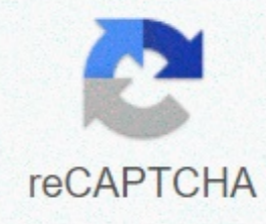




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Columbia post bac pre med reddit

Hello, this is my first post here. In 2012, I graduated with a Bachelor's degree in English Literature (3.5 GPS) at a public school in Washington. Before moving, I completed my associate's degree (GPA of 2.7, yikes). Since graduating, I have worked as a teaching assistant in Spain and now I work freely in Spanish. I decided that the training wasn't for me and changed to technical writing. I come from low-income families with substance abuse problems. This is the main reason why my grades hit. But now I am emotionally stable, happy as always and determined to study medicine. It was my childhood dream, but my family and I never thought I could hack it. Ideally, I would like to look back on psychiatry. What are my chances of getting into Colombia's postbac program? My total GPP is about 3.2, more or less. I also studied abroad twice. I doubt that matters, but I would like to present myself as a multifaceted person who can pull through if allowed because of how I currently feel about myself. Any advice is appreciated! This may be the most cut throat of all postbacc programs and I've seen him chew more nontrads thinking the Colombian name will be their ticket, but it actually destroys their chances. Part of the reason it has many high achieve Ivy League alumni and others who just saved prereqs for postbacc. You are not only competing with others who are trying to improve, but also the best students from other fields. Colombia also strictly controls who is entitled to receive a letter from the Committee, making significant reductions to the GPA. With its reputation, the letter of the committee of Colombia is a big red flag. Thus, Colombia slightly increases its admission rate, effectively denying weaker candidates the application I suggest the student to take into account the following factors when choosing the program Last edited: May 16, 2016 Reactions: 16 users agree with gunnifu - I have many friends who made the Colombian postbacc program and say it really is a cutthroat. If you do this too, you are in amazing shape, but you also have a very high chance of ruining your chances.

Reactions: 1 users in Colombia also retain strict control over who is entitled to the committee's letter, making high cuts to the GPA. With its reputation, the letter of the committee of Colombia is a big red flag. Thus, Colombia slightly increases its admission rate effectively to prevent weaker candidates from applying I suggest a student consider these factors when choosing a program thank you for the answer. Do you mean that they have a GPA disconnection post-Bac VVPS or my bachelor record? It would seem ridiculous to hold a recommendation to my bachelor record if they let me in. I agree with gonnif - I have many friends who Colombian postbacc program and say that it really is cutthroat. If you do this too, you are in amazing shape, but you also have a very high high ruin their chances. +1 gonnif and wedgedawg. A very expensive program that provides little/no support when you start, unless you are one of the best students. The committee's letters are also not missing if the dean thinks that your MCAT is not competitive. Reactions: 1 user +1 gonnif and WedgeDawg. A very expensive program that provides little/no support when you start, unless you are one of the best students. The committee's letters are also not missing if the dean thinks that your MCAT is not competitive. Damn. It's rough. What kind of GPA do you think they want for a committee letter? I read that there is a lot of support and a great feeling in the community out there including clubs and many organized study groups. Lots of mixed signals. Can any of you recommend another program? I don't want to go in 2 years, but I am *willing to pay a high price. Damn. It's rough. What kind of GPA do you think they want for a committee letter? I read that there is a lot of support and a great feeling in the community out there including clubs and many organized study groups. Lots of mixed signals. Can any of you recommend another program? I don't want to go in 2 years, but I am *willing to pay a high price. I have a classmate who made Colombia post-bacc, and know a few others who went that route, and they all agree that wasn't really worth it. It's a tough program to get through – there are many others out there that will get you where you want to go without the risk of tanking your options missing out on a committee letter or other support measures. There is a similar cut throat approach to the overall bachelor premed program, so I think it's no surprise she sees too into post-bacc too. There are subforum specially post-bacc programs; I would suggest you check that out to gather more information about programs before investing a year/\$\$. If you are ready to move, there are many options out there. Reactions: 1 user damn. It's rough. What kind of GPA do you think they want for a committee letter? I read that there is a lot of support and a great feeling in the community out there including clubs and many organized study groups. Can any of you recommend another program? I don't want to go in 2 years, but I am *willing to pay a high price. You are in New York, I like hunter program reactions: 1 users damn. It's rough. What kind of GPA do you think they want for a committee letter? I read that there is a lot of support and a great feeling in the community out there including clubs and many organized study groups. Lots of mixed signals. Can any of you recommend another program? I don't want to go in 2 years, but I am *willing to pay a high price. I have the impression that the postBacc committee's letter contains 3.65 or more results. Damn. It's rough. What the GPA do you think they want Letter? I read that there is a lot of support and a great feeling in the community out there including clubs and many organized study groups. Lots of mixed signals. Can any of you recommend another program? I don't want to go in 2 years, but I am *willing to pay a high price. Brandeis and Tufts in MA have strong post-bacc programs with low (ish) cost of living. Lower COL. at Brandeis. Reactions: User 1 It's a tough program to get through – there are many others out there that will get you where you want to go without tanking your options for risk missing out on a committee letter or other support measures. There is a similar cut throat approach to the overall bachelor premed program, so I think it's no surprise she sees too into post-bacc too. Thanks for the reply. What about the program so cut throat? I assumed that most programs would be like this and realized I would sort of check out that mindset. I'm not