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6 thinking hats summary

5 minutes ☺ usually deal with a single concept at a time, do not rush, even if you are a prominent member of the group! The idea is forgotten by many members who overestimate their influence and tend to go on their own. Who should read six caps? This book is especially intended for that part of the population. Dive deeper into the dangerous waters of the operator. Lawyers, managers and investors will enjoy Edward's simple writing style and his views on Edward de Bono. He was born on May 19, 1933, in Malta, St Edward's College in Malta, gave him a medical degree and he received a master's degree in psychology from the Rhodes Scholar. After receiving many honours, he took the stage to teach at prestigious universities such as Oxford, Harvard and Cambridge. Edwards wrote more than forty books. Among them, you can find masterpieces like I was wrong with you; Six cap ideas summary People are familiar with two types of challenges when they strive to solve certain problems or to overcome unpleasant situations. You may already know the first obstacle – ego, don't think ego is wrong. You should understand how your personality affects your decision-making abilities. It consists of an ambition to succeed against someone or something, and to underline the mistakes made by others from confusion and misunderstanding. Ego is a combination of emotions and phenomena that regularly judge others based on opinions, creative characteristics, education, intelligence, and so on. Sometimes, for people, it is better to ignore emotions such as logic, hope and creativity to cope with today's difficulties. Six think caps will help you conduct meaningful analysis that will help you in the management process by focusing on only the most important issues of all. Hats are considered to be a visual tool associated with each of our brain functions. Change your mind completely - for example, if a group of people in the meeting constantly criticize and make negative comments about other members, you should advise them to remove those black thinking caps. Yellow people indicate hope, happiness and optimism. In general, it all depends on what you seek. It doesn't matter if you have a superior or inferior state of mind, no matter how you cope with life. On account of prosperity, you should choose your hat and understand the benefits and disadvantages that any cap carries. Enter the whole thought process, your appeal for a positive view. Don't threaten other people's egos. Simplify your life, not only your thoughts – it is much better to focus on one thing at a time, juggling ideas is not helpful. According to Edward de Bono, people from all races, ethnicities, cultures and perspectives are invited to use their hat-trick methods. De Bono's visualization tool is not only useful in reducing vanity, but also points out the direction to the decision-making guidelines that do not judge periodically, each paragraph in the book has a comprehensive description of the features that all different cap colors have. Many examples and personal stories are used to help readers on how to use these hats when communication occurs. You may have heard that reason confronts the creative hemisphere of the human mind. Creativity is a profound thing that undermines the concept of concept. Thinking is also a transformative concept. Edward de Bono educates individuals about the variable characteristics of things and their development. They can be your best friend or your worst enemy. Shape your world, define them and identify the amount of overall feedback that lives in you. Conflicting attitudes are not the solution against robotic methods and fight for your business to gain access to freedom and financial balance. Social restraint is an influential element in the business community. Therefore, the real battle begins when you feel adept at breaking these restrictions every time. You are free to use them in any order, but it is necessary to start and end up in blue. Key lessons from six think caps 1. White hat, red hat 2. How to think of a white hat is realistic It fuses samples and data, red hats this way, as opposed to white hats. Red hats refer to the importance of feelings and how they influence our decisions. The black hat represents a cautious idea. This is a hat that is often used too much. In the meantime, the Black Caps have a mission to recognize potential problems and try to avoid them. Yellow hat 100% symbol of sunlight and ingenuity; Yellow and black hats are somehow balanced. Green caps show productivity and growth. If you feel creative, the green hat is perfect for you. Blue Hat Blue indicates true power. For example, in a meeting, you Hat stresses the facilitator of the group like this conclusion? We invite you to download our free 12-minute app for more amazing audiobooks and conclusions. We may have a perfectly adequate way to do something, but that doesn't mean there's no better way. So we set out to find another way. This is the basis of any improvements that do not fix bugs or solve problems. Clicking to tweet the correct needs all the time is the biggest bar in new ideas. It is better to have enough ideas for someone to be wrong than to be always right without an idea at all. Click to tweet Socrates dialogue without creative results He saw his role just pointing out what was wrong. Clicking to tweet simplicity before understanding is simple. Simplicity after understanding is easy. Clicking to tweet can be more dangerous in prejudice, which is obviously founded on logic