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How do you outsource your life abroad to virtual assistants for \$5 an hour and do whatever you want? How do blue-chip artists escape the world without quitting their jobs? How to eliminate 50% of your work within 48 hours using the rules of a forgotten Italian economist? In short, this book contains all the latest tools and tricks, as well as high-tech shortcuts, to live like a diplomat or millionaire without being either. You can also download 5 A.M. Miracle: Dominate the day before breakfast Jeff Sanders Free. Details About 4-hour work week Timothy FerrissBook Name: 4-hour work week: Escape 9-5, Live Anywhere, and Join the new RichAuthor: Timothy FerrissPublikuj Date: December 15, 2009Language: EnglishGenere: Self-SuccessFormat: PDFSize: 2.23 MBPages: 409Cece: FreeClick on the button given below to download Timothy Ferriss' 4-hour free book in PDF format. PDF This website uses cookies to improve the quality of use. We assume you're okay with that, but you can opt out if you want. 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It has been selected for Best of Apple Podcasts three times, often it's a #1 podcast interview in all Apple Podcasts, and it's ranked #1 with 400,000+ podcasts on multiple occasions. To listen to any of the previous episodes for free, check out this page. It's time for this book to be written. This is a long overdue manifesto for a mobile lifestyle, and Tim Ferriss is the perfect ambassador. It's going to be huge. --Jack Canfield, co-creator of Chicken Soup for the Soul(R), 100+ million copies sold This is a brand new ball game. I highly recommend it. --Dr. Stewart D. Friedman, Director of the Work/Life Integration Project, Wharton School Stunning and Amazing. From mini-retirement to outsourcing your life, it's all here. Whether you're a wage slave or fortune 500 CEO, this book will change your life! - Phil Town, #1 New York Times Bestselling Author Rule #1 4-hour work week is a new way to solve a very old problem: how can we work to live and prevent our lives from working? 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Simply put, do what it says and you can live like a millionaire. --Albert Pope, Derivatives Trading, UBS World Headquarters This addictive book makes you ask the most important question you'll ever face: What exactly is it that you want from work and life, and why? Tim Ferriss is a master more and more for less, often with the help of people he does not even know, and here he hands out his secrets to fulfill his dreams. - Bo Burlingham, Editor-at-Large, Inc. magazine and author of Small Giants: Companies That Choose to Be Great Instead of Big Reading this book is like putting a few zeros on your income. Tim brings your lifestyle to a new level to listen to it! --Michael D. Kerlin, & amp; Company Consultant to Bush-Clinton Katrina Fund i J. William Fulbright Tim Ferriss, a scientist and adventurer, has created a road map for a whole new world. I absorbed this book in one sitting- I didn't see anything like it, --Charles L. 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But even more, it's a reader's challenge to seriously consider the relevant but rarely asked guestion: What do you really want from life? --Rolf Potts, author of Vagabonding and Travel Columnist for Yahoo! News Tim has done what most people just dream of doing. I can't believe they'll come out of their secrets from the bag. This book is a must! --Stephen Key, best inventor and designer of Teddy Ruxpin's team, Lazer Tag: American Inventor consultant TIMOTHY FERRISS, a serial entrepreneur and ultravagabond, was featured in the New York Times. National Geographic Traveler, Maxim and other media, He speaks six languages, runs an international company with wireless locations around the world and is a world record holder in tango, a national champion in Chinese kickboxing and an actor in a television series in Hong Kong. He is twenty-nine years old. It's time for this book to be written. This is a long overdue manifesto for a mobile lifestyle, and Tim Ferriss is the perfect It's going to be huge. Canfield, co-creator of Chicken Soup for the Soul®, more than 100 million copies sold This is a brand new ball game. I highly recommend it. — Dr. Stewart D. Friedman, Director of the Work/Life Integration Project, The Wharton School Stunning and Amazing. From mini-retirement to outsourcing your life, it's all here. Whether you're a wage slave or fortune 500 CEO, this book will change your life! - Phil Town, #1 New York Times Bestselling Author Rule #1 4-hour work to live and prevent our lives from being about work? The world of endless options awaits those who read and are inspired by this book! — Michael E. 