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Photo: shutterstock.comCast Iron, properly cared for, can last at least a lifetime in the kitchen. Besides cleaning the pan or pan after each use, cast iron seasoning ranks as the most important step you can take towards maintaining this type of cooking utensil. Drumming is a simple process that leaves a non-sticky coating natural, one that makes cooking with cast iron not only more enjoyable, but also much more comfortable. How do you season cast iron? Read on to learn the steps involved! Tools and materialsSTEP 1 to start, preheat the oven to 350 degrees Fahrenheit before washing the cast iron thoroughly. Use a combination of hot water and dish soap to eliminate any residums built up over time. Then rinse with water and dry the pan or pan with a soft cloth. In the future, remember not to use dish soap when cleaning cast iron, as the soap reduces the effect of resuscitation. Once used, simply rinse the cast iron with water and wipe it down with a kitchen cloth. Photo: shutterstock.comSTEP 2Next, select oil to use in your seasoning. Some experts say that refined flaxseed oil does the best job. But it's far from the cheapest option. Crisco or pork oil work well, but really any vegetable oil will do, as long as its smoke point – the temperature at which it starts smoking – is above your normal cooking temperature. Above all, set up not to use any oil that boasts a strong flavor. Step 3Pour in the oil of your choice and spread it around to evenly cover the pan or pan. For best results, rub the oil you have chosen with a towel or paper towel. Cover every square inch of the cooking surface. Step 4Strever the cast iron, upside down, into the preheated oven, place it on the oven rack with a piece of tin foil underneath it. The goal here is for the pan or pan to heat up until the oil has reached its smoke point. Then and only then is there a chemical reaction that results in a non-sticky coating desired. Different oils have different smoke points. To bring flaxseed oil to its smoke point, turn up the oven to the maximum heat meeting place. If you're using vegetable oil, keep it at 350 degrees. Bake the gypsum iron for about an hour, then turn off the heat and allow the metal to cool completely before removing it. More tips eventually, cast iron will have to be seasoned again. To turn it off for as long as possible, remember not to use dish soap when cleaning the cooking utensils. Just rinse it with water, wipe it down with a soft cloth, not a scanning pad. Add a little salt to the scrub of power, if necessary. When the cast iron surface becomes dull and sticky, you will know that the time for the season has arrived again. Many of your favorite TV shows will look different when they return. In some cases, a staff member leaves or is fired, and the performances will continue without them. But we can't see how The series can go on, especially one huge cast change that will destroy fans (page 10). Here's a look at the favorite shows with big branding next season. 1. The Walking Dead Lauren Coen - Maggie Green and Andrew Lincoln - Abby Nash and Cullen McAuliffe (promoted to regular series) Fans will see Lauren Cohan (Maggie Rhee) and Andrew Lincoln (Rick Grimes) retire in Season 9. Now Cohen stars in ABC's Cavalier Whiskey, but she may return to casual cadmos. Viewers will see Norman Reedus (Daryl Dixon) in a bigger role. With a spinning cast, Lincoln explains the Walking Dead best: it's always been a vehicle, and it will continue to be the vehicle. No one is bigger than the story, and this year's story is unbelievable. Next: Season two for most first responders 2. 911 911 of Connie Britton, Oliver Stark and Angela Bassett | FOX via Getty Images Out: Connie Britunin: Jennifer Love Hewitt and Ryan Guzman didn't expect 911 to receive such glorious ratings. But the first series of responders will get a second season, much to the excitement of fans. Unfortunately, Connie Britton's one-year contract ended when she moved on to Bravo Dirty John. Jennifer Love Hewitt will take over maddie, the 911 operator and Buck's sister. Ryan Guzman will play firefighter Eddie Diaz. Next: A beloved carrier who isn't shy about quitting. 