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## How to use nrows for adt orders

Navy Reserve Order Writing System NROWS Help Desk: 800-537-4617 Login requires DOD EMAIL CertificateRequires Internet Explorer (don't even bother trying with Chrome or Firefox) SECNAVINST 4650.21, DEPARTMENT OF THE NAVY GOVERNMENT TRAVEL FEE CARD PROGRAM NROWS - Naval Reserve Order Writing Systemsdts - Defense Travel SystemSATO - Scheduled Airline Ticket Office - 1-800-865-7286, menu option 2Citi - GTCC (Government Travel Charge Card) 1-800-200-7056 To connect to NROWS: 1) Click NROWS using the link above Internet Explorer 2) Select dtd EMAIL Certificate 3) Click OK 4) Enter PIN 5) Click Ok 6) Click OK 7) Click Sailor in the top menu bar 8) Now you are connected to NROWS 9) Use Sailor Menu left that's your choice If you create an application to return a travel reserve (SELRES) guide. We call it gouge because it highlights the key things that will help you succeed as a Navy reservist. Gouge will help you manage your career and increase your satisfaction along the way. If you have any concerns or questions, be sure to use your chain of commands to seek help. Additional and updated information is available on sites that are found as links in this document. Index Links Administration / Personnel Benefits drilling status / requirements Drilling credit / pension points medical mobilization AT prior service Naval Reserve Customer Service numbers Orders Pay Supply Travel Travel status: You are a travel status from the time you leave home/work, until you arrive at your place of work and again until you return home. Itinerary: Your itinerary, once your booking request has been processed, will be available online at Sabre Almost There. A link to your route will be emailed to you or can be accessed through the New Order Writing System (NROWS) by clicking on the Sailors drop-down menu; and, then, in current orders. The route provides information about your flight, rental car and accommodation/marina. Travel Assistance: The Stand Advisor is on duty 24/7 to help Navy reservists who face travel emergencies while in travel status. The free number is 1-877-583-8671 (It is also listed on the page of two orders per set of orders). If you want to get help instead of in the state of travel, you should contact coordinator in their naval reserve activities. For post-work emergencies, you can also contact the SATO Hotline 1-800-359-9999 for travel assistance. SATO (also known as SatoTravel) is a government travel management company with information available online. Hello Aboard Packages: These packages are available from most gain teams and provide information about the trip to/from the duty site. Hello Aboard packages are especially valuable for overseas travel. Information can often be found on the incoming team's website or obtained directly from the contact point of the incoming team. Travel applications/modes: Travel applications are submitted through NROWS. In the request for travel orders, the Navy reservist may pre-select the desired order to include departure/arrival choices; start/travel date (at latest/so earlier) time, airport and special instructions (e.g. seat, queue or power restrictions). Travel modes include: Passenger POV: Reservist travels as a passenger in a private vehicle. POV Advantageous to Gov. The reservist travels as a driver of a private vehicle (car, plane or motorcycle) for less than a government-equipped trip. POV is not useful gov. The reservist travels as a driver of a private vehicle (car, plane or motorcycle) at a cost more than a government-equipped trip. Commercial transport: The reservist travels by commercial transport (by plane, train or rental car), as organized by the SATO/Acquisition Team. Government transport: The reservist travels by government transport (by car, plane or bus) as organized by SATO /gain team. Tickets: Tickets will be either e-tickets or paper tickets by email to you. Members usually have to leave the airport, which is closest to their home or training ground, and return to it. Please contact the NRA for any necessary changes to your itinerary or booking. If you have problems when you are in a state of travel, contact Emergency Travel at 1-877-583-8671. Car Rental: Rental cars must be booked at SATO New Orleans. To obtain a vehicle from a rental company, you must have a personal or government credit card and a valid driver's license. On duty, you are encouraged to enter the car pool with other navy reservists to ensure that other drivers are included in the car rental agreement. A recommendation is made for you. If you have made submission agreements, the information will be provided on your route (If no accessibility certificate (CNA) is issued, call 1-800-865-7286 and you will have a GTCC or personal credit card to use hotel guarantee agreements.). With a cna number, you will be allowed to make your accommodation arrangements and you will be refunded up to the daily allowance rate. Too rates can be found in the . If combined bachelor quarters (CBQ) or other accommodation arrangements occur, you must use these agreements and will not