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Sick and Injured) shall be used to excuse a person from the service for a period of more than 24 hours. This report must be submitted to the Commander-in-Chief daily by? What is used to provide documentation support for support in the preparation of the Monthly Medical Services and Outpatient Morbidity Report and the Annual Report on Tuberculin Testing? 1. Statistical computer scientist 2. Sickcall treatment log 3. OOD log 4. Medical journal 32. What Navy directive remains in effect until replaced or otherwise cancelled by the original command or higher authority? 1. Bulletin 3. Instruction 4. Communication 40 41 33. Which of the fourteen professional groups are involved in operation and readiness? 1. The 5,000 series is related to? 1. General administration and management 2. Medicine and dentistry 3. Financial management 4. Ordnance material 35. Which of the fourteen professional groups relates solely to the administration of civilian personnel? Pharmacists should be assigned customs duties at all major military pharmacies at fixed treatment facilities filling more than how many prescriptions each quarter? 1. 3. Which of the following is not allowed to write prescriptions unless it is approved in writing by the Commander? 1. Civilian physician employed by the Navy 2. Dentist 3. Nurse practitioner 4. Podiatrist (MSC) 38. All drug orders for drugs, sedatives, hypnotics, anticoagulants and antibiotics should be automatically discontinued after? hours 41 42 39. The inventory of controlled substances must consist at least of how many employees on a large ship or a large land station? The loss of controlled substances must be reported immediately on a DEA Form 106, should the original and 1 copy of the report be sent to? 1. Drug Control Agency 2. BUMED 3. Naval Exploration Service 4. All of the above 41. Every department, clinic or other activity drawing controlled substances from the pharmacy must maintain a loose leaf notebook containing drugs and controlled drug inventory 24 hours, which is one? 1. NAVMED 6710/1 2. NAVMED 6710/4 3. NAVMED 6710/5 4. NAVMED 6710/6 42. A narcotic prescription written by an independent duty hospital Corpsman must be countersigned by? 1. Commander 2. Ceo 3. Supply worker 4. One of the above 42 43 ANATOMY and Physiology #1 1. What anatomical expressions relate to the lower end of the body? 1. Proximal 2. Distal 3. Inferior 4. Caudal 2. What is the process of absorption, storage and use of food for body growth, maintenance and repair? 1. Homeostasis 2. Metabolism 3. Digestion 4. All of the above 3. Which of the below is not true regarding the smallest unit of life, the cell? 1. Consists of the plasma membrane, a nucleus and the cytoplasm 2. It contains 46 chromosomes 3. Is composed of a viscid, jelly like substance, called cytoplasm 4. Protoplasm has been called The Secret of Life 4. What type of tissue acts as a reservoir for energy-producing glucose, helps reduce the body's heat loss due to its poor thermal conductivity, and serves as support for various organs and fragile structures like kidneys, blood vessels and nerves? 1. Osseous 3. Areolar 4. Epithelium 5. What substance contained in the bone gives for its strength and hardness? 1. Calcium 2. Protein 3. Ossein 4. All of the above 43 44 6. Pelvic bones (by their shape) would be classified as what type of bones? 1. Long 2. Map 3. Flat 4. Irregular 7. Which of the following bones are located in the nose? 1. Lacrimal 2. Palatine 3. Vomer 4. Malar 8. What bone forms the forehead, contains the frontal sinuses and helps form the eye cavity and nasal cavity? 1. Time 2. Frontal 3. Occipital 4. Ethmoid 9. What is the name of the first cervical vertebra that supports the head? 1. Axis 3. Foramen magnum 4. Zygomatic process 10. The three innominate bones are firmly united in a bone to form a cup as the structure called? 1. Symphysis 2. Acetabulum 3. Clavicle 4. Foramen magnum 11. The fibula forms the lower end of the leg and is called? 1. Lateral 2. Medial 3. Tibia 4. Femur 12. The ulna is the bone of the forearm that is closest to the thumb and is called? 1. Ulna 2. Radius 3. Humerus 4. Femur 13. Gliding is a surface that moves over another without rotating or angling motion 4. Angular motion is the simplest type 13. Turn outward as to turn the sole of the foot to outside would be designated? 1. Eversion 2. Inversion 3. Supination 4. Pronation 14. What gives the muscles a certain firmness, or a continued state of partial contraction? 1. Isometric 2. Tonicity 3. Contractuality 4. Expandability 15. What is the longest muscle in the body? 1. Bicep Femoris 2. Tibialis Ant 3. Gastrocnemius and Soleus 4. Sartorius 16. What muscle is the place of choice for massive intramuscular injections? 1. Quadriceps 2. Biceps Brachii 3. Gluteus Maximus 4. Deltoid 17. The clear, pale, yellow, liquid part of blood after clotting is? 1. Blood serum 2. Hemoglobin 3. Plasma 4. Erythrocytes 45 46 18. Which of the following is not true regarding red blood cells (Erythrocytes)? 1. Carbon dioxide is collected by the RBCs and emitted via the lungs 2. Normal RBC numbers are higher in men 3. RBC will live around days in body 4. The spleen is Grave Yard for old, worn-out RBC's 19th century. What is the normal number of white blood cells per cubic mile of blood? 1. 6,000 to 18, 000 to 20, to 5 million 20. The heart is surrounded by a diaphragm sac called? 1. Epicardium 2. Myocardium 3. Pericardium 4. Endocardium 21. What part of the heart receives deoxygenated blood from the body via the superior and inferior venae cavae? 1. Left Atrium 2. Right Atrium 3. Left Ventricle 4. Right Ventricle 22. Relaxation of the heart, stage of blood pressure is called? 1. Diastole 2. Sewing chairs 3. Blood pressure 4. Both 1 and 2 over 23. What venous system are the only veins in the body to carry freshly oxygenated blood? 1. Liver 2. Systemic 3. Portal 4. Pulmonary 46 47 24. What vein is most commonly used for IV injections and infusions? 1. Median cubital 2. Great saphenous 3. Cephalic 4. Brachial 25. What's another name for the voting booth? 1. Epiglottis 2. Trachea 3. Pharynx 4. Larynx 26. What is the dome shaped and separates the chest and abdominal cavity? 1. Mediastinum 2. Interostal muscles 3. Membrane 4. Lungs 27. The amount of air left in the lungs after forced expiration is about 1,200ml and is known as? 1. Inhaled air 2. Exhaled air 3. Tidal Air 4. Remaining air 28. What type of respirations increase with force and frequency up to a certain point, then decrease until they cease completely? 1. Cheyne-Stokes 3. Rales 4 Dyspno 29. What is the nerve cell body that contains the nucleus? 1. Cyton 2. Axon 3. Dendrites 4. Neuron 47 48 30. The inferior part of the brain, the last division before the beginning of the spinal cord is? 1. Medulla Oblongata 3. Cerebrum 4. Cerebellum 31. Which part of the brain is primarily concerned with brine balance, harmony and coordination to the body? 1. Cerebellum 3. Pons 4. Medulla Oblongata 32. As to what the nervous system increases the activity of the body to allow it to meet danger or undergo strenuous physical activity, it has been called fight or flight nervous 1. Sympathetic 2. Autonomic 3. Parasympathetic 4. Peripheral 33. What nerve controls the muscles that turn the eyeball down and sideways? 1. Optics 2. Accessories 3. Trochlear 4. Abducens 34. What nerve is sometimes called the large sensory nerve in the head and is divided into ophthalmic, maxillary, and mandibular branches? 1. Glossary 2. Vagus 3. Trigeminius 4. Oculomotor 35. What is the pigmented muscular structure that gives color to the eye? 1. Watery Humor 2. Sclera 3. Choroid 4. Iris 48 49 36. What has the most bearing on the ability of a person to see in the daytime? 1. Glassy humor 2. Retina 3. Rods 4. Cones 37. What ear ossicles are attached to the inner surface of the eardrum and connect with the incus? 1. Anvil 2. Malleus 3. Tape 4. Stirrup 38. What endocrine gland is often called the master gland in the body because it affects most other endocrine glands? 1. Pituitary 2. Thyroid 3. Parathyroid 4. Adrenal 39. An overproduction, as hormone causes akromegly, which is characterized by the development of abnormally large hands, feet and jaw? 1. Somatotropin 2. Thyrotropin 3. Oxytocin 4. Gonadotropin 40. What condition caused by lack of antidiuretic hormone (ADH)? 1. Sugar diabetes 2. Diabetes Mellitus 3. Diabetes Insipidus 4. Hypothyroidism 41. What hormone regulates calcium and phosphorus levels of blood and bones? 1. Testosterone 2. Parathormone 3. Androgens 4. Progesterone 49 50 42. What are sometimes called salt and water hormones because they regulate the excretion and absorption of sodium chloride, potassium and water? 1. Estrogens 2. Thyroxine 3. Glucocorticoids 4. Mineralocoids 43. The islands of Langerhans (located in the pancreas) contain which cell secretes insulin, which is essential for carbohydrate metabolism? 1. Beta 2. Alpha 3. Gamma 4. Glucagon 44. What are the three parts of the small intestine in their natural order? 1. Jejunum, ileum and duodenum 2. Duodenum, ileum and jejunum 3. Ileum, jejunum and duodenum 4. Duodenum, jejunum and ileum 45. The serous membrane that lines the abdominal cavity is known as? 1. Mesentery 2. Periton 46. What is the muscular ring at the duodenal end that prevents its contents from escaping? 