



## Schwinn elliptical 470 buy

Bluetooth connectivity, syncs with Schwinn Trainer and other health tracking apps. Sync for free Launch the social app download and run through 19 locations with 27 routes alongside people from all over the world in real time.29 training programs: 12 profile, 9 heart rate controls, 4 custom, 2 fitness tests, 1 quick start.25 resistance levels for a wide range of workout intensity options. Dual-track LCD displays, media shelf, console speakers with MP3 input port, USB media charging and adjustable fan. Full description not availableShow More Hydraulic, Water, MagneticTarget Time, Incline Interval, Target Distance, Quick Start, Speed Interval, Fat Burning, Target Calories, Fitness Test, Weight LossSemi-Commercial Use, Home UseThis item doesn't belong on this page. Thanks, we'll take a look at that. So intuitive is how this elliptical is our best trainer, thanks to the highest quality, smooth movement and innovative features. Every schwinn ® 470 Elliptical is our best trainer, thanks to the highest quality, smooth movement and innovative features. compliance® to easy data tracking. With 470, you'll get the training experience you need for the strength, endurance and weight loss you want. \* Build & amp; Tune delivery is complete. So intuitive is how this elliptical can read your mind. Schwinn® 470 Elliptical is our best training experience you need for the strength, endurance and weight loss you want. 29 programs: 12 profile, 9 heart rate control, 4 custom, 2 fitness tests, 1 recovery test, 1 quick start Schwinn DualTrack<sup>™</sup> blue backlit LCD window system allows you to monitor up to 13 different display feedback. Track time, distance and calorie goals, and transfer data via Bluetooth<sup>®</sup> to Explore the World<sup>™</sup> and other popular apps like AU, MyFitnessPal, GoogleFit, Apple Health, and MapMyRun/Ride. Usb. 4 user capabilities for multiple user configurations. Telemetry heart rate enabled (chest strap not included). 25 levels of eddy current resistance aligned at high speed, high inertia circumferential circuit weighted flywheel for smooth and quiet training. 5 tilt and 5 resistance keys to quickly take you from easy to hard and with The 20-metre step thanks to Precision Path<sup>™</sup> Foot Motion technology simulates natural movement. Adjustable 10° ramp allows user-controlled tilt changes during fun and challenging workouts. Large feet allow you to put your feet in a position that is comfortable for you and is cushioned to facilitate long workouts. The ergonomically positioned carrying handlebar provides flexibility in manual placement. 3-speed fan, oversized central water bottle holder and transport wheels. Sealed acoustic chamber speakers ensure high sound quality. Frame: 10 years / Parts: 2 years / Electronics: 1 year / Robot: 90 days warranty. Resistance levels25Dyd length20 Precision path<sup>TM</sup> StrideDimensions70.1 L x 28.2 W x 63.2 H (178.1 x 71.5 x 160.1 Maximum user weight300 lbs (136 kg)Assembled product weight300 lbs (136 kg)Asse daysCool on smart devices, Amazing on the big screen Take control of your journey with dozens of places in high resolution and course lengths to choose from, including 5Ks through the Scottish Highlands, full marathons through the streets of Prague and much more. Reach Your Full Potential Schwinn® Fitness offers a full line of groundbreaking and affordable cardio solutions that integrate with the latest apps and technologies. With dozens of cardio training options, full-featured consoles and easy tracking data to monitor your progress, Schwinn ® combines intuitive design with user-friendly technology for an effective, enjoyable cardio experience. We purchased Schwinn 470 Elliptical so that our expert could thoroughly test and evaluate it. Read on for a full review of the product. If you are looking for exercise equipment for home use, there is a good chance that you have considered something like the Schwinn 470 Elliptical. want. They are also famously low impact, meaning that they are easy on muscles and joints and can even help you recover from injury. In short, ellipticals provide comprehensive full-body training for all ages and fitness, and Schwinn is a trusted American brand with different models depending on your needs and budget. We tested the Schwinn 470, which is considered the top model of the brand and one of the best ellipticals on the market at home. Before you get involved in a machine, take a look at our breakdown of all its features and performance. Verywell Fit/Deanna McCormack Our Schwinn 470 Elliptical was delivered on the day we set up with Amazon in a large, very heavy box. The box took three people to rise to our second floor. It contained a step-by-step instruction on how to set up the machine (with for each step) and all the tools and equipment needed for installation. Mounting. the machine is also equipped with oil to be used as a grease for the machine and additional equipment in case of any problems during assembly. Reading the manual, the steps were quite easy to follow. When it was time to actually do them, we realized that they require a lot of strength, a little knowledge of mechanics and careful attention. The whole process took my husband and I more than three hours! You will definitely want to assemble this machine with two people, because the process is complicated and time consuming, and the instructions must be done in the correct order to make sure you make the most of your machine. We did not like that there were no videos on the brand's website that helped us in the setup process. Navigating different tilts and 25 resistance levels was trouble-free. The only positive aspect of creating an elliptical self was that we got to know the machine a bit