trying to defeat anything other than myself. I think I'm attracted to the Columbia program because payouts can be a big ivy league school. Personally, I don't think the school name is important to everyone that much, but other people. You are in New York, I like the Hunter program I'm in Washington state, but through it. I'm so bored here. I don't even have a family here. San Francisco and NYC are where my family lives. I considered Mills because I would have family support. Does anyone know anything about Mills? +1 gonnif and wedgedawg. A very expensive program that provides little/no support when you start, unless you are one of the best students. The committee's letters are also not missing if the dean thinks that your MCAT is not competitive. Thanks for the reply. I understand that the program is cutthroat, but what exactly means top student in post bac? I imagine 4.0 and 37 MCAT. Is that what you're saying? This may be the most cut throat of all postbacc programs and I've seen him chew more nontrads thinking the Colombian name will be their ticket, but it actually destroys their chances. Part of the reason it has many high achieve Ivy League alumni and others who just saved prereqs for postbacc. You are not only competing with others who are trying to improve, but also the best students from other fields. Colombia also strictly controls who is entitled to receive a letter from the Committee, making significant reductions to the GPA. With its reputation, the letter of the committee of Colombia is a big red flag. So, Colombia slightly inflates its admission rate effectively to prevent weaker candidates from applying I suggest a student consider these factors when choosing a program for Wow, and it's not even the actual medschool selectively we're talking about. These are just connecting applications. All this getting into the medschool process sucks. Op can also look at Wash. U postbac. Very supportive Obviously, Wash U has a good name, although I'm not sure how it looks at the post-bacs sphere. I just finished it and a lot of students are successful in every app cycle, including me. Last edited: May 17, 2016 Reactions: 1 user Thanks for the reply. I understand that the program is cutthroat, but what exactly means top student in post bac? I imagine 4.0 and 37 MCAT. Is that what you're saying? This is also the experience of having 100+ hospital volunteering and research. I wasn't well connected to this program sometime, but 5-10 years, 3.8 GVPS, 36 MCAT, 100+ hospital experience and research was the average student who graduated from the program and/or applied to medical school. Reactions: 1 user Wow, and it's not even the actual medschool selectively we'll talk about it. These are just connecting applications. All this getting into the medschool process sucks. Yes, he agreed. It's pretty frightening. I don't know what this cut-off is though. In college I was an athlete and waitress to pay for life things. I was incredibly busy and going through a lot of stress that some of my classes slipped. I think most people in my situation, at the time, would have reacted the same way. When I do postbac I don't work. I feel like it has to change classes. So if the cut-off is, say, 3.6-3.7 then that would be fine. Does it make sense to anyone? Yes, he agreed. It's pretty frightening. I don't know what this cut-off is though. In college I was an athlete and waitress to pay for life things. I was incredibly busy and going through a lot of stress that some of my classes slipped. I think most people in my situation, at the time, would have reacted the same way. When I do postbac I don't work. I feel like it has to change classes. So if the cut-off is, say, 3.6-3.7 then that would be fine. Does it make

sense to anyone? I also edited your original post for you. See above. This is also the experience of having 100+ hospital volunteering and research. I wasn't well connected to this program sometime, but 5-10 years, 3.8 GVPs, 36 MCAT, 100+ hospital experience and research was the average student who graduated from the program and/or applied to medical school. Holy hell. It's unbelievable. Hmm... Wow, and it's not even the actual med school selectively we're talking about. These are just connecting applications. All this getting into the med school process sucks. Op can also look at Wash. U postbac. Very friendly environment. Obviously, Wash U has a good name, although I'm not sure how it looks at the post-bacs sphere. I just finished it and a lot of students are successful in every app cycle, including me. Washington U? St. Louis? Washington U? St. Louis? Yep. Pretty tough program. It's almost a do-it-yourself, take the type of thing you need, but they keep your post-bacs in the loop about a lot of things. It's worth taking a look, I would say. Yes, he agreed. It's pretty frightening. I don't know what this cut-off is though. In college I was an athlete and waitress to pay for life things. I was incredibly busy and going through m+ess so some of my classes slipped. I think most people in my situation, at the time, would have reacted the same way. When I do postbac I don't work. I feel like it has to change classes. So if the cut-off is, say, 3.6-3.7 then that would be fine. Does it make sense to anyone? Should there be any reduction? Are they making a cutoff for the student's benefit? Do they do this to limit those who actually go to medical school to make their admission rate higher and make their \$50,000 program more attractive? I'm in Washington state, but through it. I'm so bored here. I don't even have a family here. San Francisco and NYC are where my family lives. I considered Mills because I would have family support. Does anyone know anything about Mills? San Francisco State University has a postbac advance program. I heard mostly good things about it from the friends who were in it. I was accepted by both Mills and Columbia programs, but didn't go because I couldn't afford one of them. If I were in your shoes, I would be watching very closely how much each programme would cost and where the funding would come from. Because these programs do not have a degree program (they are certificates), you will not be able to receive as much federal assistance as you would otherwise do in a normal program. You may need private loans that require good credit and sufficient income. But maybe everything has changed since I approached many years ago... Should there be any reduction? Are they making a cutoff for the student's benefit? Do they do this to limit those who actually go to medical school to make their admission rate higher and make their \$50,000 program more attractive? +1 Hello, this is my first post here. In 2012, I graduated with a Bachelor's degree in