



Spiritual depression lloyd jones pdf

Printed pdf Version chapter 1A summary of the book . . . SPIRITUAL DEPRESSIONMartin Lloyd-Jones (1899 - 1981) Psalmist David writes: Why You Abandoned, O My Soul (Ps 42:5) - David was sad, restless, bewildered, anxious, unhappy and spiritually depressed - a very common condition; Obviously, he felt depressed inside himself. Some of the greatest saints are introverts; The extrovert is usually a more superficial person. In the natural kingdom there is a type of person who always analyzes himself by an tendency to morbidity. Introspective personalities seem to be very focused on themselves. When we are depressed it is because we have a forgotten God - hence the psalmist turns to himself - he talks to himself and here he discovers the cure. The main problem in the whole issue of spiritual depression in a sense is that we allow our self to speak to us, not to talk to ourselves. Most of the unhappiness in life is that we listen for a moment what I have to say - why did you throw so? The main art in the matter of spiritual life is to know how to treat yourself, to question yourself and to preach to yourself - you have to remind yourself who God is and what God has done, and what God has promised to do - in a nutshell this is the essence of conversion. We must understand that it is mys - this other person within us must be processed; Don't listen to him! Turn it on! Talk to him! remind him of what you know! So instead of listening to it and allowing it to drag you down and oppress you - you have to take control! Liberation from spiritual depression begins with an understanding of justification, as one might suspect. All have sinned and do not fall to the glory of God (Rome 3:23). It is eternal life to know you, the only true God, and Jesus Christ whom you have sent (Jn 17:3). As a believer, do you really enjoy God? Is he at the center of your life? It has to be. If not, you live in sin - that's the essence of sin. Remember the good news - God made Christ responsible for our sins; they were all entrusted to him, and God dealt with them and punished them in His Son. So Christ is our salvation - we simply accept Him as our Savior and savior by faith. God then sane Christ to us is a great exchange: He took our wickedness and gave us His righteousness! To get rid of spiritual depression, you must say goodbye to your past! No matter how dark the stains may be, they have all been washed away! It's finished! Never look back on your sins again! They will only oppress you! If you focus on your sinfulness, you only conclude that you are not good enough! It's not about our kindness.. Question of God's kindness. Only when we truly trust Christ is true happiness and joy possible for us. Liberation is not found in decision-making to live a better life, fasting, sorrow or praying. No action on your part. Repeatedly say to yourself, I rest my faith only on Christ, who died for my transgressions, to redeem myself. Remember that man is justified by faith, not by the deeds of the Law - your deeds and behavior have nothing to do with your saved. Moreover, because we are forever saved by faith, our salvation is not supported by good deeds. As long as you see your sins as damage to your sins have not really been fully addressed. This is a critical issue for many Christians - they have been released from the prison of sin ... their prison cell has been unlocked... but they continue to live in it! Jesus is the Savior of sinners, of whom I am first of all! (1 Tim 1:15). (9-35) It is sad and tragic that so many Christians are disillusioned and unhappy - Protestant Reforma-tion brought peace and happiness because the central doctrine of justification by faith has been rediscovered. One of the most remarkable miracles our Lord performed was the healing of the blind man (Mk 8:22-26). When Jesus spat in his eyes, he asked the blind man what he saw - he said he saw trees walking. Although it can be said that a person is no longer blind, but you hesitate to say that he sees perfectly - this description is exactly most Christians find themselves - they are disgraced and unhappy because of this lack of clarity regarding the doctrine of justification by faith. They just see men as trees walking - there is confusion in what they see; they don't understand some basic truths. What they do is mix their own ideas with the spiritual truth... and stop reading the Bible and praying. What is a medicine? What saved the blind in the above-mentioned illustration was his absolute honesty - he completely gave himself to Christ and did not object to further treatment. Conversely, our answer should be similar: I want the truth regardless It's worth it to me. The blind man listened to Jesus, and his vision was fully restored - he clearly saw every man. If you are unhappy about yourself, go to Christ, go to His Word, wait for him, beg him, hold on to him, and ask him with the words of the hymn - the Holy Spirit, the Truth of the Divine, the Dawn on my soul; The word of God, and the inner light, wake up my spirit, cleanse my eyesight. Spiritual depression or unhappiness in Christian life is very common because of our inability to grasp the greatness of the gospel. Some think it's just a message of forgiveness, others perceive it as only moral in nature; others see it as something good and beautiful. The truth is that the gospel is the whole view of life - it is not partial - hence, it must involve the whole person - the mind, the heart and will be. There is a danger in having a purely intellectual experience, just as there is a danger in having a purely emotional experience - many Christians are content to just live on their feelings (their head is not engaged at all). By the way, we have to put everything in the right order - mind, heart and will. Truth should be the first - as soon as we know the truth, it will move the heart, and once the heart is engaged, your greatest desire will be to live. The heart should always be influenced by understanding, which in turn will work on the will. (36-63) Paul wrote to Timothy: Keep your faith and your conscience; some of them were shipwrecked due to their faith (1 Tim 1:19). This lack of balance is one of the great causes of not only unhappiness, but failure and stumbling in Christian life. Many suffer shipwrecks because their souls are concerned, but every Christian life is a struggle of faith, at est of faith, and the