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The office valentine's day episodes

Photo by Kris Dambranans, via Flickr. If you're like me, you jump on any occasion to go out for a fancy dinner. Valentine's Day is a perfect occasion; It's not your birthday or anniversary, but you can easily justify a special meal with your significant other. The problem is that all restaurants capitalize on it, and they apply the absurd prix-fine menu option on the night of February 14. Some come with a champagne toast, a version of chocolate cake for most sweets, and almost all have at least \$100 per person (and not as good as the usual a la carte alternative). Reservation app Resy will also mark which restaurant has special V-day menus in a cupid-approved shade of red, but I see more of it as a Don't Enter sign. You're better off from that last minute trip to the drugstore for a sad box of chocolate and a card.... MoreThe way to get around this without skipping the pleasure of a romantic meal read: Take advantage of Valentine's going on a Wednesday this year, and make good dinner reservations for next Friday or Saturday. (Or take Dr. Ruth's advice and go out before the holiday, instead.) Demand will be low, and you will be able to eat whatever you want at normal prices, without sitting next to smooching love birds, in a nest of pink and red balloons. You will be able to eat at an appropriate time without planning your reservation a month ago. Case in point: The place I'm leaving (7:30 p.m. on Friday), currently just an open table is still for Valentine's Day... 5:30 p.m. Perfect romantic food should be easy to prepare, easy to clean, and not so much filling that..... Read more MoreG/O Media can get a commission 68% from 2 years + 3 months FreeAs for the actual night of 14th, you can cook a romantic dinner at home (I always make feet of lamb and spicy chocolate pie), or order fried chicken and watching HGTV during dinner on the floor. It's a completely romantic evening and no one will judge you because no one will see. Every day is a holiday when you are in love! EOW. Esther Howland, the woman who produced the first commercial American Valentine in the 1840s, sold a so-mind-boggling \$5.0 in cards during her first year of business. The Valentine's industry in america has been booming ever since. Today, 1.0 Valentine's cards are sent to this country each year — second in number only for Christmas cards, according to the Greeting Cards Association. (Happy Day is also celebrated in Canada, Mexico, the United Kingdom, France and Australia. About 85 percent of all Valentines are bought by women. In addition to cards, there are millions of bucks of boxes of chocolate and rose bouquets (mostly by men) bought for the Feb. 14 holiday. The origins of Valentine's Day are shrouded in mystery. Notre Dame Professor of Lawrence University Scholars began two main theories to explain how February 14 became synonymous with romance: the Roman Feast of Lupercalia — this ancient pagan breeding festival, which honored Juno, the Queen of Roman gods and women and the married goddess, was held on February 14, the day before the feast began. At the time of the festival, women wrote love letters, also called billets, and left them in a large urn. The men of Rome will then draw a note from the urn and enthusiastically pursue the woman who wrote the message they chose. (Obviously, choosing the custom of lottery drawings continued into the 18th century to select Valentines, coming to an end when people decided they'd choose instead — vision seen! - their Valentines.) Basic sex education? -In the Middle Ages, people began sending love letters on Valentine's Day. Medieval Europeans believed the birds began to meet on February 14. There's also some controversy about St. Valentine, for which the famous day is named. Archaeologists, who unearthed a Roman catacomb and a church dedicated to ancient St. Valentine, aren't sure if there was a Valentine or more. Today, the Catholic Church recognizes at least three different saints named Valentine or Valentinus, all of whom were martyred on February 14 — at least two of those during the third century in Italy. The most popular candidate for St. Valentine was a third-century Roman priest who practiced Christianity and performed secret marriages against direct orders from Emperor Claudius II, who believed single soldiers were more likely to join his army. Legend has it that Valentine sent a friend (jailer's daughter) a note signed from his Valentine before he was executed in 270 A.D. on February 14 (that phrase is still used prominently on today's cards!) early Christians were happier with the idea of a holiday honoring the saint of romantic causes than recognizing a pagan festival. In 4968, Pope Gelasius named February 14 in honor of St Valentine as the patron saint of lovers. In 1969 Pope Paul VI removed it from the calendar. However, the roman festival and the mix of Christian martyrdom had caught on, and Valentine's Day was here to stay. While jewelry and flowers are fantastic gifts, they are not the only way to treat their BAE on Valentine's Day: travel is the ultimate present. Contrary to popular belief, when it comes to romance, the reindeer do not stop with Paris (however, the city of light is undeniably charming). This year, we've got our sights set on some seriously enticing domestic destinations. Savannah, from Georgia, to Scottsdale, Arizona, these locations prove you can plan a spectacular Valentine's Day getaway without leaving the country. Courtesy of 07 Andaz Scottsdale What's great about Scottsdale is that it's as relaxing or rugged as you can want, thanks to a mix of beautiful hiking routes, huge Gardens, and resplendent resorts. Speaking of, we highly recommend Andaz stay in Scottsdale. The vibe artisan is super inviting with decorated bungalows and cozy fire pits. Looking for something with your sweetie? Sign up for a mixology class or indulge in joint massage at the spa. The 02 tour of 07 courtesy of Savannah Antennas architecture, Spanish-kai draped trees, and sets the stage for romance in the picturesque park savannah. Genuine hospitality and luxurious fare make it even more unique as light temperatures do. There's a flurry of amour-inducing activities, ranging from carriage rides to strolls under the stars. And, did you know that Savannah is considered one of the most haunted cities? An evening ghost tour is an experience you won't soon forget, we promise. 07 of 03 Auberge Du Soleil courtesy of Romance Supreme King in Napa Valley. Locally sourced food, world-class wine, and charming habitat make it one of the most enticing destinations in the United States, to fault the world. Spend drinking vino on a myriad of Valentine's Day tasting rooms (Alpha Omega Winery, Charles Krug, and Trinchero are some of our favorites) or enjoying a gourmet picnic, then spoil your sweetie with a three-course dinner and wine pairing at auberge Du Soleil Michelin star restaurant. 