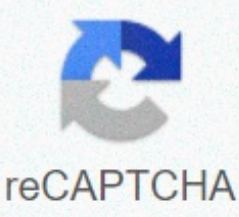




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## How to become a nun in nc

Have you ever wondered if God could invite you to become a Catholic nun or sister? Don't you know where to start now that you feel attracted to considering religious life? You landed on the right page. Here you will learn about how to become a Catholic sister or nun. You'll get a general idea of where to start, what the general logistics are, and some helpful advice from someone who was there and is now a Catholic sister. Our intention here is simply to start your way. As you move toward checking out a religious community, check in with the slope manager who can give you details of how that particular community is going about steps to become a nun. Also, be sure to check out the Conditions to become a Catholic sister or nun at the bottom of this post. NOTE: Here is a downloadable and printable version of this post: How to Become a Catholic Nun PDF How to Become a Nun 1. Pray The most important place to start is to pray (or continue to pray) about this call you feel. Your feeling that God is calling you is not some luck or idea. It's a gift from God, an invitation to a deeper relationship with God. No matter how your inclination ends up being expressed (nun, wife, parent, teacher, advocate, etc.), you are invited here, right now, to come closer to God. Be open to listening to God, no matter how crazy or confused it is. Embrace the possibility of what God has in mind for you. It can be a radical shift in a different lifestyle than you imagined for yourself, or it can be something you've known a little from the beginning. And it could be both! Stay faithful to pray even when it's hard or feels like it's going nowhere. Spend more time in prayer and/or be more deliberate in the prayer time you already have. If you are used to praying the first thing in the morning, consider praying again before going to bed. Review your day and ask God to help you see how God was with you in the everyday essence of life. If you are attracted to Rosario, consider praying to Rosario with the specific intention of knowing more deeply how Mary and Jesus responded to their call. Read the scriptures, especially the stories of people trying to understand how God calls them and how they can respond. Here are some of these stories (for more check out this list of Bible stories from vocations.ca): Imagine yourself in history. How would you react? What words does God say to you? Pray with the others. Participate in the Mass, attend a Bible study or faith exchange group, pray with others who can encourage and support you. 2. Meet nuns Do you know any real nuns? Do you have nuns in your parish or school? Do you work with nuns? Getting to know the nuns personally is a very important step to becoming a nun, because each is an example of how to live religious life for real. Also, interaction interaction Nuns gives you the opportunity to start imagining yourself as a nun and see how it fits. You don't even have to tell the nuns you're looking for them! I spent a good amount of time doing nun supervision before ever saying anything to them (well, just one of them) about what I was thinking. Some nuns fit in with how I felt God calling me; others, while stellar examples of religious, did not suit me. I learned that this was ok and that religious life is very different, and along the way I found that I was invited to IHM's way of religious life. What are some ways you can do nun supervision or interact with nuns? watch Mass or a prayer service at a motherhouse or monastery of a religious community go to a retreat held by or led nuns participating in a nun run (an event in which you travel from monastery to monastery with other demanding women in order to check out communities and get to know a variety of monks) to take a lesson or workshop taught by a nun pretending to have a problem with a paper you write about your nun teacher , so get you one-on-one time (I had this mastered, but then I think you figured it out – never left for!) to invite a nun out for dinner or a movie help a nun fix her computer or start a volunteer Facebook page in a convent, helping with transportation needs or by organizing an art experience or by shelving library books or by participating in some kind of social justice defense with them to get one spiritual director who is a nun attend an event in which there is likely to be a high population of monks If you are in a place where there are no nuns around, you can do online nun supervision. 3. Talk to a mentor There is nothing like saying something out loud to make it really real! So start talking to trusted people about your attraction to religious life. These mentors could be family or friends. You may have a dear aunt or a close cousin who can share your thoughts without fear of being discouraged. Talk to friends you know will support you while you explore religious life and this feeling of being invited to become a nun. You may also consider talking to someone like a nun or a priest or a priest. There are many leaders in parishes and schools who are there to listen to you and encourage you on your spiritual journey. A more intense way to do this is by looking at the spiritual direction. A spiritual director is someone who has been trained to help you to think and pray about how God moves in your life. Most are familiar with religious life (many are actually religious) and can be great mentors and sound boards as you consider where you are and where you are going. 