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Nexplanon vs mirena

There are a lot of types of birth control and it can be hard to tell which one is right for you. People have a wide range of experiences with contraceptive implants. Here's what you had to say. If you are not satisfied with the hormonal contraceptives you are taking - ask for other options! got the first Nexplanon implant in 2012 and was removed in 2015. Then I had one second of the same brand developed in 2015-2016. I decided to get a transplant because I was already limited because of the inability to take estrogen, and I tried only progestin pills as well as injections. The pills gave me irregular bleeding, sometimes constant bleeding, for months on the end, as well as severe nausea. After a year or so I knew I should be looking for another way to prevent pregnancy. I had a similar reaction to progestin injections, minus nausea, and as I was just a teenager at the time, I found it hard to remember when I needed to get another injection (resulting in many panic after coital). I only offered a transplant after i told my doctor that I didn't want to take the pill. The insertion was completely pain-free (apart from the pinprick of anesthesia). I felt a little hard when they put it in but there was no pain. My arm is lit up in the next few days, and I wasn't able to do any heavy lifting with it, and there was some bruising and tenderness but nothing serious. I have experienced some irregular bleeding for the first three months, but it seems to sort itself out, and went from a mild monthly period to a 100% free two-year period. During the last year of my first transplant I did not start having regular monthly periods again, and when I had my new one inserted i experienced the same irregular bleeding as before for the first few months. Side effects wise, I did not find my sex drive reduced (this happens to me when I take no hormonal contraceptives) and experienced vaginal dryness (thank God on lubrication) but my love/sexuality has not negatively affected it at all. I had my second transplant removed as I was on hormonal contraceptives since about the age of 15 and I wanted to get to know my body without additional hormones. She went completely free of hormones for about a year, using only barrier methods, but soon tired of their unreliability. I decided to get a copper iude that is still a hormone-free, but I'm thinking of getting it removed in favor of the transplant, as it made my period cramps almost unbearable. If you are not satisfied with any hormonal contraceptives you take, always tell your doctor. Don't back down if they try to give you more of the same thing, and ask for other options because they're there!- Grace, a 22-year-old female. England talk to my doctor who helped open my eyes about the birth control options i rejected and got an Emplanon implant introduced in September 2017, That has been for more than a year now. I wanted to have sex with my big post without worrying about getting pregnant. I also hoped it would help reduce the frequency of your period and acne. Inserting the implant was a simple and quick process. I had a big bruise in the area for a few days, but there has been no further inconvenience since. The first few months with the transplant I left my cycle changed dramatically and unpredictable, but following it with an idea helped me a lot. My acne and the frequency of my bleeding are still around the board, but I firmly believe that this is the best choice for birth control for me and will continue to use it for the next few years. Your doctor should pass on all different birth control options and side effects before receiving any type of contraception. Doing so helped open my eyes to other birth control options that I rejected. Also, healthy sex is very important! Just because you're on birth control doesn't mean you shouldn't use a condom when you're with a new person or don't know the sexual history of your partner. Better Safe than Sorry!—Punk, non-binary, 19, Minnesota, USA my insurance was running out and I don't want to risk not having birth control I got nexplanon implantation in October of 2016. I was 25 years old and she was about a year and a half old. At the time, my insurance through my father was running out and I didn't have a full-time job. I didn't want to risk not birth control if I didn't get a full-time job, so I got the implant to be on the safe side. Not because I wanted it I liked the pills that I was in wasn't getting it bad because the area was numb, but there was pain in my arm afterwards and it lasted for a few days - like someone punched me hard in my arms. There were no mood swings, but there was terrible acne. I always had almost perfect skin before, then I started to go out every two days, and nothing wiped it out. The menstrual cycle was quite irregular also I was bleeding for three to four months in a row, then I don't get a period of three months, and then you'll be back for months again. It's been horrible my menstrual cycle has been light most of the months, but I use a cup exclusively until I got sore things inserting a cup every day for several months on the light flow. I had to switch back to pads/liners, and I hated using them again. I decided to have my implant removed because I couldn't handle the side effects. She moved from great birth control, Jolessa, to Nexplanon and hated it. My skin never looked so bad and I gained a lot of weight in the year I was in. It wasn't worth the trouble. When my insurance started with my new job, and I could go in to see my doctor, I went back to the pill. After 4-6 months, I had my skin again and lost 10 pounds. For me the implant was not worth all the side effects. I hated being on it. - Erica S, 27, New York, USAwent in easily, did not cause any pain, and even softened my menstrual cycle I got nexplanon implant 2 years ago. I was in a long-term relationship she was getting physical and I wanted birth control that didn't require me to remember to take the pill. My experience was great! He went in easily, did not cause any pain, and even softened my menstrual cycle. The cramps have made the period worse, but nothing Midol can't handle.