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## The winter harvest handbook pdf

Choosing organic foods from local crops is a sustainable life trend that has taken hold throughout North America. Eliot Coleman helped start this movement with The New Organic Grower released 20 years ago. He continues to lead the way, pushing the boundaries of the harvest season as he works his world-renowned organic farm in Harborside, Maine. Now gardeners and farmers can use the innovative and highly successful methods that Coleman describes in this comprehensive manual to breed crops during colder winters. Based on the techniques that hundreds of thousands of farmers and gardeners adopted from The New Organic Grower and Four-Season Harvest, this new book focuses on growing unrivalled freshness and quality products in uns heated or, in some cases, minimally heated and mobile plastic greenhouses. Coleman offers clear and concise details on greenhouse construction and maintenance, planting schedules, crop management, harvesting practices, and even marketing methods in this comprehensive, meticulous and enlightened guide. Their careful research and experimentation with more than 30 different crops will be valuable to small farmers, homeowners and experienced gardeners looking to expand their production stations. A passionate advocate of reviving small-scale sustainable agriculture, Coleman provides a practical model for supplying fresh, locally grown produce during the winter season, even in climates where conventional wisdom says it cannot be done. &gt; Purchase The Winter Harvest Handbook on Amazon Praise Congratulations on another volume of useful, practical, sensitive and enlightening information. - Martha Stewart, best-selling author, magazine editor and TV presenter How are first-class food produced year-round in northern locations? This is the big question facing the local food movement, and Eliot Coleman, one of america's most innovative farmers, has come up with excellent answers..... The winter harvest manual is an indispensable contribution. - Michael Pollan, author of The Omnivore's Dilemma and In Defense of Food In chapters covering everything from annual time and greenhouse design to control and marketing wrongdoing, Coleman tracks his constant pursuit of perfection, a quality that has led more than one young farmer to exclaim El would follow anywhere. It's worth reading even if you don't grow vegetables, just to see a teacher's mind at work. - Joan Dye Gussow, author of This Organic Life choosing locally grown organic food is a sustainable life trend that has taken hold throughout North America. The celebrated agriculture expert Eliot Coleman to start this movement with The New Organic Grower published 20 years ago. He continues to lead the way, pushing the boundaries of harvest season while working his world-renowned eco farm in Harborside, Harborside, Now, with their long-awaited new book, The Winter Harvest Handbook, anyone can have access to their hard experience. Gardeners and farmers can use the innovative, highly successful methods Coleman describes in this comprehensive manual to breed crops throughout the coldest of winters. Based on the techniques that hundreds of thousands of farmers and gardeners adopted from The New Organic Grower and Four-Season Harvest, this new book focuses on growing unrivalled freshness and quality products in uns heated or, in some cases, minimally heated and mobile plastic greenhouses. Coleman offers clear and concise details on greenhouse construction and maintenance, planting schedules, crop management, harvesting practices, and even marketing methods in this comprehensive, meticulous and enlightened guide. Readers have access to all the techniques that have proven to produce higher quality crops on Coleman's own farm. Their careful research and experimentation with more than 30 different crops will be valuable to small farmers, homeowners and experienced gardeners looking to expand their production stations. A passionate advocate of reviving small-scale sustainable agriculture, Coleman provides a practical model for supplying fresh, locally grown produce during the winter season, even in climates where conventional wisdom says it cannot be done. February 03, 2012 Kevin rated that he really liked One of my ongoing interests is food security and the evolution of our current predominantly industrial food system as we move towards a post-peak-oil and eventually a future post-fossil fuel. For long-term food safety our future food system must be healthy, affordable and sustainable. Obviously, our current energy and fossil fuel-intensive food production and distribution networks will need to change significantly as the energy they require becomes too expensive or just one of my continued interests is food safety and the evolution of our current predominantly industrial food system as we move towards a post-peak-oil and eventually , a future post-fossil fuel. For long-term food safety our future food system must be healthy, affordable and sustainable. Obviously, our current energy and fossil fuel-intensive food production and distribution networks will need to change significantly as the energy they require becomes too expensive or simply unavailable. Living in Canada, a major focus of my interest is in the cold, dark winter months during which farmers' fields are dormant and the produce section at the local supermarket is filled with food imported sometimes from around the world. My initial assumption was that most of the fresh vegetables we now expect throughout the year would no longer be available affordable much of the year (if at all) and there would be a greater reliance on storage crops, canned goods, grains and meat in winter. By chance, I discovered Eliot Coleman's book, Winter Harvest Handbook, in the new book section of the local library and borrowed it out of curiosity (I now have the Kindle version on my iPad). This book has convinced me that many of my original assumptions were wrong and my concerns were unfounded. Eliot Coleman shows how, on his small farm in Maine, he is able to grow many plant crops throughout the year with the help of specially designed or minimally heated greenhouses. Based on several years of research he describes how, through careful planning and an understanding of the local climate, he can maintain his economically productive plant production throughout the year sometimes harvesting 5 to 6 crops from the same piece of land while maintaining soil health. Me particularly like the second chapter 'Historical Inspiration' describing how intensive agriculture throughout the year was common in pre-oil times in northern Europe. For example, in the late 1800s, the city of Paris was self-sufficient in vegetables throughout the year and even exports vegetables to England, all from about 6% 6% the Parisian land area that I suspect is substantially less than the paved area of many modern cities. We are quite city people, so it is unlikely that I will personally implement Eliot Coleman's winter farming methods, however, that is not why I read or recommend this book. Eliot Coleman demonstrates that with research, ingenuity and a good understanding of how selected crops grow, it is possible to produce vegetables financially throughout the year in many cold climates. If more farmers apply Eliot Coleman's methods, it would provide their communities with better local food security with a low environmental footprint. Of course, the consumer will have to change their expectations, although they will have more options than if we try to drag our current far, whatever you want anytime-you want, fossil fuel-intensive, mega-farm farming into an era of scarce oil. In a sustainable future some hot weather crops such as tomatoes, peppers and cucumbers will not be available part of the year, but in this post-fossil fuel world there will be many things we have to give up as we are forced to live more locally and less energy intensively. If I had some land and planned a small-scale farming operation, I'd find the winter harvest manual to be a valuable resource. As someone worried about sustainable agriculture and future food security, I find it a source of hope and inspiration. ... More... More

