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Melody is a busy mom who works full time and knows that it is important to save time when it comes to effective snow clearing techniques. Choosing the right product for you Rock salt pellets melt ice and is widely used for sidewalks and driveways. Daniel Oines Via Flickr CommonsWhat makes Driveway Ice Melt Best The difference between rock salt and ice melts is that rock salt is better at removing existing ice, while ice melts are better at preventing new ice from forming. One is an anti-icer, and the other is an ice melter. One is a traditional ice control measure, and the other utilizes cutting-edge technology. They both do the same job, but when and how you apply them is different. According to National Geographic, rock salt has been used on roads since 1895. It wasn't until the late 1980s and early 1990s that ice melted became a popular solution for slippery roads. Out of 500 people I surveyed 47% said they prefer ice melt over rock salt. Late 2017 brought winter storms, Benji and Dylan, the first snow for many in the United States. Who knows what the 2018/2019 season has in store for us. What we do know is that salting products make sidewalks and driveways safer. It's time to prepare for icy, winter weather. Keeping ourselves and our families safe from ice snow is a big winter problem. Over the past decade, ice melt has become a popular product because its chemical composition is thought to be less likely to cause damage to some types of surfaces, like driveways, than traditional rock salt. Ice melt uses ingredients such as sodium chloride, calcium chloride and/or potassium chloride. Here's what you need to know about how they differ. Rock Salt vs. Ice MeltRock salt is not effective on surfaces below 0°Fahrenheit. Ice melts operate below freezing. Rock salt is corrosive to roads, concrete and metal (your car). An excessive accumulation of certain types of ice melts can become toxic to the environment (although newer, safer brands are now on the market). Rock salt, also known as Halite, is made of sodium chloride (the same things table salt is made of). Ice melts are made from three main types of salt: calcium chloride, magnesium chloride, sodium acetate and other similar inorganic compounds. Rock salt often costs less money than the ice melts. Table salt is roughly the same material as rock salt, but is painted so finely that it is much weaker than oval stone salt crystals. Ice melting and table hall are very different. Ice melts can be safer for pets. It's easier to choose between rock salt and ice melting when you know the difference. Daniel X. O.Neil Via Flickr CommonsTypes of Rock SaltRock salt is rock salt. No matter which brand you buy, there will be little variation other than the size of pellets. It is made of sodium chloride and is cheap, easy to use with or without spreaders, and is more Bedste Rock Salt Brands: Morton's Safe-T-Salt Safe Safe 3300 The Cope Company Salt Snow Joe Melt Premium Morton Pet Care Ice Melt, Blue Scotwood Industries Ice Melt Types of Ice MeltIce melt comparisons are more complex. Ice melt describes a chemical salt class that prevents ice from forming. Not all ice melts are made from the same ingredients or used in the same use. Ice melts are less likely to cause cars to rust, damage iren, pavement or concrete. Rock salt reduces the life of surfaces. This alone may justify switching to ice melting. There are also brands whose product line contains a pet-safe product. Best Ice Melt Brands and Applications: CalciumChloride products such as Morton Ice Melt Pellets work fast. Calcium Magnesium acetate such as Melt EB Ice Melter is commonly used by contractors and found to be a safer form of melt. Magnesium chloride such as Melt Man Ice Melt is best for pet owners, but it doesn't last as long as other ice melts and is more expensive. Urea ice melts are considered safer, although it can still kill grasses and plants. But with the added security, you lose efficiency. Crystalline amid, used in Safe Paw ice melter, is one of the only ice melters that guarantee its safety around children and pets. It's time released, effective, and not damaging surfaces. But it's probably the most expensive ice melt solution. The melting effects of rock salt on an icy driveway. Mike Beauregard Via Flickr CommonsCharacteristics of Rock Salt and Ice MeltCharacteristics De-Icing Rock SaltAnti-Icing Ice MeltCompositionSodium Chloride (NaCL), Calcium Magnesium AcetatePotassiumChlorid, Urea, Magnesium Chloride Chemical FormHaliteCalcium ChlorideChemical ReactionEndothermic (Absorber