1. Heart's sphincter 2. Pyloric closing muscle 3. Esophagus 4. Appendix 47. The bulb shape sac usually stained dark pink or brown by the bile it contains is? 1. Gall bladder 2. Liver 3. Appendix 4. Colon 50 51 48. What is the least amount of urine to be excreted by a person each day? 1. 1 ml 49. The urine is formed in a sac called? 1. Ureter 2. Glomerulus 3. Medulla 4. Cortex 50. The structural and functional unit of the kidneys is called one? 1. Nephron 2. Medullary fabric 3. Malpighian Body 4. Loop of Henle 51. Which of the following is not true 1. They are effective blood purifiers and fluid balance regulators 2. Uremia is caused when the kidneys fail to remove waste products from the blood 3. It is estimated that 5,000 liters of blood pass through the kidneys in 24 hours 4. Removal of nitrogenous waste products from blood is the main function of the kidneys 52. What is the small tube that connects the epididymis and the ejaculating channel? 1. Seminal vesicles 2. Vas Deferens 3. Epididymis 4. Spermatic string 53. Chestnut-shaped gland that secretes an alkaline fluid to protect the male sperm from the female vaginal acid is called? 1. Bulbourethral glands 2. Ductus Deferens 3. Cowper's Gland 4. Prostate 51 52 54. Fertilization of an egg usually takes place in? 1. Vagina 2. Ovaries 3. Fallopian tubes 4. Womb 55. What part of the uterus (uterus) are the smaller and projects in the upper part of the vagina? 1. Cervix 2. Body 3. Outer opening 4. Vulva 52 53 ANATOMY and Physiology #2 1. What anatomical expressions relate to the outer part or surface of a structure? 1. Medle 2. Lateral lying 3. Posterior 4. Periphery 2. What is the body's self-regulated control of its internal environment? 1. Digestion 2. Homeostasis 3. Metabolism 4. All of the above 3. What is the most important protective tissue in the body? 1. Column 2. Cuboidal 3. Plancocelluen 4. Fat 4. What type of tissue acts as a means of removing waste from the body? 1. Liquid 2. Osseous 3. Epithelium 4. Muscular 5. Which of the following is not true regarding substances in the bone? 1. Yellow marrow produces white blood cells 2. Red marrow produces red blood cells 3. The Medullary canal contains marrow 4. Periosteum is the pain center of the bone 6. Hyoid bone (by its shape) would be classified as what type of bone? 1. Long 2. Map 3. Flat 4. Irregular 53 54 7. What bones form the side and bottom of the skull, and also house auditory, or hearing organs? 1. Frontal 2. Zygomatic process 3. Time 4. Ethmoid 8. Which bone is part of the base and back of the skull and contains a large hole, called the foramen magnum? 1. Sphenoid 2. Occipital 3. Vomer 4. Malar 9. What is the second cervical vertebra that makes the head turn? 1. Axis 2. Atlas 3. Sacrum 10. What part of the innominc noid is used as a reference point for surgical and anatomical measurements? 1. Ischium 2. Ilium 3. Pubis 4. Obturator Foramen 11. What are the two bony prominences prominently in the distal end of the femur, which articulates with the tibia and patella? 1. Larger and smaller trochanter 2. Lateral and medial malleolus 3. Lateral and medial condyles 4. Sesameoid bones 12. Which of the below is not true regarding the joints? 1. When two bones are attached to each other, joint formed 2. The elbow and knee are considered hinge joints 3. Examples of ball and socket joints are shoulder and hip 4. Fixed link of the skull vertebrae, and symphysis pubis 54 55 13. Facing down as in placing the hand palm down would be designated? 1. Pronation 2. Supination 3. Eversion 4. Inversion 14. What is the term used to denote a muscle's ability to become shorter or thicker? 1. Elasticity 2. Contractuality 3. Tonicity 4. Expandability 15. Which muscle is most commonly involved in a stiff neck? 1. Masses 2. Timed 3. Trapezius 4. Sternocleidomastoid 16. What is the wide flat muscle that covers about a third of the back on each side? 1. Diaphragm 2. Sartorius 3. Latissimus Dorsi 4. Pectoris Major 17. What part of whole blood is clear, a little alkaline, straw colored liquid consisting of 92% water? 1. Plasma 2. Blood Serum 3. Erythrocytes 4. Hemoglobin 18. Which of the following is not true regarding red blood cells (Erythrocytes)? 1. They are formed in the red bone marrow 2. Emotional stress, strenuous exercise, and high altitudes can cause a decrease in RBC's 3. Normal RBS count is lower in women 4. Hemoglobin is key to RBC's ability to transport oxygen and carbon dioxide 55 56 19. What are the normal platelets (platelets) per cubic millimeter of blood? 1. 6,000 to 18, 000 to 20, to 5 million 20. The inner surface of the heart is lined with a delicate serous membrane called? 1. Endocardium 2. Pericardium 3. Myocardium 4. Epicardium 21. What part of the heart pumps blood past the pulmonary valve through the pulmonary artery to the lungs for oxygenation? 1. Left ventricle 2. Right ventricle 3. Left Atrium 4. Right Atrium 22. If a man's blood pressure is 130/80, would his heart rate pressure be? What venous system is divided into deep and superficial veins? 1. Liver 2. Lung 3. Portal 4. Systemic 24. What vein is sometimes used for IV injection, derived on the inner aspect of the foot? 1. Large saphenous 2. Medial cubital 3. Cephalic 4. Brachial 56 57 25. The long cylindrical tube consists of 16 to 20 C-shaped cartilage rings embedded in a fibrous membrane called? 1. Epiglottis 2. Larynx 3. Pharynx 4. Trachea 26. What is the vessel that carries blood from the heart to the lungs? 1. Pulmonary artery 2. Lung artery 3. Aorta 4. Vena cava 27. What is the most common cause of death in the United States? 1. Heart disease 2. Cancer 3. Stroke 4. Diabetes 28. What is the most common cause of death in the United States? 1. Heart disease 2. Cancer 3. Stroke 4. Diabetes 29. What part of the nervous system command impulses from the brain and out to the reacting muscles or organs? 1. Motor Neuron 2. Sensory Neuron 3. Inter Neuron 4. Output Neuron 30. Which part of the brain is the largest and most superiorly located part? 1. Cerebellum 2. Cerebrum 3. Pons 4. Medulla Oblongata 57 58 31. What of the brain is the center of control of heart action, breathing, circulation, and control of body temperature? 1. Medulla Oblongata 3. Cerebrum 4. Cerebellum 32. The pair of cranial nerves and the 31 pairs of spinal nerves form? 1. Peripheral nervous system 2. Parasympathetic nervous system 3. Autonomic nervous system 4. Central Nervous System 33. What nerve controls the muscle that turns the eye outward? 1. Optics 2. Accessories 3. Abducens 4. Trochlear 34. What nerve extends down through the next of the throats, larynx, trachea, esophagus, and thoracic and abdominal guts? 1. Olfactory 2. Facial 3. Vagus 4. Hypoglossal 35. The hard, fibrous, protective part of the globe, which is the outer layer (white part) of the eye called? 1. Cornea 2. Retina 3. Choroid 4. Sclera 36. The optical globe is filled with a jelly like substance, which helps maintain the shape of the eyeball and prevent miss-movels by maintaining intraocular pressure and called? 1. Conjunctiva 2. Lacrimal gland 3. Watery humor 4. Glassy's humor 58 59 37. The bottom of what auditory ossicles are attached to the oval window (Fenestra Ovalis) membrane-covered opening of the inner ear? 1. Hammer 2. Tame 3. Incus 4. Malleus 38. The pituitary gland is located at the base of the brain in the sella turcica of the sphenoid bone, it has what shape? 1. Pear shaped 2. Butterfly 3. Four round equals 4. Caps 39. What hormone stimulates contraction of the muscles of the uterus? 1. Oxytocin 2. Vasopressin 3. Somatotropin 4. Thyrotropin 40. Lack of parathyroid hormone in the human body can cause? 1. Diabetes Mellitus 2. Diabetes Insipidus 3. Tetanus 4. Akromegly 41. What endocrine gland is shaped like a butterfly, located in the front of the throat, under the larynx? 1. Adrenal 2. Thyroid 3. Parathyroid 4. Islands Langerhans 42. What steroid hormone increase certain liver functions and have an anti-inflammatory effect? 1. Testosterone 2. Thyroxine 3. Mineralocorticoids 4. Glucocorticoids 59 60 43. What hormone prepares the uterus for the reception and development of the fertilized egg and maintains the lining during pregnancy? 1. Progesterone 2. Estrogen 3. Endometrium 4. Parathormone 44. What is the last and longest part of the small intestine? 1. Duodenum 2. Jejunum 3. Cecum 4. Ileum 45. What is the location of the heartsphincter? 1. Heart 2. Lungs 3. Stomach 4. Colon 46. What gastric juice activates pepsin from pepsinogen, kills bacteria that enters the stomach, inhibits the digestive effect of pepsin, and helps regulate the opening and closure of pyloric sphincter muscle? 1. Bile 2. Hydrochloric acid 3. Pylalin 4. Carbohydrate 47. What is the largest gland in the body? 1. Liver 2. Kidney 3. Gall bladder 4. Pancreas 48. What is the correct order that urine is excreted? 1. Ureters, Kidney, Bladder, and Urethra 2. Bladder, kidney, ureters and 3. Kidney, Bladder, Ureters, and Urethra 4. Kidney, ureters, bladder and urethra 60 61 49. When the kidneys fail to remove waste products from the blood, which accumulate in high concentrations, this is called? 