English Literature (3.5 GPS) at a public school in Washington. Before moving, I completed my associate's degree (GPA Of 2.7, yikes). Since graduating, I have worked as a teaching assistant in Spain and now I work freely in Spanish. I decided that the training wasn't for me and changed to technical writing. I come from low-income families with material Problems. This is the main reason why my grades hit. But now I am emotionally stable, happy as always and determined to study medicine. It was my childhood dream, but my family and I never thought I could hack it. Ideally, I would like to look back on psychiatry. What are my chances of getting into colombia's postbac program? My total GPP is about 3.2, more or less. I also studied abroad twice. I doubt that matters, but I would like to present myself as a multifaceted person who can pull through if allowed because of how I currently feel about myself. Any advice is appreciated! Hello, I am a Colombian postbac and here is a breakdown of my experience: -Most classes are bent to B-/ C+-. Very little get like you will know who they are in the very early process. You will know who is struggling and who is forged it through. It's a small community at a big university. -GChem and physics are working. There's not too much competition, although I could have done better. I also worked full-time. -Labs for GChem, Orgo and Bio have 3 credits each and they come with a lecture. These are time-consuming courses. - After the first two semesters, your counsellor will evaluate your profile. If you have had two consecutive semesters with a GPA of less than 3.0 or 2 C-requirements, they will notify you that you no longer qualify for committee support. You can appeal against decisions if you have real reasons why the evidence facilitates the circumstances. I think that has changed. My class has been very vocal about the ridiculous rules in place and they can be changing things a bit good. -During the Orgo/Bio years, the only biology course that made you right in the committee's letter was Prof. Mowshowitz Bio. This bio course is very notorious as a goalkeeper for Colombia postbacs and undergraduate advance. Her excellent class and professor is a great lecturer, but many do not help. E-mails are sent shortly before the withdrawal deadline to notify those who have completed the first middle period, indicating that the course will be taken over at a different time. I've always been average, which meant that I'm doing well enough not to get away, but not good enough to get a. I also think C+/- in a solid course, as it looks much better than W. This course will also help you prepare well for MCAT biochemistry and bio sections. I scored more than average in both chapters. - You are also allowed to register for barnard college courses. There is no difference on your transcript and many postbacs went this route and did really well. - Advisers seem very helpful to those who are excellent. Due to my limited time (I have two jobs), the relationship with your counsellor was very technical these are the numbers you need for this and that. So my experience with advisers is very limited, this is the postbacs of other colleagues orally. -Don't - Don't Cheat your numbers. A huge piece of people drop the program after the first year. I do not know the exact number, but many do not end up med school. In addition, students who have taken only a few pre-established requirements in other similar schools have been told to repeat them in Colombia in order to get the committee's support. Be sure to ask questions before committing. After all, I ended class B altogether. I was told that B Colombia is still considered above average compared to most schools, but I don't think med schools see it that way. They may be familiar with the program and realize that this is perhaps the hardest one out there. Fortunately, I have a scientific education: uGPA 4.0/AMCAS: cGPA 3.6/sGPA 3.55. I adapted my program to talk about how I continued taking classes to finish the program and show my dedication to med school, focusing on the good things that I learned and experienced in the process. I also have significant research experience (6 years in total), 6 publications, 4 years of volunteering clinic, 1 year of community service, 3 years of playing rugby, 2 leadership positions and 6 solid LOR. I am also an unconventional applicant, underrepresented by a minority, the elderly and speaking Eng and Spa. FINGERS CROSSED. Last edited: September 20, 2016 Reactions: 1 user of the Ivy League is a completely different game. Have a colleague that went to Ivy for The Bachelor and HMS immediately after. The atmosphere of his bachelor, he said, was so cut throat he didn't make any friends on his pre-courses. He talked to pre-counselors and med students whom he knew to receive advice. All his friends from college that he remains in touch with today were from hardcore sciences (English, music, history, etc.) apparently one child made a fake, completely false test bank for the whole class and gave it to his friends. The class was on a curve and he wanted to secure a spot. Although, my colleague is very sarcastic, so I think it was a super old test bank that he gave as an indication and some kids took it as a real test, literally. HMS was great he told me. If you do it there, you guarantee to go anywhere you want if you do well (which you lol.) EDIT: stay on point, I would go with another program. The prestige/title that it has doesn't outweigh how ridiculously hard and cut the throat looks. There are better options out there (hunter program, for example) for which I have seen much better reviews. \ After all, I ended class B altogether. I was told that B Colombia is still considered above average compared to most schools, but I don't think med schools see it that way. They may be familiar with the program and realize that this is perhaps the hardest one out there. Fortunately, I have a scientific education: uGPA 4.0/AMCAS: oGPA 3.5/sGPA my app is talking about how I continue taking classes to finish the program and show my dedication to med school, focusing on the good things that I learned and experienced in the process. I also have two significant research experience (6 years in total), 6 publications, 4 years of volunteering clinic, 1 year of community service, 3 years of playing rugby, 2 leadership positions and 6 solid LOR. I am also an unconventional applicant, underrepresented by a minority, the elderly and speaking Eng and Spa. FINGERS CROSSED. Can I ask you how old you are? You're incredibly frightening. I'm 24, 25. Thank you very much for the detailed answer. This is appreciated. Colombia is not so difficult. Classes are usually bent to B/B+-, and the share of GPA for