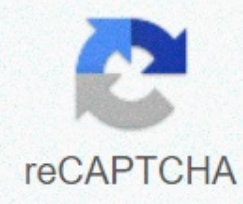




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Debi laszewski bio

Drag and drop boxes to reset! Debbie Laszewski (born September 29, 1969) is an American professional female bodybuilder trainer and model. He currently lives in Jupiter, Florida. She placed 4 best female bodybuilders on the IFBB Pro Women's Bodybuilding Rankings list. In 2012, she improved her standing in the Miss Olympia contest to second place. She is an official athlete backed by the Ironville Clothing Company, which sells sportswear with Themed Bodybuilding. Debbie Laszewski was born on September 29, 1969, on Monday. Debbie Laszewski will turn 52 in just 271 days from today. Debbie Laszewski is 51. To be more accurate (and nerdy), the current age of the present is 18618 days or (even more geeky) 446832 hours. He's been around for many hours! we think so much. You can find a collection of items related to Debbie Laszewski right here. The zodiac sign is Debbie Laszewski Liberia. So the lucky days are Friday and the numbers are lucky: 6, 15, 24, 33, 42, 51 and 60. Blue and green are the lucky colors of Debbie Laszewski. Liberia's typical positive personality traits are Tactfulness, alert mindset, intellectual bending of mind and caring. Negative personality traits can be this: insecurity, unsecuredness, detachion and artificiality.Many people enjoy sharing rumors about celebrities' sexuality and sexual orientation. We don't know for a fact whether Debbie Laszewski is gay, bisexual or straight. However, feel free to tell us what you think! Vote by clicking below. 50% of all voters think Debbie Lasowski is gay (homosexual), 50% voted right (heterosexual), and 0% like to think that Debbie Lasowski is actually bisexual. Yes, according to our best knowledge, Debbie Laszewski is still alive. And no, we don't know of any death rumors. However we don't know much about Debbie Laszewski's health condition. Debbie Laszewski was born in the United States, Wausau Wisconsin, Wisconsin.Well, that's you decide! Click the Hot- button if you think that Debbie Laszewski is hot, or don't click if you don't think so. 83% of all voters think Debbie Laszewski is hot, 17% voted not hot. Debbie Laszewski is 1.59 meters tall, equivalent to 5 feet 3 inches. Debbie Laszewski weighs 66.2 kilograms, equivalent to 146 pounds. It is no secret that many celebrities have been caught with illegal drugs in the past. Some even openly admit to taking their drugs. You think Debbie Laszewski smokes, herz or marijuhana? Or does Debbie Laszewski do steroids, coke or even stronger drugs like heroin? Tell us your opinion below. 0% of voters think Debbie Laszewski regularly does drugs, 0% assume that Debbie Lasowski is taking drugs recreationally, and 0% are convinced that Debbie Laszewski has never tried drugs before. Apparently, 2021 has been a busy year for Debbie Laszewski. Yet we have nothing. Information on what Debbie Laszewski is doing these days. Perhaps you'll feel free to add the latest news, rumors, official contact information such as your coherent phone number, mobile number or email address, and your questions below. It may exist but unfortunately we can't access them from their system right now. We're working hard to bridge that gap tomorrow, according to various sources, Debbie Lasowski's net worth has grown significantly in 2021. However, the numbers vary depending on the source. If you have current knowledge about Debbie Laszewski's net worth, please feel free to share the following information. Debbie Laszewski's net worth is estimated at around \$10 in 2021, according to vipfaq users. Estimated net worth includes stocks, properties, and luxury goods such as yachts and private planes. STARTSEITE BEVORSTEHENDE WETTKÄMPFE WETTKAMPFERGEBNISSE ATHLETEN NEWS SUCHE ATHLETEN SPOTLIGHTS ERNÄHRUNG TRAINING Debi Laszewski[1]BodybuilderDebi Laszewski doing a front lat spread at 2006 NPC Nationals on November 11, 2006 personal infoBorn (1969-09-29) September 29, 1969 (age 51)Wausau, Wisconsin[1]Height 5 ft 2.5 in (1.59 m)[2]WeightIn Chapter: 144–145 pounds (6)5–6 kg) Off-Season: 154 lb (70 kg)Professional careerPro-debutIFBB Europa Super Show[1]2007[1]Best winNPC Nationals[1]2006[1]PredecessorDena Westerfield[1]SuccessorKristyKin Hawkins[1] ActiveSince 1989 [3] Debbie Laszewski (born September 