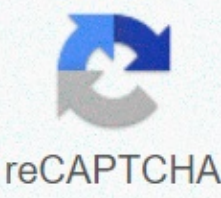




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## Love languages pdf download

Photo: CoffeeAndMilk /E++ Getty Images Not everyone can see the strong link between love languages and zodiac signs, but we can. Everyone has a more prominent language of love. Categories are Words of Affirmation, Physical Touch, Quality Time, Service Acts, or Gift Yes! These languages may change depending on how you receive love or offer love, but usually stay consistent. As people have studied the art of Love Language, counselors and couples galore have found a fantastic tool for repairing relationships and raising stronger bonds through self-awareness. Plus, it's a ton of fun! There are twelve zodiac signs, they're all very different. Therefore, why do we have a great obsession with the horoscope here on interwebs. But what if we could guess who would be the best zodiac partner who would rely only on your strongest language of love? Does your hands-on nature make you more compatible with the devoted Libra, or does your more enigmatic side bring you into alignment with a Gemini? We're not saying you have to go and test this, but it's worth a few minutes to take the test. Your perfect boyfriend could be written in the stars, and you didn't even know it! Let's get started, shall we? PERSONALITY What's your real guy? 5 Minute Quiz 5 Min PERSONALITY What is aligning your love? 6 Minute Quiz 6 Min PERSONALITY Which zodiac sign is a true love? 6 Minute Quiz 6 Min personality can we guess the future of the zodiac husband sign? 6 Minute Quiz 6 Min Personality This personality test could indicate your love Zodiac Language 5 Minute Quiz 5 Min PERSONALITY We Guess Your Love Life Three Years From Now 6 Minute Quiz 6 Min Personality If you answer half of these questions you may have found True Love 5 Minute Quiz 5 Min Personality Do Not Love It? 5 Minute Quiz 5 Min PERSONALITY What % Compatible Are You and Your Boo? 5 Minute Quiz 5 Min personality can we guess what kind of guy is secretly attracted to you? 5 Minute Quiz 5 Min How much do you know about dinosaurs? What is an octane assessment? And you're using a proper noun? Luckily for you, HowStuffWorks Play is here to help. Our award-winning website provides reliable and easy-to-understand explanations about the world's work. From fun quizzes that bring joy to your day, to compelling photos and fascinating lists, HowStuffWorks Play offers something for everyone. Sometimes we explain things work, sometimes we ask you, but we always explore in the name of fun! Because learning is fun, so stay with us! Playing tests is free! We send trivia questions and personality tests every week in your inbox. By clicking Sign up, you agree to our privacy policy and confirm that you are up to 13 years old. Copyright © 2020 InfoSpace Holdings, LLC, System1 Company illustration: Tara JacobyGetting to know a person in a romantic relationship is a gradual process. Over time, time, more and more about them, including their likes and dislikes, and the way they think. Later in a relationship, maybe you wished your partner could read your mind and know what you're taking out, and what you're responding well to. This is the idea behind the concept of languages of love: they allow you to in what makes your partner tick. The point is: we all express and feel love differently, and understanding these differences can seriously help your relationship. In fact, it's one of the easiest ways to improve it. This term was coined by the long-time relationship adviser, Gary Chapman. His book, The Five Love Languages, is of course full of cheesy truisms (keep your love tank full), and sounds like a bad test you'd get in a magazine. It's a pretty fluffy read in general (and some notions are kind of outdated), but there's a reason this whole love language has taken off: it makes a lot of sense, and it works. In fact, you don't really need to read the book to understand the concept. It's pretty simple, and by the end of this post, you'll understand most of what you need to know. The five languages of love, in a nutPhoto: Michael Fenton ((Unsplash)G /O Media can receive a commissionPhilips Hue Smart Bulb 3 PackIn his own words, here's Chapman breaks down the five languages of love in his book: My conclusion after thirty years of marriage counseling is that there are essentially five languages of emotional love-five ways in which people speak and understand emotional love. In the field of linguistics, a language can have many dialects or variations. Similarly, in the five basic languages emotional love, there are many dialects.... The most important thing is to speak the language of your spouse's love. The five languages are quite simple, but here is a brief description of what each of them means: Words of affirmation: Expressing affection through spoken affection, praise or appreciation. Acts of service: Actions, rather than words, are used to show and receive love. Receiving gifts: Gifting is symbolic of love and affection. Quality time: Expression of affection with undivided, undistracted attention. Physical touch: May range from sex to holding hands. With this language of love, the speaker feels affection through physical touch. Chances are, you can relate to a few of them. Maybe you can relate to everything. But most of us have one or two that are much more important to us than the others, and it's different for everyone. After Chapman told SheKnows: I discovered that each person understands and receives love in a certain language, one of five to be precise. The other four are equally important and [other] ways to express their love for each other. There is no scientific research behind Chapman's theory; makes sense because it's relatable. It is obvious that we all show affection in different ways. Different. Languages simply label these ways so you can understand people a little better. When you know what your partner is doing and doesn't care, he's a pretty big eye opener. For example, for years, I've been giving myself significant other small gifts to show that I care. I've been thinking a lot about those presents, and I liked to surprise him. It would annoy me when you would get them and say, Oh cool, thanks, and then put it away. That wasn't the reaction I wanted. Giving him a gift, I was saying, I care about you, and oh cool, thank you, it's not a good answer