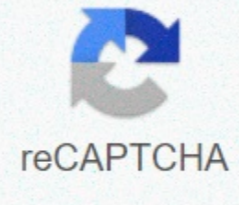




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Gold frame glasses near me

Glasses, with all the choice lenses and frames, are sometimes overwhelming. To help, we've compiled a list of common questions about glasses and given you answers to reassure your mind: Why should I go to the ophthalmologist when I can simply wear a few magnifying glasses or ready-made glasses to the chemist? Some people successfully wear pharmacy reading glasses. However, you need to visit an ophthalmologist regularly for two reasons: Regular eye examination is the only way to catch quiet eye diseases, such as glaucoma, in the early stages, so it can be treated before permanent vision loss occurs. Since you can't see through someone else's eyes, you usually don't know something's wrong until it's too late. One-by-one reading glasses does not work well for people who: astigmatism; different recipe for each eye; or grains that are closer to each other or further apart than average. In such cases, pre-prepared readers can cause eye strain and headaches. What's the secret to getting glasses that look good on me? First, decide which of the seven basic facial shapes you have, and read the included tips on frames that fit your shape well. Then find out which colors match your skin, eyes and hair color. How do I avoid disturbing reflections on my glasses? Anti-reflection coating, also known as AR coating, helps to see through the glasses more clearly, allows others to better see your eyes and eliminate the annoying white ghost images taken with a flash. I'm interested in the glasses that change into sunglasses when you go out. Can you tell me more about them? Glasses make a change in sunglasses when you go out with so-called photochromic lenses. When exposed to sun UV rays, photochrome lenses automatically darken, becoming sunglasses; if you are no longer exposed to UV, it will quickly become clear again. Photochromic lenses are a great choice if you usually wear glasses all day, often go out and don't want to carry around your prescription sunglasses. Remember, most photochrome lenses don't darken much inside your car or SUV. This is because the windshield (and sunroof) glass used in today's vehicles blocks most of the sun's ultraviolet radiation, which is required for the lens darkening process. So, you might want to purchase a pair of prescription sunglasses for driving on sunny days. Most glasses are too small for my head. Do you know any brands that produce larger frames? Today, most fashion eye-wear companies have introduced larger frames (including larger unisex styles), greatly expanding the options available to people who need larger frames for a comfortable fit. You will often have better luck finding larger frames for boutique optometry practices and shops that have a large selection of quality frames. Discount frames are often only available in a small range dimensions that do not fit a person with a large head. To the greatest satisfaction of the frame selection, ask for help from a professional optometrist. In some cases, if you like the frame that you see in practice, but it's too small for your face, the ophthalmologist may be able to make it to provide you with a larger size. What are the warning signs that a child may need glasses? Common signs that your child has a vision problem that requires corrective glasses include: Consistently sitting too close to the TV, or holding a book too close To taking your own place while readingSquinting and screwing their eyes upTilting their heads to right-frequent eye rubbing Sensitivity to light Exaggerated tearingSealing or giving one of your eyes to read, watch TV, or see betterAving activities that require close vision , such as reading or homework, or long-distance vision, such as participating in sports or other leisure activities, complain of headaches or tired eyes Getting a lower score at school than usualScheduling an appointment with an ophthalmologist if your child shows any of these signs. How do I choose the glasses my child wears? The most important factor in the child's wearing glasses is to let him help you choose them. When children choose the frames that they like and feel attractive, they are much more likely to wear the glasses I worry that my son's glasses will break while he is wearing them. What's the best way to protect your eyes? Polycarbonate lenses are recommended for children because they are very shock resistant. Trivex is another very shock resistant lens material that also works well in children's glasses. How do I extend the life of my glasses? Follow these tips to keep your glasses in good condition: If you're buying just a pair of glasses, get a hard shell case, and if you take off your glasses always put them in the case. Don't leave your glasses on the car dashboard on a hot dayIf you buy glasses for a child whose recipe changes frequently, ask them to put new lenses in the old frames instead of buying new frames every time. Choose a style with spring hinges that allow you to bend temples slightly outwards without breaking the glasses. Always make sure that the lenses have a scratch-resistant coating. Follow the instructions