than in those who are perceived as emotional. Six Thinking Hats is different from other personal development books because there are concrete evidence and tips that are available and practical. In such matters, we feel that this book speaks to any person who is aware of a self-imposed concept that determines his status and future. Learn more and more at the speed that the world needs. This website uses cookies to improve your experience. We'll assume you're okay with this, but you can opt out if you want. Accept the refusal to read more Privacy & Cookie policy, there are six charged hats by Edward de Bono sitting on your reading list? Get important ideas in the book with this quick summary. Many of us feel that our thoughts are always muddy. They come to us without any rhythm or reason - emotions mixed with rational thoughts, memories and hopes for the future. - To create a tangled web, which makes it difficult to think clearly, especially when it comes to decisions. We can follow the active steps to improve it. This book presents a complete system for better decision-making by using a complex web of ideas that hinder our thinking. In the conclusion of Six Thinking Hats by Edward de Bono, you will learn when it is best to spill your emotions, why it is so important to avoid eating the wrong berries, and how one company solves a problem that costs \$100,000 a day in just 12 minutes. Answer: Confusion When we process information, we confront many different ideas simultaneously; thoughts that are emotional, informed. The creativity and future-focused of trying to process them all at once is like trying to play the ball too much. The solution? In this way, each hat has its own color that is easily recognizable. - White, red, black, yellow, green or blue – which represents some ideas. Let's say you're a manager and you want to know your team's emotional reaction to something, but you know they won't express their true emotions directly; people are afraid to judge because of their emotions and rather avoid the subject. However, since everyone on the team knows that red hats represent emotional thoughts, you can say that wearing a red hat and color neutral helps the team think emotionally without feeling embarrassed. In addition, the Six Hats method ensures that the whole group is thinking the same way. Imagine that you are in a gathering at a large house: one person stands in the front yard, another on the roof, another in the dining room and the other. Each has a different view of the house: from the side it appears very long, while from the front it seems quite short. Now think about each view as a different hat. If you want to see the topic from the same vantage point, you will need to wear the same hat. So six caps help your team engage in parallel thinking, where everyone views the issue from the same perspective. There are two ways to wear these hats: in one use or, respectively. When hats are used by singing, they act as a symbol that indicates that you want to concentrate on specific types of thoughts. In a range of discussions or discussions, you may get to the point where you need to create new comments. To say something like, I think we need a green hat that thinks here, so you can easily convey this. When people are trained in vocabulary and using hats, they will know how to respond to your request: ask for a green hat idea, and they will know how to think about other options. In this case, use the hat you like as often as you like, and in any order, depending on what your group wants to accomplish. For example, the leader may ask the group to change from white to yellow hat and leave all red hats! No matter how you use the hat, you need to consider both discipline and time. Members of the group must be disciplined to use and maintain only the caps that are currently required. Only the leaders of the group, the president or the facilitator have the power to change. Fortunately, the development of discipline is only easier with practice. That's it. Whenever your group wears a hat, it is important to pay attention to your time to promote concentration and reduce idle talk. For this reason, it is recommended that your group spend one minute per person under a specific hat. For example, if there are four people in a meeting, you will spend four minutes wearing each hat. Now that you understand the purpose and importance of the hat, the following book summary will examine each book individually. Imagine role-playing as a computer, you calculate, calculate and realize facts in a objectively neutral manner - all in your best robot voice, of course, and you can forget about interpretation – that's not programmed in your software! That's what the idea with a white hat is like a white hat used to discuss any information that is currently available and to identify any information that may be needed. If the facts conflict, you treat them equally. So when is the right time to put on a white hat? Usually, to lay the foundation of your discussion by providing background information at the beginning of a thought session. You can also use it at the end of the session to think as a type of investigation or to confirm whether the offer agrees with the information available. Imagine, for example, your company's marketing chief wants to overhaul her current strategy. She can start a team meeting by asking the White Helmets to think to place tough numbers of current strategies such as scope and budget. You can also use the White Hat to find alternatives when the offer conflicts with existing data. For example, after