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## Holistic select cat food where to buy

Your cat is a member of the family - albeit furry - so why not be as careful about feeding a healthy, well-balanced diet as you are with yourself and your human family? Finding the best cat food for your feline friend can involve some trial and error, because what one cat thrives on may not be good for another, and some cats want diversity, but you can learn how to say quality food from the poor. However, it can be difficult for the uninited – with so many different types of cat food on the market from hundreds of manufacturers, how do you choose the right one for your furry baby? Well, if you need help, you're in the right place. At BestReviews, our primary goal is to help you – the consumer – find the perfect products to suit your needs. We test items in our laboratories and/or in the real world, collect customer feedback and consult with experts – all so we can bring you fair and thorough reviews that have cut through the jargon. Read on for our full cat food guide to find out everything you need to know to keep kitty tummy happy and their health in top shape. Should you choose wet or dry food? The first question you need to ask yourself is whether you should feed the cat wet or dry food. Each species has its advantages and disadvantages, so it is up to you to decide what suits you and your cat best. Wet cat foodPros: Wet cat food has a high moisture content that helps keep cats hydrated. Fussy eaters generally find wet cat food more tasty. Wet cat food tends to contain more meat and fewer cereals and carbohydrates. Wet food is easier for the elderly or cats with dental problems to chew. Cons: Wet cat food spoils faster when left out, so it is not suitable for free feeding. As a rule, wet cat food costs more than dry food. Wet food often lacks the nutrients of dry food. Wet food is messier/requires cleaning. Price: Basic cat food can cost as little as \$1 per lb, while high-end brands cost up to \$10 per lb. Dehydration is common in cats (since most do not drink much) and can lead to health problems such as kidney stones and recurrent imti. If your cat is not some drunk, it may need wet food, not dry food. STAFFBestReviewsPros: Dry cat food is usually cheaper than wet cat food, pound for pound. Dry food does not spoil quickly, so it is best for cats that do not eat their meals in one respect and prefer to choose during the day. Most people find that dry cat food is less messy and more suitable for feeding, and it does not have to be refrigerated after opening. Good dry food contains all the nutrients that cats need. Cons: Cheaper dry cat food may contain too high a percentage of cereals/ acting as fillers. Due to the low moisture content, reluctant drinkers should not be fed a diet consisting only of dry cat food. Dry food is harder to chew, and some cats do not like texture. There is a limited variety of flavors/textures. Price: You can Budget dry cat food for less than \$1 per lb. High-end and prescription formulas can cost up to \$8 per lb. Did you know? Some cat owners choose to feed a mixture of wet and dry food to get the benefits of both. STAFFBestReviewsThere is not a one-size-fits-all solution for cat food, since each cat is an individual, with its own nutritional requirements and preferences. You will need to adjust your choice based on your cat's individual needs. Here are some factors that can affect the type of food your cat requires. AgeKittens (under 1 year old) should be fed food for kittens, and some older cats may eat a higher formula better. The level of activityIndoor cats or those living a fairly sedentary lifestyle will have lower caloric and protein needs than very active cats. Adult cats should be fed twice a day, morning and evening, but kittens need more frequent meals - preferably four a day. STAFFBestReviews If your cat has any food allergies, you will need to take them into account when choosing her new food. WeightYou you can find low-fat/low-calorie foods for kitties that tend to gain weight. Conversely, if it's hard for your cat to keep weight (and you've ruled out health problems with your vet), it may need higher-calorie foods or simply larger portions. PatientsSom cats may need a certain diet due to chronic health conditions. If in doubt, ask your cat's vet. Considerations for choosing cat foodIngredient qualityCat foods are its ingredients, so if the selected food contains poor quality ingredients, it means that it is low quality food. You want food that contains a lot of meat from named sources (so it's chicken or beef, not a rendered meat product, for example) and not too full (such as corn, wheat and other grains). The most high-quality food contains meat from North America, where you will find a greater number of regulations on additives and welfare standards. Also, the principles of general nutrition apply – the best are whole foods (through processed ingredients). Some experts argue that animal byproducts would be a natural part of the cat's diet (since they eat whole prey), while others argue that the types of byproducts used in commercial