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Synonyms for reading glasses

Homemade glasses species by Liz Defranco, ABOK, NCLC; reviewed by Michael DePaolis, OD When you get to the point that you are unable to read closely without stretching your hands to the border, you probably need reading glasses. Today's world requires technology that matches what is really true of modern reading lenses. Most people think of reading glasses in two main styles:Full frames in which the whole lens is made in their recipe for reading orHalf eyes, which are smaller half-moon-style glasses that are located low on your nose. Reading glasses are useful if you spend a long time concentrating material up close. They give you a large field of view to read, but if you try to look through the room through them, everything looks blurry, so you need to constantly put them on and take them off. By contrast, half-eye reading glasses allow you to look down and through the lenses for almost work, and up and above them to see in the distance, a reason why they are sometimes called granny glasses. Often, people who have never needed glasses in the past will start with a pair of reading glasses rather than modern alternatives such as progressive lenses or computer glasses (also known as advanced focus lenses) simply because they didn't know they had a choice. HAVING TROUBLE READING TEXTS ON YOUR PHONE? Reading glasses may or may not be a good option for you. Find an optometrist who can help you decide. A variety of ready-made reading glasses are available in some pharmacies and other outlets, they can be convenient for temporary use, say, if you have lost your glasses or left them at home and should read the menu in a dimly lit restaurant. Ready-made readers are mass produced, so they are cheaper, allowing you to own several pairs so that you always have a pair of reading glasses nearby. They allow you to hide the extra pairs in different rooms of the house, as well as in the car, office, briefcase, bag and so on - just in case! Advantages of modern, custom-made reading glasses can be made to order for each individual through your optometrist The main drawback of ready-made reading glasses is that they are one size-fits-all. The recipe is the same for both lenses, and the location of the optical center of the lenses is not tailored to everyone wearing it. The majority of people have a different prescription in each eye, and almost everyone has at least a small amount of astigmatism correction in their prescriptions. Headaches, eye strains and even nausea can be obtained by wearing reading glasses that are too far from your actual recipe or that have optical centers too far from the center of your students. If you have these problems, your optometrist may offer you different for your recipe. Also, purchasing custom glasses allows you to take advantage of features that are not available of the ready-made readers. For example: Anti-reflective coating on custom reading glasses eliminates eye strain caused by distracting lens reflections. Photochrome lenses in specially crafted glasses protect your eyes from UV and filter blue light from digital devices – they automatically darken in sunlight if you want to read outdoors. Even if you do not need glasses glasses glasses for remote vision, you may find that progressive lenses are a better option than readers - especially since they can cover multiple tasks, reading, computer, hobbies, and you're able to read and see clearly in the room at the same time, (you won't have to press them down your nose to watch TV and check your text messages at the same time)Reading lists aren't computer glasses Don't confuse reading with computer glasses. Special office or advanced focal points are available that give you greater depth of focus in your work area or for other tasks than regular readers. If you're using reading glasses to try to see your computer screen, it probably doesn't work very well. For one thing, reading printed materials takes place in a closer range than reading text on a computer screen. Also, reading glasses can force you to bring your head forward to see your monitor, so you put unnecessary strain on the muscles of the neck and joints. This may explain that stiff neck and shoulders at the end of the dayComputer users really need to invest in one of the many types of prescription PC/advanced focus glasses, for greater comfort they can also include a blue light filter to increase contrast when viewing computer screens and other digital devices. The danger of taking over the eye,a more serious problem with the use of pre-manufactured reading glasses is less to do with glasses than the reasons people buy them. Some people immediately head to a chemist instead of an optometrist when they notice it's time for reading glasses, but you should always consult your optometrist first. The need for a pair of reading glasses may be nothing more than the natural aging process of work, but it can signal a serious problem with your eyes that can be treated if caught in time. Very serious eye diseases have very few symptoms until it is too late. Do not risk with your eyes – see optometry before buying reading glasses. Home Goggles | En Francais by Liz DeFranco, ABC, NCLC; reviewed by Michael DePaolis, OD When you get to the point that