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Flexible seating chairs

Student Contributor: J.Waleske Flexible seating is the practice of allowing and providing many seating options for students. This means having different types of seats like yoga balls, chairs, sofas, stools, etc. It also means that students have the freedom to choose where to sit. Flexible seating is a strategy that my current mentor teacher uses, there are many options for the student to sit on, including chairs, stools, boxes, yoga balls and sofas. The students have allocated places where they keep all their materials and supplies, but they are allowed to move freely to other places to a place that they feel most comfortable with. This tool can be used to prevent behavioral problems that coincide with fidgeting. However, it is necessary to talk about the procedures for using flexible seating, as some students may not be able to handle it and it may be more distracting rather than helpful. We need to teach students to make the right choice for their seating and encourage them to choose a seat in which they are most successful. This tool is space in the preventive phase because I believe that it is a useful tool that can be used to prevent disruptive breakouts and behaviors due to armament energy. Flexible seating works in the same way as fidget toys and allows students to fiddle by jumping on a ball, standing, balancing on a wobble chair. The tool fits into the student center management because they must make appropriate choices for where to sit and be most productive. This tool may require some collaborative management to create procedure for when using the different pitches and what happens is the class or individuals using them irresponsibly. More Information - Tool Source: Melissa Krall Flexible Seating: 21 Awesome Ideas for Your Classroom Howdy! We are also located in Texas. - Visit our K12 Furniture Showroom. Learn from Home Furniture Solutions Meet Oodle – Classroom flexible seating stool that allows the user to add or remove the wobble, resize and mix the colors. The foundation of today's hottest pedagogy in education – student-centered learning and personal learning – begins from the bottom up. This means giving students a say in how they sit, where they sit and what they sit in or on. Also known as alternative seating, flexible seating actively brings students into classroom-design discussion. It lets them identify the kind of furniture, such as chairs, stools, rockers, etc., that 1.) they find most comfortable, and 2.) motivated them to learn. The process promotes students' creativity and cooperation so that students can work towards gradual change within practical constraints. Flexible seating or traditional Both. A flexible-seating classroom is anything but a dull, uniform row of identical chairs and desks. Rather, there are different types of seating scattered throughout the room. They vary in height, material and movement, and will include a few traditional choices, as well. Typically students decide their place on a rotation basis. Clearly posted classroom rules help keep harmony. (FYI: Flexible seating is different than active seating. Flexible seating is all about providing opportunities; Active seating is a special type of seating designed to move with a student's natural movement. Active seating should certainly be included among flexible seating furniture options!) Save, of course, educators, administrators and parents wonder about the potential visual circus created by classrooms of unsuitable furniture. The Smith System gets it. We help create consistent calm using modern seat design, and we can match seat edge colours and materials. We also offer a range of multifunctional storage options for a perfectly organized and quieter 21st-century classroom. Let's noodle! Smith System's 4-position chair with patented motion. According to teachers, the flexible-seat movement is promoting a growing list of physical, emotional and academic benefits: Choice. Students learn best when they have some control over their environment. Community. Students learn to take turns and share consumption. Cooperation. Students can easily pair or work in groups. Movement. Students can sit, kneel, wiggle, lean, roll, etc., and release excess energy while building core strength. Comfort. Comfortable students are more relaxed and more focused. Sensory input. Many flexible seating options stimulate students' sense of touch. Motivation. Students are motivated to earn and keep their favorite places. Smith System offers abundance of flexible seating options. Filling a classroom with mismatched, adult-sized, odds-and-ends seating is not an ideal flexible-seating classroom, nor does it promote good posture. Smith System provides many safe, durable, correct size options: 24 standard stools for cafe-style seating Oodle stools that can stand still or have controlled wobble Flavors multi-directional chairs and Variants mobile chairs with wheel noodle chairs with a patented moving seat pan Learn more about flexible seating. The Smith System uses cookies to ensure you get the best experience on our website. If you continue on our website, you agree to the use of such cookies. Learn more. Two, four, six, eight, what do we appreciate? A good listicle! Especially when evaluating an educational trend, such as the shift to flexible seating in K-12 classrooms. As part of our series on this topic, we have combed through a pile of online data and compiled the top ten benefits (in our opinion) of flexible seating. Help yourself to dos or almost the entire dozen that you teachers, administrators, students and parents on why this trend is not a passing fidget-spinner-dish. In fact, we see it as crucial to improving learning across all ages. In addition, educators report flexible seating makes their career more enjoyable. To learn easy ways to incorporate flexible seating in the classroom, take a look at the 5 steps for