devil will do everything possible to deprive us of our joy and make our lives miserable. Where believers stray from the path, they tend to focus on their work (they are busy with themselves) rather than on their attitude to God (justification). When we return to the gospel of grace, it is all a matter of faith or feeling. The problem is disbelief - the solution is faith. If you find yourself dwelling on your sin, you have not fully decided in your heart the work of Christ on the cross - the blood of Jesus Christ continues to cleanse us of all sins (1 in 1:7 - present!). That's what happens when you become a believer - believe me! We must be very clear about the justification -- not only do we experience the forgiveness of our sins, but we have also been righteous by God himself. Ultimately, it comes down to this - the real reason for the problem souls is the inability to understand that we are one with Christ... we were buried with Christ... we were brought up with Christ.... we were b your past and your sins and you are depressed, it means that you are listening to the devil. Rejoice in the grace and mercy of God, you are what you are - it is all grace! Soak up the grace and love of God and you will forget about yourself - it is spared you from self-interest, self-care and depression (which is the result of focusing on yourself). (64-105) The number one topic that leads people to counsel with their pastor is the problem of feelings. It's really natural because we all want to be happy - no one wants to be unhappy. Our feelings, emotions and feelings are obviously vital to us - we have been made in such a way that they play a dominant role in our make-up. Probably the biggest problem for people all over the world is their inability to cope with their feelings and emotions. Timothy was a naturally nervous man who was given depression - both things often occur in the same person. We all have certain problems in Christian life everyone has their burden to bear - those who are more naturally paid intro-speculation are more often given to depression. Danger comes in submission to our feelings and allowing them to control our lives. Obviously, if you are guilty of sin, you will feel unhappy - the path of the intruder is difficult. If you break God's laws and break His rules, you will not be happy. There is only one conversion: Go to God at once and bare your soul - to admit your sin and believe that since you have done so, He truly forgives you. Avoid the common mistake of concerned about their feelings - this is an extremely common mistake of the common mistake of the common mistake of concerned about their feelings - this is an extremely common mistake of the common mistake of concerned about their feelings - this is an extremely common mistake of concerned about their feelings - this is an extremely common mistake of concerned about their feelings - this is an extremely common mistake of concerned about their feelings - this is an extremely common mistake of concerned about their feelings - this is an extremely common mistake of concerned about their feelings - this is an extremely common mistake of concerned about their feelings - this is an extremely common mistake of concerned about their feelings - this is an extremely common mistake of concerned about their feelings - this is an extremely common mistake of concerned about their feelings - this is an extremely common mistake of concerned about their feelings - this is an extremely common mistake of concerned about their feelings - this is an extremely common mistake of concerned about their feelings - this is an extremely common mistake of concerned about their feelings - the common mistake of concerned about their feelings - the common mistake of concerned about th the dynamics of the flesh is feeling, and the dynamics of the Spirit is faith - we are called to believe the Word of God, even when our feelings send us another message! You must speak the Word of God for yourself - Why did you abandon my soul? Hope for God... believe what He said... trust him (Ps 42). Scripture says: Blessed are those who hunger and thirst after - not after happiness! Look for happiness and you will never find it; seek righteousness, and you will find that you are happy! Do you want to experience true happiness? There is only one thing to do - look for Christ. He is our joy and our happiness. Look for him, loo 118) There is no part of Christian life that is without its danger - not only do we have to fight our enemy Satan, but we also have to fight our old nature. The parable of the Kingdom of Heaven in Matthew 20:1-16 is about a landowner who hires workers to work in his vineyard at any hour of the day, including the eleventh hour, and each of them was paid the same salary. Those who worked several hours thought they should get more than those who worked only one hour. The landowner replied, Didn't I pay you what you agreed to? Isn't it legal for me to do what I do with my money? Is your eye full of evil because I'm okay? So the latter will be the first, and the first last. The principle of this parable is that Christian life is grace from beginning to end. Jesus is the landowner in this parable - and what we see here is that it is never too late to be saved! The question is, why do those who have worked longer hours feel cheated? 1. Their attitude towards themselves and their work was wrong - they happily agreed to accept what Jesus had paid them; thus, something is wrong with their attitude. These people were clearly aware of everything they were doing - they had their eyes on themselves. 2. They evaluated their worked. The Lord is concerned about this attitude - it is fatal in the Kingdom of God. He found this in Peter's statement: We left everything and followed you, what do we get? This attitude is completely contrary to the kingdom of the Spirit. There was not the slightest joy about how gracious the Lord was with others. They completely forgot the principle of grace - they felt they were entitled to more than others; as such, they were clearly alarmed! 3. They began to grumble - Their happiness and joy were completely gone, and they murmured because they felt that they were being treated not honestly; they really felt that they were bein should grumble when they should rejoice in Christ. That's not all -- their murmuring led to contempt for others and jealousy of others. This is the same big brother principle in the parable of the Prodigal Son. The attitude of the workers was selfish and self-centered. 