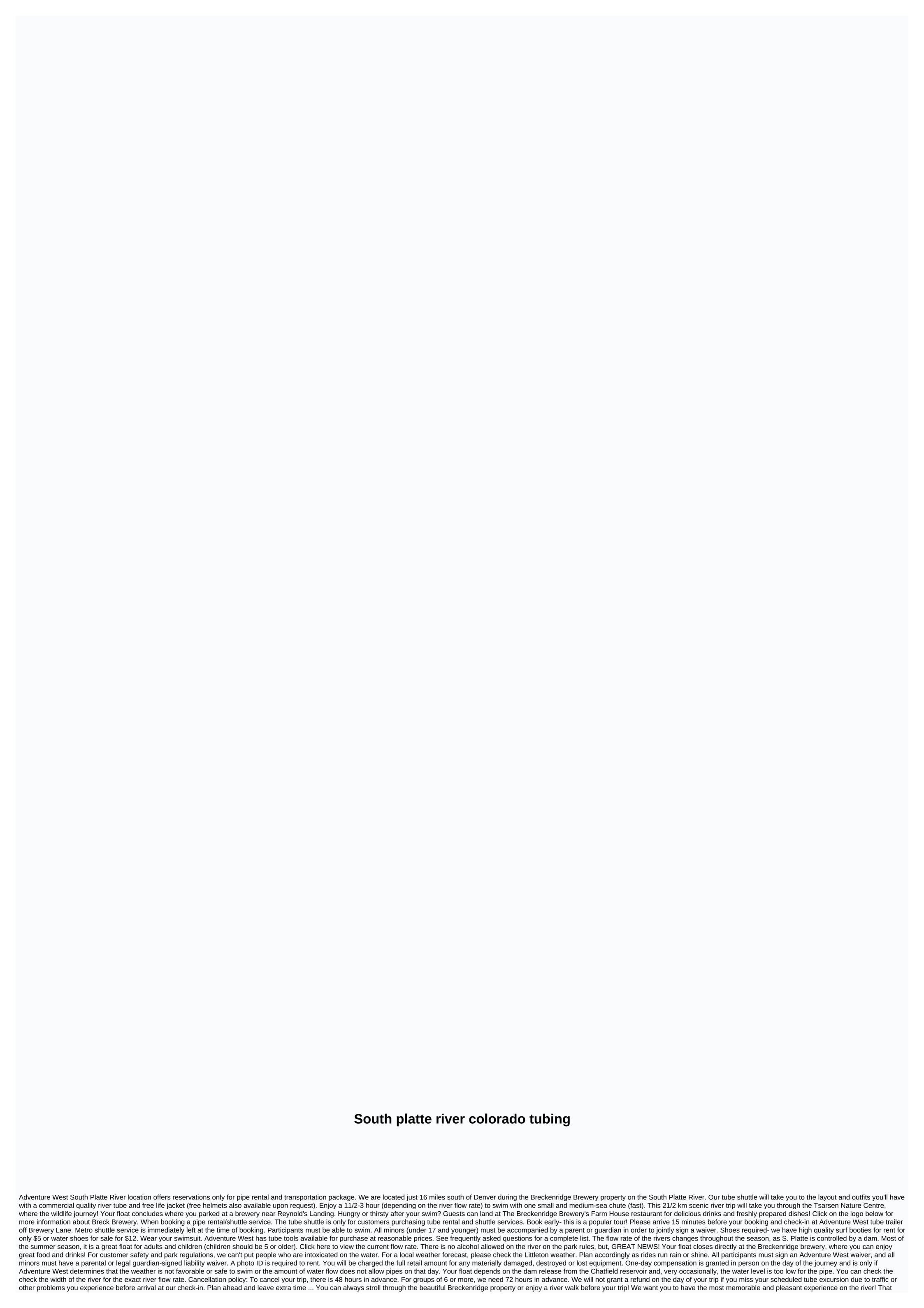
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said, we also want you to be safe. To do this, we ask that you comply with the Rules of South Platte Park Play it Safe. We reserve the right not to reel or rent a tube to anyone who is intoxicated. Tubing the South Platte River is probably controversial. Some say that the river is dirty and should not be touched (see Step 2 below for more on it from an environmental scientist). This reporter, on the other hand, finds a distinctive joy in a peaceful swim from South Platte Park has always been a destination for the city close to the river pipes, river keepers say that its popularity has grown in recent years. If you find yourself gravitating toward a leisurely day on the water, consider these guidelines to enjoy Denver's natural features while keeping you and the local ecosystem safe. Step 1: Gather your gear Tube: The stretch of river covering South Platte Park is mostly a chill ride, but there are a few rapids so you may want to select a tube that is durable enough for little action. I've found that Dicks Sporting Merchandise is the best option, although there are plenty of Costco ships floating out there as well. I went with a round tube fitted with netting across the bottom, cupholders and back rest (in addition, it's a Jimmy-Buffett-themed). I also recommend a tube with an air nozzle that is large enough for some type of pump. Look for reinforced PVC as far as materials go. Accessories: Sunscreen is a must, so do not forget it and end up baked. The air pump is also handy to keep from hyperventilating before you even start your adventure. Do not forget the water bottle. Carbine is handy to keep everything together, and some water shoes are also a good idea (I love my Chacos). Bonus points are awarded for a dry bag to keep towels, phones, etc., safe for your trip. Step 2: Know your route and check the conditions This route takes 2-3 hours and includes at least four rapids. South Platte flows from north to south here so you start closer to Chatfield Reservoir and end up at Reynolds Landing near Breckenridge Brewery in Littleton. You can go further if you want, but I don't fully recommend it. Reynolds's descent is parking setup and water is still nice that far upstream. [googlemaps Something to note early on is that there is a risk of developing on the river. According to Jon Novick, an environmental scientist at the Denver Department of Environmental Health, there's always a chance of brushing up against the E. coli river. Honestly, he said, I can't tell you with a straight face that you won't be sick. That said, Novick also said that water quality gets better closer to you in Chatfield, and then degrades like you did at Denver. That's why my itinerary starts almost as far as you can go before you hit chatfield dam and why getting off Reynolds Landing is a good idea. Another thing to note about E. coli: Novick says levels are at their highest immediately after a storm when storm drains are freshly rinsed. Don't plan your trip too soon after the rain. You must