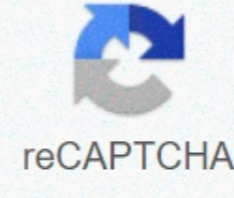




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**How long does fried chicken last**

Explore Health A-Z News Coronavirus Diet & Nutrition Fitness Beauty Mind & Body Lifestyle Weight Loss Newsletter Promo 1. Wash the chicken breast and dry lightly. Cut into strips (1/4) 2. Put all the dry ingredients in a bowl and set aside. Break the eggs into a bowl, season the salt with a pinch, whisk for 30 seconds and set aside. Get ready now! (Chicken strips, soluble egg mixture, flour mixture) Take the chicken strips, soak them in the egg mixture, dry into the flour mixture, soak in the egg mixture again and coat well with the flour mixture. Put the tattered strips in a dish. Now repeat the same thing for the rest of the strip.

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