4. They had a feeling in their heart that the landowner was unfair - a Christian is often seduced by the devil to feel that God is not fair. What a pathetic thing I am. The devil comes to us, and we listen, and we listen, and we listen, and we listen and it leads to unhappiness and unhap-piness! Many of us reading these accusations against workers are still on their side in their response! Our flesh is still not convinced that they were wrong! We still tend to question God's way of working, and whether He is really fair! It's flesh! What is the cure for this problem? It is to understand the controlling principle of the Kingdom of God - the principle is that in the Kingdom of God everything is significantly different from anything else in any other kingdom. For, in fact, Jesus says that the Kingdom of God is not like what you have always known; it's something completely new and different. The first thing you have to understand is that if any person is in Christ, he is a new being, old things are transferred and everything becomes new (2 Cor 5:17). The whole sphere in which we now live is different. This has nothing to do with the principle of old life. All our thinking as Christians should be different. We must stop bringing all our old ideas to the table. There is nothing wrong like the spirit that claims that because I do it, I have the right to expect something in return. God is not a heavenly vending machine. There's nothing you can do to manipulate God. No matter what you do, whether it's prayer or anything else, we should never claim that because we've done something. Nver! Let's get rid of this spirit of bargaining that if I do that, it will happen. This kind of thinking makes faith mechanical. Remember that even our rewards have grace! God should not give them to us! In short, thinking in terms of a deal and making noise at unacceptable results implies distrust of Him - watching your spirit so you harbor the idea that God is not dealing with you fairly. This is an extremely common problem. Don't keep a record or a record of your work! Give yourself up for the accountant. In Christian life we must wish for nothing but His glory!, nothing but please Him! Leave the accounting to Him and His Grace. Let him keep his accounting to Him keep his accounting to Him keep his accounting to Him keep his account. The truth is, there's nothing like that. as God's accounting to Him and His Grace. Let him keep his accounting to Him keep his account. our materialistic worldview - everything in the Kingdom of God upside down! When Jesus separates the sheep from the goats on judgment day (mountain 25:31-40), He will tell us that His sheep: To the extent that you served one of my least brothers, you have served Me - inherit the kingdom prepared for you! We will be completely surprised by many of our acts of kindness and service. This life is all grace! By the grace of God, we will be who we are! The secret to a happy Christian life lies not only in realizing that this is all grace, but also in enjoying this fact! (120-132) Jesus asked His disciples, Where is your faith? The whole issue here is the problem and the question of the nature of faith. Many believers are often concerned that they have never clearly understood the nature of faith. Remember that all believers have been given a gift of faith that allows us to believe the Lord Jesus Christ in salvation, but that does not mean that they fully understand the nature of faith. distinction between the gift of faith and walking faith or a life of faith. God starts us in this Christian life and then we have to go in it - we go by faith, not in sight (2 Kor 5:7). When Jesus rebuked the disciples during the storm that raged in the Sea of Galilee, He rebuked them not because of their anxiety or horror, but because of their lack of faith. Jesus admired their disbelief. The students did everything they could during the storm, but it didn't seem to be any good. Here's a critical point: Jesus rebuked them for being in that state of excitement and terror when he was with them in the boat! A Christian never, as a worldly person, should be depressed, agitated, anxious, frantic, not knowing what to do. Paul said: I learned to settle in whatever circumstances I'm in (Phil 4:11). This is what a Christian should be like. A Christian should never get carried away with his feelings, and the lack of self-control - regardless of his circumstances. That is why the disciples were so alarmed, agitated, unhappy and unhappy. The condition of the disciples also meant a lack of trust and confidence in God - Jesus actually said, Do you feel that way, even though I am with you? Don't you trust me? Remember the words of the disciples: Master, do you care that we die? (Mk 4:38). This response shows a lack of faith in Christ's care and concern for us thus, we become agitated and disturbed. It's the same answer as a nonbeliever. The question is that we should never allow ourselves to be agitated and disturbed regardless of the circumstances, because it implies a lack of faith. Take the eleventh chapter of the Jews - each of these people was judged. They were given the gift of faith and great obi-, and then their faith was tested. Peter says the same thing: Although you are distressed by various trials, the reason for the trials is that the proof of your faith, being more valuable than the gold that is perishable, although it will be tested by fire, can be found to lead to praise and glory and honor in the revelation of Jesus Christ (1 Pet 1:6-7). This is the subject of all Scripture. Storms and trials are a vital part of a believer's life - they are allowed by God for a reason... our faith is being tried - proven - tested - cleared. James says: Consider all this joy when you face different challenges (Jam 1:2). Paul writes, For you, it was best for Christ not only to believe in him, but also to suffer for him (Phil 1:29). Jesus said, In this world you will have sorrow; but take courage, I overcame the world (Jn 16:33). Paul also says, Through many adversities, we must enter the Kingdom of God (Acts 14:22). When everything seems to be against us; when the Lord himself seems completely indifferent; When we are scared and desperate; and desperate; When we are scared and desperate; When we when we may even be in danger of our lives - that