

The first, biggest battle when becoming the parent of a middle school student is this: wrap your mind around the fact that your baby (stressed on the baby) will soon be flung to the wolf - or at least the surly bundle that paper bag. Your child will be fine -- that's the friend we're worried about. We know that, as a parent, it's hard to see your baby grow up and become one's own. Watch them pile on the pressures of a new school, colleagues, sports and homework, and it's enough to make you want to go back to the clock for simpler days - those that involve cajoling a brave toddler into eating broccoli. But that, my friend, was your first mistake. It's time to get your mental game moving. If your child's breakthrough into high school is going to be OK (and it is), then you've got to get your mental game moving. If your child's breakthrough into high school is going to be OK (and it is), then you've got to get your mental game moving. If your child's breakthrough into high school is going to be OK (and it is), then you've got to get your mental game moving. If your child's breakthrough into high school is going to be OK (and it is), then you've got to get your mental game moving. Two: Independence Day Sweet Freedom. Middle school students are long for it but can't handle too much of it, and you may not be willing to start lets go. It is important to highlight a balance that is healthy for both of you. One way to do this is by allowing him or her to participate in a variety of approved activities. For example, playing on a basketball team gives your child an outing for many things: close friendships, physical activity, and even peer pressure can have a good side. Just ask any tween who has flunked in front of the numbers, been benched by the coach and let down her teammates. That's not going to happen again. Better still, organizing extracurricular activities gives your child a (supervised) opportunity to get from your wary eyes. But you can still get involved by cheering at the game, applauding a two-act play or going to an art show. Whatever your child cares about, give him a path to explore it. Your role is to provide boundaries, limitations, and support. One way you can practice your role is when it's time for homework. The National Association of School Psychologists says homework teaches children how to manage time, make choices and solve problems. Help your child set up a system - a place and time to study with any necessary resources - then let him or her solve the challenges of high school homework without your hovering presence. Keep in touch teacher, even if your child assures you this is the best thing you've ever done. That's why some smart people have invented e-mail -- use it to send regular queries about your child's class performance. Survival Strategy Three: Oh, the Drama It's hard being a tween bent on teen-hood. No No is to have enhanced self-awareness (thanks, puberty), but there are also a variety of new relationship situations to encounter. When schools turn into a fashion show or popular contest, all these dramas are a bit dicey. That's because it's hard for parents to know when to step in and when to let their son or daughter work out alone. We agree with Joe Bruzzese, author of the Parent Guide for the High School Years, who advises parents to play a supporting role as peer-to-peer relationships form and be resolved. Sure, we were guilty of dialing the mean mother girl and having our say, but we learned the hard way that it usually doesn't help. Steer clear of everyday friends drama, but be willing to step in if you feel your child is being bullied. Another minefield to avoid? Fashion. Set a few clear boundaries, like hemline length or a waist stop, but be willing to let your child have some say in what he or she wears. While tweens are roaring for friendship in high school melee, they are likely to try a variety of styles. Personally, we don't start worrying until talk of multiple tattoos and piercings comes into play. When you guide your middle school students, remember: Your role is not one of perfection. Shake off any demanding doubts about your own worth that might bubble to the surface the first time you chaperone a high school dance. (Hey, it happens!) It is important to be involved, even if you allow tween your more autonomy. According to a report by Johns Hopkins University researchers, when you're clued into the high school scene, your child is more likely to have better scores, attendance and homework skills. Plus, they will be prepared to succeed in high school. Hyperventilating again? It's all right. You can put that paper bag down. We will leave our high school discussion for another day. Page 2 Back-to-school time means dropping up on pencils, adhesives and other traditional supplies that generations of children have taken away in desks, cubbies and lockers. In elementary and secondary schools, teachers often provide a list of specific items to receive; and even in high school, many faculty members require some kind of laptop paper, pens and the like. In addition to the classic supplies - crayons, laptops, rulers - constantly make back-to-school lists, there are also some others to keep in mind. Today's students have a repository of utensils and gizmos to help them manage their workloads and enhance the learning experience. Whether it's a fresh spin on a classic gadget or a newfangled, five-tool Cool school makes the class to get your son or daughter learning in style. Content Even pre-K students can get a head start on their computer know-how with learning in style. and and In their brief history, learning laptops now have handheld sizes with more sophisticated graphics and a variety of software covering subjects including reading, maths, foreign languages and more. Children can navigate through many of these models using a keyboard, electronic stylus, or console with an interface such as a video gaming system. For middle and high school students who need text processing and Internet access, netbooks are a great choice. Priced at a few hundred dollars, the mini-laptops have been grabbing tech headlines for their usefulity and affordability. In fact, some schools are starting to use netbooks in the classroom thanks to their budget-friendly properties. Finding the perfect backpack ad is important for many school-age children. After all, they tote it around with them every day and wanted it to make a cool impression. Parents are probably more concerned about the toll the package takes on the child's back. Thankfully, there are alternatives on it to please both sides. Unfortunately, you may have to spend more cash in exchange for handy quality. To protect the back and spine, look for packages with multiple cushions. The pads and back plates are good signs. Make sure that the strap fits well into the back, it is recommended to sit higher on the back instead of straining the spine by hanging down on the hips. There are also roller backpacks to choose from, but some schools don't allow them anymore. And they can reduce the cool critical factor that your students to learn to add, subtract and so on in their heads -- with regular help from their fingers and toes. But as higher math rolls around in middle school and onwards, it's time to pull off the big guns. Computers have been a regular item in older kids' backpacks for a while now, and now they offer more math and science help than ever before. Texas Instruments, one of the most popular brands of computer manufacturers, offers additional software, memory storage and tutorial programs prein installed on certain models. Students can now also choose from more aesthetic computers, such as bubblegum pink graph versions and new red fire engine models. Promotional pencils and paper will never go out of style to take notes. But for techie students out there who want to get the most out of their note abilities, Smartpens are neat and relatively inexpensive at about \$150. Pulse Smartpen of LiveScribe writes on dedicated paper that digitally records what you are writing and where on the page. At the same time, the pen can also record audio, which means that students can take notes at the same time. one source. That way, students can place Smartpen on notes on specialized paper to hear the corresponding sound. If your student doesn't require much high-tech magic, FLY Fusion Pentop Computer from Leap Frog also digitally records what a student writes. The writing device then converts the written notes into digital documents. Like LiveScribe Smartpen, Pentop also requires dedicated paper. Since Pentop doesn't save audio, there are plenty of discreet mP3 recording backpacks, kids have to do their homework. Whether it's solving a difficult math problem, researching a fair science project or creating a catalogue of references to a term paper, the Web holds a wealth of educational resources. But the best track of those resources can be challenging, and parents may be heeding about unleashing their children on the Internet. Fortunately, some companies have developed powerful homework assistance programs for students at all levels of education. DiscoveryEducation.com, for example, provides support for seven different topic areas, along with interactive games and students matching external web links for additional tutoring. For a monthly fee, Cosmeo by Discovery Education is a unique store for Discover videos, academic articles, step-by-step learning guides, and more. By using the breadth of valuable information online, kids can enhance their learning experience and continue to make A+ points. Ad

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