29, 1969) is an American professional female bodybuilder. She is ranked as the 3rd best female bodybuilder on the IFBB Pro Women's Bodybuilding List. [4] Early life and education Debbie Laszewski was born in 1969 in Wausau, Wisconsin, where she grew up, and was the second of two children. He played athletics in high school. [5] [6] Laszewski's amateur bodybuilding career was 20 years old when he started in bodybuilding. He began lifting after motivated by Linda Hamilton's physique at Terminator. [7] He played his first match at the age of 24. It was a natural show and he won his class. [8] Laszewski was stunned by the judges' decision in a 2000 USA race, that his dreams of turning pro upside down. [7] As she later reflected, she entered the competition confidently that her physique was impressive and feminine, and other participants believed she was at the top of the class. Instead of finishing near the top, he finished seventh. Laszewski said he didn't apply himself almost as hard in the 2001 competition, saying, I just didn't have it anymore. He finished 12th in that race, resulting in nominal attention to the bodybuilding competition for the next four years. Between 2001 and 2005, Laszewski did not enter a single-pro match. Laszewski remained primarily a personal trainer with no plans to compete professionally until 2005, when From the lightweight heavyweight class creates a niche she feels more at ease with. Laszewski remained substantially shorter and more compact than his competition, but believed he could shine against a larger group without having to constantly lose weight, I wasn't as stripping, Laszewski stated, and yet, a judge for the NPC said don't push anything. Just show your form [7] [8] Laszewski returned to the professional competition in 2005, finishing second in the NPC in a highly controversial judging decision. Laszewski was initially encouraged by the possibility of winning the newly formed lightweight class and entering several Southern State amateur races. He sent in photos and entered the NPC tournament in 2005. Laszewski and her boyfriend noticed considerable attention to her physique, believing she would take first place. Laszewski confronted the judges behind the scenes, wanting answers as to why he was second behind Dena Westerfield. Laszewski was disappointed with the referees' paradoxical explanations, because they said his back was too defined and detailed to be well presented in a professional league, but not in an amateur pre-qualifying. Laszewski felt trapped in a catch-22 that his strong physique was more suitable for the professional league but could not enter the league without winning the amateurs. Laszewski and her boyfriend were extremely disappointed, speaking to Amanda Dunbar and Debbie Bramwell, two rivals close to her, about the judgment decision. A photographer caught a behind-the-scenes photo after the event, with Laszewski remarkably anxious discussing the issue with his fellow competitors. [9] Jane X interviewed Laszewski magazine and said she was clearly disappointed and feeling somewhat disappointed in her chances of advancing towards the pros, I always seem to be doing the wrong show at the wrong time,' she said the day after her competition. He learned from the judges that he finished only 2 points away from Dena in tally judgment. Laszewski said he preferred to finish 6th or 7th rather than get so teasingly close. [7] [8] Laszewski has had a very mixed experience with physique racing judges. She said that a judge marked her because she was too beautiful for her degree of muscularity, and took a poor ranking in 2000 because of guidelines set to judges targeting women who were too big. [10] Laszewski has taken some advice on enhancing x-shaped feminine torso with great condemnation. He has been encouraged and said he is using his creativity to enhance his physique for what judges want to do consistently, even developing their workouts to best meet those goals. Despite his disagreements judging decisions in 2005 and 2005, Laszewski told Bodybuilding.com in 2010 that he believed the judgment system was altogether fair. Laszewski A career after winning his class at the 2006