committee support is 2.75 (source). It is true that it is very expensive, a lot of people fall out, and mowshowitz bio is very difficult. You should really think very hard about it before you apply. But still... it's nowhere near as hard and cut throat as this thread makes it to be! Reactions: 1 user Can I ask how old you are? You're incredibly frightening. I'm 24, 25. Thank you very much for the detailed answer. This is appreciated. I'm not going to be intimidated. It was a real portrayal of my experience. In recent years, the programme has changed some rules, such as reducing committee support and such. I am an unconventional 30-year-old applicant. The Colombia is not that difficult to comment on, I agree. It is not impossible. But I know that a big slice of people who would excel in another program can only be average Colombia (in my case). When classed on the Bell Curve as a bio class, very little get like, leaving the rest of the Class B range. The last time I used a bio for each mid-average was 72 (similar to Org Chem). If the class average fell below, they would adjust it. I graduated with a 4.0 GPA undergraduate just to become the B average student in Colombia. It doesn't have to be your story, but it is mine. I also had to work a big piece of time that I spent taking classes on. Perhaps that could be the reason. I don't regret my time in Colombia. However, I understand that the program does not improve my academic record as I expected. That's why I continue taking classes for the required coursework. Some of my classmates went to move to others after bacs, sought a master's degree or dropped out of the race. After all, there is what you do from it. Know the challenges that lie ahead, and if you want to accept them, then go for a complete choke. Med school would also not be easy. Success! If you have specific questions, send me a message. Reactions: User 1 For record Mowshowitz bio is not sorted on the bell curve. At the beginning of the class, she tells everyone exactly how many points they need to earn in exams (collectively per semester, allowing one drop) Get each degree of letter. Points were adjusted only if the overall average of the class was less than a certain number, in which case it would be adjusted only upwards. There are no limits to how many people can get A. If everyone scored 90 points for each exam, everyone would have gotten A. Most people couldn't get an A just because the exams were really hard. I remember seeing flyers posted around campus advertising support groups for students who refused because of premed because of that class. Reactions: Users 1 Record Mowshowitz bio is not sorted in the bell curve. At the beginning of the class, she tells everyone exactly how many points they need to earn in exams (collectively per semester, allowing one drop) to get each class of letters. Points were adjusted only if the overall average of the class was less than a certain number, in which case it would be adjusted only upwards. There are no limits to how many people can get A. Most people couldn't get an A just because the exams were really hard. I remember seeing flyers posted around campus advertising support groups for students who refused because of premed because of that class. I don't go to Colombia, but I know what it is. I feel that there are better options in advance in terms of postbac programs. I know its testing to prepare you well for MCAT, but you can also use prep books for that. Stress doesn't seem worth it. I don't go to Colombia, but I know what it is. I feel that there are better options in advance in terms of postbac programs. I know its testing to prepare you well for MCAT, but you can also use prep books for that. Stress doesn't seem worth it. I really really liked her class. It teaches you how to think, not just MCAT. It's definitely a fight, though. It took a lot of work to improve. I don't go to Colombia, but I know what it is. I feel that there are better options in advance in terms of postbac programs. I know its testing to prepare you well for MCAT, but you can also use prep books for that. Stress doesn't seem worth it. I'm the second Cotterpin. A big piece of my classmates chose to take a bio at Barnard. I enjoyed the Mows Bio Challenge. It came with a price, but I was pleased to have it. If I'm asked during the interviews, I don't regret it. But the sooner you realize that this course is drying students and ceases to complain about it earlier in the process and work hard and enjoy the material, the more successful you can be. In the second semester, they bombed the first two mid-periods. Fortunately, I recovered to the end. Reactions: User 1 of San Francisco State University has a postbac advance program. I heard mostly good things about it from the friends who were in it. Thanks. I ended up looking at SFSU. They are a great school in general. I also found that they Open U, so if you're not taken to post bac right away you can take classes anyway. I need to take the calculation and re-take the psychology that my VVPS rises anyway. Plus, even in Washington it's cheap. Oh, and to be fair, San Francisco is an incredible city to live in. I think there is something to be said about it. I don't regret my time in Colombia. However, I understand that the program does not improve my academic record as I expected. That's why I continue taking classes for the required coursework. Some of my classmates went to move to others after bacs, sought a master's degree or dropped out of the race. No worries. It's amazing that you have so many accomplishments depending on your circumstances. I think it's amazing. I'm a first-generation student so I can be involved in some vices. It wasn't until recently I realized that my upbringing and ADD made school like swimming with bricks tied around my ankles. In addition, there is a money thing. Until this year I was living paycheck to paycheck always skimming by. For reasons I will not explain, I am completely financially stable and will be in the next few years. I'm lucky. So I wonder if taking these pre-reqs on continuous waitress shifts will give me a chance to finally thrive. It's so hard to improve at school when you're worried about splitting your car and your debts. You know what I'm saying? Many, thank you very much. This idea scores me in the best ways. I just try to be realistic about my current record and the chances of success (successfully I mean getting's A and B) in these post bacs. SFSU will probably be the best route at the moment. Thanks! I have the impression that the postBac committee's letter contains 3.65 or more results. That's not true at all. Where do you get the information from? Reactions: 1 user I like all these rumors about Colombia on SDN - and if