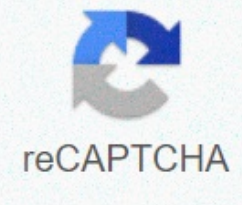




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Robin sharma books who will cry

Who's going to cry when you die? Author Robin SharmaLanguageEnglishSeriesThe Monk Who Sold His FerrariGenrepersonality developmentPublished1999PublisherJAICO BOOKSWebsitewww.robinsharma.com Who Will Cry When You Die is a book written by Indian-born writer Robin Sharma. The book was first published in 1999. It was the third book written by the author of the series The Monk, who sold the Ferrari. [1] [2] [3] Overview The book is divided into 101 full chapters. Each chapter offers solutions and suggestions to confront some difficult problems with life and develop one's personality and personal abilities. Some suggestions in this book are- book target cards, learning good movies, seeing the sun as a whole life, learning how to walk, important planting trees, etc. References ^ Who will cry when you die. The Times of India. Accessed January 29, 2016. ^ 7 life-changing questions before financial planning. Accessed January 29, 2016. ^ Now Indian writers pen for the masses. The Hindu. Accessed January 29, 2016. This article about a self-help book is currently a stub paragraph 1. You can help Wikipedia by expanding it.vte to Robin Sharma has written a book called Who Will Cry When You Die. This is another exceptional book by Robin, the books are full of so much wisdom. Below are a few paragraphs which will give you a brief insight into what the book is all about. This is another book that you need to read and add to your personal development library because it helps you to focus on what really matters most in your life. We've been on this planet for so long. In the general order of things, our lives are merely blips on the canvas of eternity. So is the wisdom to enjoy the journey and enjoy the process. The golden thread of a highly successful and meaningful life is self-discipline. Discipline allows you to do all that you know in your heart, but you never feel like you are doing it. Without self-discipline, you will not set clear goals, manage time effectively, treat people well, endure difficult times, take care of your health, or think positive thoughts. Those who have more chances and dare to do more and more than others naturally experience more failure. But personally, I'd rather have the courage to try something and then do than never try at all. I would much rather spend the rest of my days expanding my human boundaries and trying to live the seemingly impossible than in a life of comfort, security and mediocrity. The Chinese sage Chuang-tzu told the story of a man who forged a sword with a maharajah. Even at the age of ninety, he did his work with exceptional precision and ability. No matter how fast you were in, there was no slip-up. One day, Maharajah asked the old man, Is it a natural talent, or is there some special technique to use to create the remarkable result? That's the concentration to the point, replied the sword crafter. Forging swords when I was 21. I didn't care about anything else. If it wasn't a sword, I didn't look at him, and I didn't listen to him. Sword forging became my passion and purpose. I took all the energy that I didn't give in any other direction and put it in the direction of my art. This is the secret of my masterful mastery of mastery. The real secret to a life of abundance is not spending the day looking for security and start spending your time looking for opportunities. Surely you will meet the share of failures if you start to live more deliberately and passionately. But failure is nothing more than learning how to win. Or as my father observed one day, Robin, it's risky to take risks. But there's all the fruit. Time is your most valuable commodity, and yet most of us live our lives as if all the time in the world were ours. The real secret to getting control of your life is to restore your sense of focus to the sun. The real secret is that you can take care of things so we know what to undo. Once you start spending the hours of your days on the powerful activities and priorities that advance your life's mission and legacy, everything will change. Share it with others to help them wake up! Read the time: 16 min Who Will Cry When You Die? It was released in 1999. Robin Sharma advises on overcoming life's difficulties as he develops his personality and abilities. This book is the third in Robin Sharma's The Monk Who Sold his Ferrari series. The book is divided into 101 short chapters. Each chapter offers a solution to the problems of everyday life. These solutions range from sleep to the discovery of a call. About Robin Sharma Robin Sharma is considered one of the top 5 leading experts worldwide and is also the author of bestselling books, The 5 AM Club and The Monk, who sold it to Ferrari. Robin is admired by some of the most successful people in the world. He advised rock stars, royalty, billionaires, and celebrity CEOs. Robin left his career as a lawyer at the age of 25 to pursue stress management and spirituality. Discover your calling If you don't act in life, then life has a habit of intruding on you. Without a calling, days can take weeks, weeks, months, months, years. Once this time is over, you can leave life to be only half lived. Alternatively, you're actively searching for your calling. We are all here for one purpose, and that goal is unique to us. This calling will