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South portland community center classes

Due to COVID-19 - we currently do not accept any rental request at this time. 21 Nelson Road, South Portland, ME 04106767-7650 Center is used for Recreation Department programs and available to rent outside groups. This community center has... 50 meters pool Gym with two full size walking track basketball courts above the Multifunctional Gym Room Meeting Room (senior wing) Conference Room Art Room Aerobic Room If you are interested in renting space, please contact Anthony Johnson at ajohnson@southportland.org. All rents require liability insurance. Skip to content Skip to Portland Parks & Recreation COVID-19 UpdateAll indoor recreation facilities, including community centers and swimming pools, are temporarily closed. learn more. Click here for information about covid-19 related cancellations and refunds. Portland Parks & Recreation owns and operates nine community centers located throughout the Portland area – offering sports, fitness, art, dance, music, rentals and more! Find us! RENTALS PP & R Gift Certificates Inclement Weather Policy for Portland Parks & RecreationCheck here for program changes and closures due to bad weather. Community Centres Permits available at the following Community Centres:Charles Jordan | East Portland | Matt Dishman | Mount Scott | Southwest Get access to drop-in access activities during scheduled hours. Facilities include fitness centre, group exercises, water exercise, hydromassage spa, play swimming and open gymnastics. Swimming lessons, camps and courses are offered at a set fee – no additional admission fee will be charged when participating in registered activities. ACTIVE PASSSearch for continuous access to information-filling tasks? That's your license! A monthly fee provides unlimited visits to scheduled entry programs throughout the facility. For your convenience, Active Permits will automatically renew each month. Simply pay for the first month on registration and all future monthly payments are deducted directly from your debit or credit card. 20-VISIT PASS20 passes are a great option for those who plan to train only once a week. In addition, 20-Visit Passes are great for organizations that would like to bring a larger group of visitors (please call ahead). Permits offer unlimited one-day use of the facility at a reduced rate. DROP-IN ADMISSIONFor those who visit the center just for a day to swim or workout. Our daily entry fee provides access to entry activities throughout the day. Shoot circles in Enjoy an exercise class at lunch, and relax in the hot tub in the evening... all for the cost of an entry fee per day! Permits must be purchased in person. Click here to see the fees. Seasonal employment for aquatic, recreation, maintenance, sports, arts, training, and rangers park at Portland Parks & Recreation can be found on our employment Internship page. We encourage you to apply for positions even if they are not currently listed if an opening becomes available. learn more. Sign up for recreational news from Portland Parks & Recreation Community Center Pass Options and Charges PCC / Locations / 2305 SE 82nd and Division, Portland, OR 97216 | 971-722-6111 campus map | directions | TriMet | map of the features of accessible buildings Campus administrators and student leaders serve food at a welcome barbecue. ASPCC offers welcome back to school kits, including school supplies and backpacks. Southeast Campus Bike Coordinator Victor Velikoretskikh provides information about bike safety and resources available to students, staff, and faculty at Southeast Cycle Center.The Library is open seven days a week for PCC students and community members. The Tutoring Center is located on the first floor of the Library.The Child Development Center, one of our child care options, is also open to children's registration. To accommodate our growing number of students, the Library Student Calculation Center has 60 computers and is open seven days a week. The study spaces in the Student Room take advantage of the natural light of the day. Student Commons fronting SE 82nd Avenue has five state-of-the-art science lab classrooms for college courses in geology, physics, biology, chemistry, anatomy and physiology. The STEM Center offers students the chance to explore science, technology, engineering and mathematics in fun and exciting ways. The answer center is where students can get all the questions related to enrollment, financial aid and their accounts answered in one place. Students can stay on campus between classes - taking advantage of comfortable and quiet places to study, either in private study rooms or in open group spaces. As a neighborhood center, the South East reflects the cultural diversity of the area and promotes a strong sense of community and community connections – supported by student leaders, PCC clubs, and faculty pcc and staff. The quad campus is about 56,000 square feet, which is larger than Pioneer Courthouse Square in Downtown Portland. Thanks to the bond measure adopted by voters in 2008, the South-East Campus has doubled more than its size from 94,000 to 200,000 square meters and expanded its class offerings, allowing students to complete an associate or transfer degree without traveling to another campus. A rich mix of culture is reflected in the Community The South-East Campus serves, including a growing number of Vietnamese, Chinese, Korean, Latino, Russian and Ukrainian families. Despite the expansion, the centre maintains a campus feel with close connections to local neighborhoods and businesses. Part 2: Top Stories of 2020 December 28, 2020In part two of the countdown, we