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Founder of Executive Tivoli (sold to IBM for \$750 million) Tim is Indiana Jones in the digital age, I have already used his advice to go spearfishing on remote islands and ski the best hidden slopes of Argentina, Simply put, do what it says and you can live like a millionaire, - Albert Pope, Derivatives Trading, UBS World Headquarters This addictive book makes you ask the most important question you'll ever face: What exactly is it that you want from work and life, and why? Tim Ferriss is a master more and more for less, often with the help of people he does not even know, and here he hands out his secrets to fulfill his dreams. - Bo Burlingham, Editor-at-Large, Inc. magazine and author of Small Giants: Companies That Choose To Be Great Instead of Big Reading This Book Is Like Putting A Few Zeros on Your Income. Tim brings lifestyle to a new level, listen to it! — Michael D. Kerlin, McKinsey & amp; Company Consultant to Bush-Clinton Katrina Fund and J. William Fulbright Scholar Part scientist and part adventure hunter, Tim Ferriss has created a road map for an entirely new world. I absorbed this book in one sitting, I didn't see anything like it. -Charles L. Brock, President and CEO, Brock Capital Group; Former CFO, CEO and Legal Advisor, Scholastic, Inc.; The former president of the Harvard Law School Outsourcing Association is no longer just for Fortune 500 companies. Small and medium-sized businesses, as well as busy professionals outsource your work to increase your productivity and leisure time for the world to take advantage of

this revolution. — Vivek Kulkarni, CEO of Brickwork India and former IT Secretary, Bangalore; Recognized as a techno-bureaucrat who helped bangalore it destination in India Tim is a master! I should know. I went his rags to the riches of the path and watched him transform from a competitive warrior to an entrepreneur. It tears conventional assumptions until it finds a better way. - Dan Partland, Emmy Award-winning producer; American High, Welcome to the Dollhouse The 4-Hour Workweek is an absolute necessity for those advenurous souls who want to live life to its fullst. 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This book is mandatory! -Stephen Key, best inventor and designer of Teddy Ruxpin's team, Lazer Tag; Consultant American Inventor - Dieser Text bezieht sich auf eine andere Ausgabe: kindle edition. It's going to be huge, -Jack CanfieldCo-creator of Chicken Soup for the Soul(R), 100+ million copies sold This is a brand new ball game. I highly recommend it, -Dr. Stewart D. FriedmanAdviser to Jack Welch and former Vice President Al Gore at Work/Family IssuesDirector Work/Life Integration Project, Wharton School, University of Pennsylvania Stunning and Amazing. From mini-retirement to outsourcing your life, it's all here. Whether you're a wage slave or fortune 500 CEO, this book will change your life! -Phil Town #1 New York Times Bestselling Author Rule #1 4-hour work week is a new way to solve a very old problem: how can we work to live and prevent our lives from being all about work? The world of endless options awaits those who read and are inspired by this book! -Michael E. Gerber Founder & amp; Chairman of E-Myth #1 Small Business Guru in the world, Timothy has packed more lives in his 29 years than Steve Jobs at the age of 51. -Tom ForemskiJournalist and publisher SiliconValleyWatcher.com Thanks Tim Ferriss, I have more time in my life to travel, hang out with my family and very useful work. -AJ JacobsEditor-at-Large, Esquire Magazine, Author of Know-It-All If you want to live on your own terms, this is your plan. -Mike MaplesCo-founder of Motive Communications (IPO to \$260 million market capitalization), founder of Tivoli (sold to IBM for \$750 million)Tim is Indiana Jones in the digital age. I have already used his advice to go spearfishing on remote islands and ski the best hidden slopes of Argentina. Simply put, do what it says and you can live like a millionaire. -Albert PopeDerivatives Trading, UBS World Headquarters This addictive book makes you ask the most important question you'll ever face: What exactly is it that you want from work and life, and why? Tim Ferriss is a master more and more for less, often with the help of people he does not even know, and here he hands out his secrets to fulfill his dreams. -Because