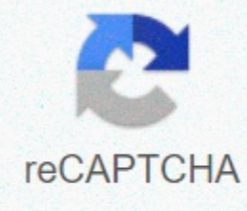




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Directed reading activity pdf

Many often feel lost in work, in relationship or only in life in general. It is not uncommon to feel lost at different times in life. There are a handful of great books to read when you need direction, but more importantly, it's crucial to remember that having this feeling is fine and that you're not alone. Feeling lost doesn't just mean not knowing what you're doing with your life. It means you're unhappy with your current state and want more from your life. Getting lost means you're open to what comes next. Many feel lost specifically in their 20s because it is usually an important moment of transition. When you leave the comfort of school, the future is a big question mark. When you recognize this feeling, it's time for reflection and a bit of soul searching. The key is to discover or rediscover your passion, motivation and purpose. The books are amazing at changing your perspective and helping you find your own path. Here's a list of great books from various genres and topics to help you find clarity, from self-help guides, nonfiction, and fiction stories. If you feel a little lost, here are nine books that could help you find a clear path.

1. *Tiny Beautiful Things* by Cheryl StrayedClick here to buy. *Tiny Beautiful Things* is a collection of essays compiled from Cheryl Strayed's Dear Sugar advice column. It provides advice on different issues such as miscarriage, infidelity, poverty and addiction. While answering readers' questions, she often shares her personal and heartbreaking stories. The book is widely considered a life-changing reading. What color is your parachute? 2015: A hands-on manual for job hunters and career change by Richard Nelson BollesClick here to buy. A classic, *What Color Is Your Parachute*, was first released in 1970. The book is updated annually and has sold more than 10 million copies and has been translated into 20 languages. Bolles provides readers with methods to reflect on their dream work and land.
3. *Blink: The Power of Thinking Without Thinking* by Malcolm GladwellClick here to buy. Gladwell's second book, *Blink*, explores the power of first impressions and insights. It shows how someone's subconscious actually their decisions. Gladwell argues that we can learn to make more snappy judgments.
4. *The Power of Habit: Why We Do What We Do in Life and Business* by Duhigg CharlesFare here to buy. Charles Duhigg, an investigative reporter for the New York Times, takes a serious look at the science of training and changing habits. He argues that once we understand our habits, we have the ability to change them. Duhigg makes his point by presenting case history *The Life-Changing Magic of Tidying Up: The Japanese Art of Decluttering and Organizing* di Marie Kondo Clicca qui per acquistare. Questo bestseller internazionale può fornire risultati che cambiano la vita. Marie Marie teaches the KonMarie method to simplify, organize and archive. An organized home can inspire a calm and clear life.
6. *Quiet: The Power of Introverts in a World That Can't Stop Talking* by Susan CainFare here to buy. *Quiet* is a book that opens its eyes to temperament, a central element of human identity. Susan Cain analyzes the advantages and disadvantages of both introverts and extroverts. It offers great advice to introverts who work in a culture dominated by extroverts.
7. *The Miracle of Awareness: An Introduction to Thich Nhat Hanh's Meditation Practice*Click here to Buy. The miracle of awareness is a manual on meditation by Vietnamese Buddhist monk Thich Nhat Hanh. The manual includes anecdotes and hands-on exercises to learn skills to gain greater self-understanding and peace of mind.
8. *In Defense of Food: An Eater's Manifesto* by Michael PollanFare here to buy. Pollan analyzes the American diet and offers a insight into what it means to eat well. In *Defense of Food* it is powerfully supported and thoroughly studied. Eating well can have a profound effect on your overall well-being.
9. *No one belongs here more than you than Miranda July*Click here to buy. *No One Belongs Here More Than You* is the first book in July, a collection of sixteen short stories. Everyone is the protagonist of a solitary character who tries to navigate the world. Miranda July captures seemingly insignificant moments with captivating depth. Feeling lost can be scary, but it can also be an exciting time for change. Then grab a book, sit back and enjoy the trip. Picture: Pexels Being Active is an important part of staying healthy, regardless of your age. It can also reduce the risk of certain types of cancer. In this section we offer tips to help you become and stay active. Decoding skills help a child learn to read and develop fluidity in reading. Some of the main decoding skills include recognizing sounds and sound mixtures, deciphering the meaning of a word through recognition or context, and understanding the role of each word within a sentence. The following activities help a student develop decoding skills. Give the Clown a balloon This exercise helps to teach and strengthen that the letters may look different depending on the letters around them, for example, the a in hat sounds different from the a in the cake because of the and silent at the end of the word. Use images of clowns; each clown represents a different sound for the same letter, for example, the letter a sounds different in many different words. A clown can represent a long a, you