considering a new strategy that will exceed the budget, the same marketing chief can ask for more information, such as the number of hours of an existing employee. With the idea of a white hat, you consider what information you have and what information is missing. Then ask yourself how to get the best information. Above all, remember that when using a white hat, it is important to be neutral and objective. White lacks all colors, indicating neutrality. Therefore, there is no room for perhaps – facts only. Don't start thinking about the White Helmets by identifying what you believe to be true. Adhere to difficult facts such as statistical data. So what's the opposite of neutrality and raw data? Wearing a red hat gives your team members the opportunity to express their emotions and instincts without the need to explain or prove them. Your instincts are probably based on accumulated experience, so even saying things like this, I feel like this is a risky strategy. However, it is important to note that instinct is not always correct and should be treated with caution. A range of feelings can be expressed under a red hat: you can express your enthusiasm (I love it!), ambivalence (I'm not sure about it) or even resentment (I hate it!). Of course, not all emotions fit neatly into these categories. If people say they have mixed feelings about something, ask them what they feel in the mix. This can be difficult because of what is considered a proper expression of a person's feelings. One varies from culture to culture. In the US, some people may express dissatisfaction in a very direct way (bad ideal). In Japan, these same feelings will sound more and more (I have to consider), it is important that leaders never ask anyone to explain or prove their feelings. When people feel they have to check their feelings, they only convey those who can detect it, but only express feelings that occurred during that time. Red Riding Hood exercises should be fully engaged, as everyone in the group should voice their feelings on the subject. No one should be allowed to pass. Groups also need to make sense that their feelings are important by listening carefully. This ensures that an unpopular or alone emotional outcry in a particular expression will not be met with coercion or punishment. Whenever you wear a red hat, you are allowed to express your feelings about the topic. Imagine you're wearing the coat of your black judge while you preside over a murder trial. You are responsible for weighing all the evidence with the utmost scrutiny and prudence. That's what it's like to wear a black hat: you're in law, pointing out the problem and the problem, and adhering to values and ethics. Black hats are about caution. It stops us from doing things that will eventually work with our interests, such as illegal, dangerous or unhelpful. We adhere to our key judgments about past experiences using an inherent mechanism called mismatched mechanisms. Just as humans know which berries are toxic (depending on the inherited experience), they are not allowed to use the berry. The survival of your company can depend on the fruit chosen to pluck the hair. You can avoid these mistakes when you wear a black hat: it will help you find elements of conflicting policies, ethical strategies, etc. just make sure you don't let the black hat make you too careful. Some people spend too much time under it, obsessed with finding mistakes. Here's the comparison: We know that food is essential for life. We also know that too much food can make us overweight, cause health problems and lead to death. Passion for black hat functions in the same way: while a black hat is necessary for deciding, you do not want to eat too much. One of the great values of the Six Hats approach is that we balance things by making time for each hat. So don't spend all your time under a black hat! Have you ever had those moments when everything seemed right in the world? When is everything a silver lining? Those moments happen when you think there is a yellow hat, characterized by optimism and focusing on the potential benefits. Yellow hats are harder to master than black hats: our minds tend to remind us of the natural dangers of not seeking sunlight and rainbows to eat water. Yellow hats are important because the positive effects of thought are not always obvious and trying to achieve what the benefits are not clear is a waste of time. When wearing a yellow hat, you should consider things like your new marketing plan, may change your brand image and reach new customers. Otherwise, what is the point of making a new plan? Importantly, the positiveness of yellow hats should be rational, although yellow hats are trying to find value, but that doesn't mean we should deceive ourselves, because while yellow hats allow us to express our vision and dreams, they value realism beyond imagination, so these dreams should be surrounded by realistic expectations. In other words, when you make a yellow hat, you won't fancy on how your new marketing plan will help. Your company makes you a trillion and puts your face on the magazine cover. But you think about what's good, your new marketing plan may be realistically successful for Your Company Thinking with a yellow hat raises such questions: What is the potential value of this idea? Who do they benefit from? Under what circumstances? How will the cost be shipped? What else is worth? If the idea is promising and logical, the yellow hat can help motivate and motivate your team to take steps to make it happen. Green hats are about concepts, alternative