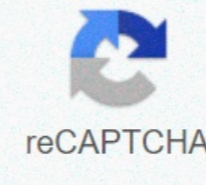




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Kitrics digital nutritional scale manual

Today I'm going to write a Kitrics Digital Nutrition Scale review. I bought this food scale to help a family member to lose weight because she is overweight. Yes, I know that losing weight is harder for most of us than gaining weight. Wouldn't it be so nice for us to gain weight instead of losing weight, just like one of my nieces and nephews? The problem is, we like to eat, especially desserts. Really, who doesn't like to eat ice cream and candy? Anyway, this food scale was very useful and useful to help us understand the amount of calories and protein to eat per day while doing a 3-week diet program. In fact, we are still following a 3-week diet plan. You want to click here to learn more about this diet program or click here to learn more about this food scale by other consumers of amazon. You really don't have to use it just to lose weight. This scale can be used to count all kinds of sugar levels of foods. It's especially great for someone with diabetes. Unfortunately, my law and my mother both have diabetes and they need to rein in the type of food they eat. If I didn't have one anyway, I'd buy these food scales for them. Browse this Kitrics digital scale in the video. I found it online and shows you how to use it. The video shows the Chefmate brand. Now they've changed their brand to Kitrics. It is the same useful food scale. This video is pretty short. Less than 3 minutes. That's why it won't take that long to watch. You may be wondering what this food scale does. I was asking the same question before I bought it. I'll help you save some time by putting it all in one place. It's silver with a sleek and bright look. Cholesterol, Sugar, Fiber, Carbohydrates, Calories, Fats, Saturated Fats, Proteins and Sodium calories: You can calculate the following nutritional facts of this scale. You can use this scale to weigh up to 72 ounces, about 2,000 grams of food. This can be selected between grams or ounces. I like measuring ounces but sometimes also in grams. It's really up to you to choose between the two. You can also add and store all 99 of your own food codes on scales. This can be measured with or without a bowl. If you have liquid in your food, of course it requires a bowl, right? So this option is quite cool. It turns off automatically when power is not used. The weighing area is stainless steel and can be washed. He only uses two batteries. The scale is quite light to move wherever you go. I brought him to my law house once. If you want to know, the scale weighs about 1.5 kilos. It is not large with dimensions of about 2.6 x 7.1 x 10.2 inches. Automatic power turns off when the scale is not in use. It's very, to prevent batteries from emptying. This means that it has a longer usage time. It comes with a food scale. An instruction manual that shows you how to use it. It's a booklet with the 1999 food codes on it. Two pairs of A batteries. Cool, you don't need to buy extra batteries to test it. All you have to do is remove some kind of transparent label from the batteries and it can be used. I think the label's to keep him from draining the batteries. This is a fairly useful food scale that you have to measure the nutritional facts for food. The average rating of this item is very good by online users. I've been giving you 4 degrees since I bought it, it's a little expensive. Click here to check the current sale price of amazon if you want this food scale. You may never know, you can buy it for a lower price. It is very easy to use. It's great for losing weight and a bit expensive compared to other scales that are too mild for someone with diabetes. A few complain that the fonts on the screen are too small to read. He says a few cans don't work out right away, so be sure to check when you get them. I mean, if it doesn't work, you have a chance to come back or change it. Once the check-in or exchange period has passed, you can't do that if it doesn't really work. Sometimes a flaw can occur. I can't make any money out of it. Woot offers daily deals to buy for a day until supply is finished. I thought this could be useful for many and wanted to share.* Kitrics Digital Nutrition Label Scale \$15.99+ \$5 shipping Warranty: 1 Year Kitrics End User Status: New Features: * Scale, plus nutrition calculator * Images calories, fat calories, carbohydrates, protein, fat, sugar, cholesterol and sodium * Daily intake of totals to achieve health goals * Works with any dietary program * Ideal for portion control, medical requirements and Type A personalities * Internal database 1,999 food labels * Provides 99 users customized inputs Specifications * Washable stainless steel platform * Easy to read, high contrast screen * Weigh grams and ounces * Maximum weight: 72 oz/2 kg/4.5 lbs * High sensitivity: +/- .05 oz /1 g * English (oz.) and Metric (g) measurements * Slim Design * Low Battery Indicator * Automatic power off * Requires 2 AA batteries, including * General dimensions: 10.25 H x 7.25 W x 2.75 D In Box: * Kitrics Digital Nutrition Label Scale – Model 122 (Choose Blue, Black, Green, Red, White or Platinum) * 2 AA Alkain Batteries * User Manual * Food CodeBook * Quick Start Guide Top positive reviewAmazon Customer5.0 out of 5 star scale! Reviewed in the U.S. on June 21, 2018. My name is the scale my father was at home on. Now years later when I was making a purchase for my own house, I went back going back on the same scale. This scale is great in that it shows all the nutritional information on the screen, as well as weight in grams and ounces. Easy to use - get a book with codes - punch the code and go. And it's quite true. The size of the scale is a large size. It fits all over the kitchen. I keep my coffee teaser on the counter next to and rarely in a way. If you need to move lightly, and the measurement is a large size of the platform that put food. If necessary, you can always put small light bowl or container food, tare, and then weight the food to avoid a lot of cleaning. I want to compare to me read out of fitbit app nutritional information and was almost matched. That's great for the price. Advice to anyone trying to lose weight extremely, maintain weight, or just try to be a little healthier. Kitrics Digital Nutrition Scale (Silver) 12 products by kitrics eBay international sellers 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 16

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