will reveal the top PCC story of the year, which features a Pinball Wizard!Part 1: Top Stories of 2020 December 21, 2020In the first of the two parts, I countdown to the year's best STORIES PCCSee more ... See more campus maps... PCC has more than 100 academic programs – see all Jump to Content programs Learn a new sport at SWCC! Sign up for the 2019-2020 school year! Scholarships available. Portland Parks & Recreation COVID-19 updatesAll indoor recreation facilities, including community centres and swimming pools, are temporarily closed. learn more. Click here for cancellation and refund information. Drop-in Visit 20-Visit Card Active Pass * Resident / Resident Non-resident / Non-Resident Adult | age 18-59 \$ 7.25 \$ 123 / \$131 \$ 47 month / \$58 month Senior | age 60 + \$5.75 \$ 98 / \$104 \$ 37 month / \$46 month Teen | age 13-17 \$ 5.75 \$ 99 / \$104 \$ 37 month / \$46 month Youth | Age 3-12 \$4.50 \$77/\$81 \$29 month/ \$36 months Senior Couple n/a n/a \$56 month/\$69 month Family**n/a n/a\$76 month/\$92 month Children age 0-2 are free permits valid only at Southwest Community Center and Pool. These fees will include the use of the following facilities during regularly scheduled hours: Lap Swim | Open Swimming Playback | Family Play Swimming | Water Fitness Courses | Fitness | Open Gym or Non-Residents are charged more to account for City of Portland fees that support Portland Parks & Recreation. *Active permits will be automatically renewed each month. Simply pay your first monthly fee on registration and all future monthly payments are deducted directly from your debit or credit card. Monthly pass options are available to scholarship recipients. \$3.75 indoor Park admission for the age of 9 months-5 years. **Family membership refers to a couple (married or domestic) or single parent and their legal dependants living in the same residence. Inside six-lane Lap Pool Exercise Studio with drop-in indoor fitness courses zero-deep entrance Leisure Pool Fitness Center with cardiovascular equipment and weight circuit Waterslide and Splashdown Pool Gymnasium Whirlpool Whirlpool Spa Traversing Bouldering Wall Men's and Women's s Locker Rooms Multifunction Rooms with Kitchen Attached Family Wardrobe 48,000 Square Meters Poolside Party/ Meeting Room Click on the following documents for specific pool use and restrictions during COVID-19, as well as frequently asked questions. Pool Info during COVID.docx & FAQ to support the reopening of the pool.docx Water aerobics classes: We offer both deep and shallow water classes at different intensity levels. Our classes are following (instructors subject to change): MONDAY: Shallow water (focus on cardio) w/Lesley 8-9am Deep (focus on cardio) w/Hildi 6-7pm & 7-8pm TUESDAYS: Deep Water (focus on stretching) w/Shirley 8-9am Deep water (focus on movement) w/Mike 6-7pm WEDNESDAY: Shallow water (focus on movement) w/Alicia 8-9am Deep Water (focus on cardio) w/Hildi 6-7pm & 7-8pm THURSDAY: Deep Water (focus on cardio) w/Shirley 8-9am Shallow Water (focus on movement) w/Mike 6-7pm FRIDAY: Shallow water (focus on movement) w/Alicia 8-9am Deep Water (focus on movement) w/Mike 6-7pm SATURDAY: Shallow water (focus on cardio) w/Deb 9-10am SUNDAY: Deep Water (focus on cardio) w/Lia 5-6pm Our classes are drop-in, so there's no need to sign up for an entire session in advance. The rate is \$4res/\$5non-res. Our instructors are more than welcome to show you the basics before class begins. Please arrive a minute or two before class and introduce yourself! All our classes are a great workout and we look forward to helping you meet your fitness goals this year! The pool is currently closed and will remain so for December. Extensive damage has been suffered from a recent storm and repairs are required. We'll reopen on January 4th! Registration for January swims times/aerobics courses will be: ~ Monday, 12/28 for residents ~ Thursday, 12/31 for non-residents For complete information, including COVID restrictions, as well as information about registering for a swimming or aerobics race please visit our website www.sopoparksrec.com Check the current pool schedule for January 2021: [January 2021.pdf](#) South Portland City is pleased to offer professional lifeguards and a variety of programs at the Portland South Municipal Pool and Willard Beach (Memorial Day thru Labor Day). Both are open to the public. The South Portland Pool is a 25-metre 6-lane swimming pool with a diving board, a disabled ramp and a Hoyer lift. The depth of our pool is about 3.5 feet in the shallow end and bottom at 12 feet in the deep end. We have a 6-person spa hot tub with jets therapy that is open for public use during all of our public use swimming times. We are home to South Portland High School Red Riots Swim & Dive Team, middle school teams, our in-house Riptide and RT+ swimming teams, as well as to a number of user groups, such as Coastal Main Aquatics (CMA) and Southern Main Aquatic Club (SMAC). Through lap swimming, deep and shallow water aerobics classes and swimming lessons for young people and adults we have an average of about 50,000 lessons per year. We offer Swimming Lessons of the American Red Cross, water safety training courses and lifeguard. Please contact the aquatic coordinator Patrick McArdle with any questions. You can also reach the SP Community Centre or Lesley Hurley, Mike Blanchard or Lia Langeveld Aquatic Supervisors via reception from 767-7650. Patrick McArdle at pmcardle@southportland.org Lesley Hurley:

Lhurley@southportland.org Mike Blanchard: Lia Langeveld: Llangeveld@southportland.org Llangeveld@southportland.org Llangeveld@southportland.org

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