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Lifesaving merit badge worksheet pdf

Revised in January 2019 Before making the requirements from 2 to 17 complete second class classification requirements from 5a to 5d and first class classification requirements from 6a, 6b and 6e. Second class classification requirements from 5a to 5d: (5a) Say what precautions should be taken for a safe swim. Demonstrate your ability to pass the BSA beginner test. Jump your feet first into the water above your head deep, level and swim 25 feet above the surface, stop, turn sharply, resume swimming, then return to your starting point. Demonstrate water rescue methods by reaching with your arm or leg, reaching with a suitable object and throwing lines and objects. Explain why you should not attempt to swim when you can reach or launch the rescue. Explain why and how a rescue swimmer should avoid contact with the victim. First class 6a, 5b and 6e grade requirements: (6a) Successfully complete the BSA swimmer test. In case of need, in case of stumbling in safe conditions, so that you can take the necessary precautions. With an aide and a victim of the practice, he shows an online rescue as both tender and as a rescuer. (The victim of the practice should be about 30 feet from the shore in deep water).) He swims continuously for 400 yards using each of the following shots in a strong, good form with rhythmic breathing, for at least 50 continuous yards: front crawl, sidestroke, frog and elementary backstroke. Discuss and review with your advisor the principles of BSA Safe Swim Defense. Explain the following: Common drowning situations and how to prevent them. How to identify people in the water who need assistance. The order of methods in water rescue. How the rescue techniques vary depending on the setting and condition of the person in need of assistance. Situations for which water rescues should not be undertaken. Prove to reach the rescues using various items such as arm, leg, towels, shirts, paddles and sticks. Demonstrate throwing saves using various items such as line, buoy, lifebag, and float support. Successfully place at least one of these aids within reach of a practical victim 25 feet from the shore. With your advisor's approval, view in person or on video a rowing rescue performed using a rowboat, canoe, kayak, or stand up paddleboard. Discuss with your advisor how the save was performed effectively and efficiently. Lists various objects that can be used as aids in a go save. Explain why you prefer the aid of buoyancy. Correctly demonstrate the rescues of a conscious practice subject 30 feet from the in deep water using two types of blittating aids provided by your consultant. Use a correct voice and a strong approach stroke. Talk to the subject to determine his condition and to provide instruction and encouragement. It presents help to a subject, release it and swim at a safe distance as the subject moves to safety. In a separate save, present the other help to a subject and and to tow the subject to safety. Discuss with your advisor when it is appropriate to remove heavy clothing before attempting a swimming rescue. Remove street clothes in 20 seconds or less, enter the water, and approach a conscious practice subject 30 feet from the shore in deep water. Talk to the topic and use a nonbuoyant help, such as a shirt or towel, to tow the subject to safety. Discuss with your advisor the importance of avoiding contact with an active subject and demonstrating lead-and-wait techniques. Perform the following non-equipment rescues for a conscious practice subject 30 feet from the shore. Start in the water from a location near the subject. Talk to the subject to determine his condition and to provide instruction and encouragement. Perform armpit towing for a calm, responsive and tired swimmer resting with a rear float. Perform a cross-chest transport for an exhausted and responsive subject trampling water. In deep water, it shows how to escape from a victim's grip on the wrist. Repeat for the front and rear sockets on the head and shoulders. Make the following saves for an unconscious practice subject at or near the surface 30 feet from the shore. Use a correct voice and a strong approach stroke. Talk to the subject and spray water on him to determine his condition before making contact. Quickly remove the victim from the water, with assistance if necessary, and position for CPR. Service equipment using an exercise help. Perform a frontal approach and wrist towing. Perform a rear approach and armpit towing. Discuss with your advisor how to respond if a victim dives before being reached by a rescuer and do the following: recover a weight of 10 pounds in 8-10 feet of water using a feetfirst surface dive. Repeat the use of a surface headlong immersion. Demonstrate knowledge of resuscitation procedures: describe how to recognize the need for life-saving breathing and CPR. Demonstrate the knowledge and skills of CPR, including life-saving breathing, in line with current guidelines.