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## Seven spiritual laws of success book

Many of us have grown up with the belief that achieving success requires relentless hard work, dark determination, and intense ambition. As a result, we may have struggled for years and even achieved some of our goals, but we end up feeling exhausted, our lives unbalanced. In The Seven Spiritual Laws of Success, Dr. Deepak Chopra reveals that such desperate effort is not necessary or even desirable. In the natural world, creation comes with ease. A seed does not struggle to become a tree—it simply unfolds in grace. The Seven Spiritual Laws are powerful principles; put into practice they put you on a direct course to authentically achieve your goals. The laws of success are easy to understand and enforce. Use these daily steps to incorporate the Seven Spiritual Laws into your life:Sunday: The Law of Pure PotentialI the time to remain silent, only BE. Meditate for 30 minutes twice a day. Silently witness the intelligence within each living being. Practice non-judgment. Learn more about the Law of Pure PotentialMonomni: The Donor Law Nowadays, bring anyone who finds a gift: a compliment or flower. Receive gifts with gratitude. Keep the wealth circulating by giving and receiving care, affection, appreciation and love. Learn more about the GivingTuesday Law; The Law of KarmaYou action generates an energy force that returns us in kind. Choosing actions that bring happiness and success to others ensures the flow of happiness and success for you. Learn more about the KarmaWednesday Law; The Law of Least Effort Accepts people, situations, and events as they occur. Take responsibility for your situation and for all events seen as problems. Renounce the need to defend your point of view. Learn more about the Law of Lesser EffortFrom Thursday: The Law of Intent and DesireInherent in every intention and desire is the mechanics for its realization. Make a wish list. Trust me, when things don't seem to go your way, there's a reason. Learn more about The Law of Intent and DesireToday: The Law of Detachment, and you and others the freedom to be who you are. Do not force solutions — allow solutions to emerge spontaneously. Uncertainty is essential, and your path to freedom. Learn more about Saturday's Satarsuas Law: The DharmaSeek Law your higher ideum. Discover your unique talents. Ask yourself how you are best suited to serving humanity. Using your unique talents and serving others brings unlimited happiness and abundance. Learn more about dharma law This article needs additional quotes for verification. Please help improve this article by adding quotes to reliable sources. Unsourced material can be challenged and removed. Find Sources: The Seven Spiritual Laws of Success - News - newspapers - - scholar - JSTOR (December 2014) (Learn how and when to remove this template message) The Seven Spiritual Laws of Success – A Practical Guide to The Realization of Your Dreams AutorDeepak ChopraCover artistUnknown, Detail of the painting asavari Ragini, mughal Subimperial (c. 1625)CountryUnited StatesLanguageEnglishSubjectHinduist and spiritualistic conceptsGensempre-helpPublished1994Pages118ISBN978-18784241112OCLC31074972Decimal650.1LC ClassHF5386 - C5475 1994 The Seven Spiritual Laws of Success – A Practical Guide to The Realization of Your Dreams is a 1994 self-help pocket-sized book by Deepak Chopra, originally published by the New World Library, freely inspired by Hindu and Spiritist concepts, which preaches the idea that personal success is not the result of hard work, precise plans or a driving ambition , but rather to understand our basic nature as human beings and how to follow the laws of nature. According to the book, when we understand and apply these laws in our lives, everything we want can be created, because the same laws that nature uses to create a forest, a star, or a human body can also bring fulfillment of our deepest desires. [1] Summary 1. The Law of Pure Potentiality: Take time to remain silent, for just BE. Meditate for 30 minutes twice a day. Silently witness the intelligence within each living being. Practice non-judgment. 2. The Law of Donation: Today, bring anyone who finds a gift, a compliment or a flower. Receive gifts with gratitude. Keep the wealth circulating by giving and receiving care, affection, appreciation and love. 3. The Law of Karma: Every action generates a force of energy that returns to us as a type. Choosing actions that bring happiness and success to others ensures the flow of happiness and success for you. 4. The Law of Least Effort: Accepting people, situations and events as they occur. Take responsibility for your situation and for all events seen as problems. Renounce the need to defend your point of view. 5. The Law of Intention and Desire: Inherent to all intention and desire is the mechanics for its realization. Make a wish list. Trust me, when things don't seem to go your way, there's a reason. 6. The Law of Detachment: Allow yourself and others the freedom to be who you are. Do not force solutions — allow solutions to emerge spontaneously. Uncertainty is essential, and your path to freedom. 7. The Law of Dharma: We take manifestation in a physical way to fulfill a purpose. Reception The book appeared in the 10 best list of the New York Times of 1995. [2] See also Law of Attraction The Secret (film) References ^ About.com – Hinduism: The Seven Spiritual Laws of Success by Dr. Deepak Chopra (book review of Das, About.com) ^ New York Times – – list (May 28, 1995) External Links The Chopra Center – The Seven Spiritual Laws of Success (Official Site) Excerpts from the Seven Spiritual Laws of Success of Deepak Chopra (summarizes the concepts of the book) Recovered from The Law of Pure PotentialThe source of all creation is pure consciousness ... pure potentiality seeking expression from the unmanifest to the manifest. And when we realize that our true Self is of pure potentiality, we align ourselves with the power that manifests everything in the universe. The Law of Giving the universe operates through dynamic exchange... give and receive are different aspects of the flow of energy in the Universe. And in our willingness to give what we seek, we keep the abundance of the universe circulating in our lives. The Law of Karma or Cause and Effect Every action generates a force of energy that returns us in kind... what we sow is what we weave. And when we choose actions that bring happiness and success to others, the fruit of our karma is happiness and success. The Law of Least Effort Nature's intelligence works with easy ease... with free care, harmony and love. And when we harness the forces of harmony, joy, and