manifest itself as greater human potential and add value to the lives around us. That's why Robin recommends creating a mantra to all parts of the your life. After that, you will be able to strive for a higher sense of everyday activities and work. Create good habits as you live your days, so you'll live your life. Robin explains that our lives are not dress rehearsals. Therefore, missed opportunities rarely come again. Therefore, the key to success and happiness is self-discipline. Being stricter yourself will help you live your life in conditions. Here are some habits that Robin suggests to introduce a daily routine: Decompress after working on going home doing something you find relaxingI have a daily family meal without failGet up earlyMeditateExerciseLaugh moreKeep the journalTake several picturesAlways carries a book Robin reminds readers that it takes 21 days to create a new habit. Therefore, try and stick to your new routine, even if it seems challenging at first. Ask yourself, who's going to care about You When You Die Have you thought about who's going to attend your funeral? Who's going to talk? Who's going to cry? And who else is going to love you? Asking ourselves such questions can bring peace and quiet to our daily lives. These questions remind us that we are human. We're not robots, and our days don't have to be repetitive. Similarly, the book encourages us to schedule our daily life tasks. We need to pay attention to this schedule and determine when we don't spend enough time being human. We must take time for our loved ones, our families, our friends and our nature. Plus, we need to take the time to be alone. We're alone, so we can think about life. We have to do what we love. Scheduling, passion and self-discipline are ideas that consistently arise in the book. Scheduling is an important art that everyone needs a master will be very effective and successful. We should make a list every day. In this list, separate the basic and irrelevant tasks. The real secret to doing things is to know what to leave back. Be the Best You I cried because I didn't have shoes until I saw a man who didn't have legs. Robin Sharma First of all, Robin suggests that you start to be as honest as possible. He describes our world as untrue, where we don't realize how many lies we tell every day. Second, Robin suggests you try to be more loving. He explains that you need to make frequent deposits into your love account by taking small acts of kindness to those around you. These acts of kindness will please you. Finally, Robin suggests that we be humble, forgiving, and grateful. These measures will help you to better accept yourself, those around you, and the environment you live in. This acceptance will help you and people live happier lives in your life Be positive, Stop Worry, and Start Living So easy to magne your problems and lose sight of a lot of we should all be very grateful. - Robin Sharma Let the brightness of positivity enter your life. We need to stop worrying and think about things that I wish never happened to us. We never have to worry about past events. This thinking blocks the positive things that we hope for in our lives. Our thought patterns are incredibly effective. If we think positively, we can start attracting positive things. There's no point in worrying about the mistakes of the past unless we want to experience them a second time. Therefore, one of the most important messages from this book was that we all need to worry less and live more. Strong men move on and don't waste their time feeling sorry for themselves. Start your day with Platinum 30 You should start the day well, as this will determine how you live the rest of the day. Robin calls the first 30 minutes after you wake up the platinum 30. These 30 minutes should only be spent with the clearest thoughts and the finest of works. If you can take these 30 minutes, your whole life will change. Platinum 30 should be a time when we return to our base camp and re-interact with the mission of our lives, renew ourselves and focus again on the things that matter most. Here is a sketch from Robin Sharma Platinum 30: After Waking Up, head down to your personal sanctuary. This is a place where you can practice renewal activities without disturbing Spend 15 minutes in quiet reflection. Focus on the good things in your life and how the day unfolds in a positive wayThen, pick up a book of wisdom literature stacks that includes books that anchor you to the successful livingLearn not gracefully Learning to say no to the non-essential gives you more time to devote to things that have the power to really improve the way you live and help you leave the legacy you know in your heart of your destiny to leave. - Robin Sharma If your life's priorities aren't clear, it's easy to say yes to every request of your time. Be aware of the top priorities of your life. Then you must learn to say no with grace. The most effective people focus on their areas of excellence. These are the things that do their best and prioritize these activities. As these activities are consumed it makes it easier to say no to irrelevant requests for your time. Model yourself as an inquisited child our bodies need food for their nourishment. Our minds need creative and positive thoughts for nourishment. We have to live our lives like a child who wants to learn new things every day and is curious about the world. Curiosity