that man was here today, he'd shoot the fire out of his eyes, and lightning from his arse Ala Mel Gibson lol Yes, the program is hard - is it the top 5 national research university, what do you expect? However, people with low bachelor GPA can go to Colombia and succeed - Colombia will give these people the opportunity to prove themselves, but will not give them a GVPS on a silver plate. I didn't trade my no-4.0 Colombian VVPS for 4.0 GPA in almost any other school; the education that I got in Colombia was great, it prepared me well for MCAT (and I think medical school), and I worked pretty hard to make a no-4.0 VVPS. @Cotterpin and @RugbyPremed I'm pretty sure we're classmates... Reactions: 1 user I was about to start my last semester postbac premedical program at Columbia University and got C- organic chemistry in my last semester. Will I be fired? former Director of Columbia, I, of which I intend to my last semester postbac premedical program at Columbia University and got C- organic chemistry in my last semester. Will I be fired? I'm the second Cotterpin. A big piece of my classmates chose to take a bio at Barnard. I enjoyed the Mows Bio Challenge. It came with a price, but I was pleased to have it. If I'm asked during the interviews, I don't regret it. But the sooner you realize that this course is drying students and ceases to complain about it earlier in the process and work hard and enjoy the material, the more successful you can be. In the second semester, they bombed the first two mid-periods. Fortunately, I recovered to the end. I was about to start my last semester at Columbia University's postbac premedical program (accelerated). I just got my grades from the previous semester and got c- organic chemistry and am freaking out. My elder sent me an e-mail and said we need to talk. Please help me! Do you still get this class changed even in C? Any insight would be highly appreciated!!! I'm not going to be intimidated. It was a real portrayal of my experience. In recent years, the programme has changed some rules, such as reducing committee support and such. I am an unconventional 30-year-old applicant. The Colombia is not that difficult to comment on, I agree. It is not impossible. But I know that a big slice of people who would excel in another program can only be average Colombia (in my case). When classed on the Bell Curve as a bio class, very little get like, leaving the rest of the Class B range. The last time I used a bio for each mid-average was 72 (similar to Org Chem). If the class average fell below, they would adjust it. I graduated with a 4.0 GPA undergraduate just to become the B average student in Colombia. It doesn't have to be your story, but it is mine. I also had to work a big piece of time that I spent taking classes on. Perhaps that could be the reason. I don't regret my time in Colombia. However, I understand that the program does not improve my academic record as I expected. That's why I continue taking classes for the required coursework. Some of my classmates went to move to others after bacs, sought a master's degree or dropped out of the race. After all, there is what you do from it. Know the challenges that lie ahead, and if you want to accept them, then go for a complete choke. Med school would also not be easy. Success! If you have specific questions, send me a message. I was about to start my last semester at Columbia University's postbac premedical program (accelerated). I just got my grades from the previous semester and got c- organic chemistry and am freaking out. My elder sent me an e-mail and said we need to talk. Please help me! Do you still get this class changed even in C? Any insight would be highly appreciated!!! Colombia so hard. Hard, most often bent to B/B+, and the gpa supplement for committee support is 2.75 (source). It is true that it is very expensive, a lot of people fall out, and mowshowitz bio is very difficult. You should really think very hard about it before you apply. But still... it's nowhere near as hard and cut throat as this thread makes it to be! Can you give me input in my thread please? Scripps and Gaucher College are two more after bacs that are pretty reputable I think swarthmore may have one too, but I really don't know NO, it's a great cut throat. I'm not post-bacc, but was gs and had the same committee and the same classes. If you are of very high quality and have recently graduated equally hard in college then it may be worth trying. I do not recommend this program unless you have a very specific reason to be in it. There is a part of negativity and misinformation that can harm your career. Feel free to ask me all the questions I completed and applied this cycle. I'm a little lost here, or is colombia a post-bacc program for you taking prereqs as a separate group, or are you just enrolled in the same giant prereq classes that hundreds of Columbia undergraduate students take? Page 2 I'm a little lost here, or colombia post-bacc program you're taking prereqs as a separate group, or have you just enrolled in the same giant prereq classes that hundreds of Columbia undergraduate students take? You use the same huge pre-req classes. You are part of the herd. There are some good professors and their classes are hard to get into. Reactions: 1 user you are using the same giant pre-req classes. You are part of the herd. There are some good professors and their classes are hard to get into. ah ok interesting. I'm just confused because the usual SDN mantra is that fancy pants ivy-type names aren't actually much harder than a solid-state program. This thread is quite an exception I've somewhat lost here, or colombia post-bacc program you are taking prereqs as a separate group, or have you just enrolled in the same giant prereq classes that hundreds of Columbia undergraduate students take? You are in the same giant prereq classes with all the other Colombian undergraduates. People keep saying it was a very cut throat, but it really wasn't my experience. I was in GS, not postbacc, but it was good. I'm fine without too much fighting. I've got several MD programs. You are in the same giant prereq classes with all the other Colombian undergraduates. People keep saying it was a very cut throat, but it really wasn't my experience. I was in GS, not postbacc, but it was good. I'm fine without too much fighting. I've got several MD programs. Can not be rude - I thought I saw that you were resetting the app at one time, was that not all on GPAs/GPA? Reactions: 1 user can not be rude - I thought I saw that you are out doesn't point, it wasn't all on GPAs/GPA? I had nothing to do with my gpa. I just approached late in the first cycle and didn't have a good school list. Barely had to change anything