



Master chief frakers study guide

1 Master Chief's Fraker's Study Guide Material UPDATED: HM1 William Davis HM1 Matthew Combs HM1 DeLyn Scott HM1 Giwon Jang HM1 Melvin Rolon 1 2 Master Chief Bardin Bart Fraker From: Hagerstown, MD 1940 Died: Pensacola, FL 2 May 2002 Served from: 1958 through 1988 (30 years career) in Active Navy Duty. Then continued its Federal Service in industrial hygiene for an additional 20 years. Created Fraker University. Note: I am unsure when this information was created by HM1 Joseph Giello. 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Sailors will be able to view their own records, as well as make minor changes, including emergency contact information, home and postal address, official address, and personal information such as race, religion and ethnic code. Navy Reserve Sailors can also put in their civilian employment information. Service Record Forms Mnemonic: Reenlist each candidate, having understood court evaluation procedures right after reading the DD-214 Mnemonic Form Number Description Reenlist NAVPERS 1070/601 Instant Reenlistment Contract Each NAVPERS 1070/602 Dependency Application/Registration of Emergency Data Candidate NAVPERS 1070/603 Each Classification Record At NAVPERS 1070/604 Navy/ Occupation/Occupation/Occupation of Unauthorized Absence Court NAVPERS 1070/603 Each Classification NAVPERS 1070/605 History tasks Understood NAV Non-Executive Performance Evaluations Procedures NAVPERS 1070/610 Record of Personnel Actions Right NAVPERS 1070/613 Administrative Observations Reading NAVPERS 1070/615 Record of Discharge from Naval Reserve (Inactive) DD-214 DD Form 214 Report on Separation from Active Duty NAVPERS 1070/66 NAVPERS 1070/66 NAVPERS 1070/66 NAVPERS 1070/66 NAVPERS 1070/60/600 DD-4 (NAVPERS 1070/60/600 DD-4 (NAVPERS 1070/66 NAVPERS 1070/66 NAVPERS 1070/60/600 DD-4 (NAVPERS 1070/66 NAVPERS 1070/60/600 DD-4 (NAVPERS 1070/66 NAVPERS 1070/66 NAVPERS 1070/66 NAVPERS 1070/60 DD-4 (NAVPERS 1070/66 NAVPERS 1070/66 NAVPERS 1070/66 NAVPERS 1070/66 NAVPERS 1070/60 DD-4 (NAVPERS 1070/66 NAVPERS 1070/66 NAVPERS 1070/60 DD-4 (NAVPERS 1070/66 NAVPERS 1070/66 NAVPERS 1070/66 NAVPERS 1070/60 DD-4 (NAVPERS 1070/60 DD-4 (NAVPERS 1070/66 NAVPERS 1070/60 DD-4 (NAVPERS 1070/66 NAVPERS 1070/60 DD-4 (NAVPERS 1070/60 DD-4 (NAVPERS 1070/66 NAVPERS 1070/60 DD-4 (NAVPERS 1070/60 1306/92 Officer Service Record Jacket Enlisted Service Record Jacket Enlisted Service Record Jacket Enlisted personnel action Request Special Program Screening Form Screening Form Screening 6 7 Financial Grant Symbols and Titles (FAST) Book I, March 2015 Code Department of the Navy A State Department A Department of the Army A Department of Veteran Affairs A Department of Defense A-24 Ships Ship #of People # of Defense A-24 Ships Ship #of People # of Operations Beds # of Beds LHD Amphibious Assault Ships LHA Amphibious Assault Ships Ship #of People # of Operations Beds # of Beds LHD Amphibious Assault Ships Ship #of People # of Defense A-24 Ships Ship #of People Identification Code SSIC Codes (SECNAV Manual M, June 2012) Mnemonic: Military tests require luck and Master Chief Fraker's excellent study material for Corpsman advancement. Mnemonic Series Description Military 1000 Series Military Personnel Tests 2000 Series Information Technology and Communications (Name Changed) Require 3000 Series Operations and Readiness (Name Modified) Luck 4000 Series General Administration and Management (Regarding Military and Civilian Personnel and Issues, related to Law) Master Chief 6000 Series Medicine and Dentistry Fraker s 7000 Series Financial Management (Outstanding 8000 Series Ordnance Material Study 9000 Series Ships Design and Material Material Material Series General Material For Series Facilities and Activities In Land Corpsman Series Mnemonic: Honor Generals Before Disgraced Others. Mnemonic Number Type of Discharge Honor 256N Honored Generals 257N General Before 259N Bad Behavior Dishonor 260N Dishonorable Other 749N Other Than Honorable 8 9 MEDICAL Chemical, Biological and Radiological, NBC) Diet and Nutrition & amp; Food Safety Laboratory Medical Supply References Preventive Medicine and Infection Control; Immunizations 9 10 Chemical, Biological and Radiological (CBR) (AKA Nuclear, Biological, Chemical NBC) Mnemonic: No Body Cares, but Very Thoughtful People Agents Used to Kill Mnemonic Agent Name Odor/Antidote/Symptom No Nerve Anticholinesterase GA GB GD VX (US) Atropine (6mg max for non medical staff) (2mg doses until atropinization for medical staff) Dryness and Taxide Body Blood Systemic Poison AC Almonds CK Cares Choking Lung I Irritatant CG CL DP PS Men Blister Vesicant CX HD HN L TX Used for Riot Control Very vomiting Sternutator DA DC DM Thoughtful Tear Lacrimator CA CN CS People Psychochemical Hallucinogen 3QUIN BZ LSD Amyl Nitrate New Clipped Hay / grass/maize No dry land drowning Diphosgene Chloropicrin No antidote, if blisters appear TX is too late Garlic / Horseradish Fish Geraniums Sodium Bicarbonate Dressings Powerful Motion Burning Fireworks Brombenzyl Cyanide Face the wind and talking Pepper as smell Physotigmine Salicylate 2 to 3mg IM every 1 to 2 hours for the duration of symptoms 10 11 List of abbreviations and chemical names AC BZ CA CG CK CL CS CX DA DC Hydrocyanin acid 3 Quinuclid ininyl Benzilate Brombenzyl Cyanide Phosgene Diphenylchloroarsine DM DP GA GB GD HD HN PS L VXite Adams Diphosgene Tabun Sarin Soman Mustard Nitrogen Mustard Chloropicrin Lewisite USA only 11 12 Diets & Nutrition & Food Food Safety Therapy or Condition Gastritis Hemorrhoids Hyperthyroidism Poliomyelitis Post Surgical Tuberculosis Burn (187.5 Grams Protein Daily) Cirrhosis Infectious Hepatitis Nephroid Damage Hyperglycemia Atonic Constipation DiverticulOsis (Fluids Is Increased) Irritable Bowel Syndrome Spastic Colon Arthritis Heart Disease (Kidney Disease/Associated With Nitrogen Diverticulitis (Gastric Disorders) Dysentery's Hemorrhoidectomy Inflammation Intestinal Obstruction Ulceration Heart disease (when edema is present) Type of diet Mix High calorie and low sodium low protein and low sodium low content low sodium 12 13 Vitamins Mnemonic for Vitamin Supplement names: Really thin recruits prefer carrots and shun meat. Mnemonic Vitamin B6 Pyridoxin Hydrochloride Carrots Vitamin B1 Thiamine Hydrochloride Carrots Vitamin B1 Thiamine Hydrochloride Recruits Vitamin B1 Thiamine Hydrochloride Recruits Vitamin B1 Thiamine Hydrochloride Carrots Vitamin B1 Thiamine Hydrochloride Recruits Vitamin B1 Thiamine Hydrochloride Carrots Vitamin B1 Thiamine Hydrochloride Carrots Vitamin B1 Thiamine Hydrochloride Recruits Vitamin B1 Thiamine Hydrochloride Carrots Vitamin B1 Thiamine Hydrochloride Recruits Vitamin B1 Thiamine Hydrochloride Carrots Vitamin B1 Thiamine Hydrochloride Recruits Vitamin B1 Thiamine Hydrochloride Carrots Vitamin B1 Thiamine Hydrochloride Carrots Vitamin B1 Thiamine Hydrochloride Recruits Vitamin B1 Thiamine Hydrochloride Carrots Vitamine Hydrochloride Mnemonic for Vitamin Supplements for Treatment of Conditions: Very large people need prime steak really bad Mnemonic Vitamin B12 Pernicious Anemia Big Vitamin B12 Pernicious Anemia Big Vitamin Condition Very Vitamin Condition Very Vitamin D Rickets Use Vitamin B6 Neuritis Bad Vitamin K Blood Clotting 1 tsp (tsp) = 5ml 1 tablespoon (tablespoon) = 15ml 1 wine glass (2oz) = 60ml 1 teacup (4oz) = 240ml 1 teacup (4oz) = 240ml 1 teacup (4oz) = 120ml 1 teacup (4oz) = 120ml 1 teacup (4oz) = 120ml 1 teacup (4oz) = 240ml 1 teacup (4oz) = 120ml 1 teacup (4oz) = 1Conversions Fahrenheit to Celsius 13 14 Temperatures : (in Fahrenheit) grade