BurlinghamEditor-at-Large, IncMagazineAuthor Small Giants: Companies that choose to be great instead of Big Reading this book is like putting a few zeros on your income. Tim brings lifestyle to a new level, listen to it! -Michael D. KerlinMcKinsey & amp; Company Consultant to Bush-Clinton Katrina FundJ. William Fulbright Scholar Part scientist and hunter part adventure, Tim Ferriss has created a road map for a whole new world. I absorbed this book in one sitting-I didn't see anything like it. -Charles L. BrockChairman and CEO, Brock Capital GroupFormer CFO, COO and General Counsel, Scholastic, Inc. The former president of the Harvard Law School Outsourcing Association is no longer just for Fortune 500 companies. Small and medium-sized businesses, as well as busy professionals, can outsource their work to increase their productivity and leisure time for more important commitments. It is time for the world to take advantage of this revolution. -Vivek Kulkarni CEO of Brickwork India and former IT Secretary, Bangalore Credited as a techno-bureaucrat who helped bangalore it destination in India Tim is a master! I should know. I went his rags to the riches of the path and watched him transform from a competitive warrior to an entrepreneur. It tears conventional assumptions until it finds a better way. - Dan PartlandEmmy Award-Winning Producer; American High, Welcome to the Dollhouse The 4-Hour Workweek is an absolute necessity for those adventurous souls who want to live life to the fullest. Buy it and read it before you spend more! -John LuskGroup Product Manager, Microsoft World Headquarters If you want to live your dreams now instead 20 or 30 years, this book! -Laura Roden President of the Silicon Valley Association of Start-up EntrepreneursLecturer at Corporate Finance, San Jose State University With this kind of time management and focus on important things in life, people should be able to get 15 times as much done in a normal working week. -Tim DraperFounder, Draper Fisher JurvetsonFinanciers to innovators including Hotmail, Skype and Overture.com Tim Ferriss' book is about getting the courage to improve your life... But even more, it's a reader's challenge to seriously consider the relevant but rarely asked guestion: What do you really want from life? -Rolf PottsAuthor of Vagabonding and Yahoo! News Travel columnist Tim did what most people just dream of doing. I can't believe they'll come out of their secrets from the bag. This book is a must-read! -Stephen KeyTop Inventor and Team Designer Teddy Ruxpin, Lazer TagConsultant for American Inventor - Dieser Text bezieht sich auf eine andere Ausgabe: kindle edition. A new, updated and expanded edition of this New York Times bestseller about how to recreate your life, so it's not just about work - Dieser Text bezieht sich auf eine andere Ausgabe: kindle edition. TIMOTHY FERRISS is a serial entrepreneur, #1 New York Times bestselling author and angel investor/advisor (Facebook, Twitter, Evernote, Uber and 20+ more). Best known for his fast learning techniques, Tim's books - The 4-Hour Workweek, The 4-Hour Body and The 4-Hour Chef -- have been published in more than 30 languages. He spent seven years on The New York Times bestseller list. Tim has been featured by more than 100 media outlets, including The New York Times, The Economist, TIME, Forbes, Fortune, Outside, NBC, CBS, ABC, Fox and CNN. Since 2003, he has taught entrepreneurship at Princeton University. His popular blog www.fourhourblog.com has 1M+ monthly readers, and his Twitter account @tferriss has been chosen by Mashable as one of only five Must-Follow accounts for entrepreneurs. Tim's primetime TV show, Tim Ferriss Experiment (www.upwave.com/tfx), teaches rapid-learning techniques to help viewers produce seemingly superhuman results in minimal time. -- Dieser Text bezieht sich auf eine andere Ausgabe: kindle edition. Cautions and comparisonsHow to burn \$1 million per nightUto people have wealth, just like we say we have a fever when really fever has us.-seneca (4 b.c.-a.d. 65)I also mean that seemingly rich, but the most impoverished class of all who have accumulated slag but do not know how to use it, or get rid of it, and thus forge their own gold or silver fetters.