



Seven spiritual laws of success for parents pdf

The views expressed by business supporters are their own opinions. I have always thought of myself as spiritual, but not religious. When I felt that my internet company was experiencing a long crisis, I wasn't sure where to turn. After much thought, I decided to introduce feng shui principles in the workplace. My staff and I set plants and mirrors in our main work area and hung flowing fabrics from the ceiling to help flow positive energy, or chi. We all agreed our efforts gave us a sense of peace, and productivity grew for a while. Eventually, however, I realized redecorating was just a surface fix. The real changes needed to come from within. Tricia Molloy, author of Divine Wisdom in Work: 10 Universal Principles for Enlightened Entrepreneurs, says business owners can use spiritual principles as tools to make better decisions, solve problems more easily, build authentic relationships, be more productive and prosperous, be creative, experience less stress, have more fun, and strike that elusive balance between work and life. And many entrepreneurs are doing just that. Faryl Robin Morse, 40, ran her yoga practice to read Diamond Cutter: Buddha for Managing Your Business and Your Life with Geshe Michael Roach. From the book, she read that spirituality and financially successful business are not mutually exclusive. Every business owner faces a moment at a time when it is easier not to do the right thing, says Morse. I have always taken the approach that whatever financial sacrifice I have to sleep well at night has benefited the company and me personally. Morse's company, New York City-based Farylrobin Footwear, grossed more than \$3 million last year. About Lisa Guidry, 37, president and CEO of Extreme-Technologies Inc. houston, believing that greater power is key to who she is as a person. I bring this belief to me to the office every day and I believe it shows how the company works, inside and out, explains Guidry, whose tech company exceeds \$3 million in revenue. When you run your business on a higher principle that goes beyond just making a profit, you end up attracting like-minded employees. Guidry, who calls herself a committed Christian, says she doesn't limit the philosophy with which she runs her business to her personal beliefs. She says her staff includes devout Muslims, Jews and Buddhists. For me, having a mentally charged job is more about attitude, says Guidry. That doesn't mean we're placing value on a particular religion. Catherine Fox Milian's staff has opened up her efforts to bring spirituality into the workplace. My business can be emotionally driesing, says 33-year-old owner of The Chic Parisien Wedding Boutique in Coral Gables, Florida. The mother of Milian, involved in alternative healing, her Tibetan monks who entered her retail space to bless her store and staff. After the monks gave a blessing, operations, customers and businesses just started to flow very easily, says Milian. The staff were very friendly and helpful. The problems are [now] solved with more ease and grace. Sadee Whip, a business consultant and executive coach, defines spirituality like this: In its simplest form, it has a feeling of something greater than one self. This bond leads to your life, rather than keeping it inside and privately, living spirituality is an essential part of working success. However, she warns: Being too controlling or dictating how spirituality is formulated really kill the spirit of the workplace. December 9, 2014 4 min read opinions by business people I know are struggling with balancing work and family life. For some, pay, recognition and money at work take precedence, and for others work can avoid family responsibilities. But there are some who recognize that the extreme problem is successful at work and as parents. Anne-Marie Slaughter wrote in the Atlantic about her decision to give up her foreigh political dream job at the U.S. State Department to spend more time with her two sons, and recently, Mohamed El-Erian discussed why he gave up his \$100 million salary to Pimco because his daughter handed him a list of the 22 important milestones he had missed in her life. Every female CEO at some point will be asked how she manages to balance it all, but the battles are no less real for men; men are simply less likely to be publicly condemned for not answering. Therefore, I think it's less a gender issue and a more individual one. Is there a balance? How do you balance business success and family success? Some say that you can't do that, that you can't be a successful career person, CEO or business owner and truly engaged mothers with high quality relationships with their children. In a recent Financial Times article Luke Johnson recalls the sad story of a business tycoon he had known as an acquaintance for several years before he ever learned that he had any children. And when he finally mentioned his son and daughter, it was to express his contempt and disappointment in them. He was almost written then out of his life because he believed they were massively spoiled, underestimated the privileged life they had and lacked in his drive and work ethic. Related: 10 Signs You Have (Are) The Great Boss (LinkedIn) This story has been reflected so many times in the business world where career-driven and successful hungry people neglect their children or try to replace lack of attention with material gifts. Inches the answer to anne-marie slaughtering piece, James Joyner claimed that life is about compromises, and that you just can't have both a great job and be a successful parent. Personally, I consider myself hoping that he is wrong, but also wondering if the problem is not over with our definition of success on the podium high above the kind of family success we are talking about here. Maybe it should take down a peg or two. Redefining the successMais my life, I have taken many steps to ensure that I spend more time with my three children, and indeed my wife. Especially as a business success and forgetting about kids at home. I could easily fill every day of the week, including weekends, with business functions and meetings. But I've discovered that, for my personal definition of success, sometimes it's about saying no and prioritizing sports day school and a time break with kids over business opportunity. I'm lucky enough to be in a position i'm the boss and had I made that choice, but I have always been given the same choice by anyone who has ever worked for me. I don't think anyone will ever get to the point in their lives