is what sets people apart from other animals, and we have to accept that. Human beings inclination to observe, feel, and look deeply at what is going on around them. If you take a small child in the garden and The child will look to the moon. Take your dog into the garden and point towards the moon; the dog will look at your finger. Instead of acting like other animals, we should live our lives like a curious child asking different questions. Robin Sharma used a Chinese proverb to explain this point: Anyone who asks for five minutes can be a fool, but anyone who doesn't is a fool for life. Be inspired by every great genius who lived was inspired and driven. These geniuses were particularly inspired and driven by the desire to enrich the lives of others. Robin gives you some advice when your aspirations can be low. Read on a good bookWatch to some uplifting musicTo a public performance ofAch of these activities has the opportunity to inspire you for that day. Incorporating these inspirational times into your life takes your aspirations to a new level. Try Something New Every Day You have the courage to try something new and then do rather than never try it. - Robin Sharma Jeff Bezos, the founder of Amazon.com, once said, I knew that if not I didn't regret it, but I knew the only thing I might not try. A similar point made by Booker T. Washington, a scholar and adviser to several U.S. presidents who was the last generation of African-American leaders born into slavery, said, I have learned that success must be measured not so much by the situation that one has reached in life as the obstacles it overcome while trying to succeed. We have to take risks in our lives because life is not on the side of the faint-hearted. Life is nothing more than a number game. Therefore, the more risks you take, the more rewards you will receive. Always stay in the search for options and don't spend your days searching for security. Replace security with opportunity. The person who tries everything ends up not achieve anything. - Robin Sharma It's not essential to have a Jack in all trades. Instead, you need to specialisation in a specific area. Some life tragedies We live in a strange era where we live but do not live. This is exactly what Norman Cousins portrayed: The tragedy of life is not death, but what we let die in us as long as we live. Some people are buried when they're 80, but they die at 30. We don't just die when we stop breathing; We die even if we don't think and imagine new ideas. When we have no goals, perspective, or meaning in our lives, we die inside. Years wrinkle our skin, but also give up the ideas and enthusiasm wrinkles our souls. All deaths are considered tragedies, but some lives are even greater tragedies. Prioritize your Time Robin explains that people tend to live their lives as if they were indefinitely. In reality, time is the most precious Successful individuals are those who maximize their 24 hours every day. Robin highlights that the real secret to maximizing your time is to know when things are better left back. Here are some tips that Robin prescribed ranking of the time: To spend more time with family and friendsNe finish every book you startDon't pick up the phone every time you ring Forgiveness forgiveness for the scent that violet sheds on the heel that crushed you. Robin Sharma Don't resent me on your back. Anger is like anger. Anger builds up in us when we don't deal with it and it erodes us. The main issue of anger is that they fail to fulfill the purpose of what we have there to serve. They don't give us a feeling of betterment or healing. But we don't have to carry them as a badge of honor. This badge only absorbs energy, enthusiasm and calm. You can choose to let go of this badge and feel better about it. Carry a target card on multiple times. Robin has seen highly successful men and women carrying a target card. When the sun slows down a bit, these individuals check the target cards and rearrange themselves. The target card should include the best life goals as well as clear deadlines for their achievement. People tend to spend their days with activities that seem important at that moment, but they matter very little in the grand order of their lives. Therefore, the destination card is a reminder of the activities that are and always will be important. In addition, the card for you is the self-control you need to advance your goals and say no to activities that do not meet those goals. Let's focus on the quality of our sleep, not the quantity, but the quality of our sleep, not the quantity. It doesn't matter if we sleep six, eight or nine hours. If the quality of sleep is low, then the amount of sleep is a waste of time. Robin Sharma provided some tips that will help you get better quality sleep. First of all, don't eat after 8:00 p.m. Instead, you should have dinner early. You don't want your body digesting while you try to sleep. Also, do not try the activities of the day during sleep. Finally, don't read in bed and watch the news before you go to sleep. These last two tips will help you to make the bed a place that is used exclusively for sleep. Sleep Less Robin Sharma also advises you to sleep less. Other visionaries also recommended sleep less. For example, Thomas Edison once stated that sleep is like a drug that is too much at a time, and it makes you dopey. You're losing time and opportunities. Most of the