in my app, just added a few small ECs during the gap year and applied on the first day. Made all the difference in the world. Reactions: 1 user I had nothing to do with my gpa. I just approached late in the first cycle and didn't have a good school list. Barely had to change anything in my app, just added a few small ECs during the gap year and applied on the first day. Made all the difference in the world. If you remember, you also scored as the 95th + MCAT, so you have to be the type of person post-baccs worry about competing with there! Reactions: 1 user If you remember, you also scored like 95th + MCAT, so you have to be a person type of post-baccs to worry about competing with there! There are a lot of smart students in Colombia, but that doesn't mean it's a cut throat. All I knew was there was really nice and rewarding. Reactions: There are a lot of smart students in Colombia, but that doesn't mean it's a cut throat. All I knew was there was really nice and rewarding. I had a similar experience at school I saw described how to cut sore too. I think that cutting the throat is just the wrong word and gets too used. Sabotaging neighbors in a lab that is reducing the throat. It's hard to be in the top X% for A being just competitive. Reactions: User 1 It is not so bad. Yes, it's hard, but I feel like people make it a boogyman program or something. It's not - it's a program where you're surrounded by really smart people, and that makes it a little competitive, of course. Personally, I think that's a good thing. Sent from my iPhone using SDN mobile reactions: 1 user out of curiosity, or GS = grad student? Sent from my iPhone using the SDN mobile app Out of Curiosity, or GS= grad student? Sent from my iPhone using the SDN mobile app GS== General Studies. The General Studies School is the name of columbia undergraduate college, which is studied by all non-traditional students (but not directly from high school). They take the same courses as Columbia College students, and the Premed Postbac program is part of GS. Reactions: 1 user I completed the postbac program here last year and had success in this cycle. Some courses are quite difficult, especially in the biology lecture and organic chemistry laboratory. I met no one here who was anything but generous and cooperative. I don't want you if you don't prepare for academics. The problem is that the program pours in a much wider network than some others, and will eventually involve people who are not talented enough academically to be competitive medical school applicants. Bryn Mawr program has such a good place because they accept only those people who ace their If you have strong evidence that you can pull 3.5+ 3.5+ a complex science course-load, this program will give you good results (especially in the NYC metro area, where the program is well known). If you have any doubts, I would recommend saving some money by going to an app like CCNY. You can still apply the top level if you get outstanding results, and apply DO or mid/low tier MD otherwise. Reactions: 1 users I completed the postbac program here last year and have had success in this cycle. Some courses are quite difficult, especially in the biology lecture and organic chemistry laboratory. I met no one here who was anything but generous and cooperative. I don't want you if you don't prepare for academics. The problem is that the program pours in a much wider network than some others, and will eventually involve people who are not talented enough academically to be competitive medical school applicants. Bryn Mawr program has such a good place because they accept only those people who ace their courses. If you have strong evidence that you can pull 3.5+ into a fairly challenging science course load, this program will give you good results (especially in the NYC metro area, where the program is well known). If you have any doubts, I would recommend saving some money by going to an app like CCNY. You can still apply the top level if you get outstanding results, and apply DO or mid/low tier MD otherwise. 100% agree with this analysis. However, I'm not sure that Colombian casting on a wide network is necessarily a problem. I would look at it as if Colombia is willing to give people a shot to prove themselves, and don't give a safety net. There is no doubt that the program is a sink or swim, and therefore extensive net results for some people fall out, but students are far from cutthroat in my experience. Reactions: 2 user 100% agrees with this analysis. However, I'm not sure that Colombian casting on a wide network is necessarily a problem. I would look at it as if Colombia is willing to give people a shot to prove themselves, and don't give a safety net. There is no doubt that the program is a sink or swim, and therefore extensive net results for some people fall out, but students are far from cutthroat in my experience. Let me just say first that I like Colombia, and there is quite a good chance I will stick around for the long haul. But... The idea of giving people a snapshot with postbac is a disturbing resemblance to the concept of this: I wish this program a lot as it would be more upfront about people's options before they charge thousands of dollars in a hole. Reactions: 1 user I am a Colombian alum, and I recommend you stay away from Colombia and do post bac program. Two years ago from Colombia, I did everything I could my application (mainly in terms of my and after 30 MD programs I do not have consents and probably I will be re-application. Reactions: 1 user Let me just say first that I like Colombia, and there is quite a good chance I will stick around for the long haul. But... The idea of giving people a snapshot with postbac is a disturbing resemblance to the concept of this: I wish this program a lot as it would be more upfront about people's options before they charge thousands of dollars in a hole. I think you're right. Maybe its just because of my age, but it was a conversation I had with my counselor when I was accepted before I decided to come to Colombia. I directly asked the question because I had concerns about you articulate, and the concern alludes to that article (good, BTW). I have been told, and I think the Post-Bac admissions committee sees the potential for success for every person they accept, otherwise they don't accept them. Of course, Colombia is more liberal with acceptance than Goucher or Bryn Mawr, but I think that is a philosophical design at the point of some kind of malignance, money grabbing or mistreatment. I would also say that if someone comes to the top 5 of the university and thinks they're going to shore up straight A-, it's probably not the program's fault for their predicuble underperance. I'm sure