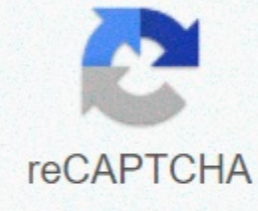




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Body rider dual trainer

CategoríasElípticas(2)Escaladoras (1)Plataformas Vibratorias(1)Costo de envíoGratis(3)PagoMeses sin intereses(1)En mensualidades(4)CondiciónNuevo (3)Usado(1)UbicaciónDistrito Federal(2)Nuevo León(1)Chihuahua(1)PrecioHasta \$5,500(1)\$5,500 \$15,000(1) 1)Más de \$15,000(2)Detalles de la publicaciónMejores vendedores(2)Otras personas buscaronStepLigas para ejercicioElípticasChaleco con pesoMancuernas 5kgBarra zCaminadoras eléctricas nuevasMancuernas 10kgEscaladoraBanco de ejercicio12x sin interésEl envío gratis está sujeto al peso, precio y la distancia del envío. © 1996-2020, Amazon.com, Inc. o afiliados. Todos los derechos reservados. Visit the help section or contact us Recently we were asked to do a Body Rider Dual Trainer review as this machine has become quite popular. As soon as we saw the price tag, of course we were very skeptical.... An elliptical trainer and a recumbent bike together for less than \$200? Yikes. But for the sake of fairness, we watched and gave it a test drive. We've been impressed with some of the more affordable models recently, so we went to this review a little less skeptically than usual. So here goes... Body Rider is a budget hybrid trainer... half-elliptical, semi-wheeled, currently on sale at Sears, Target, several other retailers, and Amazon, manufactured by a company called Body Max. They also make inversion tables, pullup/dip devices, recumbent bikes and various other exercise equipment. We didn't find too much information about the manufacturer, which is never a good sign, but we looked closely at the machine itself to see what was going on. It's certainly not much to watch, but what's a training machine under \$200 ever? To get a really solid structure, you have to pay at least \$700 or \$800, and even then sometimes you find bad construction. So if you're looking for something solid that will last you for years with very little or no maintenance issues, Body Rider isn't for you. When you look at the data, there is a 250 lb.max capacity, so if you're heavier, this might not work for you. Elliptical also has a measly 13-inch step that is very low. If you're tall, this feels very intersaget. As a reference framework, we recommend at least 20 steps for longer users. It has a typical snob to change the resistance, which isn't as much fun as pushing a button, but it's suitable for basic exercise. The reading is a very simple digital interface, and you can see different stats when you work by pressing the status button. Guru Test Drive OK... so now you ask... How's the workout? We jumped (gently) on the plane, starting with the elliptical, to see what the job was all about. All in all, it was exactly what we expected. As we mentioned, the step was very short, so we thought it was very used to gym machines where the step is generous and comfortable. It was definitely a problem. A few of our shorter testers were happy with the step. Turning the resistance knob upwards brought some resistance to the workout, and after about 5 minutes we got used to the short step. We sweated well. On the bike. We enjoyed the recumbent bike part of the workout a little more. Maybe it was because we sat down. ☺ although the step was the same, it felt a little natural in the seated position. The adjustable seat was also useful for all of us. We all put about half an hour on an elliptical and half hour bike, which allowed us to get a good feel and give a reliable Body Rider Dual Trainer review. We thought it was a bit shaky, especially for those of us who are a bit taller/heavier. You really don't feel like you're in the gym, but remember that these machines are typically \$2,000 or more. This isn't even 1/10 for the price, so you really can't expect to use the most amazing training device on the planet. When you look at body rider dual trainer reviews on Amazon, it does pretty well. That's a general rating of 4.45 for 4 1/2 for 5 stars. Only 85 people rated it as 2 or 1 star, which means that 80% of those who weighed gave it at least 3 stars. It can't be good. Some of the positive reviews focused on the fact that people were able to get a good workout, and appreciated the ability to use it as an elliptical or a bike. Other positives included the price (apparently), the fact that you can vary intensity, ease of assembly, adjustable seat and ability to track calories, speed, distance and time. As for the negative Body Rider Dual Trainer, some were to be expected due to the low price... sub-par design, the machine keeps noise when you use it, not a lot of programs or features. Other complaints were about a short step (something you almost always find in cheaper ellipticals) is a problem for longer users, some parts break after multiple uses, hard to read the screen while working out and level changes don't really increase intensity. Overall, however, users seem to be very happy with dual trainer. As long as you don't go in with high expectations, you should be fine with this hybrid trainer. What's the outcome? Like most devices at this price level, if you think you absolutely love working out it, you're probably a little disappointed. It certainly doesn't have all the bells and whistles you'll find on more expensive elliptical machines. However, if you're just looking for a budget training machine that offers a low-impact workout with both an elliptical and a bike feature, it's not such a bad choice. We thought it was. and users of Amazon and other sites seem to be largely satisfied with Dual Trainer. If you decide to buy one of these machines, make sure you look at the warranty. We weren't able to find the information, so make sure you inquired. The possibilities are with an elliptical hybrid at this price level, you may encounter some issues, so the data useful is useful. ©2020 Walmart Stores, Inc.

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