is, where the real test of faith comes in. What is the nature of your faith? Watch our Lord's reaction when he deals with his disciples in the midst of a storm - He knows full well that they have faith. The question He asks them is: Do you have faith, but where is it at the moment? This gives us the key to understanding the nature of faith. First, faith is not just a matter of feeling - it cannot be, because our feelings change from one minute to the next. Faith includes the mind, understanding is the answer to the truth (truth implies intelligibilia). Faith is not something that acts automatically or magically. Faith to be implemented. Faith does not come into operation by itself, you have to put it into operation. So, how can you put your faith in operation. So, how can you put your faith is not a panic. This is the very nature of faith - it is the rejection of panic, comes what can. Faith was described as: Faith is eternal disbelief, quiet - faith does not entertain temptation - it immediately rejects temptation - when you consider temptation, you allow it to take root in your heart. Believers do not have the opportunity to fully consider the temptation and then turn away from it because it involves the flesh! Satan is not stupid! He knows if you just listen to him and consider what he has to say - he's got you!!! Faith immediately reacts to difficult situations with these words: I am not going to entertain these thoughts! And I'm not going to be controlled by these circumstances! Straight out of the shoot, you take responsibility for yourself! and pull yourself out! and control yourself! You do not allow your thoughts to wander through Satan's territory! You're asserting yourself! It's time to control your thinking! You have to remind yourself right away of what you believe and what you know! That is faith - it holds on to the truth and the reasons from what it knows to be fact. That's what faith thinks. The foundation of faith is Truth - The Word of God is Scripture. Faith Reasons: Okay, I see waves and shafts . . . BUT (and then you remind yourself of the ultimate reality - the truth - God is God, and He responds). I repeat, one of the most important steps you can take when faced with a difficult situation is to immediately renounce temptation and refuse to consider it and then confirm what you know as truth, including acknowledging your own weakness. Faith agrees with everything God says about reality, and this includes the need for you to be completely dependent on Him. Here's an example of what to say - God, all things seem against me to drive me to despair. I don't know what's going on, but I know that I know you loved me so much that you sent your only born Son into this world for me. I know that at the cost of his life's blood I have salvation and that I am now child and heir to eternal joy and peace. I know. Faith claims that it amounts to logically thinking through what we know to be true. Faith reminds itself of what Scripture calls great and precious promises. Faith says: I can't believe that whoever brought me so far is going to let me in at this point. This is impossible because it would be incompatible with the character of God. Thus, faith, refusing to be controlled by circumstances, reminds itself of what she believes and what she belie know well that He will never let anything happen to you that is harmful. Remember Paul's words: God makes all things work together for the good of those who love God. No hair on the head should be damaged. He loves you with eternal love. You may not have a full understanding of your predicament, but it is you know for sure - God is not indifferent. God allows everything that happens to you, because it is ultimately for your good. That's how faith works, but you have to do it. You refuse to be touched. You stand by your faith. The disciples, even if they were in a state of panic, still had enough faith to get them to do the right thing in the end - they went to Jesus! They still had a feeling that He could do something about it? It's a very bad faith you can say is a very weak faith - but it's faith, thank God! Scripture says: even faith as a grain of mustard seed is valuable because it takes us to Christ! When you finally come to Him in your despair, He can reproach you for not reasoning (which is a mature faith) and ask you why you are not applying your faith, and wonder why you behaved as if you were not a Christian at all? And then you hear Him say: I would be so glad if I could watch you stand like a man in the midst of a hurricane or storm -- why not? He will let us know that He is disappointed in us, and He will reproach us; but, praising him, he will accept you and me! And incredibly, as it may seem, He will not only accept us, but also bless us and give us his peace! How can it be that our God is so merciful and kind and Jesus rebuked the wind and the sea, and became absolutely calm - think about it - He created a state that they so wanted to enjoy ... despite their lack of faith! Such is the gracious Lord that you and I believe and follow - that He is truly graceful in his relationship with us really too wonderful for words. Although we stumble and stumble terribly, Yet He never rejects us or gives up, and He always remains faithful to us, even when we are not believers! Why? Because we are His children - how can He deny Himself? (2 Tim 2:13). (135-147) Matthew 14 describes Peter's experience of walking on water (Mountain 14:22-33). Like the previous history of disciples in a storm tossed by the sea, this incident also focuses on the nature of faith. Here we see again how Jesus commands and controls the elements. Peter invites Jesus to come to him on the water - He starts so well, so full of faith . . . He then gets into trouble and ends up being an unfortunate failure, screaming in despair. How guickly it all happened. We are told in this story, when Peter looked at the wind and the waves, he got scared and began to sink. Circumstances began to and the waves were there before he started walking on the water... So there was no new factor... but Peter got into trouble and was frightened and desperate. Why? The answer is that the trouble was entirely in St. Petersburg. Our Lord gives us an accurate diagnosis - it was little faith! Peter's great characteristic was his energy and his ability to make guick decisions, and his active personality. He was enthusiastic and impulsive, and