time, we sleep to avoid reality rather than to reduce fatigue. Ultimately, fatigue is often a mental creation that stems from things you don't like doing. Life's greatest pleasures are often the simplest even as we often strive for the complicated and complicated joys of life. However, often the greatest pleasures in life are the simplest. These simple pleasures are vital, as they are the ones we can all participate in. So, feed an animal, water a plant, or plant a tree. Be closer to nature. Avoid negative thoughts; They Can Kill You Alive How high it will rise in your life is determined not by how hard you work, but how well you think. Robin Sharma As mentioned earlier, negative thoughts should be avoided. The book explains the negative thoughts at this famous quote. Chita burns the dead body while Chinta burns the living. This quote gives us a lesson on how to live life to the fullest. Here the Chita means burial bonfire, while Chinta means thinking negatively or worryingly. Chita, he humped wood, is used to burn corpses. However, our negative thoughts will kill us alive. The latter is arguably worse. In addition to passing our time towards death, negative thoughts can also affect the likelihood of death. Negative thoughts are incredibly dangerous to the human body. The body responds to the negativity of the stress response. This response can lead to a number of diseases like blood pressure and heart problems. Watch out for your body with a solid body resting on a solid mind. Our minds are the most important thing to us as people. However, our minds rely on our bodies. Having a healthy body allows us to have a healthy and peaceful mind. Robin Sharma recommends eating healthily and exercising. Participating in these two activities will have two effects: 1) Add years to your life2) Improve your well-being in the years you live productively, not just busy Wisdom knows what to do, skill knows how to do it, and virtue does it. Robin Sharma ever ask himself if he's productive or just busy? Not only do we have to be busy, we have to take it productively. If we're just the former, then we need to consider why that might be. Maybe you don't have to be so busy and resize a few things. Scaling things back can help you focus more on the foundations of productism. It's not enough to be busy, and so are ants. The question is, what's so busy? - Robin Sharma Pain is a teacher, and the failure of the highway to success We learn about pain and failure. Difficult times are crucial for self-recognition. At the most difficult time in life, we discover who we are and the fullness of our strength. So we have to try to be happy, whatever the circumstances of our lives. Even if our lives are hard at this time, it still makes us stronger. Think about it, the life we live can be a dream life for someone. We must always count our blessings, not our Keep towards the target The smallest measures measures more important than the most daring intention. Robin Sharma Most of the time, we ignore the size of small things and overvalue the discussion of our great intentions. An action may seem very small, but it is always much more effective than passive or inactive. Words they don't follow are worthless. You can share a lot of effective ideas with other people, but your words are destined to lose value without action. In the end, people remember us for our actions, not our words. Action is vital to achieving something with your life. Use words with caution Words are like arrows; After they're released, it's impossible to get them back. Robin Sharma, we have to be careful when we talk. We need to keep in mind what we're all saying and who we're talking to. Once you have said something, you will be adapted as the other individual's interpretation. You can't take this back. Imagine a richer reality we see the world not as it is, but as we are. These are our perceptions and can dramatically change the way we see the outside world. When we're sad, we see everyone as sad. However, when we are happy, we perceive everyone to have the same positive energy. Therefore, being happy and positive will attract further positivity from the world around us. Don't worry about things you can't change Don't stress if you've wasted time in the past. One of the most beautiful things in time is not to waste it in advance. It doesn't matter how much time you've lost in the past. Don't think and worry about wasted time and take advantage of the next hour with all your potential and make it perfect and untouched. Last words: Live your life to the fullest so you can die happy. If you have feedback about this summary or want to share what you have learned, comment below or tweet us @storyshots. New to Storyshots? Get the audio and animated versions of this summary and hundreds of other bestselling nonfi literary books from our free top-ranking app. It has been #1 by Apple, The Guardian, the UN, and Google in 175 countries. Order the book for details or receive the audiobook for free. The 5 AM Club The Monk Who Sold Ferrari Man's Search for Meaning 12 Rules of Life Getting Things Done How to Stop Worrying and Start Living The 7 Habits of Highly Effective People in Four Agreements To Discipline Equal Freedom 13 Things Mentally Powerful People Don't Do The Magic of Thinking Big The Compound Effect Atomic Habits The Art of Learning Why We Sleep in the 4 Hour Working Week Tao Te Ching The Art of Learning

