sports DL Donald The Rams' worst fears were made when All-Pro defensive linemen Aaron Donald was shaken after chasing and bringing down quarterback Russell Wilson after an incomplete pass to wide-receiving DC Metcalf. Plays Donald's has prevented the completion of a Metcalf opening deep in the middle, but it is an expensive one The Rams stopped the Seahawks with third down and four to go with 10:04 left in the third quarter. After the game, Donald took his knees on the field, hugged his side and ribs tightly, and clearly took a breather. Replays of the play revealed that Donald's side fell to Wilson's knee in an odd angle. It was hard to watch Aaron Donald leave the football field nursing his side, and it was even harder to see Donald being escorted into the Rams dressing room. Hot: The 7 players facing playing their last game for the L.A. Rams Donald injury update The Rams received much better news when initial reports indicated there were no rib injuries for the Donald. Now, the team will wait for news from further diagnostic imaging to determine if there is any cartilage damage to Donald's ribs. But that could mean wearing protective suit and a painful shot of killing to allow the Donald to go into next week. The @NFLGameDay Notebook with @MikeGarafolo and @TomPelissero: Injury updates on WFT's Chase Young and #Bucs RB Ronald Jones; #Rams is hoping that STUD DL Aaron Donald will play this week; #Bills OC Brian Daboll is suddenly very busy. pic.twitter.com/4b36iYeVwV - Ian Rapoport (@RapSheet) January 10, 2021 Three injuries to three key veterans. Right now, initial reports point out that the Rams have emerged with some dings and dents, but no major injuries from the game. But what about the other minor injuries? Next: Many players dinged up (Photo: Abbie Parr/Getty Images) Many players dinged up the LA Rams who pounded around pretty much throughout the entire game. The game was a tough physical confrontation, and the Rams have several players playing with some injuries. Most obviously left-back David Edwards, who left the field early after suffering an ankle injury. Thankfully, the Rams were able to send in offensive lineman Bobby Evans, who played well enough alongside left tackle Andrew Whitworth to keep the Rams line of scrimmage. While the Rams were working with Edwards' ankle, outside linebacker Leonard Floyd fired a shot to the head that led to a potential concussion to Floyd at a critical point in the game. That requires Floyd to leave the field and be assessed for injury. Meanwhile, the Rams defense did not weaken, but remained angry and quick, continuing to put pressure on Wilson. Floyd was able to get back into the game. But it's a dodge bullet again. Akers too? The final straw was the absence of running back Cam Akers in the later part of the game. Of course, Akers came back quickly from a reportedly high ankle sprain, and it was a good thing that he did. Akers is the smallest possible engine in that game. In a very Todd Gurley-esque fashion, Akers rushed 28 times for 131 yards and a touchdown and pulled along two passes thrown in his direction for an additional 45 yards. But at the end of the game, was Malcolm Brown running Ball. That turned out to be just as good, as the Rams won the game. But that means Akers will also be limited in practice. And with Henderson on IR, the Rams will be giving snaps to Xavier Jones this week. Next: Flawless L.A. Rams appear hard to beat in the first playoff game The Rams injury update could have been much worse. But so far, the Rams not only appear to be getting everyone back but can be even healthier with a week of rehabilitation to Goff's thumb. The Rams will fit well in round two as well. Their opponents will be the Green Bay Packer or Tampa Bay Buccaneers. We will look at the second round matches throughout the week. Go Rams!> Rams!>

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