F Fresh fish at delivery 32 degrees F Storage of eggs grade F Dairy Box degree F Reach in Refer degree F Thaw Box degree F Reach in Refer degree F Thaw Box degree F Chill Box degree F Reach in Refer degree F Thaw Box degree F Thaw Box degree F Chill Box degre Can cause carbon dioxide (CO 2) 50 degrees F Meat cutting preparation room 70 degrees F Mooring and medical room 80 degrees F Manual for the state of the state o Washing up 140 degrees F Food bakes at dishes degree F Machine Dish wash Max Temp Wash Water 170 degrees F Manual washing up Final Rinsing degree F Machine wash Final Rinsing degree F Machine Dish wash Max Temp Wash Water 170 degrees F Manual washing up Final Rinsing degree F Machine Dish wash Max Temp Wash Water 170 degrees F Manual washing up Final Rinsing degree F Machine WBC) Mnemonic: Pam H A T Hepatitis Anaphylactic Shock Typhoid P A M Pneumonia Appendicitis Meningitis Gram's Plet mnemonic: Coast Guard Academy Saves People's Money (Mordant) Corrections Gram positive 1 minute Academy (Acetone Alcohol) Under (Decolorizer) Washes the stain off until everything except gram purple stops positive running Saves (Safranine) College (Counterstain) Colors gram negative 30 seconds to pink 1 minute 15 16 Medical Logistics Supply Shipping Codes B F G I Q& R W Corrosive / Toxic exposure to damage by freezing Normal Cooling Inflammable Controlled Kept frozen (Yellow fever / Polio) Supply codes Mnemonic : During chilly December I deliver X-mas fruit cakes at Kings Island Mnemonic Supply Code Description Under 6505 Drugs, Biological and Official Reagents Chilly 6508 Medicated Cosmetics and Toiletries December 6510 Surgical Dressing Material In 6515 Medical & amp; Surgical Instruments, Equipment and Supplies Deliver 6520 Dental Instruments, Equipment and Supplies X-Mas 6525 X-ray Equipment and Supplies (Medical, Dental and Veterinary) Fruit 6530 Hospital And Supplies (Medical, Dental and Supplies) Cakes 6532 Hospital and Supplies (Medical, Dental and Supplies) Cakes 6532 Hospital And Supplies (Medical, Dental and Supplies) Cakes 6532 Hospital And Supplies (Medical, Dental and Supplies) Cakes 6532 Hospital And Supplies (Medical, Dental and Supplies) Cakes 6532 Hospital And Supplies (Medical, Dental and Supplies) Cakes 6532 Hospital And Supplies (Medical, Dental and Supplies) Cakes 6532 Hospital And Supplies (Medical, Dental and Supplies) Cakes 6532 Hospital And Supplies (Medical, Dental and Supplies) Cakes 6532 Hospital And Supplies (Medical, Dental and Supplies) Cakes 6532 Hospital And Supplies (Medical, Dental and Supplies) Cakes 6532 Hospital And Supplies (Medical, Dental and Supplies) Cakes 6532 Hospital And Supplies (Medical, Dental And Supplies) Cakes 6532 Hospital And Supplies (Medical, Dental And Supplies) Cakes 6532 Hospital And Supplies (Medical, Dental And Supplies) Cakes 6532 Hospital And Supplies (Medical, Dental And Supplies) Cakes 6532 Hospital And Supplies (Medical, Dental And Supplies) Cakes 6532 Hospital And Supplies (Medical, Dental And Supplies) Cakes 6532 Hospital And Supplies (Medical, Dental And Supplies) Cakes 6532 Hospital And Supplies (Medical, Dental And Supplies) Cakes 6532 Hospital And Supplies (Medical, Dental And Supplies) Cakes 6532 Hospital And Supplies (Medical, Dental And Supplies) Cakes 6532 Hospital And Supplies (Medical, Dental And Supplies) Cakes 6532 Hospital And Supplies (Medical, Dental And Supplies) Cakes 6532 Hospital And Supplies (Medical, Dental And Supplies) Cakes 6532 Hospital And Supplies (Medical, Dental And Supplies) Cake Kings 6545 Medical Sets, Kits & amp; Outfits Island 6550 Invitro Diagnostics Substances Reagents, Test Set & amp; Set FSC Group 66 Relates to Instruments and Laboratory Equipment 16 17 Preventive Medicine and Infection Control & amp; Immunizations People who are allergic to