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Please reduce the quantity and update your cart., changePostalCode:Please change your postal code., daysRange:{0}-{1} days, seelfCompatible:See If This Fits Your Vehicle , pickupLocation:You're shopping at, checkOtherStores:Check other stores } data-config={ pCode:0840111P, productDiscontinued:true, skus:{all:[0840111],discontinued:[0840111],tempDiscontinued:[]}, englishName:Tempo Evolve Fold-Away Treadmill, clearance:, quickView:false, productType:, brand:Tempo, isAuto:, shipToHomeBulkMessaging:, merchSubCategoryName: cardio equipment, merchFineLineName: treadmills, merchCategoryName: exercise equipment, merchDivisionName: playing, merchLobName: exercise, minETA:, maxETA:, isServiceProduct:false, discontinuedSkus:{all:[0840111],discontinued:[0840111],tempDiscontinued:[]}, images:[0840111P:[CanadianTire/0840111_1.CanadianTire/0840111_2.CanadianTire/0840111_3]}, productName:Tempo Evolve Fold-Away Treadmill }> Evolve fold-away treadmill is an ultra-compact unit that is ideal for walkers and joggers looking for a quality, motorized treadmill that fits the smallest workout spaces and stores easily. Its folding height allows you to store under the bed or sofa, and yet it gives you a large space for exerciseSeparations in a compact frame measuring 10 x 59 (25 x 150 cm) that is easy to store under the bed or upright in the closetTreadmill uses a 1.25 CHP engine that provides smooth power at all speeds, giving a constant movement of the belt underfoot for all types of users. Its minimal engine and belt noise allows you to listen to music or television at normal volume during exercise. The continuous power of horses is more accurately measuring the performance of the treadmill, as it maintains this specific horsepower for an extended period of timeSimple console controls make it easy to track or modify your trainingFeatures 17 x 45 (43 x 114 cm) exercise area that easily accesses most walking or jogging stepsTreadmill does not require assembly, only develops and capacity of 250 lbs (113 kg). Dimensions of 149.8 x 68.5 x 122 cm. saveAsMyNewStore:Set as preferred store >, not available:N/A, need2orderMoreThanX:You need to order more than, inStock:IN STOCK, notCurrentlyAvailable:Currently unavailable., onlineInventory Available:Online inventory available } data-config={pCode:0840111P}> 0 There may be affiliate links on this page, which means we get a small commission from anything you buy. As an Amazon contributor, we make money from qualifying purchases. Please explore for yourself before making any online purchases. If you don't have time to read the full review and just want to find out which is the best folding treadmill for your small space, we recommend the XTERRA Fitness TR150 Folding Treadmill Black as the best choice. Treadmills can provide excellent home training. Whether you're running, walking or simply wanting to get into a few extra steps, buying a treadmill can be a wise investment for a healthy lifestyle. Treadmill is a great way to increase cardiovascular exercise, but it can also take up plenty of space in your house. For this reason, you should consider the advantages of folding treadmills, not the kind that remains only upright. If you don't have a lot of space, consider checking out one of these seven top-rated folding treadmills. Let's get to it! Don't have time to read the full review? Here's a quick look at our best choices for the best folding treadmills for your home or office. Best overall choiceThe most interesting overall ChoiceXTERRA Fitness TR150 Folding Treadmill Black CLICK HERE FOR PRICE Runner-up optionRunner-Up OptionLifespan TR1200i folding treadmill CLICK HERE FOR PRICE Best value for moneybest value for MoneyWeslo Cadence G 5.9 Treadmill series CLICK HERE FOR PRICE The most comfortable budget-friendly Budget-FriendlySunny Health & Fitness folding treadmill CLICK HERE FOR PRICE The best premium treadmillSometerNodTrack T 16.5 S Treadmill CLICK HERE FOR PRICE Best for hardcore runners & fitness enthusiastsShould for hardcore runners & fitness enthusiastsNordicTrack Commercial 2950 CLICK HERE FOR PRICE Best for trainer-led workouts & Smart TechnologyBest Trainer-Led Workouts & Smart TechnologyProForm SMART Pro 2000 CLICK HERE FOR PRICE Folding treadmill A guide to buying understanding The essential differences between folding treadmills Safety locks Most folding treadmills have safety locks to make sure they stay locked when folded. It is important that it is a high-quality lock, as a broken safety lock can lead to injuries when you open storage space and the treadmill is quickly unwrapped. Heart rate monitor It is important to be in monitor your heart rate during exercise. You may have a wearable heart rate monitor, but it's easier to display information on so you can look down on it while running. Treadmill features You can limit your features depending on your budget, but there are some features that are important to have in the folding treadmill. First, you'll probably want a timer and some kind of screen that shows you progress in your workout. Without them, you won't be able to tell how far you've gone