it was something that kept getting him into trouble. The trouble of such a person is that he is inclined to act without thinking - his faith was not based on sufficient thought. The difficulty with it was that he didn't think everything was all the way through, he wasn't working them properly. In the Gospels, he was always the first person to volunteer - he was always the first in everything, and that was his misfortune. Apostle Paul had to reproach Peter for not working out the question of justification only by faith, as he should have done. He had no excuse because he was the first person to accept the Gentiles into a Christian church - you remember the Cornelius incident (Acts 10). For a Jew it was a huge thing to bring a pagan into the Church. What happened to Peter? He took a stand without developing all its consequences - it is a very common cause of spiritual depression. Conversely, when Peter looked at the waves he began to doubt -- Peter had led himself to question on those things that are in comparison with faith, - he concentrated on the waves - and this temptation gave rise to sin, and he drowned. We will always be tempted to let problems overwhelm us - and when they do, they make us distrust. By the way, doubts are not incompatible with faith. We all tend to doubt - but it is not; Peter still had faith, though he doubted that Jesus had said to him, Oh, you have little faith. We all tend to doubt - but it is not; Peter still had faith, though he doubted that Jesus had said to him, Oh, you have little faith. We all tend to doubt doubt is a sign of weak faith and we all struggle with faith from time to time. It's a big fight for the believer (1 Tim 6:12); and make no mistake about it, it's a struggle! The key is not to let the doubts of the master and control us - when they do, it is a spiritual warning sign that we must grow more in our faith; Obviously, we want to be a people of great faith, not a weak faith. Great faith is the knowledge of the Lord - not by a sense or an act of will. Christianity is Christ, and Christianity is Christ, and Christianity is Christ, and Christianity is Christ, and christianity is Christ. lack of faith (weak faith) is the root cause of their unhappiness. Thus, the great antidote to spiritual depression is the knowledge of Christ, and the knowledge of Christ. communicating, which is why so many Christians are depressed and unhappy. Their knowledge of the truth is incomplete. Jesus said, Knowledge of truth will free you (Jn 8:32). It is a truth that frees - the truth about him, his man and his work. Great faith remains in the view of Christ - the Author and the Perfection of Our Faith (Cheb 12:2). Faith says, What God has begun to do, He can continue to do. Getting started was a miracle; so if He can initiate a wonderful job when I was in a feud with Him, He has the ability to keep it going - rest assured of this very thing that whoever started a good job in you will perfect it until the day of Jesus Christ (Phil 1:6). Remember this, you will never doubt if you look at Christ and clearly about Him - without Him we are utterly hopeless. No matter how long you have been a Christian, you are dependent on Him at every turn - without looking at our doubts. Remember: We're going past (2 Kor 5:7) - and that means living with our eyes on Christ, because we need Him all the time. This is the Lord's method - He does not give us enough manna for a month; we need a fresh supply every day, so start your day with Him. It was Peter's fatal mistake - he turned his back on him. Remember that you are walking on rough waves, and the only way to keep walking is to keep looking at him; He's never going to let you drown. Now to Him, who is able to keep you from falling, and make you stand in the presence of His glory, impeccable with great joy (Judas 1:24). (148-160) You have not received the spirit of slavery leading to fear again (Rome 8:15) - This is one of the most significant statements found in all scripture. Why did Paul make this statement? He sought to save these Roman Christians from the spirit of despondency. The spirit of despondency. The spirit of slavery, the spirit of despondency. The spirit of despondency. inability to realize certain truths; failing to understand what is possible for us Christians; inability to understand doctrine; and the inability to persevere with the application of faith - FAITH must be APPROPRIATED! Paul's fear is that they may have a slave-like attitude towards Christian life - the supreme law, if you will - where a believer thinks of Christian life as a big task they must take on and to which they must now apply themselves. In other words, holiness becomes a great task for them, and they can perform it. This attitude is viewed in a classical manner in Roman Catholicism and its teachings - in general the idea of monasticism - where the cultivation of holiness and spiritual life becomes a full-time occupation that you must devote yourself exclusively to, and your rules to allow you to live. According to Paul - it is nothing but the spirit of slavery that eventually brings with the end the wrong fear of God - the fear that the hut of torment; he sees God as a master; as a person who constantly watches them to discover their flaws; harsh legislator who met out punishment accordingly. Thus, fear is also fear of not fulfilling the task that they have been given. That is why they thought that spiritual life could only be lived if a person separated from the world, hence they have been given. what fills them with the spirit of fear; moreover, they are actually afraid of themselves and afraid of failure. It's a no-win offer. On the contrary; miserable existence. They say something like this - I came into this Christian life, but the guestion is, can I live? Paul says, You don't have to live in the spirit of slavery. Why not? Because the Holy Spirit is in you, and He will give you an opportunity and strengthen you. God works in both of you to make will and make Him good fun (Phil 2:13). We must look at him and rely on him, as we believe and fight, He gives us opportunity... It transforms our worldview... and we lose the spirit of slavery. Because God cares about us, our desire should not be to preserve the law, but to please the Father. There is nothing that promotes holiness as the realization that we are the heirs of Christ, that our destiny is confident and secure, that nothing in all creation