we both know the people who gave it 100% and still weren't. These are the hard ones that still need to be evaluated for me. As much as your comment about the program is ahead of the odds, I think the program was really ahead with me about it. Maybe it's just because I asked, and I realize that this is n=1, but I don't feel like they're trying to lead me into the wrong hope in any way. If you have any doubts, I would recommend saving some money by going to an app like CCNY. You can still apply the top level if you get outstanding results, and apply DO or mid/low tier MD otherwise. Admittedly, I didn't care about the money when discussing colombia post-bac, and I still agree with that. I recently gave this advice to a friend. I must admit that if I had to pay for it out of my pocket, I would have chosen to go to the cheapest school of 4 years I could find. But everyone's situation is different. Reactions: 1 user I think you are right. Maybe its just because of my age, but it was a conversation I had with my counselor when I was accepted before I decided to come to Colombia. I directly asked the question because I had concerns about you articulate, and the concern alludes to that article (good, BTW). I have been told, and I think the Post-Bac admissions committee sees the potential for success for every person they accept, otherwise they don't accept them. Of course, Colombia is more liberal with acceptance than Goucher or Bryn Mawr, but I think that is a philosophical design from a certain sense of malignment, money grabbing or ill-treatment. I would also say that if someone comes to the top 5 of the university and thinks they're going to shore up straight A-, it's probably not the program's fault for their predicuble underperance. I'm sure we both know the people who gave it 100% and still weren't. These are the hard ones that still need to be evaluated for me. As much as your comment about the program is ahead of the odds, I think the program was really ahead with me about it. Maybe it's just because I asked, and I realize that this is n=1, but I don't feel like they're trying to lead me into the wrong hope in any way. Admittedly, I didn't care about the money when discussing colombia post-bac, and I still agree with that. I recently gave this advice to a friend. I must admit that if I had to pay for it out of my pocket, I would have chosen to go to the cheapest school of 4 years I could find. But everyone's situation is different. I think we're almost the same wavelength here. Money wasn't a concern to me either (I didn't put a flair for USMC in my account here), and I had a real view of my academic abilities going into the program. As you said, n=1, and I don't know exactly what advice less successful members of this program were given at the beginning and all along the way. While I doubt the real grudge is playing postbac and SR&i, I would say that's probably true for most Caribbean medical programs. Hanlon's razor is applied here. They are also very late with their Comittee email. Mine came on August 20th. I think we're almost the same wavelength here. I think so too. Money wasn't a concern to me either (I didn't put a flair for USMC in my account here), I think the minimum allowable cuts flair for SDN are two, and you don't have an avatar either. Come on man lol! I didn't have ml identifiers for a while either (intentionally) but they hooked me up in life membership and more control over my account. I admit, though, that rolling in-cognito has advantages, even if it's not very marine quality. They're also very late with your Comittee email. Mine came on August 20th. Correct statement. It didn't affect me much at the end, but really was a source of concern at the beginning of the cycle... I know this thread is a bit old, but I own the second half of the Colombian postbac program and I work as a travel guide here. I thought I would respond to some comments on this topic. It's really true that it's hard to get a course in this program, and if your goal is to leave Colombia with the perfect GPA, this program probably shouldn't be at the top of your list. But med schools recognize the rigor and accelerated pace of colombia's program - every year at our medical school fair we welcome the acceptance of deans of the best medicine which state this fact and take this into account in their decisions on acceptance. If you can do well or even average Colombia, you will be better to med the school application process than you would in many other schools. columbiapostbacguides said: I know this topic is a bit old, but I own the second half of the Colombian postbac program and I work as a travel guide here. I thought I would respond to some comments on this topic. It's really true that it's hard to get a course in this program, and if your goal is to leave Colombia with the perfect GPA, this program probably shouldn't be at the top of your list. However, med schools recognize the rigor and accelerated pace of the Colombian program - every year at our medical school fair we welcome the acceptance of deans from the best medical schools who point out this fact and account for it in their making decisions. If you can do well or even average Colombia, you will be better to med the school application process than you would in many other schools. ... But not well enough, on average, Colombia followed the actual results of their postbac students. I wish you the best, columbiapostbacguides, if you are really a student of this program. But I think future applicants should know how shady this Colombia doesn't explicitly post (someone please link me to the data if i'm missing) results, AKA medical school maturation rates next year, students get into the postbac premed program. Students who have yet to take pre-med courses are guaranteed admissions programs that may be less damaging to their GPA. Consider looking at those. Or do DIY and do well for part of the cost. I never like how schools dance around actual results data, as if it's not incredibly important to applicants. The only data I could find for this program was in recent years that up to 90% of students were admitted to medical schools in the first year of application. What year? (Tip: they've probably been in recent years, which isn't very recent). What were next year's tariffs? How many students each year? I finished the Colombian postbac a few years ago with 4.0 (including A both semesters of the infamous Mowshowitz bio). The organic chemistry laboratory has been very (and without necessity) a lot of the time and encroaching on my MCAT prep time. It cost me a few points and I ended up with a mediocre score. I wasn't a trad applicant with a couple of things working against me. Dean called me a few days after