or the pace at which you're moving. You'll also want to make sure your treadmill comes with the different speeds you need. Otherwise, your training will become stale and you will not be able to improve your fitness. One of the favorite features among non-essential features is the tilt option. Tilt training adds an extra layer of challenge to your workout and better mimics outdoor routes. It is usually best to find a treadmill with a slope option of 10 to 15 percent. Horsepower treadmills It can be key in folding treadmills. With smaller space requirements for folding treadmills, something has to go. Cheaper folding treadmills will simply have less motor power than those that are of higher quality. It is desirable to have at least 2.5 CHP for walking, and at least 3.0 CHP for running. Treadmill engines without that much power may not go smoothly, especially if you're alternating gears during exercise. Cheap engines are also prone to hot and breakage. Durability Just like regular treadmills, folding treadmills come in a wide range of endurance standards, and you want to get one that will last you a long time. First, look at the warranty. You'll probably find that most folding treadmills have a lifelong frame and motor warranties, but models that aren't very durable tend to have only one-year warranties for parts. Also, look at the weight capacity of the treadmill user. Folding treadmills that are less durable will have lower maximum weight capacities. More durable folding treadmills can safely support around 400 pounds. The diameter of the rollers of the track makes a big difference in durability as well. Some brands have smaller rollers to make machines more compact, but this compromise has consequences. With smaller rollers, the tread belt can quickly show signs of wear. Look for roller sizes that are close to three inches. How to choose a folding treadmill that is right for you Portable wheels are a common feature on folding treadmills. Most people want to move their treadmill from some storage space to the space they use for exercise. But some folding treadmills are simply made to be more portable than others because of their weight. High-quality folding treadmills can weigh more than 200 pounds, so they are not particularly portable. For many people, however, the best options can be used and then packed in the same room. When trying to figure out if a machine will fit in your training area, you don't add a few centimeters centimeters around the treadmill. Size One of the main reasons to buy a folding treadmill is to save space. Before deciding which model suits you best, it's important to make sure you have enough storage space for a folded treadmill. Some folded treadmills are made in compact models that you can store out of sight. Make sure you know what kind of space you're working with before you buy. Noise You probably want a quiet treadmill if you're looking for one to use at home. Usually the noise decreases as the price increases. Here are some features that affect the noise: Track the size of the roller: the larger the rollers, the press the belt. Belt material and thickness: thinner, one-way materials tend to be noisier. Deck cushion: deck absorbs both impact and sound. Belt material If you want your folding treadmill to last for a significant time, the treadmill belt is key. Belts are almost always the first thing to wear out on any treadmill. (Foldable or not). This is usually not the upper surface of the belt that wears out, but the substrate. Almost all folding jogging belts are made with PVC upper coating and use monofilament or poly-blend material for the substrate. With the use of poly-blends, you will have a calmer machine with lower friction levels than monofilament belts. But monofilament belts usually last longer. Some higher straps use a stronger supporting material or a durable urethane hybrid belt, making them noisier. But a little noise is actually desirable if you want your treadmill belt to last longer because the noise is reduced only when the belt makes contact with the deck. With a smooth deck surface and belt contact, the noise level will decrease. The trade-off is that the more contact surface you have, the greater the power is required, and the greater the tension placed on the machine's system and electronics. In the end, thinner straps actually last longer than thicker straps because they trap less heat, which is why the system lasts longer because one thing that carries down the treadmill is heat. Before investing in a folding treadmill, get to know the essential features you want and consider your fitness needs. The key to taking to your seatbelts is to remember that sometimes super quiet running folding treadmills can also mean seat belts can break more often, requiring replacements. FREQUENTLY ASKED questions about stacking treadmills What does CHP mean in the engine description? CHP stands for continuous horsepower, which is an updated acronym from the former HP, meaning simple horsepower. Continuous horsepower better describes the engine's ability than simple horsepower because it tells you how much power the engine can produce continuously instead of just its peak performance. This means that the treadmill engine with 3.0 CHP is stronger than that with 3.0 hp. Power the treadmill engine increases its price. You don't want to pay more than you have to, but you also don't want an engine that won't meet your needs because you'll wear it out quickly. Think about your