where they have this massive regret that they haven't spent enough time with their children. I meet so many successful managers and ceos who seem to have this regret. Fortunately, I think it becomes more acceptable for successful men and women to succeed their families on par with the success of their businesses. It's definitely not yet de rigeur's guy who cancels business meetings to attend his kid's football game or school game, but I think it's getting less weird, less immediately damning. Related: Big Data For Small Business – Why It Matters! (LinkedIn) (LinkedIn) My great hope is that we, as a culture, can slowly redefine our understanding of how success looks, that money and power will no longer be the only external indicator of extreme success, but the relationship we have with our children, our partners, even our friends and ourselves, will be a bigger event. What do you think? Are you successful in business and in your relationship? If so, how? I'd love to hear your thoughts in the comments below. Startup LifeBy Christina DesMarais@salubriousdishChances is, your vision to succeed as a parent is not to involve your offspring living in your basement when they're 30, or flitting aimlessly from work to work without any sense of purpose in life. But what can you do to help build young adults who are hardworking, confident, flexible and able to support themselves? Studies show older children who turn out to also use several tactics worth considering. While it may seem counter-intuitive, it's one of the best things can do. According to Dr. Stephanie O'Leary, a clinical psychologist specializing in neuropsychology and author of Parenting in the Real World: Rules have Changed, Failure is good for children on several levels. First, experiencing failure helps your child learn to cope, a skill that is definitely needed in the real world. It also peers in a true way. It also instills the need for hard work and sustained work, and also shows that these qualities are valuable even without a blue ribbon, gold star, or top score. Over time, children who have experienced defeat will build resilience and will be prepared to try difficult tasks and actions because they are not afraid to fail. And she says rescuing your child sends a message that you don't trust them. Your desire to see your children's struggle declares that you believe they are capable and that they can handle any result, even negative, she says. If you have a mindset that a strong work ethic will help your kids succeed, role modeling overwork may not be the best idea. According to a study coming from the Netherlands, the father's warm relationship with his teenagers is likely to instil a strong work ethic. While studies don't get into how hard-working adults had such a warm relationship with their dads, it's the reason that their fathers were around on such tight bonds to develop, writes Inc. columnist Jessica Stillman. This suggests, though, does not prove that fathers who spend more time with their children and less in the office could actually be better placed to instill the value of hard work for their children. According to a study conducted by researchers at Marguette University in Wisconsin, people who have frequent names are more likely to be recruited. Obviously, monikers like Kate and David tend to be better liked, but those who are more unusual are perceived less positively. This strange bias is so important that the authors suggest words should be removed from resumes at work during recruitment processes. Want to know which names, in particular, leverage people's prejudices? Check out the list of top 20 names that a UCLA researcher has identified as most likely to be perceived positively by others. If you travel often in business in your view of life, it is probably different from people who don't. First of all, you have experienced new cities with different cuisine, climate, peoples and personalities from your home base. It follows, then, that your children can benefit from seeing more of the world as well. In fact, the Student and Youth Travel Association (SYTA) surveyed 1,432 U.S. teachers who credit international travel in particular, affecting students in countless ways: The desire to travel more (76%) Greater tolerance for other cultures and ethnic groups Greater desire to know/learn/explore (73%) Greater desire to try different foods (70%) Greater independence, self-esteem and respect (66%) Better adaptability and sensitivity (66%) There are more outgoing (51%) Better self-emexemp -(51%) Increased attractiveness of college admissions (42%) If sending your son or daughter abroad or bringing them with you abroad is impossible, take heart. The survey also asked teachers about domestic travel and found similar benefits for students. Shorter journey times and short travel distances do not reduce the impact of travel experience on students, the report says. In addition, compared to international trips, local student trips are more accessible (financially, less planning required, etc.). Given the total number of participants, the reach of its impact is much greater. Yes, you want your kids to have high expectations, but it also makes sense to look at where most jobs will be in the future. According to a survey of 400 teenagers conducted by market research agency C+R Research, young Americans are not interested in doing the work that will be done in the years to come. In fact, about 20 percent of teenagers want to work as musicians, athletes or video game designers, even if this type of job accounts for only 1 percent of American professions. Also, only 7 percent of teenagers want to hold one of the 25 jobs expected to grow the most by 2024; and while 15 percent of Americans currently have office or administrative jobs, 0 percent of surveyed teens want to do this type of work when they grow up. When you crunch the numbers, it's statistically impossible for your child to grow up to be a professional athlete or musician, so why not encourage young people to think more broadly about their future careers? Various professions in the health arena will grow like crazy over the next decade, just like other professions not related to the famous. Steering children to prepare for work involving science, math or service can have a better focus. Inc. helps entrepreneurs change the world. Get the advice you need to start, grow, and run your own business today. Subscribe here for unlimited access. The opinions expressed here Inc.com columnists are their own, not Inc.com. Inc.com.

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