Nationals in Miami. [8] Professional since 2009, Laszewski has been in the top six of every single miss international and Ms. Olympia held that year. Laszewski was second in the 2012 Miss Olympia, putting her as a runner-up to Iris Kyle. It was her best performance at an IFBB professional event for her entire career, and she was considered a serious threat to reigning champion, Iris Kyle. In interviews, she said the reason she was able to improve her standing was to talk to judges and learn that her muscle mass had been judged negatively because of her female form reduction. Laszewski said he reduced the size of his back for the match by removing certain exercises from his workouts. She also admitted to not doing any cardio for 6 weeks before the race, a stark contrast to 2012 Bikini Olympia winner Natalia Melo, who raced 10–12 miles a day for her competition. [2] Her second-place finish at The 2012 Olympian will automatically enter her as one of five participants to qualify for Ms. Olympia in 2013, until September 27, 2013. In the wake of the 2012 Olympia, Laszewski categorized his current situation as close to the pinnacle, which could eventually drew the results of years of work. She told an interviewer that she was confident she could win the 2013 Olympian and Ms. International 2013. Laszewski was expected to take third place in the 2013 Miss International, behind Iris Kyle and Yaksani Oriken, who did so in 2013, According to Muscle Insider. [8] History of the 1994 Wisconsin Natural Bodybuilding Championships - 1st (class winner) 1996 Madison Tournament - 1st (overall) 1996 Wisconsin Nationals Preliminary - 1st (overall) 1996 NPC Nationals 7 (weight gain) 1997 NPC Junior Nationals, second (meoweight) 1998 NPC USA, III (heavyweight) 1998 IFBB North American Bodybuilding Championships - 4 (heavyweight) 1999 Nationals NPC - 6 (heavyweight) 2000 NPC USA - 7 (heavyweight) 2001 NPC Nationals - 12 (heavyweight) 2005 NPC Nationals - 2005 2 (lightweight) 2006 Nationals NPC-1 (lightweight) 2007 IFBB Europe Super Show - 3 (lightweight) 2008 IFBB Ms. International - 12th 2008 IFBB New York Pro - 5th 2009 IFBB Ms. International - 2nd 2009 IFBB Ms. Olympia - 3rd 2010 IFBB International - 3rd 2010 IFBB Ms. Olympia - 3rd 2011 IFBB Ms. International - 4th 2011 IFBB Ms. Olympia - 4th 2012 IFBB Ms. International - 2nd 2012 IFBB Ms Olympia - 2nd 2013 IFBB Miss International - 3rd 2013 IFBB Bi Miss Olympia - Third 2014 IFBB Miss Olympia - 3rd 2015 IFBB Wings Power Rising Phoenix World Championships - 3rd[1][8] Laszewski's personal life has an interest in home decorating and interior design. In 2011, she gave a tour of her home to muscle development. [14] He is an official athlete sponsored by the Ironville Clothing Company, which is sold Sports. [15] Laszewski's personal training is a personal trainer who lives in Jupiter, Florida. [16] Some of his clients are: Mr. Bahamas 2011 Robert Harris, Southern States participant Chad Awad.[17] 2010 NPC Southern States 1st Place winner Beth Wachter[18] photographer Blake Reagan,[19] and professional women's face participant Traci Pate. [20] She has an older sister who competes as a professional bodybuilder in the Natural Federation. [5] George Farah, who is also her boyfriend, served as her nutritionist and prepared her for many of her matches. Laszewski said tuesday BodyBuilding.com is scheduled to publish a coffee table book during Ms. Arnold's 2010 race. The book was reportedly a 4-year project for Laszewski and will contain 70 photos of him across the country, each with spiritual quotes. Laszewski stated her reason for creating the book was to educate readers about female bodybuilding in an artistic way. [3] References ^ a b c d e f g h i IFBB Professional Bodybuilder DEBI LASZEWSKI!. Amg. 10/02/12. Recovery May 19, 2014. Check date values in: |date= (help) ^ a b Interview with Debi Laszewski after her 2nd place finish at the 2012 Olympia!. Rxmuscle.com 2012-10-03. Retrieved 2013-05-15. ^ a b The Prodigy Goes 1 on 1 With Debi Laszewski. rx muscle . 2 April 2011. Retrieved May 19, 2014. ^ IFBB Pro Women's Bodybuilding Ranking List. getbig.com, September 1, 2011. Retrieved 14 October 2012. ^ a b Debi Laszewski : The Grand Dame of Amateur Women's Bodybuilding. October 6, 2006. Retrieved May 19, 2014. ^ IFBB Pro Female Bodybuilder Debi Laszewski Female Bodybuilding Interview of the Month. September 2009. Archived from the original on October 14, 2013. 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