1. Epididymitis 2. Uremia 3. Hepatitis 4. Phimosos 50. What substance in the kidneys is a pyramidal mass of tubes or tubules that drains the urine into the kidneys' pelvis? 1. Medulla 2. Cortex 3. Malpighian Body 4. Loop of Henle 51. Which of the following is not true regarding the kidneys? 1. Glomerulonephritis is caused by protein loss from the body due to deep and damaged glomeruli 2. The structural and functional unit of the kidneys is called a Nephron 3. The main function is the reabsorption of water, salt, sugar and protein elements in the blood 4. The loss of a kidney does not seriously affect the body's welfare. The two bags that lie between the bladder and the rectum, which secrete and store a fluid to be added to the secretion of the testicles at the time of ejaculation are called? 1. Ejaculatory channel 2. Sperm digue vesicles 3. Ductus postpones 4. Vas deferens 53rd What are the two pea-sized organs that secrete a mucous membrane as alkaline fluid during the sexual act of providing lubrication? 1. Semenering cords 2. Testicles 3. Prostrate 4. Pear wearthe glands 61 62 54. What are the two almond-shaped glands that produce eggs and the female hormones? 1. Fallopian tubes 2. Womb 3. Ovaries 4. Vagina 55. What is the function of fallopian tubes in the female reproductive system? 1. Transfer of a fertilized egg to the uterus 2. Nourishment of a fertilized egg 3. Production of eggs 4. Secretion of Female Hormones 62 63 CBRN (formerly NBC) WARFARE #1 1. When was the first large-scale use of chemical agents first employed? 1. Spanish-American War 2nd WW I 3. WW II 4. Vietnam 2. Which of the following is not true regarding the use of chemical and biological agents. 1. They do not destroy material 2. Chemical agents produce effects within seconds, while biological agents take weeks to months to produce effects 3. Chemical agents are more easily detected than biological agents 4. Chemical agents are more easily detected than biological agents 3. What type of chemical agent is called a blister agent? 1. Chlorine 2. Phosgene 3. Mustard 4. Cyanide 4. What type of chemical agent is called a blood agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 5. What type of chemical agent is called a nerve agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 6. What type of chemical agent is called a riot agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 7. What type of chemical agent is called a tear gas? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 8. What type of chemical agent is called a smoke agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 9. What type of chemical agent is called a choking agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 10. What type of chemical agent is called a vomiting agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 11. What type of chemical agent is called a sedative agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 12. What type of chemical agent is called a tranquilizer agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 13. What type of chemical agent is called a hypnotic agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 14. What type of chemical agent is called a narcotic agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 15. What type of chemical agent is called a stimulant agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 16. What type of chemical agent is called a depressant agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 17. What type of chemical agent is called a convulsant agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 18. What type of chemical agent is called a paralytic agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 19. What type of chemical agent is called a hallucinogenic agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 20. What type of chemical agent is called a sedative agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 21. What type of chemical agent is called a tranquilizer agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 22. What type of chemical agent is called a hypnotic agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 23. What type of chemical agent is called a narcotic agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 24. What type of chemical agent is called a stimulant agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 25. What type of chemical agent is called a depressant agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 26. What type of chemical agent is called a convulsant agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 27. What type of chemical agent is called a paralytic agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 28. What type of chemical agent is called a hallucinogenic agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 29. What type of chemical agent is called a sedative agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 30. What type of chemical agent is called a tranquilizer agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 31. What type of chemical agent is called a hypnotic agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 32. What type of chemical agent is called a narcotic agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 33. What type of chemical agent is called a stimulant agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 34. What type of chemical agent is called a depressant agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 35. What type of chemical agent is called a convulsant agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 36. What type of chemical agent is called a paralytic agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 37. What type of chemical agent is called a hallucinogenic agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 38. What type of chemical agent is called a sedative agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 39. What type of chemical agent is called a tranquilizer agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 40. What type of chemical agent is called a hypnotic agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 41. What type of chemical agent is called a narcotic agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 42. What type of chemical agent is called a stimulant agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 43. What type of chemical agent is called a depressant agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 44. What type of chemical agent is called a convulsant agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 45. What type of chemical agent is called a paralytic agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 46. What type of chemical agent is called a hallucinogenic agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 47. What type of chemical agent is called a sedative agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 48. What type of chemical agent is called a tranquilizer agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 49. What type of chemical agent is called a hypnotic agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 50. What type of chemical agent is called a narcotic agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 51. What type of chemical agent is called a stimulant agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 52. What type of chemical agent is called a depressant agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 53. What type of chemical agent is called a convulsant agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 54. What type of chemical agent is called a paralytic agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 55. What type of chemical agent is called a hallucinogenic agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 56. What type of chemical agent is called a sedative agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 57. What type of chemical agent is called a tranquilizer agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 58. What type of chemical agent is called a hypnotic agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 59. What type of chemical agent is called a narcotic agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 60. What type of chemical agent is called a stimulant agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 61. What type of chemical agent is called a depressant agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 62. What type of chemical agent is called a convulsant agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 63. What type of chemical agent is called a paralytic agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 64. What type of chemical agent is called a hallucinogenic agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 65. 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What type of chemical agent is called a sedative agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 75. What type of chemical agent is called a tranquilizer agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 76. What type of chemical agent is called a hypnotic agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 77. What type of chemical agent is called a narcotic agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 78. What type of chemical agent is called a stimulant agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 79. What type of chemical agent is called a depressant agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 80. What type of chemical agent is called a convulsant agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 81. What type of chemical agent is called a paralytic agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 82. What type of chemical agent is called a hallucinogenic agent? 