be reimbursed for any other accommodation. If there is no accommodation information, call 1-800-865-7286 between 0700-1500 (Monday-Friday) CST accommodation. Government travel tax card: see the Supply section. Travel requirement: After completing your trip, you must submit a travel application (Travel Voucher or Subvoucher, DD Form 1351-2). Your travel request, original accommodation vouchers, car rental and costs over \$75.00, and a copy of your booking must be submitted to your Navy Reserve activity (which, then, will submit them to the relevant PSD) within 5 days of the end of the trip. Contact the AT/ADT/IDTT coordinator to ensure the completeness of the package and to determine where to send the travel request. It is highly recommended that you keep a copy of all travel applications for income tax purposes. (You can find electronic travel application forms and instructions here.) Reimbursed costs: Typical costs that can be claimed during the trip: car rental (if allowed), fuel, parking, tolls, transportation to/from the airport/accommodation, transportation to/from accommodation/duty location, OM fees, international drivers' license if you need overseas AT, official calls and other similar charges. Reimbursement is requested in the official travel request. Receipts are required for costs above \$75. For more information, you can specify federal travel regulations. Daily allowance: The daily allowance is calculated as follows: Daily allowance = Max Accommodation + Meals. Accommodation compensation is up to the maximum rate for a specific city or area and requires a receipt. Meals are reimbursed depending on whether you stay at the base and whether there is a potential government agitation. For more information about how meals are calculated per diem, you can view faq proportional or government rates. Guide for the determination of tariffs. Overseas Travel: Counter-Terrorism Training is essential for foreign travel (See your AT/ADT/IDTT coordinator.). As soon as you find out that you can travel outside the United States (OUTUS), contact the NRA for help with your passport, visa and other documents related to your trip. Many times official orders and military I.D. are all necessary to travel. Recommendations on foreign entry requirements are provided in OPNAVINST 4650.11F – and the Head of Foreign Clearance of the Department of Defence –. Often Miles: Fiscal Year 2002 National Defense Edition Edition allows travelers to receive promotional items, including frequent flyers for miles, according to official government orders. Government travelers can not accept special promotional items that are not available to the public. Orders Types: Orders requests for annual training (AT), active position training (ADT) and inactive duty training with travel (IDTT) are processed through the New Order Writing System (NROWS). To access NROWS, type the URL directly into the web browser (The hyperlink will not connect you to the site from this document.). In addition, you can log in from the NROWS link to the Navy Reserve Force Command home page then scroll down to the NROWS program. NROWS: NROWS is an online process used to apply, confirm, and deliver bookings and itineraries. The processing of orders will be electronic as desired, unless the application is not available to the member online. Selres Order request in paper form may request a direct recalculation of the rating without an examination if they are entitled to that rating. For more information, contact your department career advisor. Meals and accommodation: Enlisted reservists eat free base dining during workouts. Reservists from the connecting distance (50 miles) are scheduled accommodation Friday and Saturday evenings during their training weekends. Agreements are made through your department and the NRA's supply department. Free space travel: travel anywhere in the U.S., including Alaska, Hawaii and Puerto Rico, as soon as there are space on military aircraft for a very low fee. For more information, see 11886.57.00.htm. Base premises and base exchanges: reservists and eligible family members have unlimited access to Morale, Welfare and Recreation (MWR) income-generating activities/facilities (gym, swimming pool, clubs, piers, golf courses, etc.) and the Navy Exchange. Information on MWR activities can be found in the Information about unlimited tax-free shopping privileges at military base facilities can be found at . Commissioner: The Commission Privilege Card (CPC) allows each reservist to use the device for 24 days over a 12-month period. Reservists are entitled to cps after completing a satisfactory year. Additional access to the Commission is available when active work orders are available. The information can be found on the website. Retirement: Your active working time and active reserve time calculation towards 20 to 20 to obtain a military pension package. For additional information, visit the . Dental: DOD, in conjunction with the United Concordia TRICARE Dental Program (TDP), offers eligible reservists and/or their families a TRICARE selective reserve dental program. It is a voluntary, inexpensive, basic