can represent a short Children are given balloons with words containing the letter a and must decide which clown gets the balloon. Sound of the week Use mixtures of letters or letters and make the sound of the week sound. Make sure that students practice the recognition of this sound in daily reading, choosing objects in the room that have sound sound them and come up with a list of words that contain the sound. Be sure to keep the mixture of letters or letters on the board or in a place that is highly visible in the classroom throughout the week. Build Vocabulary - Synonym Crossword This activity can be used for different ages, using simple words and clues for young children and harder for older children. Create a crossword puzzle: students need to find a synonym for clue. For example, your clue could be covered and word covers can be put in the crossword puzzle. You can also create a crossword puzzle using antonyms. Change the words without changing the story Give students a short story, perhaps along a paragraph, and have them change as many words as possible without changing the meaning of the story much. For example, the first sentence could be read, John crossed the park. Students could change the sentence to read, John quickly moved through the playground. Adjectives Students bring a picture of something from home. This can be the image of a pet, a holiday, their home or a favorite toy. Students exchange photos with another class member and write as many adjectives as possible on the image. For example, an image of a domestic dog can include words such as: brown, small, assonne, spotted, playful and curious, depending on the image. Have the students exchange photos again and compare the adjectives they found. Race to Make a Sentence Use vocabulary words and write each word on two cards. Divide the class into two teams and give each team a set of words, face down. The first member of each team takes a card (it should be the same word on both cards) and runs to the board and writes a sentence using the word. The first person with a correct phrase gets a point for their team. Teachers are always looking for ways to increase their students' reading motivation. Research confirms that a child's motivation is the key factor for successful reading. You may have noticed students in your class who are struggling readers, tend to have a lack of motivation, and don't like to participate in book-related activities. These students may have difficulty selecting appropriate texts, and therefore do not like to read for pleasure. To help motivate these distressed readers, focus on strategies that will help stimulate their interest and increase their self-esteem. Here are five ideas and activities to increase your students' reading motivation and encourage them to get into books. Motivate students to read a variety of books by playing Book Bingo. Give each student a from empty bingo and have it fill the squares with some of the suggested phrases: I read a mysterious bookI read you a funny bookI read you a biographyI read you an animal storyI read you a book about friendship Students can also fill in the blanks with I read a book from ..., or I read a book about ... once have their bingo board labeled, explain to them that to cross a square, they must have encountered the reading challenge that was written (Students write the title and author of each book they read on the back of the board). Once the student gets the bingo, reward them with a privilege in class or a new book. A great way to make a reluctant reader feel special and motivate them to want to read is to ask them to review a new book for the class library. Have the student write a brief description of the plot, the main characters, and what he thought of the book. Then have the student share his review with their classmates. A fun way for younger students to increase their motivation to read is to create a thematic book scholarship. Each week, select five students to choose from to take home a book bag and complete the assignment that's in the bag. Inside each bag, put a book with theme-related content. For example, place a *Curious George* book, a stuffed monkey, a follow-up activity on monkeys, and a diary for the student to review the book in the bag. Once the student returns the book bag, share their review and activities that they have completed at home. A great way to get your students' interest in reading is to create a lunch group reading group. Each week, select up to five students to participate in a special reading group. The whole group has to read the same book and, on a given day, the group will gather for lunch to discuss the book and share what they thought. Encourage the most reluctant readers to read by having them answer the characters' questions. In the reading center, post a variety of character images from the stories your students are reading. Under each photo, write Who am I? and leave room for children to fill out their answers. Once the student identifies the character, they need to share more information about them. Another way to do this task is to replace character photography with subtle suggestions. For example, his best friend is a man in a yellow hat. (*Curious George*). Enlist your parents to enter and be a mysterious reader. Join the Pizza Hut Book-It program. Make a study read-a-thon. Pair the students with a friend from the book. Play Name That Book where students have to guess the title of the book you just read them. Their.

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