1. Cyanide 2. Phosgene 3. Mustard 4. Cyanide 83. 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blanket 2. The victim must sit or stand while trying to put out the fire 3. Asbestos suit provides no protection in a steam-filled space 4. A wet cloth will provide protection against gases and lack of oxygen 80. What stretcher is to be used to lift casualties from engine rooms, holes, spaces or other areas where the access hatches are small? 1. Neil Robertson 2. Stokes 3. Army litter 4. Ship waste 81. What is used primarily in the extrication of seated victims, especially in auto wrecks, where it would be difficult to maneuver the victim out of position without doing further damage to the spine? 1. Short spine 2. Long backboard 3. Tail collar 4. Either 1 or 2 over 82. Which of the following is not true regarding the transport of the wounded? 1. One of the easiest ways to transport an unconscious patient is the firefighter's bear 2. Tie hand crawling is especially useful for moving under a low structure 3. Chair carry is especially useful when two rescuers need to move a victim up or down stairs 4. When using the blanket pull, always drag the victim's feet first 105 106 83. What type of anesthesia blocks all impulses to and from the perineal area of the body? 1. Causation block 2. Saddle block 3. Epidural block 4. Nerve block 84. What stage of anesthesia is used for all operations? 107 FIRST AID FORM #2 1. The procedures for assessing a patient's condition in different circumstances are based on the recommendation of? 1. Head of BUMED 2. Public health services 3. Joint Commission 4. Department of Transportation (DOT) 2. What is the medical brand in the field that is to identify losses in battle? 1. DD DD SF DD In a non-combat situation, will the injured, who generally have injuries where treatment can be delayed, be classified as priority? 1. II 3. III 4. IV 4. In a combat situation, the staff for whom final treatment can be delayed without endangering life or loss of limbs would be placed in what triage class? 1. I II 3. III 4. IV 5. What technique to open the airways is recommended for a neck injury? 1. Head tilt 2. Jaw pressure 3. Either 1 or 2 over 4. Neither 1 nor 2 over 107 108 6. Which of the below is not true about opening a completely blocked airway? 1. Breast pressure should not be used in obese or pregnant victims 2. Back strokes require four (4) sharp blows between the shoulder blades 3. Back stroke and chest thrust can be used together 4. Back strokes and abdominal thrusts can be used together 7. What type of artificial ventilation is effective when the victim has extensive facial or dental damage? 1. Mouth to nose 2. Word of mouth 3. Counterpress arm lift 4. Mask for mask 8. Which system has the advantage of providing greater air volume and being easier to use? 1. Bag valve mask 2. Mouth to mask 3. Oropharyngeal 4. Nasopharyngeal 9. When using suction devices, should not use suction for longer than? 1. 5 seconds seconds seconds seconds 10. How far should the sternum be depressed when performing CPR on children? 1. 1/2 to 3/4 inches 2. 3/4 to 1 1/2 inch 2 inch 1/2 to 2 inch 11. When a person performs CPR, what is the ratio of compressions to ventilation? Although the American Heart Association recommends 30 to 2 (circa 2015) 1. 5 to 2 108 109 12. Vital signs should be checked after performing, how many complete cycles of CPR? The American Heart Association recommends after 2 minutes of compressions Which of the below is not true about a circo thyroidotomy? 1. Often known as a tracheotomy 2. Small lateral incision is made at the bottom of the thyroid cartilage 3. Should only be used as a last resort 4. An alternative method is to use an 18 to 20 gauge intercathehr 14. What type of wounds are torn rather than cut and are usually made of blunt rather than sharp objects? 1. Wear 2. Avulsion 3. Cut 4. Tear 15. Which of the following is not true regarding the use of a scroll bandage? 1. The last turns of a completed bandage are opposite the original turn 2. A piece of roller bandage can be used to make a four (4) tailed bandage 3. Bandage the entire arm or leg of an extremity 4. The first turning of a bandage of the arm should be on the wrist 16. The number eight or the figure of eight bandage would be used to preserve a dressing by? 1. Elbow 2. Chin 3. Forearm 4. Ben 17. What bandage is especially useful in maintaining large bandages on hand? 1. Barton bandage 2. Triangular bandage 3. Figure eight or the number of eight 4. Spiral reverse 109 18. Which bandage is used to control bleeding from the scalp or forearm? 1. Scroll 2. Spiral reverse 3. Changed Barton 4. Neckcloth 19. What pressure point should be used to control bleeding in the face under the eye area? 1. Time 2. Subclavian 3. Facial 4. Common carotid 20. What is the term used to describe the excretion of bright red blood from the rectum? 1. Hematemesis 2. Hematochezia 3. Hematuria 4. Melena 21. Which of the following is not a true statement about rabies? 1. It shall be transmitted only by the bite of a rabid animal 2. The animal must be seized for at least 8 to 10 days 3. Rabies is sometimes referred to as a hydrophobia, which is caused by a virus 4. Do not attempt wound closure after a pete bite 22. What temperature should moist hot soot dressings be when applied to an abscess for 40 minutes, 3-4 times a day? degrees F degrees F degrees F degrees F 23. Which of the below is not true about the removal of a foreign object from the eye? 1. Do not attempt to remove an object embedded in the eyeball 2. Direct the flow of water to the inside corner of the eye and let it run down into the outside corner 3. Freely moving objects in the eye can be removed with a dry sterile cotton, which will cause the foreign object to stick to the 4th century. If after several attempts you have failed, place a loose bandage over both eyes 110 111 24. What is not recommended in the treatment of sucking chest ulcers? 1. Immediately use the wound with an ID card 2. Place the victim in a fowler's or semi fowler's position 3. During the match, the victim was on a stretcher on the affected side 4. Give small amounts of water 25. What type of suture needle can either have a cutting edge or conical point and have the suture attached to the needle by the manufacturer to cause at least tissue trauma? 1. Conus point 2. Cutting edge point 3. Atraumatic (Atraloc, Kilet) 4. Either 1 or 2 over 26. What type of non-absorbable suture material is preferred to silk for facial and lip areas because silk causes tissue reaction too often? 1. Catgut 2. Nylon 3. Cotton 4. Linen 27. What type of chrome catgut is medium chromium and absorption takes place in thirty days? 1. Type A 2. Type B 3. Type C 4. Type D 28. What size suture material should be used on the front of an adult? All sutures of the face must be completely removed after how many days? 1. 2 days 2. 3 days 3. 5 days 4. 7 days 111 112 30. What type of shock is the most common and most important type for the corpsman to understand? 1. Hemorrhagic 2. Neurogen 3. Anaphylactic 4. Cardiogenic 31. Decommissioning which body is a still-present danger of shock victims? 1. Kidney 2. Liver 3. Brain 4. Heart 32. Which of the below is not true about a shock victim? 1. Shocks with a combustion of more than 10% 2 shall be suspected. The heart rate of hemorrhagic shock can reach 160 or higher 3. The heart rate is often under 60 in neurogenic shock 4. There are frequent complaints of thirst 33. Intravenous fluid administration is the most important factor in the treatment of any kind of shock except? 1. Cardiogen 2. Neurogen 3. Oligemic 4. Vasogenian 34. What degree of shock is indicated in a person with a tread pulse of 120, systolic BP under 60, increased diaphoresis, obtundation and no urine production? ml deficit mild ml deficit moderate ml deficit severe ml deficit extremely serious 35. Which of the below is not true regarding military anti-shock pants (MAST)? 1. Should be used if systolic BP is less than 80mm Hg 2. Removal should be under the direct supervision of a doctor 3. The only absolute contraindication in their use is pulmonary edema 4. IV fluids should be used with extreme caution 112 113 36. Which of the following is not true regarding the administration of morphine? 1. It must not be given for nose passage wounds, oral cavities or jaws 2. Administration using subcutaneous routes or in routes must not be absorbed 3. Do not use in massive bleeding 4. Only be given intravenously 37. Which of the following is not true regarding a fracture of the forearm? 1. Gently straighten the forearm 2. Apply two well padded shin splints 3. There is a deformity when either radius or ulna is broken alone 4. Support the forearm with a wide sling or neck cloth 38. The rail must be secured in how many places when immobilizing a fractured femur? What bandage can be used to immobilize a broken clavicle? 