dental program designed to help you maintain good dental health and military readiness. For \$7.90 per month you will get coverage of up to \$1000 per year of registration. For more information call 1-888-622-2256 or visit . Medical: Reservists are entitled to Portal to Portal coverage for accidents, injuries or illnesses that occur while in official workouts or bookings. Reservists with an injury or any medical condition that may affect their readiness must notify the clinic of the next drilling weekend, regardless of whether it was due to military duty or not. The scope of the portal portal means that SELRES is insured for emergency medical care from its official home to the drilling site and from the drilling site to the house during AT/ADT/IDTT. Members of the Reserve and National Guard who are called to an active duty will be able to receive health care benefits under TRICARE, as will other members of the active service. Their families will also be able to receive TRICARE benefits if the active duty instructions of the military sponsor are given for a sufficiently long time. For additional information, visit the . Drilling status / requirements - Types of Training IDT – Inactive Duty Training: Training is usually done on weekends with two four-hour drill periods per day, performed by a person in a normal drill site. IDT orders are not required. IDTT - Inactive duty training with travel: The same as IDT, except that a trip 100 miles from your drilling site or home is authorized to study away from a normal personal drilling site. Orders are required for IDTT to be completed. AT – annual training: the period of active duty, usually from 12 to 17 days, which individual selected reservists are entitled to carry out each year in order to achieve the qualifying retirement year. Orders are always required for AT. ADT – Active position training: an additional period of active position that can be allowed for training, school or team support acquisition. Travel may or may not be allowed in the ADF; however, orders are always required. ADSW Active duty for special work: an additional active duty period supported by the acquisition team up to 179 days. Travel may or may not be allowed in the ADF; however, orders are always required. PSRC – Invitation to the president's chosen reserve (often referred to as presidential cancellation): withdrawal of active office until 270 270 By order of the President of the United States. Orders are required - Regular scheduled drill-down types: IDT, performed according to a published schedule and predefined. Flex Drill (Flex): Regular IDTs are allowed in a co unit that are performed at typically scheduled drilling times so that reservists can complete official education or provide peacekeeping support. Unit CO may allow up to 40 flex IDTs per fiscal year. Unit members must sign 13-page entries to recognize flex drill policy. Incremental drill erization: Allows the unit's staff to receive credit and pay for the performance of the contributory support for their teams, which are received during the cessionation period until four hours are accumulated. Up to 10 add-on drilling periods per fiscal year can be requested when receiving commands. Unit CO will validate and provide a written mandate supplementing the drilling and NAVRES 15701b form will be used to document additional IDT periods. Unit CO must approve the form and refer it to the NRA for processing. Rescheduling (RS): A common IDT that is formed the next day or in a location other than the published unit IDT schedule. This may be due to the AT/ADF conflict or to conduct specific training needs for the navy. May be unapproved after a scheduled drilling. Additional training orders (ATP): additional paid drill periods authorized by the commander, Naval Reserve Force (CNRF), specific units/draft laws to support a specific unit mobilisation mission. The use of a maximum of 12 ATP may be authorized for each financial year. Additional flight training period (AFTP): additional paid training for aircraft crews and combat aircraft crews in order to achieve and maintain flight ratings. A maximum of 48 AFTP may be authorized for each financial year. Pre-management periods (PMP): additional paid exercises used to maintain the day-to-day operation of the unit and to administer the unit, training, support activities and maintenance functions. PMP cannot be performed on the same day as any other IDT, and only one PMP can be credited per day. The use of a maximum of 24 MVP may be authorized for each financial year. IDT duration: Paid IDT periods will be at least four hours long. Unpaid IDT periods will be at least three hours. If two IDT periods are performed within one day, each shall be at least four hours. No more than two IDTs can be performed within 24 hours. Drilling requirements: Members must complete at least 40 drills in order to participate properly in the jubilee year in order to reach the qualifying retirement year (see additional information retirement credit by administration/staff. Individuals who skip drilling without prior approval or authorized absence will receive