eggs and defects, should not be given the following vaccinations : Mnemonic: TIMY T Typhus I Influenza M Measles Y Yellow Fever S Small Pox C Colera Diseases Transmitted With Water Or Fly: Mnemonic: CAT C Cholera A Amebiasis T Typhoid Bacteria Growth Requirements Aspiration Pneumonia: 60% Botulism: 18% Heat Stroke: 20% M O N Moisture Oxygen Nutrition Temperature Bacteria Reproduces Best By Degree Celsius Medicine Technician's Must Avoid Hepatitis Mnemonic Type Information Preventive Psychic Reproduces Best By Degree Celsius Medicine Technician's Must Avoid Hepatitis Mnemonic: Preventive Reproduces Best By Degree Celsius Medicine Technician's Must Avoid Hepatitis Mnemonic Type Information Preventive Psychic Reproduces Best By Degree Celsius Medicine Technician's Must Avoid Hepatitis Mnemonic: Preventive Psychic Reproduces Best By Degree Celsius Medicine Technician's Must Avoid Hepatitis Mnemonic Type Information Preventive Psychic Reproduces Best By Degree Celsius Medicine Technician's Must Avoid Hepatitis Mnemonic Type Information Preventive Psychic Reproduces Best By Degree Celsius Medicine Technician's Must Avoid Hepatitis Mnemonic Type Information Preventive Psychic Reproduces Best By Degree Celsius Medicine Technician's Must Avoid Hepatitis Mnemonic Type Information Preventive Psychic Reproduces Best By Degree Celsius Medicine Technician's Must Avoid Hepatitis Mnemonic Type Information Preventive Psychic Reproduces Best By Degree Celsius Medicine Technician's Must Avoid Hepatitis Mnemonic Type Information Preventive Psychic Reproduces Best By Degree Celsius Medicine Technician's Must Avoid Hepatitis Mnemonic Type Information Psychic Reproduces Best By Degree Celsius Medicine Technician's Must Avoid Hepatitis Mnemonic Type Information Psychic Reproduces Best By Degree Celsius Medicine Technician's Must Avoid Hepatitis Mnemonic Type Information Psychic Reproduces Best By Degree Celsius Medicine Technician's Must Avoid Hepatitis Mnemonic Type Information Psychic Reproduces Best By Degree Celsius Medicine Technician's Must Avoid Hepatitis Mnemonic Type Information Best by Degree Celsius Must Microa Growing in reducing amounts of oxygen Avoid autotrophic bacteria that are self-nourishing Hepatitis Heterotrophic Bacteria are not self-sustaining 17 18 REFERENCES Forms Manuals How to read and understand instructions Directives are identified by designation information. Using SECNAVINST as an example: SECNAV is the issuing authority, INST is the subject identification number, 1 is the sequential numbering of instructions that are later canceled are not reused. The period (.) is used to separate the subject identification and sequential numbering. When a change is made, the change transmission number and its date appear on the page or pages that contain the change. for example, SECNAVINST, Change Transmittal 1, 26 Jan A revised instruction will preserve all the designation information with the addition of a suffix capital letter (the first revision A, the second B, etc.) immediately after the sequential number. Each change transmission line shall be identified in the transmission designation line with the same number as the Directive it amends (in the case of notices, date) plus an assigned change transmission number as the Directive it amends (in the case of notices, date) plus an assigned change transmission number as the Directive it amends (in the case of notices, date) plus an assigned change transmission number as the Directive it amends (in the case of notices, date) plus an assigned change transmission number as the Directive it amends (in the case of notices, date) plus an assigned change transmission number as the Directive it amends (in the case of notices, date) plus an assigned change transmission number as the Directive it amends (in the case of notices, date) plus an assigned change transmission number as the Directive it amends (in the case of notices, date) plus an assigned change transmission number as the Directive it amends (in the case of notices, date) plus an assigned 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the case of not case of not case of not are able to split the issuing authority that can help answer the question. 