also be aware of how much water there is in the river. Check the water level of the Colorado Chapter water resources website (here's a link to the South Platte Park monitor). The chart on this page provides updated information on the water output rate from Chatfield Reservoir to the South Plate River. Scott Latona, South Platte Park manager, said the Goldilocks area's secure pipes are as low as 100 cubic feet per second (CFS) and as high as 500. Anything below means that the river is probably means a violent ride. If you take the kids, you might review if things look like they're approaching 400 CFS. Water draining, Latona said: Can change every 4 hours and this can change drastically, so be careful in your surroundings. Step 3: Get your car situation figured out, it's tough and important. According to Latona, the 800 acre, 2.5-mile stretch of South Platte Park was designed as a wild area. In an attempt to preserve the ecosystem, drivers are only allowed very limited parking. As such, you should try to execute your pipe companions downstream and carpool on headwaters in one vehicle. There are two lots, one on the map, and the other on the road. You can see people who are parked on the side of the road, blatantly below no parking signs, but just know they're probably getting a ticket. I talked to a ranger who says he's writing a ton of tickets. I also talked to someone wanting to park who thought the \$25 fee was worth it. While there are certainly plenty of cars parked along the side of the road, keep in mind that parking on the grass is damaging to the ecosystem that drivers are trying to keep in tact. Instead, get there before noon for a better shot at the spot. If the lots are full, just be patient. There's actually a decent how people filter in and out of the park. Step 4: Jump in and enjoy, responsibly Especially if you need to get the gear before you leave, the pipes can be something of a top-heavy adventure. But believe me when I say it's all worth it when you hit the water. The itinerary starts with a selection of fast, which will give you an idea of some more to come. It looks scary, but it really is a lot of fun. As you approach these rapids look up two massive guide boulders that will redirect you to the right path down. Each feature is configured to allow floaters as a self-safe transition. I recommend taking on every quick on your back with your butt up and your feet straight out in front of you. Try to increase your surface area so you are balanced and floating on top of your tube. Since the park is meant to be a wild area, you might encounter the likes of baby ducks and maybe even some kind of river mammal. Look, admire, but don't touch it. Their presence is also a solid reminder to be aware of litter; Don't forget, it's their turf you're enjoying. You'll know you're in Reynolds Square when you hit two rapids in a row. On the left there will be a golf course, and you should see some pavilions and signs on the right side of the Breckenridge Brewery. Be safe and enjoy the float. Swim.

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