flexible seating in the classroom. Students feel empowered by having a certain level of choice and control over their environment. Flexible seating allows students to choose where they work and with whom. It also allows them to change their location and positions as needed. Kayla Delzer, is the author of the popular 2015 EdSurge story, Why 21st-Century Classroom Can Remind You of Starbucks. In a 2016 follow-up story about Eudotpia, she says that giving students choices about their physical classroom spaces teaches them skills in higher order thinking. Outside the windows of our classroom is a dynamic, fast-paced and ever-changing world full of choice. How can we expect our students to solve problems and make choices independently if we continually solve their problems and make their choices for them?. Children have to move. Flexible seating allows them to wobble, rock, bounce, lean or stand, increasing oxygen flow to the brain, blood flow and core strength. In turn, this burns more calories and increases metabolism. It also helps keep young minds more alert and focused. It's no surprise that physical activity is linked to higher academic performance, better health, and improved behavior. An academic paper by Matthew T. Mahar, et al, found that simple in-class activities can boost performance. Studies suggest that children who participate in short bouts of physical activity in the classroom have more on-task behaviors, too. An unpleasant student is a distracted and unproductive student. Imagine, for example, the following: As the countdown to lunch approaches, the sound of his or her growling stomach will make it impossibly difficult to hear the teacher's voice. An uncomfortable desk can make students territorial or possessive about their space and supplies. Flexible seating encourages students to share both. And it encourages them to take turns in different places and with different seating. When preparing children for the real world, we want students' learning environment to reflect the environment of the real world, said Manuel Herrera, a district tech coordinator for the Affton School District in Missouri, as he reflected on the flexible seating movement that there at work. This [flexible seating] is not a fad. I think it will eventually develop into what all classrooms look like. Flexible seating allows students to quickly and easily pair, work in small groups or discuss as an entire class – without moving mountains of heavy desks to establish eye contact. Delzer agrees. The students we share our classrooms with don't know life without constant connectivity, Wi-Fi and a global audience. Our classroom environments should be conducive to open collaboration, communication, creativity and critical thinking. It simply cannot be done when children sit in rows of desks all day. While research into flexible seating is limited, it is clear that learning environments can have a direct impact on student performance. A 2012 study from the University of Minnesota found that students participated 48 percent more in discussions in a classroom with collaborative group seating versus traditional lecture-style seating, and also improved their performance on standardized tests. How does this connect with flexible seating? Kelly Almer, a longtime educator at Littleton Public Schools in CO, recently switched to flexible seating. She says creating more student control and less teacher control has improved student engagement. I have witnessed a change in their commitment to learning and behavior, Almer explained. By making the space 'our' instead of 'mine', the students have a sense of ownership that has made them more invested in their own education. Almer's students choose where they want to sit daily. There are a number of high, medium and low seating, and the children move to the furniture based on their needs. But Almer puts academics first. Wherever they choose to sit, it should help them to be their best learning. No one is naive enough to think that flexible seating is simply happening. In advance, the teacher must establish some new tools for classroom teaching. That includes creating a system to make seating choices fair and non-disruptive. It also requires introducing higher order thinking skills, like problem solving, and emotional skills, like conflict resolution. There is also much value in promoting turn-taking and patience - especially for a generation of children immersed in instant gratification. Many flexible seating options stimulate students' sense of touch. This type of stimulation can help children focus and process information. Sensory input is especially useful for students with ADHD, ADD and ASD. Flexible seating helps make learning fun. The benefits far outweigh any negatives, said Almer, who will never go back to traditional seating. At this year's parent-teacher conferences, all parents declared that their child has a completely different attitude to school now. The children love to go to school and learn, and couldn't be happier. She offered a few final tips to trainers. First of all, if you want to make this change in your own environment, it is important to bring a positive mindset and recognise that the process takes time. She also recommends being conscious with your choices, and not overlooking practical issues, like color-coordinating the room. The results - a more active, engaged, enthusiastic and relaxed room of students - are worthwhile, concluded Almer. Take a look at the flexible seating options from the Smith System to incorporate flexible seating in your classrooms. _____edutopia.org/article/flexible-classrooms-assembly-required edutopia.org/blog/flexible-seating-student-centered-classroom-kayla-delzer_ideas.demco.com/blog/top-3-reasons-use-flexible-seating-classroom/ infograph.vengage.com/p/226127/6-benefits-of-flexible-seating sassysavvysimpleteaching.com/2016/12/flexible-seating-classroom/

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