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## Turning pro book quotes

Steven Pressfield was among my biggest sources of inspiration because I committed to taking my call to write seriously. Around that time, a friend suggested reading the Art War. It was life-changing. Since then I have continued to be deeply inspired and motivated by his other books, including Do the Work, Turning Pro, Authentic Swing, and his latest book, The Artist's Journey (among others). Steven's work, his ideas and his message became a part of me. They have become the cornerstone of how I approach my writing practice, and what I do as a writing coach. In fact, what we offer called to write cannot be more closely matched with the Artist's journey, both of which include practical nuts and bolts, writing all the way to more spiritual aspects of vocation, destiny, and purpose. Today I will share 15 of my favorite quotes from my books in order to inspire you as it inspired me. I found it true over and over again. Every time I'm tempted to check something online or take care of something else first, it's resistance. And that's what we're doing with my invited writing at The Coaching Circle and my writing is intense – helping writers overcome fear, doubt and resistance, and sit down to write. Daily. For me, running up one of our daily writing sprints helps me press that inner go button and get to work. Every time. I really think it's true. Those who doubt their vocation are most likely to be truly called. I also think that the writer's sense of identity is a by-product of actually writing. In other words, when we write regularly, we feel like writers. And it's not surprising how little you need to get to that place. I also loved what I heard Steve say in an interview once, find out what scares you the most and do it first. Fear (and resistance) really shows exactly where we need to grow. If your writing contains a place where you experience resistance, look first there. The idea of a novel you avoid, a story you're longing to write, but you're afraid you won't be able to do justice? Go there. Writing is very much about the long haul. Every script I started has taken much longer than I ever expected. I learned now to catch myself when I start saying things like this to practically write myself! and recognize it as one of the many voices of resistance to play tricks with my mind. The threshold here is a great word - in every job where panic occurs, there are transitions. When we close at the end, when we push the envelope. It's fascinating how it's often the moment when things go terribly and panic sets. The main thing is that it does not mean anything. I've always loved this concept because it reminds me that it's lifelong choice to me. I'm a writer. This means that I will always be writing. So when I did with one, I celebrated, but then I was going for another. Something I like about Steven Pressfield is his ability to express respect and fear based on our bigger, wiser selves with our writing. That even if we do blue collar work writing, much like digging a trench and just running and starting the time, we also resonate with muse on a higher plane. Work comes through us when we allow. just do it. Just do the writing. And I don't want to say - just write - I still like to plot and plan my work. But writing is where the answers lie, the pen to paper, the fingers to the keys, even if I'm in dialogue with myself, nodded to figure out what I was doing. Thinking doesn't write. I put the words on the page to find out what I think, what I know and who I am. Writing takes on your life. Writing regularly brings a kind of self-sufficient momentum as soon as it happens. That's where the magic goes. Turning Pro is one of my favorite books of Steve's. When I read it, I straighten and get serious about my work, whether I love it or hating it. I take this seriously. So. As soon as we commit, we will reform everything and review it. We recognize the efforts we need to overcome resistance, and we design our writing life to reduce that friction and get to the page every day as quickly and as easily as possible. While some may find the idea of writing hurt harsh, I found that so many stories we tell ourselves about why we can't write just aren't true – and especially those things we tell ourselves we need to have or did first (like having more time, more money, better computers, or paid bills, house clean, laundry done, kids not in college... you call it). Most of everything that stops us with our writing comes from inside us. Our fears, doubts, excuses. Our addictions. (In my experience, grief can be an exception to this.) I like Steve's point that we can defeat these in the same way they are created. Our strengths, like our fears and doubts, also come from within. We can learn resilience, patience, courage and more. The basic concept of an artist's journey is that our second self, part of ourselves, which is bigger and wiser, is the one who writes. When we let her do it. I call this part our essential self - part of us that remains when everything else (ego, personality, negative habits, baggage limitation) has been taken away and we can fully move forward to ourselves and shine. Steve suggests that our role as artists is to move between our first and second selves, basically coming back with an elixir over and over again as we write, even times a day, and the essence of what we've been put here to do is make that journey over and over again. I like that. If you want to check out these books yourself, here are links to them Amazon.com and Black Irish Books (Steve's publishing company). Amazon links are affiliate links, which means I earn a small commission if you click them to buy books. In other news, registration for my next Deep Dive Writing Intensive opens today. Check it out here: Photos of Carlos Quintero on Unsplash and Ales Krivec on Unsplash June 11, 2012 by Ivana Sendek Hello my dear SCG, oh my, I missed you. I think during your exile from blogging you sent your art loads. I must confess that the last 8 weeks have been the most transformative and at the same time the most eye-opening, frightening, miraculous and soul-shaking weeks of my life. I needed time to digest all the experience, regain energy, heal the scars, part of those I trusted and loved, reunited with those I wanted to be with, and thank everyone who made me what I am now. I'm just turning pro from amateur. What exactly do I mean when turning pro? Let the author of turning pro phrases explain this to you. Go, Steven Pressfield go -> Guys, enjoy hand picked 50 quotes just self - posted (I like self bit publishing a lot!) & have read the book @SPressfield - Turning Pro. View it directly to Slideshare -> here. #S is. That's it. Those who have been with me are too thick and thin - thank you. Those who left me questioned me and didn't believe me – thank you too. I couldn't make it here and now without you all. I turned Pro. Life will never be the same. Thank you for sticking around, SCG-ers. More inspiring things to come. Run well until then. - There's ps: Our dear SCG-ers Waqas and Sidra just turned pro as well -> they launched their start-up hometown shoes: the first handmade shoes from a Pakistani e-shop. I'm so proud of them. Witnessing them on board was a real honor. Visit them and get real handmade shoes for your loved ones. Turning Pro is steven Pressfield's follow-up to the art war. If you are striving for something big in your life, it is a great source of fuel