to that. It's not easy to get your relationship back to balance after a major fight. Even if you and... Read moreWhen I realized that the gift was not at all the language of his love, everything suddenly made a lot of sense, and I learned to show that I care in ways that I talk to him, and vice versa, when I give gifts, now he understands that this is my way of saying that I love you, and it means more to him now. What matters most to you? Photo: Fabrizio Verrecchia ( Unsplash) You can probably figure out what your language is simply giving him a little thought, but Chapman offers a test of 30 questions on his website. This is useful because if you identify with multiple languages, the test tells you which ones stand out the most. You may feel silly when you take it, but seriously, do it. The results will break down how much you rank for each language, after you can see in the example below. (If you don't feel like taking it online, you can also download the PDF version of the test here). According to Chapman's stresses, there are different dialects for each language as well. For example, my primary language is quality time, but I also express and feel affection through words of affirmation and physical touch to a certain extent. On the other hand, it is useful to know you do not express your affection. I ranked low on work papers, and it helps to understand this as a dead end. Let's say a friend does me a favor: I'm going to the airport. It's no big deal to me, so I might brush it too fast. Similarly, you might be terrible at doing favors for friends, because favors don't matter too much to me, so I assume it doesn't matter to anyone else either. In short, knowing what makes you tick and what can't help you empathize with people a little better. TL:DR: Empathy is the most important skill you can practice. It will lead to greater success... Read moreHow this concept can change the relationshipPhoto: Neefisher ( Unsplash)When you realize what your partner does and doesn't care, you can empathize better. Your reasons for fighting make more sense. Beyond the less fight at least more productive), the concept of languages of love is to maintain the relationship as well. For example, I know that we both feel affection by spending quality time together, so I know it's important to schedule this time to keep our relationship strong. If we ever had a long-distance relationship, we probably would have fought it quite a lot, and we would have to put more effort into it than people who don't speak the language of quality time. When you've been in a relationship for a long time, it's easy to get complacent and let things get out of date. When you know your partner's love language, it's incredibly easy to recharge. It's like a cheat code for your relationship. It's perfectly normal for couples to argue. But sometimes these arguments aren't particularly... Read moreWell, the concept is also helpful in simply expressing your love in the best possible way. For my fiance's birthdays, I've always thought about his physical gift. Now that I know quality time is more important to him, I satisfy that instead. I put more energy into planning birthday trips together rather than any physical gift I'm going to buy. You can use love languages for non-romantic relationships, tooPhoto: Tim Mossholder ((Unsplash) I found that the concept of love languages pretty much helps any relationship, not just romantic ones. It's useful to understand what matters to people. For example, I used to get mad at my brother because it was terrible to keep in touch. He rarely calls, and he hurt my feelings. But then we gathered at family events and have long, meaningful conversations, and everything was great. He was telling me how much I meant to him, and I felt peaceful. But then he'd go back to being terrible at keeping in touch, and I'd get my feelings hurt all over again. The problem with the holiday season is that you have to go home and visit with the family, family that Read MoreIt takes time to realize that his love language is 100 percent words of affirmation and zero percent quality time or acts of service. I find it strange, but that's him, and that's how he expresses (or doesn't express) affection. Once I got this, his lack of phone calls stopped hurting my feelings. And it works the other way around. Recently, he complained that Dad and I want to talk to him all the time on the phone and he doesn't understand why. I don't like talking on the phone, he said. So I'm not. I don't know why it hurts people's feelings. I was joking, 'cause when you don't keep in touch, we think you don't love us anymore. Oh, he laughed, and since then, he's been better at getting out. It is worth noting that your love language could vary depending on the person as well. My brother could another language in a romantic relationship than it does with the family. And while I need quality time with my partner and and I don't necessarily need quality time with friends to feel like they care or vice versa. It can also help in business. Business Strategies Marie Forleo says the concept of love languages is her secret weapon in maintaining a happy team. As a leader, she finds out every person on her team that she likes, and then can motivate them accordingly. Chapman even wrote a follow-up book aimed specifically at the workplace: The 5 Languages of Appreciation at Work. They're pretty much the same, but his explainers are translated for professional relationships rather than romantic ones. However, you can probably translate quite easily on your own, simply take a look at their behavior and how they respond to things. In general, it all comes down to knowing what is important to people, so you can understand, empathize and work with them a little better. Everyone's different. We all have different life experiences; we come from different backgrounds. It makes sense for us to communicate differently. The languages of love can't fix everything, of course. They're not going to solve your money problems, for example. They won't make your in-laws more tolerable or make your partner help you more around the house. But the concept doesn't go a long way in communicating better, and we all know how much it matters in a relationship. This story was originally published on 10/5/15 and was updated on 7/11/19 to provide more in-depth and up-to-date information. Information.