* Demonstrate the management of a spinal injury to the consultant: discuss the causes, signs and symptoms of a spinal injury. Stand a subject face up in calm, shallow waters of depth standing. Rotate a subject from one face down to a face-up position in water deep on its feet while maintaining the stand. With your advisor, discuss the causes, prevention and treatment of other injuries or diseases that may occur during swimming or boating, including hypothermia, dehydration, diseases related to muscle cramps, sunburn, stings and hyperventilation. * Your advisor can only accept recent CPR training by an agency recognized as completing this requirement if they believe that your skills are satisfactory and do not need further reinforcement. Lifesaving Worksheet Comments: Jun 04, 2014 - Josh HaslamI have a question about the life-saving merit badge. Explorers are required to have their swimming swimming First to Merit Badges made for having sedated lifesaver?? Thank you, Josh04 June 2014 - Scouter Paul@Josh - All requirements are listed above. I don't think you'll find any merit badge that requires the completion of a previous merit badge. There are also no minimum age limits for any merit badges. Scouter Paul21 June 2014 - Nicholas HelockI always wondered, why is this badge of merit always considered impossible? Many people in my troop and previous troops have failed to complete this badge of merit. June 23, 2014 - Scouter Paul@Nicholas - I didn't hear it called impossible. We earned a lot of scouts at summer camp. June 29, 2014 - Scout Jason@Scouter Paul - First Aid MB is a prerequisite for earning MB of emergency preparedness. In addition, Lifesaving MB requirements are designed for scouts from 12-14 years. July 27, 2014 - Scouts mom My son is working as a lifeguard this summer for the Park District and had to get certified (25 hours of training) Does this count for this badge??? August 14, 2014 - Scout JWThis American Red Guard starting class meets the requirements for this badge of merit? November 9, 2014 - Scouter Paul@mom and @JW - There is no requirement in this merit badge that refers to the certification of any other organization. In order for a scout to earn this badge of merit, demonstrate the skills of the merit badge counselor. Just working as a lifeguard or taking an ARC class doesn't meet the requirements, but it would most likely help the scout learn how to do many of the skills listed in this merit badge. The merit badge consultant can accept the completion of some relevant requirements by talking to the employer or lifeguard instructor to verify that the skills have been proven - this is the responsibility of the individual consultant. 01 November 2019 - Reece LynchThis my son has been swimming in the YMCA for many years and is preparing to take the security guard test, many of the requirements can count towards the life-saving badge? November 1, 2019 - Scouter Paul@Reece - Your child's life-saving merit badge counselor can discuss with your child what specific requirements might be met as part of his YMCA lifeguard test. In general, if a scout only tells a merit badge consultant something like oh yes, I've already done this and this requirement then that activity claimed in the past won't be counted. Please see the comments and answers above yours. 05 January 2020 - JoelHey, I have a question. Completing meritt bage allows me to work as a lifegard or I still have to do the certification test Thank you05 January 2020 - Scouter Paul@Joel - It is up to the company for which you work to decide what skills are required. Completing this merit badge would certainly be a good start in skills development, but I expect more formal certification training to be required in most cases. The BSA Lifeguard award includes many of these same abilities and is comparable to the Lifeguard training. It's more likely to count for employment. 05 March 2020 - Bill@Scouter Paolo, just to clarify, when he says the requirements are designed for children ages 12 to 14, an 11-year-old who is a strong swimmer could still earn this merit badge according to your other comment that there are no minimum age limits for any merit badges15 July 2020 - Jeff@Scouter Paul, let me add that sometimes there are some off-book requirements for logistical or legal reasons.#1: Whitewater. In a summer camp, yours had a requirement that canoeing was required. Mb requires expertise in canoes or kayaks. The camp used canoes for MB and wanted to make sure that the limited time spent taught at Whitewater and not at Canoeing.#2: Motorboating. I've seen age limits for legal reasons. Some jurisdictions have minimum age requirements to handle a motorized jet ski.#3: Welding. I've seen a lot of MB labs for this with a minimum age, usually 15. I suspect this is for reasons of responsibility in the place that the MB offers. July 15, 2020 - Scouter Paul@Jeff - Two of your points are not off-book... For Whitewater m.b., both Canoe and Kayak m.b. is a prerequisite indicated in the requirements. For motorboating, requirement 4a ensures that the explorer has a permit before executing the boat. For welding, there is no minimum age so that it is not required by the BSA. However, whenever an external vendor is used to present the merit badge experience, it can certainly have security guidelines for participants who are more restrictive than BSAs. Another example would be the minimum Red Cross age of 14 to participate in a Wilderness & Remote First Aid course if any scouts wanted to use it for the Emergency Room merit badge. Contest - Ask a question - Add contentThis site is not officially associated with the Boy Scouts of America

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