can prevent it. Realizing this, we are cleansed even when He is clean and feel that we have no time to waste time (1 Jn 3:1-3). Don't worry about how you feel; The truth about you is glorious. Take your salvation and win. (163-189)Don't get tired of doing well, because in due course you have to reap (Gal 6:9) - the troubles of spiritual life are always the same, they never change, although their special appearance may differ, and the reason for all this is the devil. After many years after Christ, and the thrill of a new discovery suddenly seems to have gone, many believers often face trials and difficulties ... and fatigue sets in. I won't give up; I won't give up; I won't let my heart go - so they go in a hopeless, drag state. To accept such a fate is the greatest danger for all - one of the greatest temptations of the devil - to make the people of God lose hope. Many Christians at the moment are just moving forward in a formal spirit and as a duty - wearily trudging along. In fact, if we see Christian life as just a contentious task or duty to be put on display, and we have to go on our own to get through it, somewhere along the way we have gone off the narrow road and taken to the broad road. Go back to the beginning of your life and repeat your steps to the gate through which you have passed. Look at the world in its evil state, and look at the most glorious campaign a man can ever enter, and that you are on the noblest road that the world has ever known. When the world becomes too much for us, we are immersed too much in our problems - looking forward to eternal glory shining from a distance. Set your affections on things (Col 3:2). Be steadfast, unwavering, always replete with the work of the Lord, knowing that your work is not in vain in the Lord (1 Kor 15:58). Go on with your work all your feelings; God will give an increase; He will send the rain of His merciful mercy as we need it; will be a bountiful harvest -- look forward to it -- you'll reap! (Gal 6:9). Remember Jesus - who for the joy set before him, He survived the cross, despising shame (Cheb 12:2) - that's how He did it. Absolute glorious confidence in the future rested Him to endure the cross. Remind yourself of your blessed Master... look at him and ask him to forgive you for ever allowing yourself to wash. and you will hate yourself for grumbling and complaining, and you will go forward even more gloriously until eventually you hear Him say: Well done, kind and faithful servant: enter into the joy of the Lord. Come, you have blessed My Father, inherit the kingdom prepared for you from the foundation of the world (mountain 25:34). (191-202) Peter wrote his second message to encourage people who were discouraged, before they began to doubt their faith, they were infertile, and forgot that they had been cleansed of their old sins (2 Pet 1:9). These are Christians to whom Peter writes, but they are depressed, unhappy and appalled by doubts. Their faith did not fill them with joy and confidence, nor did they grow in the knowledge of the Lord (2 Pet 3:18). Why are they so? The end case is a lack of discipline; and it stems from having a wrong view of faith. Peter encourages them to apply all diligence in adding to their faith (2 Pet 1:5). They seemed to have a kind of magical view of faith - the idea that as long as they believed, everything would go well and that theirs would automatically work in their lives. Peter tells them that faith must be supplemented by virtue, knowledge, moderation, patience, piety, brotherly kindness, and mercy. They had only one formula - as long as they look at the Lord, there is nothing more to do. They felt that any attempt to do anything else was returning to the position of rescue at work. This is a very common mistake even in the church today. But Peter says: You must supplement your faith! Growth in faith does not Most Christians live their lives seriously lacking discipline. The most difficult thing in life is to order your life and manage our lives - if we do not get it, we will be in danger of drift. Obvi-ously, there are plenty of what can distract us - newspaper, television, meetings, work, business happen automatically! Fighting faith! (1 Tim 6:12; 2 Tim 4:7). hobbies, sports, etc. The fact is, each of us is fighting for our lives - fighting for our lives and insist that it is given to this matter of the soul, not to these other things! Peter says: apply all diligence, make every effort, be zealous to do these things. If you read the life of the greatest saints, the characteristic number one in their lives was discipline and order. The Jews say, God is their rewarder who diligently seeks him (Cheb 11:6). We must be diligent and zealous in our search. Those who have never experienced a warm heart have never looked for it. Those who experienced this believed in the culture and discipline of spiritual life. If you are an unhappy and depressed Christian, it is most likely due to a lack of discipline. You must be diligent to complement our faith with - virtue - its meaning here is moral energy, strength and strength of knowledge - it means a kind of understanding, understanding, understanding and enlightenment of the truth of moderation - it means self-control over every aspect of your life's patience - patience to keep through every despondency of piety - which means paying close attention to our relationship with God's brotherly kindness - our attitude to our fellow christianness - our love for charity - our love for charity - our attitude to charity. who is beyond belief (202-216)Peter wrote the message to address the issue of spiritual depression - the heaviness they felt because of the many temptations they experience simply deprived them of joy. They had a superficial view of Christianity - they thought they should be happy all day long and didn't have to go through fiery trials. Obviously they were totally disappointed. The truth is that there is a number of PARADOXES that the Apostle Paul uses to describe ourselves - we suffer in every way, but are not crushed; we are puzzled, but not desperate; we are puzzled, but not despe which a Christian is subjected; he is not immune to such things. The Saints of God are subject to human weaknesses, grief, sorrow, feelings of loneliness, failure, and disappointment. The glory of Christian life is that we can rise above these things even if we feel them. It is not a lack of feeling - it is