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A trusted name in fitness with a great track record York Fitness treadmills have a range of quality machines with a good reputation for reliability and durability. York has been in the fitness industry for more than 70 years and built a trusted brand for himself. Their models have traditionally focused on the mid-price range with entry-level machines available from around £350 with some models priced up to £800. Recently their new Diamond range has them in the premium treadmill market with quality machines with a respectable set of features - prices start at around the £1,000 mark. As you'd expect, the cheaper models have a lower specification, but come with enough features to keep a moderate runner happy. If you use your treadmill for walking or light jogging, the T101 Heritage with a top speed of 8mph would be enough. A pulse sensor, ramp options and built-in programs are impressive features on a machine that's available for less than £400. The Diamond Range is a completely different machine. We love the powerful 2.5 and 3 hp engines give a top speed of 12 mph, enough for most runners! They feature good size running decks and a 12% maximum gradient and a range of programs designed to challenge even the serious runners. As with other top range machines, the York Fitness Diamond range has heart rate-controlled programs that can vary the speed of the tyre depending on the speed of your heart. This allows you to train at your optimal 'cardio zone' for fast calorie-burning workouts. York Fitness are covered by a 10 year warranty on frame and engine plus 2 years of full manufacturers on site parts and labor - 3 years for the Diamond series. If they are happy to cover the engine for that long it is a good indication of their reliability! The York Active 115 has not yet been reviewed but is available at the cheapest price of Sweatband.com for £499.00 The York T201 treadmill is part of York's anniversary range of fitness equipment, which has been around for a few years. Has survived so long because... The York Nexus treadmill is a compact treadmill with a specification that stacks nicely against more expensive treadmills. But is it okay? Let's start with the basics:... If you are looking for a treadmill of a quality brand at a price that the bank will not break, you don't really go wrong with the York... York Fitness have followed up on the highly successful Active 120 treadmill with a new model, the Active 125 which is being reviewed here. Like the original... The 'Perform' range is York's step up from their entry-level array of 'Active' treadmills. There are 2 machines that have the 'Perform' badge and this is... Treadmills are usually large and expensive pieces of Frustrating, looking for a machine with compact dimensions in the past often forced to... The York Fitness T101 Heritage treadmill is the entry model of their range - which is marketing speak for the cheapest. York make quality machines and ... The York Perform 220 is a treadmill with impressive looks, with a spec sheet that suggests the charm isn't just painting deep! We look out if the... The York Fitness T301 Diamond treadmill is the entry level model of the Diamond range and they call it for a reason! York have pulled out all the stops... The York T302 treadmill is really an ideal choice for those looking for a top-end folding treadmill full of features. As a high-end... See also our treadmill comparison table Although every effort is being made to give you accurate information, we cannot guarantee the technical specification. Models change regularly and may differ slightly from the above review. We recommend that you contact the retailer if you have a question about technical information. Read our Legal Disclaimer York Stamina Electric Treadmill Technical Features Speed Range 0.8 16 km h Incline 10 level powered Motor Horsepower 1.5hp (3.0hp Peak) Running area 130 x 43 cm Running mat thickness 1.5 1 6 mm Total Workout programs 9 (inc 1 HRC) Max user weight 125 kg We also sell electric treadmills elliptical cross trainer exercise bikes riding machines banks weights home gyms fitballs accessories boxing equipment heart rate monitors and more all at Australia's best Prices. We will always match or beat any price on an identical product! \$1299.00 Manic Fitness Chadstone MegaStore We specialize in fitness equipment only and sell only the elite fitness brands eg Healthstream. We are located in an excellent position opposite Chadstone Shopping Centre remembering fitness is our choice. Fitness Equipment & Gym Equipment Hire and Sales Treadmill Treadmill Exercise Bike Cross trainer Crosstrainer Elliptical Home Gym Bench Boxing Rowing Machine. Manic Fitness Chadstone 1356 Dandenong Road Chadstone (03) 9569 5255. & Click here to search for more - Sport in Victoria Einige Word-Funktionen können in Google Docs nicht angezeigt werden und werden bei Änderungen entferntDetails anzeigenLetzte Änderungen anzeigen 1 2 Table of Contents 3 4 5 6 7 8 9 10 11 12 13 13 4 15 16 17 18 19 20 21 22 23 24 1 2 3 Table of Contents 4 5 6 7 8 9 10 11 12 13 15 16 17 18 19 20 21 22 23 24 The medical evidence to show that smoking is terrible for your health is very well documented, but everyone knows that smoking is bad. This article is all about the benefits... Tracking your cardio fitness is important for almost any sport, activity and even daily life. It basically comes down to you working your cardiovascular system past the point ... Home gyms are becoming increasingly popular as we seek to train in the privacy and comfort of our own home, plus with the rise in popularity of functional functional like Crossfit,... York Fitness is designed for anyone who wants to improve their strength and fitness at home and can be your training partner to help you achieve your goals. From your first few dumbbells to your dream garage gym set up we have products that allow you to train from the convenience of your own home. The feature packed blog and online guides will provide you with important training advice and give you practical tips on purchasing the right level of equipment for your fitness needs. Our weight training products draw on our Olympic lifting heritage and our famous Commercial Ranges from York Barbell to offer unparalleled home strength training options. Based on this expert knowledge, we have designed weight benches, multi gyms, weight plates, dumbbells and dumbbells to develop your strength and strength. In our fitness accessories section, you will find a huge range of products to compliment your existing workouts and give you some new ideas. Here you can focus on key fitness goals and find products that help you build tone, build strength, improve stability and increase training intensity. In addition to strength training and fitness equipment, we also offer an extensive selection of boxing equipment. Boxing delivers a great high-intensity workout and can be as simple as adding a punching bag and a pair of sparring gloves to your home gym. Britannia Boxing Equipment (BBE) is one of the most renowned brands in world boxing, with a heritage famous since the 1970s. BBE offers both the home and club boxer with professional boxing equipment that not only looks great, but has an exceptional fit and feel. We are constantly developing and developing our products to give you the best home gym experience, so don't forget to check out our Clearance Section. Here you will find fitness bargains, clearance lines and great deals at the end of the line product lines. York Fitness 6V 500mA AC Adapter 6V Adapter suitable for use with York Fitness Equipment listed below. Rest Exercise Bike - 53095 - 53095-023 Excel 310 Cross Trainer - 52052 Aspire Exercise Cycle - 53051 - 53051-71 Aspire Exercise Cycle - 530 60 - 53060-71 Aspire Cross Trainer - 52044 - 52044-99 Aspire Cross Trainer - 52035 - 52035-99 Aspire 2 in 1 Cycle Cross... York Fitness Adapter 9V 500mA 9v Adapter suitable for use with York Fitness Equipment listed below. Active 120 Effort Cycle - 53062 - 53062-54 Run 210 Effort Cycle - 53063 - 53063-96 Perform 215 Exercise Cycle - 53071 - 530 71-1 122 Run 215 Recumbent Exercise Cycle - 53072 - 53072-R Active 120 Cross Trainer - 52048 - 52048-79 Active 120 2-in-1 Cycle Cross Trainer... Spare part suitable for use with york listed below. 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