1. Wide roll bandage 2. Figure of eight or number eight 3. Barton 4. Either 1 or 2 over 40. Which of the following is not true about a victim who has brain damage as a result of an injury? 1. May be confused and disoriented 2. Aspirin can be given for severe headaches 3. The position can either be lowered or raised 4. Students are odd in size 41. What is the primary symptom(s) of a broken spine? 1. Pain 2. Shock 3. Paralysis 4. All of the above 113 114 42. What is the minimum number of staff required to lift a patient with a suspected spinal cord injury? Examination of a patient reveals shortening of the leg, inability to move the leg and an abnormal oral position of the leg. First aid should be administered for a? 1. Broken femur 2. Broken tibia and fibula 3. Broken pelvis 4. Dislocated patella 44. Which of the following is not true regarding the reduction of a dislocation? 1. Always try to reduce a dislocated shoulder with the patient in lying position 2. Reduce a dislocated jaw by pressing down on the lower molars and lifting up on the chin 3. A dislocated finger should shatter, slightly bent 4. Do not attempt to reduce a dislocated finger or shoulder more than three times 45. What type of damage is caused by over stretching or tearing of a muscle or tendon? 1. Sprain 2. Tribe 3. 4. Kontusion 46. What color does the skin appear several days after maintaining a contusion? 1. Red 2. Black and blue 3. Pale and ash grey 4. Yellowish and greenish 47. Which of the substances listed below are classified as a non-corrosive poison? 1. Acids 2. Alkalis 3. Mercury 4. Fenols 114 115 48. What is the preferred method of emptying the contents of the stomach if a person suffers from stryknin poisoning? 1. Tickle the neck with your finger 2. Give an emetic (pecac 15ml) 3. Gastric lows 4. Any of the above 49. An emetic should be applied to which of the below poisonings? 1. Iodine 2. Ammonia 3. Creosol 4. Red furniture poles 50. What type of inhalation poisoning is associated with solvents, in detergents, electrical equipment cleaners, degreasers and fire extinguishers? 1. Carbon dioxide 2. Trichlorethylene 3. Chlorine 4. Ether 51. What medical emergency can be treated with 10 ml of calcium nail vonate (10%) solution given intravenously? 1. Black widow spider 2. Brown hermit spider bite 3. Scorpion sting 4. All of the above 52. Which of the below is not true about a female black widow spider bite? 1. Their bite is serious but rarely fatal 2. Identified by hourglass-shaped red spot on the abdomen 3. Board as stiffness in the abdominal muscles is common 4. All bite victims must be hospitalized immediately 53. Early diagnosis of what bite is extremely important within the first eight (8) hours, when the medical officer has the ability to excising the lesion and starting corticosteroid therapy? 1. Brown hermit spider 2. Centruroides sculpturatus 3. Scorpion 4. Snake bite 115 116 54. Venomous snakes exist in every state except? 1. Hawaii 3. Maine 4. All of the above 55. Which of the snakes listed below are of the family elapidae? 1. Rattle hose 2. Moccasin 3. Copperhead 4. Coral 56. Which of the snakes listed below is available only in India? 1. Krait 2. Cobra 3. Coral 4. Mamba 57. If the snakebite victim cannot reach a medical treatment facility within 30 minutes of being bitten, should an incision be made in what way? 1. X over each squat mark, 1/2 long, 1/4 deep length length length 2. \ over each squatting mark, 1/4 long, 1/2 deep length length 3. \ over each squatting mark, 1/2 long, 1/4 deep length 4. Incision and suction are not recommended 58. What is used to neutralize the venom of someone stung by spiny fish, cone shells, sea urchin or stingray? 1. Cold seawater 2. Hot water 3. Diluted ammonia 4. Vinegar 59. Which drug is classified as a narcotic, but acts as a stimulant? 1. Methadone 2. Cocaine 3. Davon 4. Talwin 116 117 60. A patient with blurred speech, uncoordination, confusion, tremors, drowsiness, agitation, nausea, vomiting, respiratory depression, hallucinations, and any coma would be suffering from alcohol poisoning or poisoning from? 1. Barbiturates 2. Sedatives 3. Hypnotiks 4. All above 61. If a man is burned on the complete left leg, right arm (just front) and on the head and neck (just the front), would he have what percentage of his body burned? 1. 18% 2. 27% 3. 31% 4. 36% 62. Start IV therapy with Ringer's lactate in an unburt area for all serious and extensive burns over? 1. 10% 2. 15% 3. 20% 4. 25% 63. An alkali burn of the eye should be rinsed with water, for how long? minutes minutes 64. An acid combustion should be neutralized by rinsing with which of the following solutions? 1. Vinegar 2. Baking soda 3. Alcohol 4. Castor oil 117 118 65. Which of the following is not true regarding embedded white phosphorus particles? 1. The wound must be dressed with a 1% copper sulphate dressing 2. Burning of white phosphorus can cause severe lung irritation 3. Medical personnel should place a damp cloth over the nose and mouth during debridement 4. Debridement should be performed in a dark room 66. What is the most common condition caused by work or exercise in a warm environment? 1. Hot cramps 2. Heatstroke 3. Sunplugs 4. Heat exhaustion 67. Which of the symptoms listed below are common to heat exhaustion? 1. Pulse fast and strong 2. Moist, clammy skin 3. Elevated temperature 4. The students turned 68. Which of the below is the treatment for a man suffering from heat exhaustion (aka heat exhaustion)? 1. Replace salt and water loss 2. Place wet wipes in the head, groin, axilla, and ankles 3. Treat for shock 4. All of the above 69. Which of the following is not true for the prevention of heat exposure damage? 1. It is a joint responsibility 2. The medical department is responsible for the training of all hands 3. Prevention centres should maintain WBGT and PHEL 4. Salt tablet dispenser should spread throughout command 70. A patient reports to the infirmary complaining about tingling and numbness in the affected area, swelling of the feet, legs or hands, bluish discoloration of the skin and painful blisters would be affected by? 1. Immersion foot 2. Chill blains 3. Hypothermia 4. Frostbite 118 119 71. Which of the following is not true regarding cold damage? 1. Death results when the body temperature approaches 80 degrees F 2. The immersion foot is due to prolonged exposure to wetness at 32 degrees F or 0 degrees C to 50 degrees F or 10 degrees C 3. Under no circumstances allow a deep frostbite patient to go 4. Do not attempt to thaw out the frostbitten part if the patient will be exposed to the cold again 72. Which of the following is not true regarding common medical emergencies? 1. Diabetics almost always wear a medical alarm ID symbol 2. Fainting is also called syncope 3. Too often a diabetic patient is treated as a drunk 4. A patient who has fainted should always be kept in a lying position 73. What is the most common causal agent in anaphylactic 1. Aspirin 2. Steak Steak Food substances 4. Any injection 74. The acute treatment of congestive heart failure is pretty much the same as for? 1. Cerebrovascular accident (CVA) 2. Angina pectoris 3. Myocardial infarction 4. Any heart disease 75. Which of the following is not true regarding acid birth? 1. Delivery is approaching if contractions are less than 3 minutes apart 2. When the chin comes to suck the nostrils and mouth 3. Use two clamps, 2 inches apart, with the first 6-8 inches from naval 4. Massaging the mother's lower abdomen will aid in the delivery of the placenta within 30 minutes to one hour 76. What protective equipment is best for individuals who need to enter cavities, or rooms with high concentration of oil or gas vapors, or other spaces that have very little access hatches? 1. Snake (airline) mask 2. Oxygen inhaler (OBA) 3. Protective (gas) mask 4. Any of the above 119 120 77. What type of device is used to test the atmosphere in enclosed or poorly ventilated rooms for the detection of oxygen deprivation? 1. Combustible gas indicator 2. Flame safety lamp 3. Toxic gas indicator 4. Any of the above 78. What stage in the extrication of victims is to prepare the man for removal, with particular emphasis on the protection of possible fractures? 1. 3. 4. Final stage 79. What should not be taken into a room that may contain explosive fumes? 1. Oxygen respiratory protection 2. Protective mask 3. Life lens 4. Flashlight 80. What type of stretcher is to be used for the transport of ships or for the transfer of injured persons to and from boats? 1. Army litter 2. Stokes 3. Neil Robertson 4. Ship waste 81. What carry is particularly useful in transporting a victim up or down the stairs, or through a narrow, winding passage ways? 1. One person arm 3. Two person arm 4. Packers 120 121 82. What type of anesthesia is often used when continuous anesthesia is desired for an extended period of time? 1. Causation block 2. Saddle block 3. Epidural block 4. Nerve block 83. What is the main classification (s) of anesthesia? 1. General 3. Spinal 4. Both 1 and 2 over 84. What stage of anesthesia does the patient experience dizziness, a feeling of unreality and a reducing sensitivity to touch and pain? 1. 2. 3. 4. What is the street name for hallucinogenic drug peyote? 