a very important dividing line - according to Scripture, it is the law that the more we are like Christ in our lives and lives, the more likely we are to face trouble in this world. The most pious saints in history have been subjected to rigorous trials - start with all twelve disciples of Jesus and the Apostle Paul; they were all tortured, except John. And throughout the church age we have a seemingly endless list of saints on which we could point. The many trials we are subjected to, Peter writes, are good for us because they are part of our discipline in this life and in this world - God has appointed her so that He can lead us to perfection. Sometimes these things happen to us to us up; other times it is to prepare us for some things (like Joseph and David). Note the words Peter uses - if necessary (1 Pet 1:6) - if the specific that we are exposed to proves necessary, God will do whatever is necessary. God puts us through times of trials in order that things that do not belong to the essence of faith can fall. In addition, God develops an element of trust in our faith by trying us. God so deals with us in this life to make us trust Him in the dark when we do not see light at all. Trials happen to us so that our true faith can be revealed - and that is the most important thing. It should be noted that God does not keep us permanently on trial - He knows the right amount that is needed, and when we respond, He will withdraw it. It's only for the season. By the way, the more and more authentic our faith, the greater will be our glory. God uses a variety of methods in the process of consecration - It will be God's holiness-tion (1 Th 4:3), we must be holy and impeccable (Eph 1:4). God's great concern for us is primarily not our happiness, but our holiness. As stupid children, we often misunderstand God's relationship with us and feel that He is unkind to us - this, of course, leads to depression, all because of our inability to realize God's glorious goals toward us. Scripture tells us that God sometimes encourages consecration by us - whom the Lord loves, whom He sancti promotes (Cheb 12:6). God has His ways of creating holiness in us. Another way god transforms us through the instruction of His Word. Paul was given a thorn in the flesh to keep him spiritually correct and not to let him elevate himself; and through it all, Paul learned to rejoice in infirmity rather than health so that the glory of God could be promoted. By the way, the word punishment means train - we tend to confuse it with the word punishment; wrong, instead it includes correction, instructions and reproach; the main purpose of the punishment is to educate and develop the child in order to produce maturity. How does God punish His children? More often than not through circumstances in particular. God often uses financial loss - disease - persecution. Again, God has appointed us that we are becoming part of His holiness. There are certain flaws in all of us that need to be corrected - spiritual pride; Self-reliance Self-confidence Peaceful values; carnivorous lusts; Lack of humility; arrogance; the need for patience. The Psalmist said, It is good for me that I suffered (Ps 119:71). We must all be humiliated to come to humility - and failure is one of the most effective ways to achieve this. Think of it this way - it's very hard to be humble us. (218-245) There are a number of wrong ways to respond to trials, troubles, and punishment-ment - We can despise them... hardened by them ... resent them ... become bitter ... Feel hopeless ... Angry... Despair... Surrender... grumbling and complaining ... or faint under pressure - Oh, that I had wings like a pigeon, then I would fly away and be alone! (Ps 55:6). Scripture says: Pull yourself together and stop behaving like a child - stop fainting; Stop whining; Stop crying stop sulking. You say you're a man, but you keep behaving like a child! Listen to what the Word of God says - follow its logic; bring intelligence to Scripture. The great argument of Scripture is that it is God who does this, and God does it to you because you are His child, and Does it for your benefit; but it's only good when you obey the process. the process? The Psalmist tells us that God is going to do this to us by putting us in a gymnasium. This original meaning of the word translates as trained (Heb 12:11). It's a wonderful picture. We are told that the root of this word gymnasium is a word that means being stripped naked - so the picture we have here about ourselves being taken in a gymnasium and there we are told to undress that we can go through the exercises unhindered by our clothes. Set aside all the trainees and sins that so easily confuse you, and run with the endurance race that is set in front of you (Heb 12:1). The teacher takes his student and puts him through his exercises so that he can become a perfect example of masculinity. When you are naked, all your flaws and infirmities are exposed, and the instructor can prescribe the exercises and training he has prescribed to you - if you do so, it will give a peaceful fruit of righteousness. (Cheb 12:11). Obey the study of God's Word, and when you have been trained, you will say, as the Psalmist said, It was good for me that I suffered - before I was amazed, I lost my way; but now I keep your Word (Ps 119:67, 71). Follow the holiness of all you can! chase him! hunt for him! And you'll find it! It must be extremely comforting to know that you are in God's hands, that He loves you, and that He is determined to produce holiness in you and bring you to heaven without a stain or vice. If you do not listen to the Word of God, He will deal with you in a different way. Either way, God will bring you to heaven with a suitable pattern. Take training, do exercises, rush to high school, and do what He tells you - practice it all at all costs, as much as the pain is great, and enter into the joy of the Lord. (247-259)Be concerned for nothing ... pour out your heart to God ... and His world will flood your soul (Phil 4:6-7). This is one of the most comforting statements in all of Scripture. So rejoice in the Lord always! Paul showed us how wanting our own way produces an unsurpassed spirit and deprives us of