of the eye optician to properly care for the glasses. Inadequate care is the primary cause of damage to the anti-glare coating and can cause other problems. How often should I buy new glasses? You should get a new pair if the recipe has changed. To be clear, you see ophthalmology every two years. The ophthalmologist can tell you which schedule is right for you. fine my glasses read or drive, but I'm wrong with certain tasks, especially at work. What's the matter? This is a common common among computer users who are bifokal (which is correct only for far and near vision) or reading glasses (which is correct only close to vision). The vision needed for tasks such as computer screens and other elements within the workstation is clearly between the two extremes of vision, so both bifokal and reading glasses are not the best option. Progressive lenses provide improvements in people because these multifokal lenses provide correction for intermediate (computerized) vision, as well as distance and close vision. However, even these lenses are not suitable for comfortable computer vision, because the intermediate zone of general-purpose progressive lenses is not located directly on the horizon, which leads to what physiothernasts call forward-looking head posture. It is the outlier forward and lifting the jaw in order to clean the source of back, shoulder and neck pain. To reduce the risk of digital eye strain computer eye strain or other work-related vision problems, ask your optometrist if special computer glasses (extended focus lenses) are a good choice for your needs. These lenses have a very large field of vision for reading or performing other tasks on the computer screen, eliminating eye strain, neck pain (from adopting unhealthy postures) and other symptoms of computer vision syndrome. Many people who try computer glasses find they are very comfortable for office work and result in far less eye fatigue throughout the day. Keep in mind, however, that computer goggles are optimized for intermediate and close-sighted eyesight and should not be worn for driving or other activities that require clear long-distance vision. Keep this precious second pair of glasses near your computer and wear them whenever you need to perform tasks at arm's length for longer. I'm sick of my Coke bottle lenses. Is there anything I can do? Yes - you can replace the thick, unattractive lenses with thinner, lighter high-index lenses. For the thinnest, most attractive lenses possible, choose lenses that have an index of refraction of 1.60 or higher, and aspherical lenses. This combination of features can make lenses up to 50 percent thinner than current lenses — and make glasses lighter and more comfortable. And do not forget about other popular ways to escape wearing thick, attractive glasses: contact lenses and LASIK vision correction surgery. Ask your optometrist if you are a good candidate for these options as well. What do those numbers mean on my glasses recipe? The glasses recipe is written in a standardized format, so it can be interpreted around the world. Let's look at one and see what all the numbers mean:Suppose the recipe for the right eye: -2.00 / -1.00 x 180. Az first number (-2.00) indicates the shaped lens performance correct myopia (myopia) long-sightedness (hyperopia). If the number is overscored by a minus sign (as it is here), this indicates that the performance of the lens corrects myopia. If the number was preceded by a plus sign (+), the lens performance would be used to correct longsightedness. In any case, the power unit numbers are a pair of glasses available called diopter (D). So this recipe calls for a correction of 2.00 D for myopia. The second number (-1.00) is the required lens power (so-called cylindrical power) to correct astigmatism. The cylinder strength of ANZ is usually overset by a minus sign (some ophthalmologists still write it with a plus sign). If there is no astigmatism correction, the ophthalmologist may simply draw a horizontal line through this box of recipes, or write SPH or DS to indicate that only spherical power correct myopia or long vision is required. The third number (x 180) indicates the location of the axis of correction of astigmatism. Unlike spherical lens powers myopia and hyperopia, cylinder powers another force in different directions of the lens. (Think of meridian as the spokes of a wheel.) The axis of astigmatism is the direction where the cylinder has zero power and there will always be a number between 1 and 180 on the recipe, which is oversteered by an x. If there is no astigmatism, this part of the recipe will be left blank. If you have presbyopia and need bifokal or progressive lenses, the recipe contains a number in the box marked ADD. This additional power is placed in the lower half of the lenses to aid reading vision. It can be oversteered by the + sign, and it usually will be a number between 0.75 and 3.00.Finally, you may see the notations od and OS in the recipe. These are abbreviations for Latin terms, which are abbreviations for right eye (OD) and left eye (OS). Sometimes a third abbreviation may be OU. That means both eyes.

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