U (unoccupied absence) for those drilling Missed. More than 8 U training over any 12-month period would be considered as a failure to maintain satisfactory participation and could lead to administrative action. Satisfactory participation: 85% of regular scheduled IDT periods must be attended. Perform 12 days at AT each financial year. Report physical examinations and provide the necessary medical information. Provide your current addresses, home and work phone numbers. Return changes to the physical state, dependency status, and free/busy status for the team. Confirm receipt of all official correspondence and reply to it. Observe the forced cancellation of the active obligation. Drilling credit/retirement points - Active work points: one point is credited for each day of active duty or annual training (AT), including travel time. The approval of the paying official shall regulate the pension points paid at AT. In the Continental USA, only one day of travel can be credited to AT. Active service points are included for the day. Inactive work points: Individuals earn one point for each authorized drill (usually a four-hour period) that involved a payment or unpaid payment status. Points are obtained for a satisfactory completion of authorized correspondence courses. The credit shall apply from the date on which the last satisfactory assignment of each unit is processed. One point is credited with the duty of funeral honor for every 24-hour period. Up to fifteen (15) gratuity points shall be awarded for each anniversary year in which a member is not on the inactive status list (ISL), retired or actively on duty throughout the year of the jubilee. Inactive service services may be credited annually to a maximum of 90 retirement points. Online access to retirement points: You can view your retirement point entry online via the Office of Personnel (BUPERS) website on (Click BUPERS on Line from the menu on the left of the website. To access this site, you must register and receive user data and password.) Administration / staff - IDENTITY CARD: A military identity card (identity card) is issued to all SELRES. Eligible dependants are entitled to a dependent identity card through the Defence Registration Eligibility Reporting System (DEERS). ID cards have an expiration date. DEERS information is available through DefenseLINK - the official website of the U.S. Department of Defense. Additional information can be found in the DEERS FAQ document (Adobe Portable Document Format). Service Record: The included service records are maintained at the local reserve center. Updates to service records are performed when events are completed. Officer service records Naval Reserve Personnel Center (NRPC), whose website can be found on the Reservists are strongly encouraged to keep the home table file because service records are scared to microfich after each re-conclusion of the military service contract. Re-list/extension: this does not apply to officials. Registration ends under your military contract and as indicated on your ID card. You have the option of either re-entering a new term or extending your current military contract. For more information and to evaluate the information on the re-admission bonus, please contact the local reserve center Command Career Counselor. Retirement: You need a total of 20 years of qualification to leave the Navy Reserve. The qualifying year is 50 points per year (depending on the date of signature of the Navy Contract) earned by training, completed annual training days and correspondence courses. In the anniversary year, you should check your retirement points online (From the menu on the left side of the page, click BUPERS On-Line. To access this site, you must register and receive user data and password.) Any discrepancy in your retirement point report should be directed to the NRPC. Awards: For more information, see SECNAV Instruction 1650.1G. The Navy and Marine Corps Awards Manual. It can be accessed 071650.htm. Security check: Depending on your work, you may need a security check. During the security check, the request must be completed. The top-secret release is required every five years and the secret release every 10 years. For more information, contact your local reserve safety clerk. Legal (Wills and UCMJ): Reservists should be familiar with the Uniform Code of Military Justice (UCMJ) and ensure that they maintain proper behavior. You are entitled to legal aid in the preparation of a court or mandate if you are withdrawn from an active duty. For more information and assistance, please contact the LOCAL NRA. Ombudsman: The Naval Ombudsman is a very important communication between the Navy family members and NRAs. He is the spouse of an active position or a reserve member appointed in the reserve activity. Information on how to provide assistance to your family can be found in the Ombudsman's. The Ombudsman's page contains links to naval Services Familyline and Lifelines, Quality of Life (QOL), The Reserve Ombudsman's website provides information on the coordination of the Ombudsman's training, the establishment of ombudsman support