exercise routine and body weight when looking at motorbikes on a treadmill. If you are a runner, you will need more strength than if you are inclined to walk. If you're heavier, you'll need more power. For people up to 200 pounds, you should have 2.0 CHP for walking, 2.5 CHP for running, and 3.0 CHP for running. Are folding treadmills as sturdy as non-folding treadmills? Folding treadmills are designed to be used in smaller spaces in your home. Decks can be easily folded upwards after exercise. While older folding treadmills have required you to make some compromises in stability, motor power, track size and features, most of the current folding treadmills are just as sturdy and have the same features as non-bending treadmills. What do I need to know about the warranty? Foldable treadmill guarantees will include up to six categories: frame, engine, deck, electricity, parts and operation. Most treadmills come with lifetime warranties for frame and deck. The engine is likely to be the most expensive part to replace, so if you plan to use a folding treadmill frequently, make sure you're satisfied with the motor warranty. If you don't have a lot of space, consider checking out one of these top-rated folding treadmills. Parts guarantees typically range from three months to six years. Some treadmill companies don't mention the electronics warranty, but it's something you should scatter about because replacing the console is likely to be expensive. The average warranty of working for home treadmills is one or two years. The most valuable work guarantees include home repairs, but not every brand offers this perk. If home repair isn't turned on, it means free labor can turn out to be expensive as you'll be expected to pay to send a broken machine. What is the difference between LCD and LED on the data display? LCD means a liquid crystal display, and an LED that emits light. LED is the newer of the two technologies and provides more clarity, and is still a high contrast at any angle. Reading on an LCD screen can be hard to see if you're not looking at it directly. The LED display will last longer because it is able to better stick to the vibrations of the machine. In addition, the repair costs less than an LCD screen because when the LCD burns out, the entire console must be replaced. But if the LED display becomes damaged, you can replace its individual parts instead of buying a brand new monitor. Now that you have some pointers on what you might be looking for in a folded treadmill, let's take a look at some of the best options on the market. 7 top-rated folding treadmills for 1. Best overall choice: The XTERRA Fitness TR150 folding treadmill Black XTERRA treadmills are great for people who want a durable, attractive machine that will be reliable in the long run. This brand is known for the longevity, appearance and feel of its products, which makes this model a great candidate for people looking for a reliable treadmill that will last a long time. XTERRA Fitness is concentrating on providing low-cost, high-quality fitness machines to use in the home. This treadmill is the best value you'll find for a low price. The XTERRA TR150 has a bright five-inch LCD display that tracks your time, speed, distance, calories burned, and a heart rate to help you keep track of your progress. It comes with grippers on handles to help you keep up with your workout intensity and achieve your fitness goals. This machine comes with 12 preset exercise programs that vary in intensity and three options for tilt level. The XTERRA TR150 weighs 108 pounds and can hold up to 250 pounds, which is about 30 pounds more than most other folding treadmills. It has a 2.25 horsepower engine and can move up to speeds of 10 MPH, making it a great option for light running workouts. PROS Easy to assemble. It comes with preset exercises. It has a specialized cushion deck for high impact absorption. Adjustable tilt options. The CONS LCD display has only a handful of handheld programs. Not good for long, fast rides. The price is higher than other similarly durable treadmills, but additional features such as a color screen and audio options give this option a higher value. 2. Second-place option: LifeSpan TR1200i folding treadmill This machine is durable and interactive but affordable. It comes highly recommended and is the most popular option among people buying folding treadmills. This treadmill has 15 motorized tilt level options and comes in advance with 17 exercise options. It also allows you to design and save two of your own training programs. The console also stores training data, allowing you to easily track them online. You can run up to 11 mph on this treadmill. It has a 2.5 CHP engine that comes with a lifetime warranty and will give you enough power to run long without causing the strap to mutter if you change gear. LifeSpan TR1200i has handy buttons on the steering wheel that you can use to adjust your training intensity and activate your heart rate monitor. It comes with high-fidelity speakers, a headphone jack and a connectors for your smartphone. PROS Good length and quality of the belt. It comes with a good guarantee. It has a high capacity weight limit of 300 pounds. CONS doesn't have a fan. The data tracking service is free for four months with the purchase of a treadmill, but after that requires a subscription. 