concepts and alternatives for alternatives. These include a clear choice for the status quo, as well as fresh ideas and zany wearing a green hat, meaning exposure to any possible improvements in your situation, and to consider a crazy choice that may seem impossible! In addition, the green hat allows us to consider possible results. Because without a creative vision for the future, progress can stand up. Just think: Two thousand years ago Chinese technology was far more advanced than Western technology. But between then and now, China's technological advances seem to be running into Walls, but why? The most common explanation is that the Chinese are too satisfied with their situation. They do not fantasize about future possibilities, which makes them impossible to find an incentive to progress. What's more, the green hat can also be used to overcome the difficulties encountered during black hat thinking. While black hats may help you identify major dangers in your new marketing strategy, green hats may help you find creative ways to avoid these dangers or brainstorm completely new ideas. However, in wearing a green hat, it is important to remember that creativity is not just the business of creative people. In your group, while others actively wait for their wisdom. Everyone is encouraged to try the green hat and try creatively. To do this, you need to properly manage the group's expectations. People are good at doing what to expect from them – not less, so when you expect your group to be creative under the green hat, even those who never think of themselves as creative types will start to make creative efforts. As their confidence increases, so is the amount of creativity. Just like a hawk flying high into the blue sky to get a better view of the fields below, a man wearing a blue hat aims to get an overview of the other blue hat caps used at the beginning of the thinking session to determine the purpose and purpose of your session. It may determine specific issues that need to be addressed or the parameters of your brainstorming session. Under the blue hat, you consider that other hats must be used during a thought session to address a given issue. In any case, all this is determined under the blue hat. In general, blue hats are worn by the president or the leader of the session. This is a permanent role, and for this reason, the group leader will not remove the blue hat during the session. However, during a specific blue hat session, in which not everyone wears a blue hat, anyone can give instructions on the procedure. During the session, the blue hat maintains the discipline of the group, declaring when it is time to change the hat and ensuring that everyone wears the right hat. At the end of the session it was a blue hat that asked for results. This may come in the form of conclusions, conclusions, decisions or solutions. Blue caps also place any next steps to be taken after the session, such as steps that can be taken further in the project or topic for the next meeting. So now you know everything about different types of hats and all that. Used for its, but why should you use the method of six caps? The final book's conclusion answers that question. Now that you've learned everything about the Six Hats method, you may wonder why you should use this strategy with others. There are three main reasons why the Six Hats method is so successful. Here's one example in real life: A week after the Financial Times published a brief writing of How The Six Hats, the author received a letter from a man who told him that he and his wife had long argued about whether to buy a big house in the country. But when they read the writing, they decided to take a six-hat approach by separating the different elements of their conversation - truth, creativity, emotions and so on - they could decide, which pleased them both in just ten minutes. Then there are the big companies ABB, which have spent 20 days discussing their multinational project teams before reaching a conclusion. Using the Six Hats method, these discussions take only two days! Secondly, it saves money. Norway's multinational oil and gas company Statoil is a shining example of what the company once had in trouble with oil rigs that cost about \$100,000 a day. Certified trainers come in and introduce them to The Six Hats and fix their problems in just 12 minutes. Finally, the Six Hats method will reduce irritation and keep an end in sight. Imagine that you were in the car with three other people and you had to drive somewhere. But everyone knows the road vaguely. There's a very hot argument about which roads to use, which will get worse as you're on the road. However, if you have a road map, it is much easier to choose the best route, making the best possible option clear for everyone. How Six Hats Give You That Map The key message in this book: Thinking is the same skill as others and can be improved! Using the Six Hats method, you will be able to think more effectively, solve problems, develop creative solutions, stop wasting valuable energy and fall victim to disorganized and chaotic ideas. Read more: Wisdom of the crowd by James Surowiecki The wisdom of the crowd explores why and under any circumstances a group of people can find a better solution to the problem than any one, even if the person is an expert by analyzing how individuals and groups decide to conclude a blue to reach the bottom of the wisdom of the crowd and show that this wisdom can be used to make reliable decisions. LifeClub © 2019 2019

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