teams and the provision of resources and information needed to make the best decisions for the families of the navy reserves. Evils and Fritsps: Chiefs will provide annual evaluations to report strengths and development needs. Information on the assessment included and the officer's eligibility report and deadlines can be found in BUPERS manual 1610.10. In addition to the time factor, this report will be used to determine the appropriateness of promotion and promotion. Billets: Based on your rate/rank, you will be assigned your unit billet. A reserve unit assignment document (RUAD) is a document that is used to assign the relevant employees. To change documents or units, perform a query through your command chain. Dental class 1-4/TNDQ: You must have an annual exam, which can be performed by a military or civilian dentist. The various categories of dental classes for medical preparation are as follows: class 1 of teeth and class 2 of teeth: acceptable for mobilization. Class 3: The possibility of emergency dental care is provided without medical intervention (e.g. cavities). Class 4: No current exam or missing record within 12 months. If you are assigned to class 3, you will be assigned temporary unqualified (TNDQ) status until you are in dental class 1 or class 2 of your dentistry. Dental treatment is at your expense. If you don't have dental insurance, you can get tricare dental plan information on the TRICARE dental plan information () and register for a nominal monthly fee. If you are in class 4 teeth, you need to see your unit or NRA body to plan a dental examination. TNPQ/NPQ: You are responsible for reporting any injuries, illnesses and illnesses to your medical department at any time. Depending on the diagnosis, you may have a temporarily unqualified (TNPQ) or non-physically qualified (NPQ) status. TNPQ disease is of a limited nature and is expected to be improved within six months. When assigned TNPQ, you can drill but not go to AT/ADT/IDTT. NPQ is due to a heavier disease during which you are not drilling/not paying status until you improve your health. Drugs / Alcohol: Prescribed medications must be documented in your health record. If your urine contains certain drugs (which can also be presented as illegal/illegal drugs) and do not have adequate documentation, you may be subject to UCMJ and administrative separation. Alcohol consumption is not tolerated on standby. If you have problems with your alcohol consumption/abuse, consult with your team of Drug and Alcohol Program Advisor/-DAPA—who can direct you to help and counseling services. Injuries at AT/ADT/IDTT/IDTT: Although AT/ADT/IDTT, you are entitled to medical care. If you have a life-threatening injury, contact your doctor immediately. For common ailments (e.g. sore throat or colds), use the nearest military treatment otherwise, use a civil clinic/hospital. However, it is very important that you have your ID card and explain that you are a reservist for active work orders. If injured while IDT, immediately report the injury to the medical department. If you do not do so, you can be responsible for all the accounts you receive. If you have received any medical care at AT (including stups), please inform and provide all supporting documents to the Medical Department of the Reserve Center. Medical/Dental Insurance: See Benefits section. Physical fitness assessment: You must perform physical fitness assessments (PFC) usually every six months. The PFA consists of 1.5 miles of running or 500 yards of swimming, pushing, sit-ups (curl-ups) and stretching. The PFA shall be sorted by age, gender and categories of activity. Before the test, you must fill out a risk selection form. If any questions are answered yes, the medical officer will have to medically clean you up or refuse to participate. Before the test, you will be measured height/weight and possibly body fat percentage. For more information, see Supply - Uniforms: In most cases, E-6 and other persons are entitled to the initial issue of Seabag and replacement uniforms (officials and Enlisted will receive organizational clothing such as Camouflage Utility Uniforms (CUU) and Desert CUUs if they are connected to units entitled to them.). Uniforms should be received in the Reserve Center within two weeks of booking. Changing and customizing uniforms is carried out within 30 days of installation. Uniforms can be ordered online through the site. You can get additional information about uniforms by clicking here on the same issues or by entering into your web browser. In addition, you can order and buy uniforms online. Embankment/Messing: If you are more than 50 miles from your reserve center, you have the right to dock any night before two full workouts (eight hours). You are responsible for making the pier reserved for you, and for cancelling the pier before the drill. Messing is provided to include employees either through kitchens (if any) or contract provider. Officers are responsible for their feeding costs. For specifics, consult your team chain. Government Travel Fee Card: If you travel more than three times a year in the Navy you are