3. Best Value for Money: Weslo Cadence G 5.9 Series for running Weslo Cadence G 5.9 The treadmill series has everything in a folding running strap, with an integrated tablet holder, a comfortable running strap and a space-saving design, at an affordable price. Adding iFit technology allows for a whole new world of on-demand workouts, intensive study workouts and even scenic rides around the world. The Weslo Cadence G 5.9 Treadmill Series has simple controls and a 16 x 50 exercise deck for comfort at any fitness level. The tread deck has comfortable cell cushions for reduced impact, and has a handy space-saving design that allows you to fold it over and tuck it into one simple step. This treadmill comes with a month of free iFit membership, working with your internet, tablet computer and Wi-Fi to give you access to amazing workouts and training that keep you challenged and motivated. The Weslo Cadence G 5.9 Treadmill series has a capacity of 275 pounds, and is capable of speeds of 0-10 MPH, and has two levels of inclination. Pros Sturdy, durable treadmill at a reasonable priceSearch easily in one storage step when you are not in useComes with one month of free iFit membershipHas integrated holder for your tablet PcComfort Cell cushion reduces the impact on feet CONS If you want to use a treadmill without a tablet computer or without activating iFit, hold the Bluetooth button for 30 seconds - otherwise it will encourage you to activate these featuresFit subscription adds great features to the treadmill , but also adds to the cost of 4. Most affordable: Sunny Health & Fitness Treadmill Sunny Health & Fitness Treadmill This is the most affordable option. It's a servicable folding treadmill. But it's not top of the line With a sale price of about \$299, it still comes with a lot of features. Other folding treadmills in this price range don't have enough exercise programming, but this machine has nine preset workout programs with manual mode. This machine can also calculate your BMI. This entry-level treadmill comes with a compact and folding frame, a high speed of nine MPH, a 2.2 peak HP drive, and a 16 wide x 49 long running surface. It has a three-slope option and comes with a simple LCD display that shows your speed, distance, time and calories burned. PROS Option with lowest price. It comes with speed controls on handily and console. It comes with a media bulge for holding a smartphone. CONS comes with a short warranty. The practice area is small. It can only hold up to 220 pounds. 5. Best high-end treadmill: NordicTrack T 6.5 S nordictrack T 6.5S treadmill is not only the best for beginners, but is also one of NordicTrack's most insubhaustible models. This machine uses a patented SpaceSaver design, and comes with a 2.6 hp engine. His treadmill is 20 and 55 long, comes with an optional FlexSelect pillow. This treadmill can tilt up to 10%, has a speed capacity of 10 mph and capacity of 300 pounds. The console on this machine has a 5 LED rear-lighting display that displays the track. It offers 20 preset workout programs and is compatible with iFit. A dual-grip heart rate monitor can help you keep track of your workout progress. For sound, this treadmill has an MP3 music port and two speakers. Finally, in addition to the Quick Launch keys, the console also has one-touch control keys. This treadmill includes a lifetime warranty on the frame, a 25-year warranty on the engine and a one-year warranty on parts and operation. PROS comes with two cup holders. The most affordable option. It has a shock absorption system that allows you to personalize your workout by turning off your pillow or turning it off. CONS doesn't come with a fan. He's got a waking bike. He doesn't have a USB charger. 6. Best for hardcore runners and fitness enthusiasts: NordicTrack Commercial 2950 The NordicTrack Commercial 2950 is a fully fitness solution in one treadmill, with built-in workouts covering cross-training, bootcamps, cardio, yoga and global running. With an amazing library of workouts, live interactive workouts and daily challenges, this machine allows you to further push your workouts and get real results every day. The ability to simulate real running surfaces, landscapes, slopes and training makes it a great folding treadmill for serious runners. NordicTrack Commercial 2950 is an amazing fitness machine with the latest technologies and capabilities. The tread belt surface has a versatile Runner's Flex cushion, so you can have an authentic running experience on the road or engage cushion dammes for less impact. A smart-response drive system that only cools down reduces