and inspiration to make your game on the next level. The main takeaway: Commitment is king. Tips, tricks and hacking are small details that can help you get to where you're going faster, but without a deep long-term commitment you won't get anything meaningful. The analogy between pro and amateur is a powerful lens to look at your life and understand where because you are committed to getting what you want. The secret formula for success is to wake up every day and go to work on your craft. Below are some favorite quotes and thoughts from reading. Turning pro free, but it's not without cost. When we turn pro, we give up a life with which we could become very comfortable. We give up on ourselves, identify ourselves and call our own. We may have to give up friends, lovers, even spouses. The change means succumbing itself to the process of self-transformation. You are committed to doing something until you have the capacity and confidence to do so, but you will ultimately gain the capacity and confidence of the force of your commitment. The commitment to improvement means leaving part of yourself behind, often the part with which you are deeply identified. There is a startup episode (one of my favorite podcasts) where Gimlet founder and CEO Alex Blumberg works through and faces this reality of self-transformation. He has an incredibly compelling conversation with the therapist about how his identity and fear are holding him from growing to a better version of himself. The second part of this self-transformation is the resistance it will cause to the people around you. People in your life, even those who are closest to you, like you, as you are at the moment. You change will most likely be threatening them. They can push back unconsciously against this change. There will probably be fights, arguments and speaking behind your back. All this will be an opportunity to abandon your commitment, abandon transformation, abandon your ambitions and give up turning pro. When you make the decision to evolve, you have to keep your focus on the future. If you are sure of your direction and keep true, others will accept it and then celebrate it. My ambition was to write, but I buried so deeply that it only peeked out the insights of dreams and moments that resulted in odd moments and then disappeared without a trace. It's easy to distract ourselves from what we really want. Our desires exist on the spectrum. Some are easy to get, others very difficult. A lot of people achieve a level of success, something they really don't care about is good. I feel it in my life. Writing well and often is something that I've listed as a goal many times in my life. But this is an area I feel the strongest resistance. Is this a sign that this is a challenge that I should push harder, or should I consider it a sign that I really don't like this thing, which I think I like? That I'm more in love with the idea of writing than reality? This is a question that I still have to answer. When we cannot endure the fear, shame and self-rebukes we feel, we destroy it in addiction. Addiction becomes a version of the shadow, the evil twin in our calling to service or art. That is why addicts are so interesting and so boring at the same time. They are interesting because they are called to something new, something unique, something we, watching, cannot wait for them to get into manifestation. At the same time they are bored because they never do the job. Addiction, no matter what form, fuels the desire to escape from reality. A pro turn means to fully accept reality, despite the pain and discomfort, and learn how to shape it. Amateur habits and addictions are deliberate or unconscious self-inflicted wounds. Their paycheck is incapacitated. When we take our M1903 Springfield and blow a hole in our leg, we no longer have to face the real struggle of our lives, that is, to become who we are and to realize our destiny and calling. Dan Sullivan has a personal growth model that I return to often in my life. It defines four stages of breakthrough. Commitment to Courage Capacity Trust When we commit to something, whether it is a new job or writing a book, we force ourselves into a period of courage. Courage looks good to other people, but it does not feel good for a person who acts well. To do things that we are not convinced of, does not feel good, so the desire is not to do those things. But we will never trust if we do not start doing things when we do not know how to do it. However, the commitment is not easy. This is not a one-off solution. Every morning and all day you have to restart. During this process, it is natural, at least, to have a desire to find a way out. Addiction is one way to get out. If we are incapacitated ourselves we can pretend that this is not our choice. We find a way to shoot ourselves in the leg so that we can tell others and, most importantly, ourselves, that we could not achieve our goals, not that we chose not to. Amateur fears that if he turns pro and lives out of his vocation, he will have to live up to who he really is and what he really can. The amateur is terrified that if a tribe should discover who he really is, he will be thrown into the cold to die. The group has many permanent meta-communication. Small jaws and teasers to determine power hierarchies, more serious teasing and taunting occur when one member threatens the norms of the group. Backroom conversation and attempts to excommunication when one member threatens the established hierarchy. If you are in a group that does not value what you value, pursuing a virtuous life will come at the expense of your position in the group. The desire to fit in is one of our most powerful motivations, we have the basic attraction to be accepted into the group, but we also have a higher order to live up to our values. Too many people are killing their real selves to fit in. Too many people decide to remain amateurs to avoid the threat of being thrown into the cold. Before we turn pro, fear and resistance dominate our lives. We live in a state of denial. We deny in our heads. We deny our calling. We deny who we really are. We are fleeing our fear of addiction or a shadowful career. What changes when we turn pro we stop running. Professional appears every day Professional stays at work all day Professional is committed over long range Professional, bets are high and real Professional is patient Professional seeks to order Professional demystifies professional actions in the face of fear Professional does not accept any excuses professional plays it so, as determined the professional is ready professional does not show professional devotes himself to mastering techniques professional does not hesitate to ask for help The professional does not take failure or success personally Professional does not identify with his instrument Professional going through trouble Professional self confirms professional reinvents himself Professional does not wait for inspiration; it works while waiting for it. He knows that when Muse sees her ass in the chair, she will deliver. Dedication and hard work lead to inspiration. If you sit waiting to feel inspired you don't know what to do with it when it comes. Our job is practice. One bad day doesn't mean anything to us. Ten bad days are nothing. In our lifelong practice scheme, twenty-four hours when we can't get a yard, there's just a speed bump. Tomorrow we forget it for breakfast and we'll come back again, ready to push our bodies into the fray. Fray.