you can not read closely without stretching your hands to the border, you may need to consider reading glasses with one vision. Reading glasses are available in two main Full frames in which the whole lens is made in the recipe for reading. Half-eyes, which are the smaller Ben Franklin-style glasses that sit low on your nose. The reading glasses are for people who spend a lot of time focusing on material up close. They give you a larger reading field of view, but if you try to look and get across the room through them, everything looks blurry. By contrast, half-eyed reading glasses allow you to look down and through the lenses for close to work, and up and above them to see in the distance. Typically, people who have never needed glasses in the past will start with a pair of reading glasses rather than progressive lenses or bifocals, which are usually a better choice if you need distance as well as correction. Convenient timeshare accessories, such as an evening in a dimly lit restaurant, include small folding reading devices that fit into pen-sized cases and magnifying glass that hang around your neck like a pendant. You may even have seen plastic lenses mounted in credit card holders that easily slide into the wallet – terrible for reading a book, but good for those moments of despair when you just want to quickly read the bill in a restaurant. There are also slathed sunglasses for wearing the sun; A popular type is the double-focal solar clock, with a carelesss top half to search away and a recipe for reading in the bottom half for a close-up. GET THE READING GLASSES YOU NEED: Reading glasses with more technocratic glasses may not be right for you. Find an eye doctor who can help you. Advantages of custom-made glasses Readings can be made to order for any person through an optical dispenser, or they can be purchased ready in a pharmacy or department store. Ready-made readers are cheaper than usual glasses, allowing you to own several pairs so that you always have reading glasses nearby. Ready-made reading glasses are available in many fun styles and colors, so you can experiment with fashion, buying a little outrageous pair of glasses without risking a lot of money. If you don't like the style, you can always get another cheap pair with a more conservative look. Pre-made reading glasses also allow you to hide additional pairs in different rooms of the house, as well as in the car, office, briefcase, bag, boat and so on. One drawback for buying ready-made reading glasses is that they are essentially one size-fit all the elements. The recipe is the same in both lenses, and the location of the optical lens center is not customized for everyone carrier. Most people do not have exactly the same prescription in both eyes, and almost everyone has at least a small amount of astigmatism correction in their prescriptions. Headaches, eye strain and even nausea may be due to wearing reading glasses that are too far from your actual recipe or which have optical centers too far from your students. If you have such problems, visit www.researchandmarkets.com/custom-prescription-for-reading-glasses. Also, buying custom reading glasses allows you to take advantage of features that are not available in store-bought readings. For example: Anti-reflective coating on custom reading glasses eliminates eye strain caused by distracting lens reflections. Photochrome lenses in custom-made reading glasses protect your eyes from UV and high energy from their visible light from digital devices – and automatically darken in sunlight if you want to read outdoors. Even if you don't need long-view prescription glasses, you may find that progressive lenses are a better option than readers – especially if you're multifunctional and need to be able to read and see clearly across the room at the same time. Finally, there are also special office progressive lenses that give you greater depth of focus in your work area than store-bought readers. Reading glasses are not reading glasses Do not confuse reading glasses with reading glasses. If you're using reading glasses to try to see your computer screen, it probably doesn't work very well. For one thing, reading printed materials takes place in a closer range than reading text on a computer screen. Also, if your reading glasses are the type that forces you to lean head-back to see your monitor, you're putting unnecessary pressure on your neck muscles.Computer users really need to invest in prescription computer glasses for the greatest comfort and protection from high energy visible blue light when watching computer screens and other digital devices. The danger of taking over eye examinationOther, more serious problem with the use of pre-manufactured reading glasses is less to do with glasses than with one of the reasons people buy them. Some people head to a pharmacy instead of an eye doctor when they notice it's time for stronger reading glasses. But you should always consult your eye doctor first. The need for a stronger pair of reading glasses can be nothing more than the natural aging process of work. But it can signal a serious problem with your eyes that can be treated if caught in time. Don't risk it with your eyes — see your eye doctor for an eye check-up before buying stronger reading glasses. Updated February 2020 page 2020