4. Contact a Religious Community You will know when the time is right to move from learning about nuns and religious life to formally exploring religious life with a particular community. It can be a leap of faith doing this but remember, just because you communicate with a religious community doesn't mean you're signed up for life. Religious communities know that it can take a while for people to get to know them and religious life in general. They welcome you where you are and are there to help you tell if God is inviting you into their particular community. How do you communicate with a religious community? If you know a nun in the community you're attracted to, ask her. You will be a good companion (if you want to) along the way and will introduce you to The Slope Manager and other sisters if you wish. If you do not know a nun personally in the community, please contact the Community Director directly. You can find her name and contact details on the community website. You can also contact the Professional Office in your diocese. They have tons of information to help you distinguish and find a community that suits you. To find your diocese's tilt office, consult the U.S. Catholic Dioceses' list. Vision Vocation Network also has their list of Catholic religious communities that you can use to find contact information for Vocation Directors. They also have a very innovative and useful online vocation match feature. 5. Working with the Director of Inclination The director of the inclination of a particular religious community is the official person who helps you get to know the community and distinguish the call of God in your life. The Slope Director is a member of the community you're considering joining. Her job is to help you get to know the community and help the community get to know you. She will be the one who will lead you through all the official steps of becoming a nun within this religious community. While you're on the slope manager, you don't have to stay with this community. You can decide to look at other communities or date someone. Don't be afraid to do that. Explore and experience the things you need to find out if religious life with a particular community is for you. Slope managers are very understanding of this and know it is a normal part of the distinction. As you come to your own sense of commitment to becoming a nun, you grow in your own sense of wanting to commit to this particular community. This is when you move towards breaking up with other communities you've looked at or with the person you've been dating. You'll know when the time is right. Some things you can do as you work with a tilt manager: meet regularly in person or by phone to a slope retreat with other women that the slope manager works with go to the brothers' community events such as mass, special meetings or workshops just for sisters, etc. , spirituality, history and mission mission organizations and ministries funded by the community attend tilt-oriented events within the diocese to help her get to know you by visiting your school or work or taking her to your favorite hang-outs discussing religious life and vows When you and the slope director are ready to officially move forward with your desire to join the community, you will probably move more to work on official steps for community inclusion: to address the practical requirements to enter the community (Canon Law, finances, property, psychological and physical evaluations, etc.) envision your transition to the community (when, where, how) to formally meet with other members of the inclination group and with the church leader (General Superior) The slope manager will lead you through all these things and is there as your advocate. He's there to encourage you, challenge you and pray with you. Although it is the official link to the community, we encourage you to become friends with others in the community. 6. Become a member of the Community As soon as you and the community see that yes, in fact, God calls you to each other, you go through the official steps of integration. These include: Aspirency/Pre-Nomination (more to come to each of them) Postulancy/Noviciate Nomination First Vows Final Vows Conditions to Become a Catholic Sister or Nun a. You must be a Catholic woman. If you are not Catholic, there are other forms of religious life in Christian communities that are not exclusively Catholic (e.g., Benedictine Madison women) as well as in other religious traditions (e.g. Buddhist nuns). If you want to become a Catholic, talk to a pastor in a local Catholic parish. B. You must be single. You can't get married in the eyes of the Church. If you are, you must receive a cancellation to consider becoming a nun. Widows can be valid nuns. c. You must not have dependent children. There are many women who have children who become nuns. Children, however, should no longer depend. d. You must not have debts when entering the sign. Noviciate is usually one or two years into the formal process of becoming a nun. If you have debts, work to eliminate them. Don't stop looking in a religious community because of a student loan or something like that. Talk to the tilt manager about how to proceed. Q. You have to be healthy. It is important to be physically and psychologically able to participate in the mission of the religious community. However, healthy is a relative term and does not automatically exclude people with managed diseases or disabilities. This is a thing to discuss with the tilt manager. F. You must be 18 to 40 years old. Although the age limit used to be limited to 18-25, communities accept women up to the age of 40, and many accept women over their 40s and into their 50s. If if you are in the highest range of age, do not be discouraged from pursuing religious life. Often this is treated on a personal basis. G. Other considerations A college degree is not an absolute requirement; However, many religious communities encourage that you have at least one degree before entering. Professional experience (not necessarily a full career, although this is also welcome) is also encouraged before entry. Entrance.

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