—Henry David Thoreau (1817-1862)1:00 a.m. cst, 30,000 feet above las vegasHis his friends, drunk to the point of speaking tongues, slept. It was just two of us now First-class. He reached out to introduce himself, and a huge - Looney Tunes huge - diamond ring appeared from the aether when his fingers crossed under my reading light. Mark was a legitimate magnate. At different times, he ran virtually all gas stations, grocery stores and gambling in South Carolina. He confessed with half a smile that during an average trip to Sin City, he and his fellow weekend warriors could lose an average of \$500,000 to \$1 million each. Nice.Sat in his place when the conversation drifted into my travels, but I was more interested in his astonishing record of printing money. So, of all the companies you like the most? The response lasted less than a second. None of them. He explained that he spent more than 30 years with people he didn't like to buy things he didn't need. Life became successive wives of trophies—he was on lucky number three— expensive cars and other empty bragging rights. Mark was one of the living dead. This is exactly where we don't want to end up. Apples and oranges: ComparisonO, what makes the difference? What separates the New Rich, characterized by options, from Deferral (D), to those who save it all to the end only to find that life has passed them? It starts at the beginning. The New Rich can be separated from the crowd based on their goals, which reflect very different priorities and philosophies of life. Notice how subtle differences in formulation completely change what appears to be similar goals at first glance. They are not limited to business owners. Even the first, as I will show later, concerns employees. D: Work for you. D: To work whenever you want. NR: To prevent work for good work, and make the minimum necessary for maximum effect (minimum effective load). D: To retire early or young. NR: To regularly spread recovery and adventure periods (mini-pensions) throughout life and recognize that inaction is not the goal. Doing what excites you. D: To buy all the things you want to do and be everything you want to be. If this includes several tools and gadgets, so be it, but they are either mean to the end or bonuses rather the boss nor the employee, but the owner. To own trains and have someone else make sure they work on time. D: To earn a lot of money. NR: To make a ton of money for specific reasons and defined dreams to chase, timeline and steps in this. What are you working on? D: To have more guality and less clutter. In order to have huge financial reserves, but consider that the materials he wants are justifications for spending time on things that don't really matter, including buying things preparing to buy things. Have you spent two weeks negotiating your new Infiniti with your dealer and got \$10,000 off? That's great. Does your life have a purpose? Are you contributing something useful to this world, or just suing documents, banging on your keyboard, and coming home to a drunken existence on weekends? D: To achieve large payouts, whether an IPO, acquisition, retirement, or any other pot of gold. NR: To think big, but make sure your withdrawal comes every day: cash flow first, big second payout. D: To be free to do what you don't like. NR: To have the freedom to do what you don't like, but also the freedom and determination to pursue your dreams without returning to work for the sake of work (W4W). After years of repetitive work, you often have to dig hard to find your passions, redefine your dreams, and revive hobbies that allow atrophy near extinction. The goal is not simply to eliminate evil that does nothing more than leave you with a vacuum, but to drive and experience the best in the world. Getting off the wrong train The first rule is that you must not cheat, and you are the easiest person to deceive.— richard p. feynman, a physicist laureate of the Nobel Prize High enough. Lemmings no longer. A blind search for cash is a fool. I chartered private planes over the Andes, enjoyed many of the best wines in the world between world-class ski slopes and lived like a king, perched by the infinity pool of a private villa. Here's a little secret I rarely say: It all costs less than rent in the United States. If you can free up your time and location, your money is automatically worth 3-10 times more. This has nothing to do with exchange rates. Being financially two very different things. Money is multiplied in practical value depending on the number of Ws you control in your life: what you do, when you do it, and with whom you do it. I call it the multiplier of freedom. Using this as our criterion, an 80-hour-per-week, \$500,000-a-year investment banker is less powerful than an employed NR who works 1?4 hours for \$40,000 but has complete freedom when, where and how to live. This first \$500,000 could