vibrations, making even your most difficult workouts less disruptive in your home. It has an integrated tray, two digitally amplified speakers and dual AutoBreeze workout fans. But what makes NordicTrack 2950 truly special is the 22-inch interactive HD touchscreen. With the screen, you can access more than 17,000 workouts and have an interactive live workout with world-class fitness instructors. During interactive workouts, your iFit trainer can control the speed, tilt and fall of your NordicTrack, for as many challenges as you need. Or use Google Maps training technology to run anywhere in the world, transporting you to all your favorite places, and having a treadmill automatically adjust the slope and resush off the landscape. NordicTrack 2959 tracks all your stats and helps you achieve your fitness goals, and you can create up to four iFit profiles for tailored workouts for anyone in the family and track your progress and workouts on any iFit compatible machine. NordicTrack Commercial 2950 can go from 0-12 MPH, 0-15% inclination and 0-3% drop. It is rated for users up to 300 pounds overlaps up to just 41.9 inches deep for easy storage. Comes with free one-year iFit iFit membership \$468, and is backed by a 10-year warranty on the frame, a 2-year parts warranty and a one-year work warranty. PROS A massive library of training of all kinds for total body fitnessRoad simulations of conditions including road surface and slope levels are great for marathon workouts and other real-world eventsInteractive workouts and daily challenges keep workouts from boredom and help you meet new goalsTracks your progress Built in a music port with speakers, fans and drawer for comfortLarge, immersive HD touchscreenEKG grip pulseRunner's Flex surface for adjustable impact Just your progressSelf-cooling and reduced vibration motorComes with free one-year iFit MembershipBacked by warranty CONS This is a large, heavy treadmill at more than 300 pounds, and it is best to pay for the delivery and assembly of white gloves The screen cannot be used to watch TV or its own media, and sometimes the programs will become glitchy if you try to control the pace 7. Best for trainer-led workouts & smart technology: ProForm SMART Pro 2000 ProForm SMART Pro 2000 uses the latest and best iFit technology to make your workouts interesting and challenging. Access a wide range of workouts, interactive workouts, live sessions and streams, and more for the best, most personalized, challenging workouts at home. Transport to faraway lands, track your progress and get world-class coaching from your own home. ProForm SMART Pro 2000 uses iFit to provide you with studio workouts, live interactive workouts, streamed workouts with your favorite trainers, and thousands of workouts for all fitness levels. Interactive trainers control the speed and tilt of your treadmill for an extra challenge or take advantage of study courses, cross workouts or scenic locations where your coach gives encouragement and tells you about the natural landscape while running. With iFit, each workout session is automatically recorded so you can track your progress and move towards your fitness goals. Touch button controls let you adjust speed and inclination without sweating, and the built-in CoolAire fan keeps you comfortable. Play your favorite audio with built-in 3-inch Bluetooth speakers and stay enchanted by the 7-inch touchscreen. It also has an ECG Grip Heart Rate Sensor, so you can monitor your heart rate for optimal fitness. A system of heavy lifting self-cold drive to keep pace with the most difficult exercise. SpaceSaver Design overlaps storage, with Easy Lift Assist making it easy to lift and lower the deck. The ProForm SMART Pro 2000 has a capacity of 300 pounds, with speeds of 0-12 MPH, a slope of 0-15% and a drop of 0-3%. It has a 10-year frame guarantee, a 2-year parts guarantee and a one-year work warranty. PROS Giant Library of Built-in Trainings, with interactive trainings, trainings, Workout, and moreBuilt in fan, tablet holder and Bluetooth speakers for comfort and convenienceOnboard EKG monitor heart rateRecord and track workouts and progress with iFitVariable speeds and inclination and drop gives variety of exercisesCode touchscreen and one-touch control controls to control effortless CONS This is a great, heavy treadmill, and it is best to pay for the delivery and assembly of white gloves instead of trying to do it yourself Conclusion Clear winner in this product category is XTERRA Fitness TR150 Folding Tape for running Black. While there are other treadmill options that might be better for specific situations, this option is a great balance between price and quality. It comes with a guarantee that supports its quality with lifetime protection on the frame and engine, a three-year warranty on parts and one year of operation. It has a higher weight capacity than other products, so it can be used by more people. Also, it goes a little faster than other product options. With a high-quality belt, you can be sure that this treadmill is durable. Get your folding and get active! Enjoy. Enjoy.

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