— Anonymous, female, 36, Washington State, USAI i didn't associate depression with the device until I had a transplant removed! got Implanon four years ago and had it removed a year ago. The reason I got one is that I was anaemic and my doctor recommended to reduce heavy periods. Insertion was easy. At first I made my periods impossible to trace, then settled. My periods became lighter but this may also be because I am old (mid-40s) i put on a great deal of weight and depression experienced that struck especially after the monthly period and went away as soon as I had the device removed. I didn't associate depression with the device until I had a transplant removed and saw a big change in my mood. My implant was removed because it's worn out after three years. i haven't replaced it with a different kind of advice: follow your mood carefully. Keep a mood diary. If you notice you're depressed and anxious, find a doctor who will listen to you and believe you. My transplant certainly made me depressed in a way I had never seen before. Implanon is easy to put, difficult and painful to take out. The doctor had to dig into my arm for ages as the doctors didn't want to believe me when I told them that hormonal contraceptives affected my mental health. — Masha, a female, 46, Cape Town, South Africa, my body may have rejected synthetic hormones. Before I got it, my GP at the time was hesitant because she was worried that the implant would be my depression - she was absolutely right. Of course, the implant wasn't the only factor but within three months of getting the implant, you had made two suicide attempts. I've never tried to commit suicide before while recovering from suicide attempts. I've tried to eliminate different things in my life to help identify the problem, the implant was the last step and I didn't get better. Again, it wasn't definitely the only factor, I was in therapy at this point and making changes in life that all contributed to my recovery, but I think the transplant played a role. There was no improvement with the bleeding and I bled for 30 days in a row when I first got it and then continued to bleed irregularly until I got it. I get really bad side effects from combined pills, mini pills and norethisterone, so maybe my Only rejectsynthetic hormones. My sister got the implant after her third child and she seemed happy with it. It wasn't a problem. After removing it was a little more unpleasant, And I have only a small scar I can notice, but overall it wasn't a problem. I would advise that anyone with PCOS is a major cystic syndrome and/or depression/anxiety, does some research and has a thorough conversation with the doctor before going for it. Technically, you can take it whenever, but getting rid of it is less convenient than just not taking the pill.- Adjoa, cis woman, 27, Ghana/UK because I have epilepsy, I need to be careful about my birth control methods I got nexplanon implantation in August of 2016. Before I got Nexplanon, I tried Mirina (iud). I had that for about a year or so until I started experiencing cramping every single day. It was bad, if not worse, than his menstrual cramps. There was no fault with the iUD, its placement, and I did not have any cysts; My body just wasn't like a coil in it a year later. Because I have epilepsy, I need to be careful about my birth control methods. I didn't want to do Depo (Depo Provera) footage since it required regular visits to the doctor that I wouldn't be able to afford. Nexplanon chose you from the time it lasted and how it would not interact with my anti-drug. My experience with Nexplanon was fantastic. Its admission was relatively painless, especially compared to the IUD. My menstrual cycle (bleeding, cramping, etc.), which I couldn't be happier, stopped. During my menstrual cycle, not only is severe cramping, but my mental illness and dy dysphoria sex are getting worse. After I had Nexplanon put in, I saw much less. Before I had inserted it, I was worried that it wouldn't work for me just like a coil, and it would move on. In the two years I've had it, I've seen nothing but positive side effects. My options for contraception as a cockroach are limited. Of all the forms of contraception I know, it seems to be the best for me without tying the trumpet. The only reason I'm going to remove it is to have a baby or to have a new baby. Talk to your gynecologist about all the options available to you and why you want to use the implant. Ask for side effects, what can happen, and the cost with and without insurance.— Anonymous, Neutrophils (via/non-binary), 28, Mayne, USA My mother suggested that I think it gave her peace of mind, and I was happy not to think about the pill. Getting his inclusion was strange, but not that painful. It was a dream for the first year or so - no periods, no side effects that I noticed. But after a year or so I started getting three weeks long periods, and i got so annoying I got it Female, 26, Newcastle, United KingdomListen to your body. If something doesn't feel right, talk!got Nexplanon implant in 2015 was removed about nine or ten months later. The pills I was taking caused migraines, and the birth control shot had a lot of unpleasant side effects. Also, I liked the idea of not having a period every month. The insertion process was simple, and I didn't find it painful. Unfortunately, I have experienced many unpleasant side effects. I had to bleed for three weeks of each month, gained a great deal of weight and had extreme mood swings. I had a transplant removed because of all of the negative side effects I was experiencing. The removal process was more difficult in my case than insertion. He had emigrated, and my doctor had difficulty removing the transplant. The transplant didn't work for me, but I have friends who have the same implant and love it. If you are interested, go ahead and try it. But listen to your body if there is something that doesn't feel right, and talk. I kept the implant for a very long time because I kept waiting for it to work for me the way it was supposed to work i should have removed it months before I did.- Morgan, female, 32, Springfield, Missouri USAI I love having additional backup on the contraceptive side of things I got nexplanon implanttwo two years ago, mainly to stop having periods but I also moved in with my partner full-time , so I decided to get some method of contraception around the clock too. My experience was good. The insertion was very fast. The doctor spoke to me through what was happening. I had a small dose of local anesthetic before hand, then I used what looked like a supergun to insert the implant (not as shocking as it seemed) and I didn't feel any pain. I kept it bandaged for a day or two afterwards now I have a small scar on the insertion point, but I do scar easily. I had some light bleeding but no pain as I was [before getting a transplant]. After insertion I did not have a period for about 8 months, then bled lightly for 3 days, then stopped again for another 8 months. I plan to stick to the implant for me, it was helpful in breaks, And I love having an additional backup on the contraceptive side of things.— Anonymous, female, 20, Sheffield, UKWe in the idea of recommending that you see a health care provider to discuss birth control which is best for you, let them know if you are experiencing any negative side effects. Read more about birth control. Download the idea to track your birth control and cycle symptoms. Symptoms.

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