1. Yellow Jackets 2. Red Devils 3. Speed 4. Buttons 121 122 FOOD SANITATION #1 1. Who has set sanitary standards for food purchases, inspection on delivery, suitability for human consumption, storage and cooling, preparation and serving and disposal of food residues? 1. Bureau of Medicine and Surgery 2. Department of Health Education and Welfare 3. Preventive medicine unit 4. Navy food services systems office 2. Who is responsible for the purchase, reception, inspection and storage of food? 1. Commander 2. Supply Officer 3. Food officer 4. Doctor 3. What is the recommended distance that food service equipment is away from walls, floors or adjacent equipment at land stations? 1. 2 inches 2. 4 inches 3. 6 inches 4. 8 inches 4. Which of the following is not true regarding manual washing methods? 1. A deep sink with three rooms is recommended 2. Wash water must be between degrees F 3. The first rinse must be with clean water from degrees F 4. The disinfection is rinsed for at least 30 seconds at 170 degrees F 5. What temperature does food start to bake on dishes? degrees F degrees F grade F grade F 122 123 6. Enamelled utensils or containers are prohibited in food service facilities because of the possibility of what type of poisoning? 1. Antimony 2. Zinc 3. Arsenic 4. Copper 7. Which of the following is not true with regard to requirements for milk pasteurization? 1. Heat the milk to at least 145 degrees F and maintain the temperature for at least 30 minutes and 2. Heat the milk to at least 161 degrees F and maintain the temperature for at least 15 seconds 3. Dairy products with a higher milk fat content or sweeteners shall be heated to at least 5 degrees F above minimum pasteurisation temperatures 4. Pasteurisation plants shall have a conformity rating of 75 or more 8. Which official should inspect all meat, meat products, poultry and poultry products intended for intergovernmental transfer? 1. U.S.D.C. U.S.D.A. 3. D.P.S.C. D.L.A. 9. Which of the following is not a sign that fish has been frozen? 1. Soft and flabby meat 2. Wrapping paper may become damp, slimy or discoloured 3. The bottom of the box may be distorted 4. Re-circumference eyes 10. What describes a can that has flat ends and when one end can be forced into a convex position when the other end is brought down forcefully on a flat surface? 1. Springer 2. Flipper 3. Sweller 4. Bulger 123 124 11. What is the ideal temperature for storing fresh eggs? degrees F degrees F degrees F degrees F 12. What distance should be allowed between the top of stacks of meat and the opening of air ducts in a refrigerator? 1. 6 inches 2. 2 feet 3. 3 feet 4. 4 feet 13. Which of the following is not the case with regard to food storage procedures? 1. Eggs and butter should not be stored with fruit and vegetables 2. The temperature must be a +/- 3 degrees of the recommended temperature 3. Medical supplies on board the ship must never be stored in a cold store 4. Temperature logs must be maintained and entries must be made at least twice a day 14. What is the recommended temperature range in the thaw? to 32 degrees F to 36 degrees F to 38 degrees F to 40 degrees F 15. How often should ice machines be inspected for cockroach attacks? 1. Daily 2. Weekly 3. Every two weeks 4. Monthly 16. What is the maximum time food can be kept if not kept below 40 degrees F or above 140 degrees F? 1. 1 hour 2. 2 3. 3 hours 4. 4 hours 125 17. What class of frozen sandwich is produced in a commercial frozen food operation where a central kitchen is designed specifically for mass sandwich production? 1. II 3. III 4. IV 18. Frozen sandwiches should be consumed within how many hours after removal from the freezer? 1. 3 hours 2. 5 hours 3. 7 hours 19. Epidemiological studies have shown that more than what fraction of all reported outbreaks of foodborne illnesses are the result of gross carelessness and deficiencies in food service sanitation? 1. 1/4 2. 1/3 3. 1/2 4. 3/4 20. Which of the following foods are no more commonly involved in outbreaks of foodborne diseases? 1. Hamburger 2. Chicken 3. Lobster 4. Dairy products 21. What type of food poisoning is caused by a particular group of organisms, namely salmonella and shigella species? 1. Infection 2. Intoxication 3. Stafylkokk 4. Botulism 125 126 22. When the sanitary compliance score (SCS) is 84 or less, should all violations be corrected within? 1. 5 days 2. 7 days days days 23. All food service personnel shall be investigated and established that they are free of communicable diseases before it is first carried out in the food service. Subsequent physical examinations must be performed? 1. Monthly 2. Quarterly 3. Semi annually 4. Annually 24. How much basic training is required by food service staff on food service sanitation principles? 1. 3 hours 2. 6 hours 3. 9 hours 25. Proof of completing basic and refresher training is kept on the food service training certificate (NAVMEED 4061/1) and stored on the file? 1. Food service officer 2. Supply Officer 3. Doctor 4. Medical department representative 26. All training in sanitation of food services must be carried out by? 1. Mess management specialists E-5 and above 2. Medical Department Representative E-5 and above 3. Preventive medicine technicians 4. Civil food service specialists 126 127 27. Which of the below is not true regarding food service sanitation? 1. Food service instructors must be re-certified every three years 2. Service personnel must be inspected before starting work every day 3. Beard must be completely covered by the use of a Snood or beard bag 4. Food service training certificates must be checked monthly by medical department staff 127 128 FOOD SANITATION #2 1. Which commander is responsible for managing the Navy's Food Service Program? 1. Command for naval supply systems 2. Naval Facilities Engineering Command 3. Command 4 to maritime systems at sea. Bureau of Medicine and Surgery 2. Who is held responsible for foodborne illness as a result of improper food preparation, serving and storage? 1. Supply officer 2. Food service officer 3. Doctor 4. All of the above 3. What is the recommended distance that foodservice equipment should be away from walls, floors or adjacent equipment on board the ship? 1. 2 inches 2. 4 3. 6 inches 4. 8 inches 4. Which of the following is not true regarding machine washing? 1. Maximum temp for washing water should be degrees F 2. The machine's temp meters must be within +/- 3 to the recommended temp 3. The final rinse must be 180 degrees F minimum to 195 degrees maximum 4. Thermometers shall be checked by preventive maintenance personnel every quarter 5. What temperature does fat and start to go to sea silt? degrees F degrees F degrees F degrees F 128 129 6. Left over food will be used at the next meal when possible, but in no case will such foods be used after? hours hours hours 7. What type of poisoning can result when acid food or drink is prepared in galvanized containers? 1. Zinc 2. Copper 3. Antimony 4. Arsenic 8. Which of the following is not the case with regard to the requirements for milk? 1. Temp on delivery must be 40 degrees F or lower 2. Temp in dispenser cabinets should vary between degrees F 3. Milk remaining in a jug may only be used for preparation 4. Single service dispenser tube can be cut 1/2 inch beyond the end of the dispensing mechanism 9. The Law on Fish and Wildlife provides for the inspection of processed seafood products? 1. D.P.S.C. D.L.A. 3. U.S.D.A. 4. U.S.D.C. Which of the below is a sign of fresh fish? 1. Red circumference eyes 2. Soft meat 3. Finger impressions are easily made 4. Bright red gills 11. What describes a can with one or both ends slightly dented but does not have sufficient internal pressure to prevent forcing one or both ends back to their normal position with finger pressure? 1. Springer 2. Flipper 3. Sweller 4. Bulger 129 130 12. Which of the following is not true regarding different types of eggs? 1. Fresh eggs are not more than 60 days old 2. The ideal temp for storing fresh eggs is 32 degrees F 3. Fresh processed eggs have been preserved by dipping for a few seconds in a hot mineral oil at grade 4. Dehydrated and frozen eggs are used only for scrambling, omelettes or baking purposes 13. Leftovers, from a meal when not recycled, should be placed in a shallow container with a depth no greater than? 1. 2 inches 2. 3 inches 3. 4 inches 4. 5 inches 14. Which of the following is not the case with regard to food storage procedures? 1. Relative humidity in refrigerator compartments should be 85-90% 2. Refrigerators should be thawed when the first reaches 1/4 of an inch 3. Fruits and vegetables stored in a dense space at 35 degrees F or higher can cause a concentration of carbon dioxide 4. Food and food containers should be stored 2 inches from the deck in cold rooms 15. What is the recommended temp range for the milk box? 1. O F, (-17.7 C) or Lower F, (0 C) to 34 F, (1.1 C) F, (0 C) to 35 F, (1.7 C) F, (2.2 C) to 38 F, (3.3 C) 16. How often should be performed studies on ice machines? 1. Daily 2. Weekly 3. Every two weeks 4. Monthly 17. Food kept than 4 hours will be discarded if not kept? 1. Below 30 degrees F and above 130 degrees F 2. Below 40 degrees F and above 130 degrees F 3. Below 40 degrees F and above 140 degrees F 4. Below 45 degrees F and above 150 degrees F 130 131 18. What class of frozen sandwiches are prepared in non-executive dining facilities and are intended for use in flight or in boat meals? 