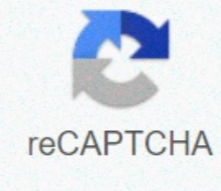




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Stage left music definition

The whole world is a stage, and we just players in it... I do moonlighting as the stage manager of local theatre production in my city, and most recently supervised the production of 47th Annual Madfest, a juggling variety show. Shows come from all over the world for festivals, and within 5 hours in the afternoon it's my job to make them the entertainment of the evening in a sold-out 1,300-seat theater. This poses unusual challenges, especially for this event: there are no actual rehearsals, and often shows are added or cut from the lineup all the way to the show. It is a microcosm perfect threat of pressure, stress and public humiliation (even worse for a performer like me). Yet every year the show gets better and attracts larger audiences. How? As Geoffrey Rush said in Shakespeare in Love: ... A miracle will happen. However, the best miracles seem to be some pre-planning taking place, and I found myself this year pondering how some of the strategies that stage managers use to make such magic could be useful at a larger stage of our lives.1. Stay calm. The best stage managers never raise their voices. Even when the lighting has failed, the genius just broke his ankle backstage and the lemmings have burst out of the cages, it is the steady sound of the headphones that brings the crew together. It is not even a question of stress being just hidden; it certainly does not exist yet. Skill is to continue the panic after the crisis. Then you can go knock your head against the wall. Or lemming. Or something. But in the middle of a crisis? Tell yourself you can run in circles, scream and scream – but later. 2. Plan for flexibility. Of course, the stage manager has a stack sheet with everything written on it that happens on stage, and when and what should happen next. It is a useful document, but as Mark Twain said, the map is not an area. It only bears a passing resemblance to what is actually happening on stage, and a good stage manager is aware of this and is able to rearrange hints, change the timing of directions and sometimes skip or increase events based on the needs of the show. Your GTD plan is good, and I think my schedule is very useful, but if reality determines that you're in the snow, flights are cancelled or the tire is empty and you're in the middle of the desert, the ability to reshape the schedule, and that a to-do list can do wonders for your peace of mind and productivity.3. Anticipate. Any stage direction given during the performance consists of at least two parts: Ready and a Go. For example, a stage manager would see a dancer go into a routine on stage left, and say something ready, light sign 9.5 and beep 10. . It's supposed to be track 7, right, Allison? This would happen. Before the event, but that minute gives Allison time to check where the CD is and respond to Track 7, beep 10, ready! It is the way in which everyone involved realises that something is happening and that they are all ready for it. Nurturing this habit would do wonders for my own family. The play is tonight, Dad, but I know you'll have your group of writers later – I'm going home with my friend Allison, okay? I'm going to load up with the dance company next Thursday night, sweetheart, can we make sure we eat together on Wednesday so I don't miss you too much? Merlin Mann and David Allen talk about teams on the 43 Folders/GTD podcast, but in stage microcosm, this tactic is essential. 4. Communicate. That ready-made warning would be pretty useless if I didn't have headphones connected to the light board operator, backstage crew, spot operator, sound card operation and anyone else in theatre mechanics. I don't think there's any more essential tool in theatre than a good ClearCom system that connects people backstage. It seems to me that the issue of headphone etiquette – there's not too much talk during a presentation, making sure you don't cough up with the microphone on, and most importantly, never take off your headphones without telling people – there's also an allegorical usefulness. With all the attention paid to staying connected, I don't know many people who really take the time to tell others when they need to be away (I have to write this article for Lifehack, honey, I'm a little out of the conversation.) I'm not sure how this would work on multiple lines of communication – I communicate with one adult daughter primarily by phone and the other by email, and the other two are still in the nest. Maintaining and keeping these lines of communication free and strong is something on which I would like to hear suggestions in the comments.5. Be aware of the moment. It's a quirky multitasking, not only by anticipating, but also by being aware of the state of the theatre during the show – sometimes via video screens that show the green room, stage and audience, and sometimes simply asking over the headphones is the house full? when you stare at a moleskine full of notes from your small desk. No matter what kind of network you use, be aware of your surroundings and make sure you have reliable information. My own special area, which needs to be improved, is in my economy. Are there areas where you let your consciousness slip where you don't know what's going to happen? Anticipation is great, but only if things go where you expect. 6. Go. Do you remember the second part of the complete warning? Anticipation, awareness, communication, planning, everything is great... but if for a moment And you won't let Go! Signal, in the end, nothing happens. It's an uncertain moment when you don't know for sure if this sign works, whether the prop is in their place when you don't know if the PowerPoint you're playing on your iPod, because LifeHack said it would be cool, actually works, or if instead you're going to show board members an Invader Zim cartoon. But you have to push that button, start that conversation, to tip the first domino in the chain of events you've planned for your life. And then relax... And let a miracle happen. It's the best show in your life and the world. Gray Miller is a performance technician at Madison, WI, who loves playing with expensive toys and figuring out how to make them work in visual art. In addition to working with diverse forces, he writes about satorimedia.typepad.com technology and art, and also snins in the theatre world in general FameorFamine.com. Otherwise, he's just plain juggling a former Marine from a dance degree, four daughters and a lapd cat. When he grow up, he wants to be Chris Brogan. LiveAbout uses cookies to provide you with a great user experience. By using LiveAbout, you agree to the use of cookies. LiveAbout uses cookies to provide you with a great user experience. By using LiveAbout, you agree to the use of cookies. The life cycle of a person can be divided into varying stages. The five main stages of the life cycle are birth, childhood, adulthood, adolescence and adulthood. Birth begins fertilization and usually ends after about 40 weeks of pregnancy. This is considered a stage of potential, since an unborn child can become anything. The next stage of the life cycle is in its infancy. In their infancy, babies begin to explore the world around them with energy and interest. Throughout the early and mid-childhood, children develop the inner me with a vivid imagination. In the final childhood, children learn different skills that help them cope with practical and social situations. During adolescence, teenagers go through puberty and experience dramatic changes both physically and emotionally. Finally, during adulthood, people become independent. Young adults make decisions that affect the rest of their lives, such as choosing a college and a career. People get married and have children, which allows people to extend their life cycle and repeat themselves. Late adulthood ends in the old people's phase. This phase is often marked by retirement and the sharing of wisdom through life experiences to prepare young people for the later stages of this cycle. The life cycle of a person ends in death and death. Death.

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