our joy. We must be anxious for nothing - anxiety is all due to the activity of the heart and mind; it's a profound part of psychology. Paul says here, We cannot control our hearts and minds. The state of anxiety, says Paul, is something that is in some ways beyond our control; it happens separately from you and despite the heart is the central part of our personality, and the place of our emotions. The prolific cause of anxiety is imagination, and sometimes it just runs rampant. We are victims of our thoughts, and often they are beyond our control and mastered by us. The Apostle tells us that this is something we must avoid at all costs. In a state of anxiety we spend all our time reasoning and arguing and chasing fantasies - and in this state we are useless and we lose the joy of the Lord. Psychology says: Stop worrying and pull yourself together - it's repression. If you happen to be a willful person, you can keep these things out of conscious mind with the result that they then continue to work in the subconscious. This condition, however, is worse than the anxiety itself. What does the apostle say then? Let your requests be known to God - that's the essence of worship and adoration. Then you bring your prayers to the Lord - specific things that bother you. And you do it with thanks - we must have positive reasons for thanking God. We thank God for our salvation... That He is present in our trouble... for all his provisions ... That He works in us for good... that He is capable of doing more than we could ever ask or think... that He is true to his Word, we will be kept no matter whether something happens or not. Remember, the glory of the gospel is that God cares about us and not about our circumstances. We are usually tyrannized by circumstances because we depend on them, and we would like them to be governed and controlled, but this is not the position of Scripture. God promises to give us His world, which passes all understanding; and His world will protect our hearts and minds in Christ Jesus - so He promises to give us peace in our hearts, despite the circumstances. Prayer does not mean that we will feel better, or that our circumstances will be changed. Moreover, prayer itself is not the means that does the work - God is the one who gives us His peace. (261-272) One of the high water signs of Christian experience is to learn to be satisfied in all situations. The real meaning of the word translates as content is that I have learned in any circumstances and conditions. Paul tells us how he learned to be independent of the thorns in the flesh, self-sufficient, despite this. He told Timothy, Satisfaction is a great benefit (1 Tim 6:6). The first thing you have to learn is to be independent of and conditions - we should not be mastered or controlled by circumstances correctly, by all means do it ... But if you can't, don't master it; Don't let it get you down; Don't let him control you; Don't let it define your suffering or your joy. We must not depend on our circumstances to make us happy. Paul says: My life is not controlled and is determined by what happens to me; I am in a state in which I tower over them. One of the greatest challenges in life is to learn how to suffer all things without feeling feelings of resentment or bitterness of spirit... to learn how not to worry or worry. Paul has gone through all kinds of trials and tribulations, and yet he has not been touched by them - thus, in fact, he said: My life and happiness and joy are not defined religion as: Religion is what a person does with his loneliness. You and I, at the end of the case, are what we are when we are alone. Paul had a love for God that made him independent of everything that happened to him - no matter what happened to him, he was pleased. How did the apostle reach this state? I have come to learn (from my own experience). Paul learned an important lesson: My grace is enough for you (2 Kor 12:10) - the experience of a great teacher; it teaches us all. Paul came to learn this great truth, to work out a great argument - Conditions are constantly changing, so I should not depend on them. What matters eminently is my soul and my relationship with God. God cares about me, and nothing happens to me except His approval. God's will and Every situation in life is the development of some manifestation of God's love and goodness. I must consider circumstances and conditions as part of God's work to perfect my soul. Whatever my conditions at the moment, they are temporary. Our job is to seek a God's ways are a great mystery, and all He allows for my good. special manifestation of God's kindness and kindness in life, and to be prepared for surprises and blessings, because His ways are not our way (Is 55:8-9). Paul learned to find pleasure and satisfaction in Christ - his closeness with Christ is so deep that he became independent of everything else. Let this be our first ambition. The Apostle Paul writes: I can do everything through Christ, which strengthens (Phil 4:13). The best translation would be, I'm strong in everything in Tom, who constantly pours strength into me. Paul actually speaks not so much that he himself can do certain things, but that he has the ability to do certain things to those who fill him with strength. Christ is all sufficient for any circumstance. The essence of Christian life is that it is a mighty force that enters us; it is life, if you will, that pulsates in us. It is the activity and activity of God. Whoever has started a good job in you will do it until the day of Jesus Christ (Phil 1:6). God works his will in your life - this is what Christians really are (Phil 2:12-13). Christian life is God's activity and not just our activities. In the souls of men, the life of God is who Christians are. Being a Christian means being so vitally connected to Christ that his life and power work in us is what it means to be in Christ. Christ in you hope for glory (Col 1:27). Think again of Paul's words: I can do everything through Christ, which strengthens me (Phil 4:13). Pay attention to I can and through Christ - both play an important role in the process of consecration. I live, but not me, but Christ lives in me (Gal 2:20). Christian life is not a life in which I live by my power - and it is not a life in which Christ does everything - both of us are responsible. This is the incredible romance of Christian life. I can achieve god's Purposes because He constantly fills me with his power (Phil 4:13). As my friend Dr. Steve Brown (author of the next chapter) would say, You think about it. (275-300)

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