pet food are of indeterminate and extremely poor quality, and should therefore be avoided. It is up to you to decide whether you are happy to feed the cat with food containing byproducts of animals. You should expect to see added vitamins and minerals in quality cat food. While the primary ingredients should contain all or most of the nutrients your cat needs, added vitamins are a good reserve to cover any deficiencies. STAFFBestReviewsThe food for adult cats should contain a minimum of 26 per cent raw protein, per weight, and should contain at least 30 per cent. Higher protein levels are fine, but any lower and your cat won't be getting it proteins to maintain healthy muscles, tissues and organs. Cereals and carbohydrates In the wild carbohydrates make up only 1 to 2 percent of the cat's diet, so why does so much food contain large amounts of cereals? The answer is that cereals and other carbohydrates are cheap fillers that scatter food at a much lower price for a meat producer. If cat food contains a lot of carbohydrates, your cat will have to eat more than that to get all the nutrients it needs, so it can work more expensively than feeding with better quality food - and pack on an unhealthy weight. While small amounts of cereals and carbohydrates are a useful source of energy for your cat, too much should be considered filler. STAFFBestReviews The name of cat food may be able to give you an idea of how many named ingredients are found in food (but only if it is American). Under regulations from the American Food Control Officers Association (AAFCO), cat food must contain a certain percentage of any named ingredient, which varies depending on the formulation. If the food has a simple name such as Tuna Cat Food or Cat Salmon, it must contain at least 95 percent of the named ingredient (or at least 70 percent after you make the added water). If the name of the food contains words such as dinner, tray, entrée or formula - for example, chicken dinner or cod and mackela formula - it must consist of at least 25 percent of the named ingredient or ingredients. If the food is specified with the ingredient, it must contain a minimum of 3 percent of the added ingredient. So, if cat food is labeled chicken dinner with an egg, legally it must contain at least 3 percent eggs. For your safety, all cat food should include added taurine - it is vital for the health of your cat (it could go blind without it) - and its body does not produce it naturally. STAFFBestReviews While some people are committed to making their own cat food (so you know exactly what's going on in the tic) we wouldn't recommend it unless you happen to be an expert in cat nutrition. The cat can easily become deficient in essential nutrients on the domestic diet. Cat food comes in a range of flavors and all cats will find some tastier ones than others, in the same way that people have food they love and others they don't like. See the package of selected cat food for the AAFCO nutritional statement. It should be found that it is suitable for adult maintenance, suitable for growth and development or suitable for all life stages. This statement shows that the food in question meets the minimum nutritional requirements set by the AAFCO. Do not leave wet cat food in your pet's bowl for more than a few hours. If you leave it down too long, it will begin to spoil and attract pests and breed bacteria. We recommend that looking into the safety records of selected cats feed before you buy. If a brand has regular recalls, it's reasonable not to believe they can produce safe, quality food every time. Q. Are there cat food ingredients to avoid? A. Some ingredients are a sign of unhealthy or low-quality cat food and should be avoided. Here are some you should always stay away from. Artificial preservatives, such as BHT, BHA and ethoxyquin Artificial Dyes Artificial Flavors Sugar Meat products that do not specify which animals are from Propylene glycol (sometimes listed simply as PG) Rendered fat Q. Does the order in which the ingredients are listed in the packaging make a difference? A. Yes, the ingredients are always listed in the order of weight from the highest to the lowest. So, if the chicken is the first ingredient listed, it is the ingredient found in the feed in the greatest amount by weight. This means that it is easy to spot food with a lot of fillers. If the ingredient is at the beginning of the list of ingredients, you know that there is a large amount in food. Q. My chosen cat food is marked as natural – what does it mean? A. Some terms, such as natural and premium, may sound good but lack health or quality claims. As such, manufacturers can include these terms on their packaging without it actually meaning anything, so don't blindly believe the buzz words. Other terms, such as human class, have legal meanings, so if they are included in the packaging, they must meet the legal standards for these conditions. It is worth noting, however, that this applies only to packaging, so companies can use these terms on their website without them meeting legal definitions. Reading ingredients are always more reliable than labels. Labels.