3. Shameless | Source: Showtime Out: Emmy Rossumin: Courteney Cox and Katie Segal All love Chicago's first family, the Gallaghers. Since 2011, fans have watched the eldest daughter, Fiona (Rossum), and her brother grow up. Many were sorry to hear about Rossum's departure after the ninth season. Writing a heartfelt message to fans, the actress said: The opportunity to play Fiona was a gift. The first part of Season 9 premiered, and the second part will be separated from Fiona - but not from the entire series. Next: The British monarchy has changed this plan forever. 4. Suits | USA Network Out: Meghan Markle and Patrick J. Adams in: Katherine Heigl Suits lost two major characters, Markle (Rachel Zane) and Adams (Mike Ross), in season eight. Heigl joined the cast as Samantha Wheeler. Although the last season was successful, USA stated that the suits will end in season nine. Many predict Adams may return to a brief show, but few think Markle will re-play her role. The ninth season is expected to premiere in the summer of 2019, with a possible Canrya by Jessica Pearson (Gina Torres). Next: Viewers thought this departure was a bull. 5. Bull Michael Wathory as Dr. Jason Ball and Annabel Atancio as McCarry Cable | Craig Blankenhorn / CBS via Getty Images Out: Annabelle Atansyuin: Mackenzie Meehan Atanasio, who played the research expert for experience analytics firms, McCarry, amicably left Ball to direct her first film. The production did not specify how McCrory would leave the show. But Meehan was promoted to a series set depicting the drummer/hacker, Taylor, a new member of the team. Next: A huge rerun as this show jumps ahead in time. 6. The Crown | Netflix Out: Claire Foy, Matt Smith and Vanessa Kirbyin: Olivia Colman, Helena Bonham Carter and Tobias Menzies The Crown will change into a third season. Foy played a young Queen Elizabeth II for the first two seasons, but she won't be returning. The show will jump ahead in time, so Coleman takes over from an older queen in Seasons 3 and 4. Menzies will replace Matt Smith as Prince Philip. Bonham Carter will play Princess Margaret, previously played by Kirby. Next: This character won't be back for Season 2. 7. The Good Doctor The Good Doctor | ABC Out: Choco Modo and Bo Garrett in the second season of The Good Doctor, Modo returned as Dr Jared Callow - but only to finish his plot. Executive producer David Shore said he hoped to repeat Jared's storyline. But Captain Marvel may have something to do with Medo's departure. The actor has a secret role in the film starring Brie Larson. Details have not yet been released. Next: This figure came out after 15 years. 8. NCIS NCIS | Cliff Lipson/CBS via Getty Images Out: Pauley Perrettein: Diona Reasonover (promoted to regular series) Perete played Avi Syotto for 15 seasons. Her final episode aired in May 2018, when my father left NCIS to start a charity. Perth's image is still alive, retaining the possibility of a repeat. However, she left the program after multiple physical assaults, so that seems unlikely. A reason she previously starred as forensic scientist Casey Haynes. Next: This show is now a Fox favorite. 9. The Last Man Standing Amanda Fuller, Flynn Morrison, and Molly Ephraim | Michael Ansell/IP via Getty Images Out: Molly Ephraim and Flynn Morrison: Molly McCook and Jett Jorgensenmeyer The last man's standing fans can thank Fox for the show's rapid revival at the end of 2018. Most of the original cast is back. However, Molly McCook replaced Molly Ephraim as Tim Allen's middle daughter Mandy. You may know Jett Jorgensenmeyer from about black; He replaces Flynn Morrison with Boyd, son of Kristin and Ryan. Next: A medical drama known for heartbreaking exits 10. Grey's Anatomy Grey's Anatomy | ABC Out: Jessica Capshaw and Sarah Drogan: Chris Carmack, Josh Radnor, and Jennifer Grey Grey's Anatomy adds and cuts cast members diversely. The last to come out were Capshaw (Arizona Robbins) and Drew (April Kepner) due to the creative direction of the series. Season 15 includes many new roles. Meredith Gray's main character The Love Interest was briefly played by Radnor. Grey — yes, it is — will appear in multiple episodes, like In the February episode. Jeff Perry will return for the first time since season seven. Next: Another mystery to a murder plan. 11. NCIS: New Orleans NCIS: New Orleans | CBS Out: Controlling Grant in: Zedgen Nakar fans are currently enjoying Season 5 of NCIS: New Orleans. Grant, who has played Sonia Percy since season one, has not returned to the NCIS spin-off. The only new crew member, Zedgen, previously appeared as Dr. Coe in The Good