1. II 3. III 4. IV 19. What is the maximum time a sandwich can remain in the freezer? days days days 20. Food service sanitation inspection will be conducted every two weeks with a written report submitted at one? 1. NAVMED 6100/1 2. NAVMED 6224/1 3. NAVMED 6240/1 4. NAVMED 6420/1 21. Which of the following foods are no more commonly involved in out breaks of foodborne illness? 1. Hash 2. Crab 3. Turkey 4. Sliced meat 22. What type of foodborne illness (staphylococcus) is characterized by an abrupt onset (2-4 hours) with severe nausea projectile vomiting, diarrhea, and prostration with little or no fever? 1. Poisoning 2. Infection 3. Clostridium botulism 4. All of the above 131 132 23. When the sanitary compliance score (SCS) is 85 or more, all element violations up to and with 4 discover points must be corrected as soon as possible, but in any case within? 1. 5 days 2. 7 days days 132 133 FOOD SERVICE 1. All food service personnel must carry out a physical examination if they have been away from their duties? days days days 2. How much refresher training is needed for food service staff on food service sanitation principles? 1. 3 hours 2. 6 hours 3. 9 hours 3. Who is responsible for ensuring that food service staff get their necessary training? 1. Supply officer 2. Civil Supervisors 3. Doctor 4. Representative of the Medical Department 4. Who is qualified to conduct food service training when an environmental health officer or a preventive medicine technician is not available? 1. Medical department representative E-4 or more 2. Mess management specialist E-4 or above 3. Civil food service supervisor 4. Any of the above who have received special training to qualify them as food service sanitation instructors 5. Which of the below is not true regarding food service sanitation? 1. Single-use plastic gloves may be accepted for use by foodservice staff 2. NAVMED 4061/1 shall be kept by the individual upon transfer 3. Examination of staff with questionable medical or social histories must be extensive and must include chest X-rays, feces and urine examinations for parasite and bacterial pathogens 4. The Food Service Training Certificate must be signed by food service officer 133 134 HEALTH SERVICES SUPPORT #1 1. What form is used to label living victims as well as deceased members in battle? 1. DD FMFM NAVMED NAVMED P What is the first responsibility for supporting health care for the Fleet 1. Evacuation or Triage 2. Medical planning 3. Prevention of disease and injury 4. Care of the sick and injured 3. Among the principles of combat service support (CSS) and health service support (HSS) the most important most essential for providing the right support at the right time and in the right places are called? 1. Responsiveness 2. Continuity 3. Flexibility 4. Economy 4. The ability to maintain the necessary level and duration of operational activities to achieve the military objective will be designated? 1. Simplicity 2. Sustainability 3. Achievement 4. Survivability 5. What level of health support is provided by hospital ships, zone fleet hospitals, Navy overseas hospitals, and selected civilian facilities that can be activated under National Disaster Medical Systems? 1. Unit level 2. Force Level 3. Theatre Level 4. CONUS Level 134 135 6. What echelon of medical care relates to convalescing, restorative and rehabilitative treatment and is usually provided by military and/or V.A. hospital in CONUS? 1. II 3. IV 4. V 7. Which of the following is not true of a Marine Expeditionary Unit (MEU)? 1. Minimum KRAFTF (1,800-4,000 Marine and Navy personnel) 2. Under the command of a Brigadier General 3. Is usually initiated on 3-5 Navy amphibious ships 4. Will usually deploy with 15 days supplies and ammunition 8. How many Hospital Corps officers are affiliated with a rifle company or a gun company? The two (2) surgical support companies are able to provide how many beds and operating rooms? What part of the medical battalion contains a special section containing a neurosurgeon, thoracic surgeon, urologist, ophthalmologist, oral surgeon and podiatrist? 1. H&S Company 2. Surgical Support Company 3. Collection and clearing company 4. Both 1 and 2 over 11. The Medical Battalion consists of H&S Company, two (2) Surgical Support Companies, and how many collection and clearing companies 136 12. What accident receiving and treatment ship (CRTS) has six operating rooms, 604 beds, and dental facilities? 1. T-AH (hospital ship) 2. LPH (Amphibious Ship) 3. LHA (Amphibious Assault Ship) General Purpose 4. LHD (Amphibious Assault Ship) Multipurpose 13. The LHD (Amphibious) multipurpose requires augmentation of how many medical department personnel? Which of the following fleet CRTS is not considered suitable for use as a receiving and treatment ship? 1. LPD (amphibious transport ship) 2. LSD (dock landing ship) 3. LKA (amphibious assault ship) 4. All of the above 15. Which ships mission is to serve as the floating command center for amphibious operations? 1. LCC 2. LST 3. T-AH 4. LHD 16. What triage category code is used for accidents with severe head, spinal and multiple injuries, large doses of radiation, and widespread severe burns? 1. Immediate treatment (group T1) 2. Delayed treatment (group T2) 3. Minimal treatment (Group T3) 4. Expected treatment (Group T4) 136 137 17. The aeromedical evacuation priority applied to patients requiring specialized treatment is not available locally and who may suffer unnecessary pain or disability unless evacuated with the least possible delay? The Landing Force Medical Regulation Center (LFMRC) consists of an MSC (O-3) and how many hired staff? What regulates center/team amphibious task force center/team not made up of E-7 personnel? 1. Landing strength MRC 2. Landing strength MRT 3. Amphibious Task Force MRC 4. The Amphibious Task Force MRT 20. What is the nautical mile radius of a KC-130 transport? 138 HEALTH SERVICES #2 1. What is the Health Services Support publication used for Fleet Marine Force? 1. DD MCWP NAVMED A 4. NAVMED What is the other responsibility for health support for the Fleet Marine Force? 1. Evacuation or Triage 2. Medical planning 3. Care of the sick and injured 4. Prevention of disease and injury 3. The continuous provision of medical care to the sick, wounded and wounded would be called? 1. Continuity 2. Responsiveness 3. Flexibility 4. Achievement 4. What is the avoidance of complexity that promotes the effectiveness of both planning and execution of combat service support (CSS) operations? 1. Sustainability 2. Simplicity 3. Economy 4. Survivability 5. What level of healthcare provides movement of patients in medical treatment facilities and coordinated by the armed services medical regulation office? 1. Unit level 2. Force Level 3. Theatre level 4. CONUS level 138 139 6. What echelon of medical care is usually provided by combat zone fleet hospitals and hospital ships? 1. II- Initial resuscitation care 2. III- Resuscitation care 3. IV- Final care 4. Convalescent, restorative and rehabilitative care 7. Which of the following is not true regarding a Marine Expeditionary Force (MEF)? 1. Largest and most powerful FORCEF (over 50,000 Marines and naval personnel) 2. Under the command of a Major General or Lieutenant General 3. Is usually built around a MARDIV, Aircraft wing, or FSSG 4. Usually aboard about 20 Navy amphibious and military sea lift command ships and are considered the most versatile FORCEF 8. How many hospital corps are affiliated with the Medical Battalion Headquarters and Service (H&S) Company? The medical battalion consists of H&S Company, four (4) collection and clearing companies, and how many surgical support companies? The Four (4) Collection and Clearing Companies are able to provide how many beds and operating rooms? 140 11. How many companies are there in a tooth battalion? What accident receiving and treatment ship (CRTS) has 4 operating rooms and 367 beds? 1. T-AH (Hospital Ship) 2. LPH (Amphibious Assault Ship) 3. LHD (Amphibious Assault Ship) 4. LHA (Amphibious Assault Ship) 13. LHA (Amphibious Assault Ship) General purpose requires reinforcement of how medical staff? Which of the older classes of naval ships is not suitable as an accident receiving and processing ship? 1. LCC (amphibious command ship) 2. LST (Tank Landing ship) 3. LSD (Dock Landing ship) 4. LPD (amphibious transport ship) 15. Surgical Fleet Teams are assigned to both PAC and LANT Fleet Commanders in Chief and contain two teams and are enhanced by how many medical personnel? What triage category code is used for accidents with large muscle ulcers, fracture of large bones, uncomplicated major burns, intra-abdominal and/or thoracic, head, or spinal cord injuries? 