04/Cannebunkport Resort Collection of 07 Courtesy of Doug Mary goes all out for Kennebunkport Valentine's Day Paint Town Red, a month-long celebration of love that includes themed events, restaurant specials, and hotel packages. Chocolate-covered strawberries and bubbly? Yes please! The neon sign is beautifully opposite to quintessential New England architecture. Empty beaches and snow-dusted forests are yet another draw. And if everyone else fails, you can relax easy knowing that deep soaking tub and wood-burning fireplace waiting at the White Barn Inn and Spa. 05 of 07 courtesy of Bob Crisi/Florida Keys News Bureau Key Largo is a sun-splashed retreat with beautiful beaches, crystalline waters, and persistent bikini weather. Not surprisingly, there is an abundance of outdoor activities: whether you prefer kayaking or swimming with dolphins. Head to John Pennekamp Coral Reef State Park for snorkeling and glass-bottom boat tours. The Florida Keys Overseas Heritage Trail provides cyclists and pedestrians access to paved paths 106 miles. If you'd rather relax, finding a bar with breezy hammock and frozen drinks certainly won't be hard. An oasis in the middle of the Sonoran Desert 0.7 06. Palm Springs delivers a smoky 'hot' design scene and Tinseltown heritage over 350 days of sunshine a year. High-style hotels and mid-century modern homes that once hosted the biggest names in Hollywood now welcome a couple seeking a sexy escape. Take advantage of many golf courses, walk on the wild side in the living desert zoo and garden, or By the pool with a refreshing cocktail. Find Sherman Hogue/Fairbanks courtesy of 07 If seeing the Northern Lights is on your bucket list, consider a trip to Fairbanks. This charming Alaskan city is one of the top places to see aurora borealis. And do we have a great time to mention February? Of course, pursuing this stunning natural phenomenon is far from the only adventurous quest. Duos can try snowmobiling and cross-country skiing. Next, heat things on thermal springs. Binge these 14 best Valentine's Day TV episodes, including Netflix in their plans in this Valentine's Day. Whether you are an important other or not, watching other couples fall in or out of love is a great way to spend the Feb. 14 holiday. With episodes ranging from Parks and Rec to a time-on-one, there's something for everyone. You don't have to spend this V-Day alone, now you can spend it with one of your true love. Netflix.Image: Keep up with the latest daily discussion with NBC BuzzFeed Daily Newspaper! Keep up with the latest daily discussion with BuzzFeed Daily Newspaper! There's nothing like a holiday obsessed with romantic love to turn Feb. 14 into chocolate — too sad for the joy of singles covered. It makes people feel as if they can't pair itself in the world. But if you're spending Valentine's Day by yourself, know you're not alone. First, the holiday seems to have lost its oomph for everyone: A decade ago, about two-thirds of adults planned to celebrate Valentine's Day, but that number has dropped about half today, according to the National Retail Federation. When it recently asked people why they left the holiday, most said they considered it overcommercialized, didn't have anyone to celebrate with or just wasn't interested any more. Len Moore, a comedian, musician, producer of Tinder Live and author of How to Be Alone: If You Want, And Even If You Can't Relate. I love pink and heart and shine, but the pressure of being with someone right and to demonstrate how much you love them - I don't think that's super healthy, Moore said today. She spends Valentine's Day performing her comedy show, so I'm doing something that makes me and other people happy, and it has nothing to do with what another person does for me and everything I have to do for myself. Love Delilah's advice on Valentine's Day when you're singleFeb. 13, 201904:48Being is a big part of life for Moore alone. He has a family, but there hasn't been much love and closeness, he writes in his book — a project that writes about painful and painful to talk about. Moore was forced to become his own support system to her point where she no longer dreads filling medical forms in a doctor's office, because she has someone in an emergency contact. In the List Is No. Near him Of the company. Nearly half of Americans — 46 percent — say they sometimes or always feel lonely, according to a survey of more than 20.0 U.S. adults released by Cigna last year. One in five say they rarely feel close to people and a quarter think there are people who really understand them. When trying to find a romantic partner, many online dating find despair and bleak, just like Moore does. I have a ton of friends who have met their husbands and wives online and that's great. But for a lot of us, and even for them before they found their person, dating apps were absolutely frustrating and seem frustrating because it really takes a toll on you, Moore said. It's still many people and many of them don't respond, or don't fill out profiles, or put much effort into it more choice, but less somehow. Some studies show 20 and 30-somethings are experiencing a sex meltdown and are on track to have fewer sexual partners than previous generations. 'Sex meltdown': Why millennials are having less sexJan. 23, 201904:39You may begin treating yourself with kindness and respect on Feb. 13. International Self-Love Day. Negative self-talk banish and focus on self-compassion. Studies have shown lifelong singles are more optimistic, experience more personal development and enjoy more autonomy than others, according to Psychology Today. Moore's advice is to spend Valentine's Day with someone particularly lonely or feeling lonely on February 14 on your favorite TV show, a book you love, your best friend, your pet — anyone who makes you cute and loved and special. It's not to be the perfect romantic partner, he said. My favorite Valentine's Day is a lot of pressure to have people I gave myself because it's just another person to trust you to be perfectly happy on this one specific day, Moore said. Last year, Moore adopted a rescue dog named Lights, and when he was asked to choose a birthday for his beloved partner, Valentine's Day was the first date he thought of. So I'm going to celebrate with him, which is perfect for me, because I love him more than I've ever loved anyone, and he makes me more loved than anyone else ever. It's the spirit of holiday, really, love.

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