be worth less than \$40,000, and the latter \$40,000 worth of more than \$500,000 when you run the numbers and look at the lifestyle exit of your money. Options - chooseable - are real power. This book is about how to see and create these options with the least ef-fort and cost. Paradoxically, you can make more money — a lot more money — by doing half of what you do now. Yes, Who are NR?gWork an employee who changes his schedule and negotiates an employment contract to achieve 90% of the results in one tenth of the time, which frees it up to practice skiing and excursions. with the family two weeks a month.qA company owners, which eliminates the least profitable clients and projects, outsources all operations in its entirety, and travels the world collecting rare documents, while also working remotely on a website to present its own illustration of a work.qThe student who decides to risk it all- to establish an online video rental service that provides \$5,000 a month in income from a small niche of HDTV lovers, a two-hour-a-week side project that allows him to work full-time as an animal rights lobbyist. The options are endless, but each path starts with the same first step: overriding assumptions. To join the movement, you need to learn a new lexic and recalclibrate the direction with a compass for an unusual world. From turning responsibility to throwing out the whole concept of success, we need to change... -- Dieser Text bezieht sich auf eine andere Ausgabe: kindle edition. Tim Ferriss has trouble determining what he's doing for a living. Depending on when you ask this controversial Princeton University quest lecturer, he might answer: I race motorcycles in Europe, I ride in the Andes, I dive in Panama, I dance tango in Buenos Aires. He spent more than five years learning the secrets of New Rich, a fast-growing subculture that abandoned the deferred living plan and instead mastered new currencies - time and mobility - to create a new way of life. Why wait your whole life for retirement when you can enjoy luxury now? Whether your dream is to escape the rat race, experience first-class travel around the world, earn monthly five-digit income without management, or just live more and work less, this book is your plan. Join Tim Ferriss as he teaches: how to outsource you want; as artists escape blue chip to travel the world without guitting their jobs; how to eliminate 50 percent of the work within 48 hours, using the principles of a forgotten Italian economist; how to exchange your career for life for short bursts of work and frequent mini-pensions; how to train your boss to value performance over presence, or kill your work (or company) if it is iparable; how to exchange your career for life for short bursts of work and frequent mini-pensions; how to train your boss to value performance over presence, or kill your work (or company) if it is iparable; how to exchange your career for life for short bursts of work and frequent mini-pensions; how to exchange your career for life for short bursts of work and frequent mini-pensions; how to exchange your career for life for short bursts of work and frequent mini-pensions; how to exchange your career for life for short bursts of work and frequent mini-pensions; how to exchange your career for life for short bursts of work and frequent mini-pensions; how to exchange your career for life for short bursts of work and frequent mini-pensions; how to exchange your career for life for short bursts of work and frequent mini-pensions; how to exchange your career for life for short bursts of work and frequent mini-pensions; how to exchange your career for life for short bursts of work and frequent mini-pensions; how to exchange your career for life for short bursts of work and frequent mini-pensions; how to exchange your career for life for short bursts of work and frequent mini-pensions; how to exchange your career for life for short bursts of work and frequent mini-pensions; how to exchange your career for life for short bursts of work and frequent mini-pensions; how to exchange your career for life for short bursts of work and frequent mini-pensions; how to exchange your career for life for short bursts of work and the pension work an with a low-information diet; how to get free housing worldwide and fly at 50-80 percent discount; how to fill the void and create a meaningful life after the removal of work and office; and learn about it and live more with the life you want - now. -- Dieser Text bezieht sich auf eine andere Ausgabe: kindle edition. kindle edition