entitled to a government travel tax card (GTCC). Use your GTCC only when you are on official travel bookings and only to cover official travel-related expenses. You may be charged ATM fees for using the card. These fees are reimbursed for your travel request. You are responsible payment gtcc gtcc: time or before it is to be fully broken. The account is considered to have suffered immediately after the cycle deadline. If payment is inseparable, the card is suspended 61 days after the deadline and cancelled after 121 days. Fast travel application and use of split payout option will help prevent crime and potential negative consequences. For more information, see gtcc operational programme coordinator (APC). Mobilization - Mobilization process: Remembering the SELRES report for your NRA activation processing. The NRA sets up a personnel recall file for each reservist to activate. These files contain cancellation orders, activation checklists, transport order, delay and exception board results, and other information. Upon completion of the checklist, NRAs shall draw up a staff transfer report. Upon completion of the NRA activation checklist and personnel transfer report, the unit/reservist shall be directed to the report to the Naval Mobilization Processing Site (NMPS). Provides a specific date and time for the report. Reports: SELRES must submit a report within 72 hours of notification, unless it is assigned to the US Marine Corps Reserve (USMCR) unit. If SELRES is assigned to USMCR units, follow the USMCR reporting policy. Activation/Mobilisation checklist. Re-employment rights: 1994 The Law on The Employment and Employment Rights of Uniformed Services (USERRA) applies to members of the Navy Reserve who are demobilized. USERRA defends the re-employment rights of navy reservists if they leave permanent civilian occupation, whether federal, private or public. Additional information can be found at the . Non-pre-service - No previous service - No previous service (NPS) personnel are identified as members of the Naval Reserve who do not have a previous military service. All enrolled NPS employees who joined after 30 September 1999 must participate in non-early accession courses (NPSAC) Recruit Training Command in Great Lakes, Illinois. For more information, see . NPS training phases: NPSAC training is one of four stages of training. Four stages must be completed within 36 months of registration. Phase I training is an indoctrination and accession administration member's first drilling weekend. Phase II training will be carried out on subsequent training weekends and necessary training will be carried out to prepare the member to participate in the NPSAC. Phase III is NPSAC training. Phase IV will begin after returning from NPSAC and is structured to provide naval naval training that could not be carried out by the NPSAC. Main The equivalence of basic training is defined as completing the NPSAC and the other three training phases for a total of 84 calendar days of training. During the war or national state of emergency, an NPS member may not be assigned to land outside the United States (OUTUS) until the equivalence of basic training has been completed. Navy Reserve Pre-Mobilization Training: The Naval Reserve Professional Development Center in New Orleans, La., has developed a Naval Reserve Pre-Mobilization Training (NRPMT) two-week course that will provide the NPS with additional military training to prepare them for mobilization. The course is not mandatory, but is designed to speed up basic training equivalence requirements for those NPS employees who have already participated in the NPSAC and who are most likely candidates to mobilize. More information about nrpm can be found at www.nrpdc.nola.navy.mil. Direct Commission: The Direct Commission Officer (DCO) programme is an inactive reserve direct assignment program designed to reach qualified civilian and included reserve applicants directly into the navy reserve officers' programmes. DCO applicants must meet the educational and experience requirements specific to their professional place. Officials appointed under the DCO program will have to attend dco indoctrination courses in Pensacola, Florida (unless the program manager designates another school; for example, Supply Corps officials are indoctrinated at the Naval Supply Corps School in Athens, Georgia). Similarly to those included in the NPS, the DCI cannot be allocated to OUTUS until they have completed 84 calendar days of training duties. Enlisted and Officer Programs: For more information, visit the website (Select opportunities; then select Add opportunities or Officer Options.). Navy Reserve Customer Service Numbers - Travel Emergency Travel 1-877-583-8671 NSIPS Helpdesk (504) 697-5110 BUPERS mobilization response element 1-800-346-0217 Chaplain's support 1-800-245-4546 Pay Pay Problems 1-877-ARESPA Pay Personnel Services and Records 1-866-250-4778 BUPERS Online Help (901) 874-4717 or DSN 882-4717 - Medical TRICARE Dental Plan 1-888-622-2256 TRICARE Information Center 1-888-363-2273 1-888-363-2273

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