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Rhythmic heart problems (heart arrhythmias) occur when the electrical impulses that coordinate your heart doesn't work properly, causing your heart to beat too fast, too slowly, or irregularly. Treatment of heart arrhythmias can control or eliminate irregular, slowly, or accelerate pulse. Also, because that arrhythmias becomes worse or even caused by a weak or damaging heart, you can reduce your risk of arrhythmias by adopting a healthy lifestyle. Obvious symptoms of an arrhythmia can include: chest hustle, acceleration of pulse (takycardia), slow pulse (bradycardia), chest pain, shortness of breath, malaysia, sweat, infantine or faint. There are many factors that can cause an arrhythmia, including: a heart attack that occurs at this time. The fhastly tissue from a heart attack before. Changes in heart structure (cardiac enlargement) blockade in the heart (coronary disease) high blood pressure. Thyroid glands overactive (hyperthyroidism) thyroid glands that are not active (hypothyroidism) Consumers too much alcohol or caffeine. Drug abuse. Stress. Certain medications and supplements. Sleep learning. Genetics. III. Types of cardiac arrhythmias arrhythmias are sorted not only by the original locations (atria or ventricles), but also by the rate of heart rate or pulse to produce: Takycardia: When the pulse is fast, i.e. resting heart rate (pulse) greater than 100 beats per minute. Bradycardia: When the heart rate slows, it means resting heart rate (beating less than 60 beats per minute. Not all taxica or bradycardia indicate that you have heart disease. For example, when exercise, it's normal for your pulse to be as soon as your pulse increases to send more oxygen-rich without your tissue. When sleeping or in times of deep relaxation, it is normal for your heart to be slower. Some arrhythmias may increase the risk of developing diseases such as: Brain Congestion (Brain Infarction or Derrame): When the currents are voiced, it is able to pump blood effectively, which can cause blood to build. That causes blood clots to form. If a ball is released, it can travel to the heart of the brain. There, it can block blood flow and cause a snake. Heart failure: Can cause if pump heart pump in effectively for a period of time bradycardia or taxicos, such as atrial fibrillation (the most common arrhythmia of all). V. When they see your doctor seek emergency medical attention if you have suddenly or often any of the signs and symptoms mentioned at a time when you don't expect them to feel. Your cardiologue doctors will be able to identify by studies such as electrocardiogram, echokardiogram (ultrasound heart), stress test or 24-hour hotel monitoring, which is the possible cause of the arrhythmia, identify what type of arrhythmia it is (there are a lot of arrhythmia types) and ways to recommend the most appropriate treatment. To prevent cardiac arrhythmia, it is important to lead a healthy lifestyle to reduce your risk of heart disease. A healthy lifestyle can include: After a healthy heart failing to increase physical activity by maintaining a healthy weight by consuming or limiting caffeine and alcohol stress intake, because anger or severe stress may cause rhythm

problems that Administer over-contrary medications and caution, such as some flu medications and cough there are stimulants that can cause pulse accelerated writing by: Dr. Luis Alberto Láinez Sánchez, Specialist Cardiology of mediSmart's Medical Network. You are reading a Free Preview page 9 of 16 not shown in this preview. You are reading a Free Preview Page 24 by showing in this preview. You are reading a Free Preview Page 29 of 40 not shown in this preview. You are reading a Free Preview Page 55 of 66 not shown in this preview. You are reading a Free Preview Page 84 to 150 not shown in this preview. You are reading a Free Preview Page 165 169 not shown in this preview. 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