1. Immediate treatment (group T1) 2. Delayed treatment (group T2) 3. Minimal treatment (Group T3) 4. Expected treatment (group T4) 140 141 17. The aeromedical evacuation priority is applied to patients whose immediate treatment requirements are available locally, but whose prognosis would certainly benefit from air evacuation on routine scheduled flights? The Amphibious Task Force's medical regulatory team (ART-MRT) consists of an MCS (O-2) and HMC (6425/6404) and how many enlisted staff? The medical regulation center/team consists of 3 HM s (6404-E-5 or E-6), and 2 USN s Radio operators (E-2, E-3, E-4) 1. Landing force medical regulation team 2. Landing force medical regulation center 3. The Amphibious Task Force's Medical Regulatory Team 4. The Amphibious Task Force's Medical Regulatory Center 20. What is the nautical mile radius of an evacuation helicopter? 142 IMMUNISATIONS 1. All biological is achieved in this country for general use of the military and is consistent with which agency's rules for the production and sale of such materials? 1. Ministry of Finance 2. Armed Services Investigational Drug Review Board 3. National Institute of Health 4. All personnel in the armed forces must be vaccinated in accordance with? 1. AR AFI 1P 3. BUMEDINST B 4. All of the above 3. What handling code should be applied to all biological (during shipment) stored frozen with the possibility of preservation? 1. In the third paragraph of the 1st W 4. G 4. Which biological should always be sent and stored in a frozen state? 1. Plague 2. Yellow fever 3. Tetanus 4. Influenza 5. Biological shipments that show a change in physical appearance or suggest bacterial contamination will not be used. Disposition instructions should be requested from? 1. Source 2. Manufacturer 3. Public health service 4. Surgeon General 142 143 6. Staff with significant allergies to eggs or hens are required to receive what immunization? 1. Yellow Fever 2. Measles 3. Influenza 4. Plague 7. All biological (except frozen) will be stored at temperatures between? 1. 4 to 10 degrees Celsius to 46.4 degrees Fahrenheit 3. 0 to 5 degrees Fahrenheit 4. Either 1 or 2 over 8. When the oral polio container is thawed and introduced, the antigenic effect of the vaccine is maintained sufficient (if refrigerated at 2 to 8 degrees Celsius) for a period of? hours 2. 7 days days day 9. If symptoms do not decrease (anaphylactic reactions), after the arrival of a doctor, the doctor should give an extra 0.5ml of epinephrine IV in which vein? 1. Median cubital 2. Basil 3. Femoral 4. Carotid artery 10. What immunization requires a booster given every 10 years? 1. Yellow Fever 2. Cholera 3. Adenovirus vaccine 4. Rubella 11. What live virus vaccine can be given to a woman suspected of being pregnant? 1. Cups 2. Oral polio 3. Yellow fever 4. Rubella 143 144 12. Flight crew members will not fly for at least 12 hours (24 hours, if not harmful to the mission) after receiving? 1. Cups 2. Typhoid 3. Oral polio 4. All of the above 13. What is the minimum period between doses of live virus vaccines? 1. 7 days days days 4. It does not matter as long as they are not received on the same day 14. What immunisation should never be given intradermally under any circumstances? 1. Typhoid 2. Small cups 3. Tetanus 4. Cholera 15. The origin and batch number will be recorded on SF 601 for what immunizer? 1. Yellow Fever 2. Cholera 3. Plague 4. Typhoid 16. What form in the health record should be checked before an immunisation agent is administered? 1. SF SPECIAL SF NAVPERS 5510/1 4. NAVMED 6150/ What to do with SF 601 (Immunization Record) when a single category is fully filled? 1. Give it to the member 2. Send it to NAVMEDCOM 3. Keep in health record 4. Destroy it after recent entries have been transcribed on the new SF 145 18. The primary smallpox vaccination should show a typical Jennerian vesicle, this type of reaction should be recorded as? 1. Ambiguous 3. Failed 4. Success 19. The annual fluinoculation should be considered, what type of immunization? 1. Primary 2. Secondary 3. Prophylactic 4. Discretionary 20. What immunisation is not given to recruits at a naval training center? 1. Influenza 2. Adenovirus vaccine 3. Meningococcal 4. Typhoid fever 145 146 immunisations #2 1. Immunization agents sourced from sources not approved by the Department of Health Education and Welfare will meet standards acceptable to? 1. National Institutes of Health 2. Armed Services Investigational Drug Review Board 3. Surgeon general 4. Either 1 or 2 over 2. All U.S. Navy personnel will be vaccinated in accordance with? 1. AR AFR BUMEDINST B 4. All of the above 3. Immunization agents will not be used beyond the specified expiration dates unless specifically approved by? 1. Commander 2. Manufacturer 3. Finance Minister 4. Surgeon General 4. Which biological should always be sent and stored in a frozen state? 1. Cholera 2. Oral polio 3. Typhoid 4. Typhoid 5. What is the right way to dispose of all containers of live virus vaccines? 1. Burning 2. Boiling 3. 4. Any of the above 6. Individuals with significant allergies to eggs or chickens should never be given what immunization? 1. Typhus 2. Typhoid 3. Cholera 4. Oral polio 146 147 7. What is the correct procedure to follow if a member receiving a vaccination has an anaphylactic reaction? 1. Call the medical officer, administer 0.5 ml of adrenaline subcutaneously, place a constricting band above the injection site 2. Administer 0.5ml of adrenaline subcutaneously, placing a constricting band over the injection site, calling the medical officer 3. Call the medical officer, administer 1ml of adrenaline IV, place a constricting band over the injection site 4. Place a constricting band over the injection site, administering 0.5ml of epinephrine IV in the opposite arm, the medical officer called 8. How many times can an unscheduled and frozen container of oral polio be frozen again? Oral polio should not be frozen 9. What is usually the first indication of severe reaction to any immunization agent? 1. Circuit breakdown 2. Respiratory embarrassment 3. Urticaria 4. All of the above 10. When yellow fever vaccine reconstituted with sodium chloride it should be used within? 1. 1 hour hours 3. 7 days 11. What immunization requires a booster given every 10 years? 1. Meningococcal vaccine 2. Tetanus 3. Plague 4. Small cups 147 148 12. What is the minimum time a flight crew member should have grounded if they have received flu inoculation? 1. No hours hours hours 13. Which of the following is not true for vaccinations? 1. Typhoid fever shall under no circumstances be given intradermal 2. Oral polio vaccine should never be given to parents 3. The basic series for all vaccinations must be completed within 2 years 4. There should be at least 14 days between doses of live virus vaccines 14. Which immunisation should only be given intramuscularly (IM)? 1. Plague 2. Influenza 3. Yellow fever 4. Cholera 15. Immunization entries on SF 601 (Immunization Record) to be approved by the Department of Defense stamp and the actual signature of a doctor includes all of the below except? 1. Plague 2. Yellow fever 3. Cholera 4. Small cups 16. Information about a particular hypersensitivity to a medicinal product or chemical must be provided, where on SF 601 (Immunization Record)? 1. Reactions 2. Sensitivity test 3. Comments and recommendations 4. None of the above 148 149 17. Which of the following is true regarding a smallpox vaccination? 1. The vaccination area shall not cover more than 1/4 inch in any direction 2. Make sure that the area to be vaccinated is thoroughly cleaned with alcohol 3. Allow the vaccine to air dry for 3-5 minutes without exposure to sunlight 4. The vaccine can be given together with a jet injector specially equipped with the intradermal nozzle 18. What immunisation on SF 601 should indicate whether the vaccine was liquid or freeze-dried? 1. Adenovirus 2. Yellow 3. Oral polio 4. Small cups 19. Previously immunized individuals with minor injuries usually do not require a booster against tetanus if they have received the basic immunization series or reimmunization with the previous one? 1. 3 years 3. 5 years 20. What immunisation will be given in accordance with the Annual Surgeon General's Directive? 1. Small cups 2. Cholera 3. Yellow fever 4. Influenza 149 150 LABORATORY FORM #1 1. What urine preservative can be dissolved to produce false positives for albumin? 1. Toluene 2. Thymol 3. Formaldehyde 4. Boric acid 2. When performing a finger puncture, wipe away the first drop to avoid? 1. Contamination with bacteria 2. Coagulation at the point of puncture 3. Dilution with tissue fluid 4. Dilution with alcohol 3. What part of the microscope controls the amount of light that reaches the capacitor? 1. Irismembran 2. Mirror 3. Mechanical Phase 4. All of the above 4. What target should be used for detailed examination of colored bacteria smears? 1. Low power 2. High power 3. High dry 4. Oil immersion 5. What oil solvent is used to remove dried oil from lenses? 1. Alcohol 2. Xylol 3. Acetone 4. Tetrachlormetoride 6. What dilution fluid is used to make a red blood count? 1. Iseidde 2. Dilute hydrochloric acid % sodium chloride 4. Hayem's solution 150 151 7. When the blood and dilution fluid are drawn into the pipette, in what direction and for how long should it be shaken? 1. Three minutes in the direction of the long axis 2. Three minutes in the direction of the long axis 3. Five minutes in the direction of the long axis 4. Five minutes not in the direction of the long axis 8. When the four fields are counted, when you make a white blood count, would you multiply with? 1. How many cells are there