love, we create success and good luck with effortless ease. The Law of Intent and Desire Inherent to every intention and desire is the mechanics for its realization... intention and desire in the field of pure potentiality have infinite organizing power. And when we introduce an intention into the fertile ground of pure potentiality, we put this infinite organizing power to work for us. The Law of Detachment In Detachment lies the wisdom of uncertainty... in the wisdom of uncertainty lies the freedom of our past, of the known, which is the prison of past conditioning. And in our willingness to enter the unknown, the field of all possibilities, we surrender to the creative mind that orchestrates the dance of the universe. The law of Dharma or Purpose in Life Everyone has a purpose in life... a unique gift or special talent to give to others. And when we mix this unique talent with service to others, we experience the ecstasy and exaltation of our own spirit, which is the ultimate goal of all goals. © 1995-2014, Amazon.com, Inc. or their affiliates Top reviews Top reviews Top Reviews All stars 5 stars only 4 stars only 3 stars only 2 stars just gives you the deepest understanding of our life and purpose, giving you a bright new point of view. I finished it at once... Through the voice of Deepak Ji. You're going to hear it again and again. I need to listen quietly again. It'll be a good time to say more. So far So Deep. In addition to my appointment, I started @12.27am today and finished @3:52am today. All 7 Law Processes are in himself. The VOICE is amazing. Anyone can correlate the understandings of a higher ide. This book will give basis and directional overview.... rest all depend on Commitment... Thank @ should read book if you want to know the deep connection between success and spirituality. I have read many books related to the same theme in varing. However, Sir Deepak wrote this book keeping a child in mind. The seven laws were explained in such detail, but were not exaggerated with explanations. Reiteration at the end of each chapter adds even more; informing the learned knowledge. Exactly what I need is in this book, the seven laws of success is really a great journey with the author Dr. has a deeper understanding of our innermost source, the only starting point of our existence in this earth and of course there is no death just a cyclic phenemenem in which it is evident in nature, the expansion of awareness is crucial to understanding, we are all energy and information, there is dynamic exchange with nature and cosmic conlty. This was known for glassware and sages in India for 5000 years or more, obviously they were subjected to an intensive search within silent meditation. God speaks when in deep silence. This book is definitely a starting place for all spiritual seekers Dr Dhirubhai Mistry UK living in South Elmsall West Yorkshire VENKATA KRISHNA RAO 01-05-20 Loved it. I heard that for the first time, but I want to hear it again and again. I suggest you all hear manifest your abundance of life. I loved the obligation for a person seeking spiritual knowledge in a stary sense of the transformative message of Dr. Chopra's life. An audiobook to be heard repeatedly. This made me cured and all stars 5 stars only 4 stars only 3 stars only 2 stars only 1 star just inspired, informative, eye-opening book read by Deepak. It's worth the \$and/or credit. I'm going to listen to this book at least two more times to absorb everything he's sharing. If you want to improve yourself and your current state of being, this is a fabulous book for you. Concise, powerful, inspiring, practical, never boring, pleasant recorded (although you have to get used to the funny accent of Deepak Chopra). I've heard it twice in two days and I intend to hear it many times. For each of the seven spiritual laws, you first have some theory and then some assignments of how to bring theory into practice. To give an example of an assignment : try not to judge anyone today. Much harder than it sounds, but the results can be tremendous. I've read and heard many self-development books in the past. Of the short, this is one of the best in my opinion. Deepak really gives you sound advice on how to make life simpler and if in what is important. I wish I could say that I've been really successful applying all the things he suggests, but every time I do try to get me amazing results (most of the time). It's worth your time and effort to hear this. Take a long trip and listen as you travel... you will get addicted and will not be able to turn it off. Attention all spiritual seekers: This free audioiv is a must for your collection. A true spiritual classic. I heard about this book by my first Reiki teacher. So I picked it up and heard it twice the same day. I didn't want to do this, but I found the information very useful. These simple teachings remind me of many of the Dalai Lama's teachings that spread throughout many books. I'm working on one law at a time and working on them at work. This book has opened my eyes to all the good things I have in my life. This book leads to the books 'Infinite Possibilities'; by Mike Dooley, Excuse me, Your Life Is Waiting), by Lynn Graham and Destructive Emotions, of His Holiness the Dalai Lama. I combined all of them into a continuous class session that had a huge impact on my life. I'm not going to give you the laws here and I advise simply googling them too. Listen/read the book to learn its true meaning. Do you need a shot in the arm? We all do it once in a while. Chopra serves a pleasant gourmet of real-world wisdom with just the right blend of depth (for deep thinkers) and originality (for creatives). They don't allow me to put another star up there, so I guess I'll have to be happy with five. If you are in a survey to explain what is happening to you/what is happening inside your head (and find ra-ra motivation books seem to already assume that you are feeling strong within you).. so that gives a lot of food to the thought. I found my uneducated thoughts (based on science) about life really seems apt/get answers from this philosophy. So I felt comfortable to pitch to other books on spirituality... returning to this book to review how my knowledge expanded and I worked on implementation. However, the great transformation of itself takes time (and some falls). If you are already strong/happy with who you are and looking for a fast path to wealth/success - then it may be of interest, but not the quick fix. If you've done little personal development, then this is probably not the book to begin with, as the concepts will seem strange. this book is worth reading and money. 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