Heat) Exotherme (Releases Heat) Calcium Chloride, Magnesium Chloride, Endothermic: UreaEnvironmental SafetyKills plants when salt to water ratio is 1:2May also kill plants, but can be avoided by moderation and remove excess material. Temperature Performance melts ice up to 0 degrees F.Prevents ice from forming until -7 to -25 degrees FPet SafetyNot safe for pets. Some brands are safe for pets. Check the label. Damage metal and sidewalkYesNoConcrete Performance Corrosive to concreteSafety for concretePravement Performance Corrosive to the sidewalk and rebarNot harmful to the sidewalk or rebarGetting Prepared Owners of real estate who live in cold climate prepare for winter by stocking up on supplies. It is best to do this at some point. Ice melts must be applied before precipitation, whether it is rain, ice or snow. Rock salt should also be present before the bad weather comes in. After a long hot summer and a cool relaxing fall, the last thing we want to think about is snow and ice storms. Anyone living in areas with cold, harsh winters knows that forgetting to buy road ice removal products can be a dangerous mistake. Things to buy before it Snow in Season: Snow shovel or or Blowing Rock salt or ice melt Ice Scraper with snowbrush Thick gloves Snow roof tear in many areas it is not uncommon for shops to run out of road salt and ice melts when a storm is coming. This drives prices up and can cause unexerted stress. The best time to prepare for snow and ice is to plan. Q&A QE: What is the best way to store rock salt or ice melt if you buy it offseason? Is it going wrong? Answer: Ice melts and rock salt are mineral and do not go bad or expire. They're hygroscopic. This means that all moisture, even from the air, can melt, dilute or contaminate both ice melting and rock salt. Some products can be stored in the airtight, resealable package in which they were sold. If you buy a product offseason, don't open it until you need it. If you have the product left over from last year, then you can invest in a salt storage box.© 2017 Melody CollinsCommentsMelody Collins (author) from the U.S. on November 16, 2019: We should definitely motivate our cities to be willing to compare new methods to old methods. There should at least be an in-depth cost analysis to find out if the old ways are still the best way. The change has crept out, it's moving so fast. As promised, tech can solve problems if we are willing to keep up with it. This is to the point where cities and industry must do a check to ensure that they do not lack anything. J November 16, 2019:Sounds Like Out State and City Highway Departments would save us all money if they stopped using the cheap Rock Salt. Our bridges are rapidly falling apart as well as the cars we drive. courtesy If the mashup of the phrases sugar-free and ice cream sounds completely bonkers to you, you might as well have coffee without caffeine, or The Office without Steve Carrell!-then you can stop reading right now. But if you're one of the millions of Americans who want to cut your intake of added sugar, as the American Heart Association advises should be no more than 25g per day for the average woman, then keep on reading for some tasty news. Supermarket freezers are now full of ice cream, in pints, bars and sandwiches that proudly proclaim they have no added sugar. Many of these brands are marketed as keto-friendly, for Dieters who cut carbs and sugar but still want the sweet taste of a chocolatey ice cream cone or a scoop of vanilla bean. These ice creams are also a good choice for people with diabetes who don't want their blood sugar to spike, or for people who cut added sugars for their dental health, says Good Housekeeping's nutrition expert, Stefani Sassos, RDN. But like the label 'fat-free', 'sugar-free' doesn't necessarily equal healthier or more nutritious. You have to ask if they take out sugar, what else are they adding in? In the in these frozen desserts, the sweetness comes from sugar alcohols, such as sugar. maltitol and erythritol. These are natural sweeteners that come from plants and berries, and contain fewer calories than regular sugars. A lot of sugar alcohols are from 200 to 2,000 times sweeter than regular sugar, Sassos explains. Sometimes they can taste hyper-sweet. Sassos also points out that if you have irritable bowel syndrome (IBS) or other GI conditions, these types of sweeteners can trigger symptoms. We sampled a whole freezer full of sugar-free, no-added-sugar, and low sugar ice cream. While the texture of most of these treats wasn't as creamy as sugar-loaded ice cream, there were still