Doctor. Now she plays a special agent. Next: rape allegations first, then conflicting priorities 12. Farm Farm | Netflix Out: Dax Shepard (for the most part) After Danny Masterson left the ranch over rape allegations, Shepard entered his cousin Luke Matthews for a third season. Netflix then announced a fourth season scheduled for 2019. However, Shepherd's comedy pilot, Bless This Mess, was picked up by ABC for a six-episode series. He may appear briefly on the farm, but Shepard must prioritize his lead role in the new comedy series. Next: A move from Chicago to Hightown for the 13-year-old actress. Chicago Fire Chicago Fire | NBC Out: Monica Raymondin: Annie Ilwanza (Arrow, Charlie's Angels) Will take over as Raymond, who played Gabby Dawson in Chicago Fire, decided not to return for season seven. She told the Chicago Tribune: I knew my six-year contract was coming to an end and I felt I was hungry to explore another role. In March 2019, Raymond will begin filming The Starz Hightown Series, a heroin epidemic drama. Next: We can't imagine how this show can go on without this person. 14. X-Files X-Files | Technically, we don't know when the X-files will be back -- or if it's going to happen at all. Fox says it has no plans for another season, while creator Chris Carter says season 11 is not the end. Either way, if the X-Files come back, it'll look very different, as Gillian Anderson announced she won't be returning. She hinted on social media that she wasn't happy with the last season. Next: One less arrow in the quake of this 15 program. Arrow Arrow | CW Out: Paul Blackthorne and Villa Hollandin: Roy Harper (returning as a regular series, Arsenal) Blackthorne played Quentin Larry Lance in DC Comics-inspired show Arrow for six seasons. (He also played Lance in Legends of Tomorrow and Flash.) But he as well as Holland (Thea Quinn) won't be returning for Season 7. Next: Allegations of sexual harassment for the main character 16. Transparent | Amazon After both a former assistant and co-star accused Tambor of sexual harassment, the transparent star was fired. The second season, scheduled for autumn 2019, will not feature Tambor's character Maura Pfefferman. After a big stall in production, reports Bustle. Transparent will end up with a two-hour mini-musical doubling as the series finale. Next: Fans Get more of this program by 2020! 17. Doctor Who Doctor Who | BBC In: Jodie Whittaker will remain as the 13th doctor.Sharon D. Clarke may return as Grace Chavana Gulati, Rabin J. Ganatra and Bhavnisha Farmer may return to the roles of Yaz's mother, father and sister. Doctor Who aired its only episode in 2019 as a New Year's Special tiled Resolution. Viewers must wait until 2020 to see a brand new set of action adventures packed for the 13th doctor, as crook Chris Chibnell explains. Next: Netflix's beloved political drama has lost its main character. 18. House of Cards | Netflix Out: Kevin Spice: Diane Lane and Greg Kinnear After Season 5 aired, House of Cards chief Kevin Spacey was fired over allegations of sexual assault, and star Robin Wright appeared as Claire Underwood. Unfortunately, the HOC is facing poor reviews after Spacey. Polygon may have put it best: efforts to save these episodes are nothing short of heroic. The review goes on to understand: it's a messy, unclear and confusing eight hours of television with no strong idea of how to bring this series to an end. Next: This series dramatically fired its main star. 19. Lethal Weapon Deadly Weapon | Lethal weapons via Instagram Out: Kalin Crawfordin: Seann William Scott Clean Crawford, who plays Martin Riggs with a deadly weapon, was fired from the series, reportedly for bad behavior and outbursts on set. In season three, Murtao will receive a new partner played by Seann William Scott. According to Deadline, it's rumored that Scott will play Murtao's brother. Next: This series is losing all its actors. 20. Scream Scream | MTV Out: Every member of the third season cast of MTV TV show Slashing American Anthology will have a full reboot; There's not a single crew member coming back. Scream's fresh cast consists of Mary J. Blige, Tyga, C.J. Wallace, Kika Palmer, Georgia Whigham, RJ Seiler, Jessica Sole, Julianne Yao Joyello and Tyler Posey. The series, which premieres in March 2018, airs in spring 2019. Check out the cheat sheet on Facebook! Facebook!

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