they received my score and advised me to withdraw my application. When I told them I hadn't they replied that it might take a while to write a letter to their elders, and they couldn't guarantee it would be all positive, and I should consider applying without it. So now Im in the Caribbean. A lot of work, stress, and \$\$ went to the Columbia program and it eventually put me at a disadvantage. I've heard similar stories from people in my cohort that were marginal applicants. The program is such a cash cow, I think it has become a software out there to try to intercept emails/send to students who are completing the program, but can be borderline applicants in order to juice their statistics. For what it's worth, about 50-60% of my incoming cohort made it to medical school in 5 years. In fact, several of those who left did so for personal (non-academic) reasons. This estimate includes overseas/Caribbean med schools. (It's no surprise to me if I did a little push back on your comments. Advisers monitor these boards. But rest assured, everything I wrote is accurate.) Thank you for sharing your story. I hope future students read this. Your experience doesn't seem to reflect an ethical or supportive program. A post on February 7 @columbiapostbacguides who claims their second half of the year writes: Every year at our medical school fair, we welcome the acceptance of deans from top medical schools who point to this fact and for making their own making decisions. If you can do well or even average Colombia, you will be better to med the school application process than you would in many other schools. But the med school fair was held on February 23. More likely, it's from the office. They never cease to amaze... Reactions: 3 users I completed colombian postbac a few years ago with 4.0 (including A both semesters of the infamous Mowshowitz bio). The organic chemistry laboratory has been very (and without necessity) a lot of the time and encroaching on my MCAT prep time. It cost me a few points and I ended up with a mediocre score. I wasn't a trad applicant with a couple of things working against me. Dean called me a few days after they received my score and advised me to withdraw my application. When I told them I hadn't they replied that it might take a while to write a letter to their elders, and they couldn't guarantee it would be all positive, and I should consider applying without it. So now Im in the Caribbean. A lot of work, stress, and \$\$ went to the Columbia program and it eventually put me at a disadvantage. I've heard similar stories from people in my cohort that were marginal applicants. The program is such a cash cow, I think it has become a software out there to try to intercept emails/send to students who are completing the program, but can be borderline applicants in order to juice their statistics. For what it's worth, about 50-60% of my incoming cohort made it to medical school in 5 years. In fact, several of those who left did so for personal (non-academic) reasons. This estimate includes overseas/Caribbean med schools. (It's no surprise to me if I did a little push back on your comments. Advisers monitor these boards. But rest assured, everything you is accurate.) Why did you not link to Med school? It seems that you should have been a shoo-in, no MCATs needed. Is he still \$100k? If so, a huge PASS. Plus the person I know who did it and got into a big med school ended up if step 1, graduated but never completed residency. btw, I made my post-bac community college at night while working full-time for about \$3000. Reactions: User 1 Why did you not make a connection to columbia med school? It seems that you should have been a shoo-in, no MCATs needed. I actually apply for interfaces because I met the requirements of gpa and the prerequisite. I made ten 3-page statements that they needed, and before the interview stage, I was rejected without explanation. I still don't know why. Their policy is to give no explanation about this. Few, if any, candidates are shoo-in, but you have a decent shot if you don't have any flaws in your record. I would like to rate 5-15% of students successfully link at any time. Advisers have a lot of discretion in this process, so they help to develop a close relationship with them if you expect to associate. Some ppl was better than others. One counselor was actually relieved to sleep with several students in my class. The rumor was she played favorite w/linkage candidates who might be at a disadvantage for me and others, but it was back in 2015 and there's no way to know for sure. Last edited: June 15, 2018 Reactions: 1 users Are still \$100k? If so, a huge PASS. Plus the person I know who did it and got into a big med school ended up if step 1, graduated but never completed residency. btw, I made my post-bac community college at night while working full-time for about \$3000. The tuition Colombia post bac program runs for about \$55,000-60,000. The cost of living meant I had \$105,000 in debt when I left. By comparison, CUNY's tuition at Hunter College would end up being something like \$15,000-17,000+ living costs. Last edited: June 15, 2018 Is still \$100k? If so, a huge PASS. Plus the person I know who did it and got into a big med school ended up if step 1, graduated but never completed residency. btw, I made my post-bac community college at night while working full-time for about \$3000. Which college do you make your postbac? I'm in NY and I don't have a huge for the expensive Postbac program. Thank you for your advice. I actually apply for interfaces because I met the requirements of gpa and the prerequisite. I made ten 3-page statements that they needed, and before the interview stage, I was rejected without explanation. I still don't know why. Their policy is to give no explanation about this. Few, if any, candidates are shoo-in, but you have a decent shot if you don't have any flaws in your record. I would like to rate 5-15% of students successfully link any Time. Advisers have a wide discretion in this process and therefore contribute to the development of close with them if you expect to link. Some ppl was better than others. One counselor was actually relieved to sleep with several students in my class. The rumor was she played favorite w/linkage candidates who might be at a disadvantage for me and others, but it was back in 2015 and there's no way to know for sure. I remember this while attending post-bac colombia... Hunter's program has been closed lately. Wow... good to know. Anyone has experience with Baruch premed? I heard he was good because he was small and focused and the faculty has great credentials and you can get great LORS. Lor.

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