more intimately and now we know a little more about which parts may need to be repaired or replaced if ever necessary. However, you can opt for it if you are not used to combining fitness equipment. Verywell Fit/Deanna McCormack Measuring 70 inches long, 28 inches wide and 63 inches high, the Schwinn 470 has a front flywheel, oversized crossbar and frame support center. In general, it looks and feels durable. At the front of the machine there are small wheels that move it if necessary. It is guite heavy at 164 pounds and can accommodate riders up to 300 pounds. We recommend buying a mat to prevent damage to the floor by sweat, water or the machine itself. The elliptical has a 20-inch (unregulated) step with Schwin's Precision Foot Movement Technology, which is designed to mimic natural running motion, and we always felt comfortable when we did various workouts during our multi-week test period. We like the angle and large size of the foot pedals and we never felt tense during training. Everything charged, s natural, up to the shape and arrangement of the moving steering wheel. There is also a set of static steering wheels. We love the built-in three-speed fan, water bottle holder, USB charging port, MP3 port and media shelf. The 470 has 25 levels of resistance for a wide range of training intensity options and a 10-step adjustable ramp that allows you to change the slope mid-workout. The computer is really high-end dual-light display of the console. The machine also includes many convenient features that make workouts particularly user-friendly. We love the built-in three-speed fan, handle water bottle, USB charging port, MP3 port and media shelf is located in such a way that you can track your progress on the display of the device while reading or watching TV on your own device. As for the design flaws, we found that the built-in acoustic chamber speakers are mediocre and are not ideal for loud music or movies where you want to hear the sound clearly. Verywell Fit / Deanna McCormack Get Ready for Sweat! Schwinn 470 Elliptical performed just like our favorite machines in the gym. It has 29 training programs to choose from, including 12 different training profiles (mountain rides, rides and challenges), nine heart rate control options (including beginner, advanced and custom), four custom user profiles, two fitness tests, one recovery test and a quick start — all designed to help you build a workout that gives you the results you want. Each of us had our own user profile and all the program settings were intuitive (and some were completely programmed). It was so nice for us to have such a high quality, high quality training machine in our house. With the Schwinn 470 has taught us how much you can actually do on an elliptical. We found that a short HIIT workout would get our heart rate up and engage our muscles without us having to sweat as much or as long as on a treadmill or bike. We felt constantly challenged as well. Schwinn 470 tracks time, distance and calories, and monitors and detects heart rate using contact and telemetry built into the steering wheel. The heart rate monitor isn't as accurate as we expected, and we suggest a chest strap (not included) for better results. Every time we were on this elliptical front-drive machine, we felt comfortable and well equipped to get the training we wanted. Navigating different tilts and 25 resistance levels was trouble-free. Resistance is controlled by ECB technology (eddy current braking), which is an electromagnetic system used by most elliptical higher classes (as opposed to manual or motorized systems). It turned out that the resistance system is reliable and in general our workouts were smooth, guiet and comfortable. Verywell Fit/Deanna McCormack Schwinn 470's free accompanying app. Schwinn Trainer, is a great way to track our workouts and measure performance. All of our stats from our elliptical workouts — time, distance, and calories — are automatically loaded into the app after each session. You can also connect the machine and statistics to other applications, Like MyFitnessPal, a more versatile app that works with lots of other machines or RunSocial, the app lets you run through scenic routes and locations. In addition, it works with GoogleFit, Apple Health and All data can be transferred using a Bluetooth device. Verywell Fit/Deanna McCormack Compared to other high-end ellipticals and even other Schwinn models, the 470 has an average price tag but is built like a top-of-theline machine. If you're following a handsome elliptical (like something you can see in a fitness center) with multiple features and want to stay below \$1000, I would definitely recommend this model. If you're annoyed that you're asseming it yourself — even a little — we think it's worth the extra money. Bowflex Lateral X LX5: For more than twice the price, the Bowflex Lateral X LX5 has an adjustable side range and instructor-led video workouts. Plus, it's much more compact than the Schwinn model. However, in the case of a home machine, we would still choose the Schwinn 470 because it does its job well and costs much less. XTERRA Fitness FS1.5: If you're looking for a budget option, \$350 XTERRA Fitness FS1.5 is a solid choice. It has a shorter stride length than Schwinn. You want to look at other options. Check out our roundups of the best ellipticals. Final verdict Buy it if you are looking for a great workout. The Schwinn 470 Elliptical is a robust, high-end machine that is equipped with features. Smooth, quiet driving, high resistance and connectivity have increased the quality and quantity of our workouts. We strongly recommend it to anyone looking for a top-of-the-line elliptical home. Elliptical.

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