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## Sierra middle school

The first, biggest battle when becoming a middle schooler's parent is that wrapping your mind around the fact that your child (focus on the child) will soon be thrown at the wolves - or at least the sullen bunch that seems to fill your child's future school. Since when do sixth-graders have any lateral burns? Ok. Stop breathing in a paper bag. Your child will be fine - it's you, what we're worried about. We know that as a parent, it can be difficult to see your child grow up and become his or her own person. Watch them pile on the pressures of new school, peers, sports and homework, and that's enough to make you want to turn back the clock on simpler days - the ones that involved coaxing a fearless toddler into eating broccoli. But this, my friend, is your first mistake. It's time to get your mental games moving. If your child's foray into high school will be OK (and so), then you should get your head in the game. This means that your child is growing up and has outlined a strategy to deal with it before the first day of school. Survival Strategy 2: Independence Day Sweet Freedom. High school students are long but can't handle too much and you may not be ready to start letting go. The key is striking the balance that is healthy for both of you. One way to do this is by fulfilling your child's desire for freedom (which is a natural developmental phenomenon, by the way), by allowing him or her to participate in various approved activities. Playing in a basketball team, for example, offers your child a way out for many things: camaraderie, physical activity and even peer pressure. Yes, peer pressure can have a good side. Just ask any tween who threw pre-algebra, was a bench coach and let down her teammates. It won't happen again. Better yet, organized extracurricular activities offer your child (under supervision) a chance to get away from your watchful eyes. But you can still attend, applause at games, applause for a two-act play or going to an art show. Whatever your child's interests, give him or her the opportunity to study it. Your role is to offer boundaries, restrictions and support. One way to get into practice is your role when it's time for homework. The National Association of School Psychologists says homework teaches children how to manage time, make choices and solve problems. Help your child create a system - a place and time to learn with any necessary resources - then let him or her solve the problems of high school homework without your hovering presence. Stay in touch with teachers, even if your child assures you that this is the most uncool thing you've ever done. why some smart person invented email - use it to send a random request about your child's performance in class. Survival Strategy Three: Oh, the drama is hard to be a teenager bent on a teen hood. Not Not there is increased self-awareness (thanks, puberty), but there are also plenty of new relational situations to encounter. When a school turns into a fashion show or a popularity contest, all this drama becomes a bit risky. This is because it is difficult for parents to intervene and when to let their son or daughter work things out alone. We agree with Joe Bruzzese, author of the Guide to Parents in High School, which advises parents to play a supporting role as peers form relationships and dissolve. Of course, we were guilty of recruiting the average mommy girl and having our say, but we learned in its difficult way that it usually doesn't help. Stay away from day-to-day friend dramas, but be prepared to step in if you feel your child is being bullied. More minefield to avoid? Fashion. Set a few clear boundaries such as the length of the hemline or the point of belt stopping, but be prepared to let your child have his say in what he or she is wearing. While teens require friendship in a melee high school, they will probably try different styles. Personally, we don't start worrying until conversations about tattoos and multiple piercings come into play. As you guide your middle-schooler, remember: Your role is not one of perfection. Shake any nagging doubts about your self-esteem that may bubble to the surface the first time you're accompanying a high school dance. (Hey, it's happening!) The key should be involved even if you allow your tween more autonomy. According to a report by researchers at Johns Hopkins University, when you've uncovered the high school scene, your child is more likely to have the best grades, attendance and homework skills. In addition, they will be prepared for success in high school. Hyperventilation again? It is ok. You can put a paper bag. We will leave our school debate for another day. Page 2 Back to School Time means stocking up on pencils, glue sticks and other traditional materials that generations of children have stacked in tables, cubbies and lockers. In primary and secondary schools, teachers usually provide lists of specific subjects to select, and even in high school, many instructors require certain types of notepad paper, pens and the like. In addition to the classic accessories - pencils, notebooks, rulers - that constantly make these lists back to school, there are a number of others to keep in mind. Today's student has an arsenal of utensils and gizmos to help him or her manage workload and enhance learning experience. Whether it's a fresh spin on a classic or a new-fashioned gadget, these five cool school tools make the class so your son or daughter learns in style. Content Even Pre-K Students Can Get a Start on Their know-how with laptop training. For less than \$50, these laptop gadgets can reinforce basic skills taught in class with fun, educational games and In its brief history, learning laptops now come in portable sizes with more complex graphics and a wide range of software that covers subjects including reading, math, foreign language and more. Children can navigate through many of these models with a keyboard, electronic stylus or dashboard with an interface like a video game system. For middle and high school students who need word processing and Internet access, netbooks are a great option. Priced at a few hundred dollars, these mini laptops have been grabbing tech headlines for their usefulness and availability. In fact, some schools are starting to use netbooks in the classroom thanks to their budget assets. Advertising Search for the perfect backpack is crucial for many school-age children. After all, they sweep it around with them every day and want to make a cool impression. Parents are probably more concerned about the paid package takes on these young backs. Fortunately, there are alternatives out there to please both sides. Unfortunately, you will probably have to spend more money in exchange for ergonomic quality. To protect your back and spine, look for bags with plenty of upholstery. Soft straps and rear panels are good signs. Make sure the straps fit tightly to the body and that the backpack comes with a belt for extra support. When carrying a backpack, it should sit higher on the back, not straining the spine, hanging on the hips. There are also rolling backpacks to choose from, but some schools don't allow them anymore. And they can distract from this important cool factor that your student requires. Advertising It is important that schoolchildren learn to add, subtract and so on in their heads - with random help from their fingers and toes. But when high school math rolls on in high school and on, it's time to pull out the big guns. Calculators have been a common item in the backpacks of older children for a while now, and now they offer more math and science help than ever before. Texas Instruments, one of the most common brands of calculator manufacturers, offers additional software, memory storage and pre-installed training programs on certain models. Students can also now choose from more aesthetic calculators such as chewing gum pink edition graphics and fire engine red beginner models. Advertising Pencil and Paper will never go out of fashion for notes. But for techie students out there who want to get the most out of their note-taking capabilities, Smartpens are neat and relatively inexpensive at around \$150. LiveScribe's Pulse Smartpen writes on specialized paper that digitally records what you write and where on the page. At the same time, the pen can also audio, which means that the student can take notes and record a lecture at the same time. When it's Time to explore, Smartpen hooks into your computer to download all the notes to one source. In this way, students can place Smartpen on notes on specialized paper to hear the appropriate sound. If your student doesn't require that much technology magic, the FLY Fusion Pentop Computer from Leap Frog is also a digital recording of what the student writes. The written device then converts written notes into digital documents. Like LiveScribe Smartpen, Pentop also requires specialized paper. Since Pentop doesn't save audio, there are plenty of discreet mP3 recording devices and audio recording add-ons for iPods that can perform this advertising feature between notes, laptop learning and backpack-toting, kids have to do their homework. Whether it's solving a complex mathematical problem, researching a scientific and fair project or creating a bibliography for term work, the Internet has many educational resources. But tracking the best of these resources can be challenging, and parents can be hesitant about unleashing their children online. Fortunately, some companies have developed robust homework assistance programs for students at all levels of study. DiscoveryEducation.com, for example, provides assistance in seven different subject areas, as well as interactive games and external web links for additional training. For a monthly fee, Cosmeo's Discovery Education is a one-stop shop for Discovery videos, scientific articles, step-by-step academic learning and more. Using the breadth of valuable information on the Internet, children can improve their learning experience and continue to do az classes. Advertising

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