plenty of delicious options, if you cut sugar and carbs: Advertising – Continue Reading Under 1 Chocolate Peanut Butter Frozen Custard Mammoth Creameries mammothcreameries.com \$7.99 An excellent choice for anyone to make a hard-core keto diet, this luxe vanilla cream is packed with extra cream and grass-fed butter to a whopping 32g of fat per serving (if you're not on keto, you can limit yourself to a spoonful). Because of all that extra fat, this one had a creamy flavor than most in the category. Per 2/3 cup: 350 cals, 32g fat, 9g total carbohydrates; 2.6 g total sugar, 0 added sugars, 8g of sugar alcohol; 4g proteins 2 Keto P.B. Cookie & Brownie Dough Pint Eaten Lightened eatenlightened.com \$8.00 Another dessert designed for low-carb dieters, Illuminated + Delish's Keto line offers fun flavours including Peppermint Brownie, Red Velvet, and Pumpkin Cheesecake. This light and fluffy taste with bits of cookie and brownie dough hit all the right spots on our taste buds. Per 2/3 cup: 260 cals; 24g fat, 13g carbohydrates; 1g total sugar; 12g sugar alcohol; 5 g protein 3 Carb Smart Almond Ice Cream Bars Breyers instacart.com \$4.59 One of the best ways to control portions is to buy ice cream bars, says Sassos. These really delicious Carb Smart versions from Breyers give you the childish joy of eating a pop (with the extra crunch of almonds), but with only 150 calories and 5 net carbohydrates. Per bar: 150 cals, 12g fat; 11g carbohydrates; 5g total sugar; 3g added sugar 3g sugar alcohol; 2g protein 4 Keto White Chocolate Macadamia Frozen Dessert Halo Top target.com \$3.99 The popular brand, known for its low-cal pints, has also jumped on the keto bandwagon. Made with erythritol and stevia, the white chocolate and macadamia variety have a good touch of saltiness to balance the sweet. Per 2/3 cups: 150 cals, 12g fat; 15g carbohydrates; 2g total sugar, 2g added sugar; 9g sugar alcohol; 6g protein 5 Salted Caramel Craze Light Ice Cream Blue Bunny Sweet Freedom walmart.com \$3.97 If you want to grab a tub for the whole family for less than the price of a latte, you can't go wrong with this sweet treat. There is a long list of sugar alcohols in the ingredients- including sorbitol, maltodextrin, and sucralose-but on the plus side, sheep caramel rabbits. Per 2/3 cup: 160 cals, 5g fat, 33g total carbohydrates, 6g total sugar; 0 added sugar, 12g sugar alcohol; 3g protein 6 Slow Churned Light Ice Cream, Light, Butter Pecan Sweetened with Splenda and with half the fat of regular ice cream, this classic variety has rave reviews from people with diabetes looking for a tasty dessert. Per 2/3 cup: 150 cals, 6g fat; 21g carbohydrates; 5g total sugar, 0 added sugars; 4g sugar alcohol; 4g protein 7 No sugar added, Vanilla, Chocolate and Strawberry Breyers instacart.com \$3.99 This old-school Neopolitan tub with strawberries, chocolate and vanilla has little something for everyone in the family. Sweetened with maltitol syrup and a touch of Splenda, works for almost any diet, at just 110 calories per serving. Per 2/3 cup: 110 cals; 4g fat; 17g total carbohydrates; 4g total sugar, 0 added sugar, 8g sugar alcohol; 2g protein 8 Dairy Free No Sugar Added Vanilla Bean Coconutmilk So Delicious instacart.com \$5.59 If you're looking for frozen dessert without sugar or dairy, check out flavors from So Delicious, which are made with coconut milk and sweetened with erythritol and monk fruit extract, with chicory root for added fibre. Per 2/3 cup: 130 cals; 9g fat; 24g total carbohydrates; 2g total sugar, 0 added sugar, 4g sugar alcohol; 2g protein 9 No Sugar Added Vanilla Gone Wild Ice Cream Sandwiches Skinny Cow instacart.com \$4.69 Another good option for portion-controlled desserts are these Skinny Cow ice cream sandwiches. There's a whole chemistry textbook list of ingredients, but they manage to pack some classic flavors in just 140 calories. Per sandwich: 140 cals, 2g fat; 28g carbohydrates; 5g total sugar, 0 added sugars; 4g protein 10 Triple Chocolate Ice Cream This low-carb, high fat pint piles on fudgy flavours with heaps of chocolate flakes. Chicory root fiber, monk fruit, egg yolks, and butter are some of the more natural ingredients, along with sugar alcohol erythritol. Per 2/3 cup: 190 cals, 18g fat; 19g total carbohydrates; 0 total sugar, 0 added sugars; 11g sugar alcohol; 3g protein This content is created and maintained by a third party and imported into this page to help users enter their email addresses. You may find more information about this and similar content at piano.io - Continue reading below

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