18 19 Former Department of Defense (DD) DD 771 DD 1289 DD 2005 DD 2766 DD 2808 Glasses Prescription Department of Defense Prescription Privacy Act Statement Adult Preventive and Chronic Care Flowsheet Report on Medical History Report on Medical Study Navy Medicine (NAVMED) NAVMED 6120/5 NAVMED 6120/7 NAVMED 6150/7 NAVMED 6150/21-30 NAVMED 6224/7 NAVMED 6224/7 NAVMED 6224/8 Tuberculosis Exposure Risk Assessment Tuberculosis Risk Assessment Tuberculosis Risk Assessment Dental Health Questionnaire Poly Prescription Optional Form (SF) SF 509 SF 513 SF 600 Progress Note (Physicians Write Admission Note is on this form) Consultation Sheet Medical Record Chronological Record of Medical Care (Most Common Form) 19 20 Instructions BUMEDINST BUMEDIN B BUMEDINST B BUMEDINST BUMEDINST BUMEDINST G (with Change-1) BUMEDINST B Inspector General Inspection Program Headquarters Navy Occupational Safety and Health Program Forms and Reports Management Program Office of the Surgeon General and Organization Surgery Quality Assurance (QA) Program Healthcare-Associated Prevention and Control Program Medical Monitoring and Medical Event Reporting Tuberculosis Control Program Immunizations and Chemoprophylaxis for Infectious Disease Prevention and Control Management of Regulated Medical Waste Customer Relations Program Management and Procurement of Authorized Medical and Dental Allowance List Material for Fleet Units Supply Nutrition Standards and Training to Provide Immunizations Record Forms 20 21 BUPERSINST B BUPERSINST F (with Change-1) BUPERSINST C (with Change-2) NAVMEDCOMINST Chapter 1 Chapter 2 Chapter 3 Chapter 6 Chapter 7 Chapter 10 Chapter 10 Chapter 16 Chapter 16 Chapter B2 Chapter B4 Chapter B4 Chapter 10 PNAVINST M OPNAVINST A OPNAVINST C OPNAVINST E Chapter A3 Chapter B2 Chapter B4 Chapter B4 Chapter B4 Chapter B4 Chapter 10 PNAVINST M OPNAVINST A OPNAVINST C OPNAVINST E Chapter A3 Chapter B2 Chapter B4 Chapter B5 Chapter B6 Management and Disposition of Navy Personnel with Pseudofolliculitis Barbae (PFB) Advancement Manual for Advancement of Hired Personnel of US Navy and US Naval Reserve Navy Performance Evaluation System Decedent Affairs Manual Decedent Affairs Manual Decedent Affairs Program Current Death Preparation and Reprocessing Remains Cremation Escorts Payments and Collections Group Interments Malaria Prevention and Control Naval Military Personnel Manual Reenlistments and Extensions USA Navy Uniform Regulation Hired for Officer Commissioning Programs Application Administrative Manual Introduction Sailor of the Year Program Suicide Prevention Program Operational Risk Management (ORM) Navy Safety and Occupational Health (SOH) Program Manual for Forces Over water inspections, Studies, assists, hazard reporting and medical monitoring Education Heat Stress Hearing Conservation Sight Conservation Respiratory Protection 21 22 Chapter B7 Chapter B9 Chapter C15 Glossary OPNAVINST Chapter 5 OpNAVINST F (with Change-1) OPNAVINST C OPNAVINST OPNAVINST J SECNAVINST B SECNAVINST (with Change-1) Electrical Safety Radiation Safety Radia for implementation of Policies for Policy Installation (DHA) Physical Readiness Program Sexual Assault Prevention and Response (SAPR) Periodic Health Assessment for Individual Medical Readiness 22 23 Manuals Bluejacket's Manual 24th Edition, C-Way User Guide, Career Waypoint Control of Communicable Diseases Manual (CCDM), 18th Edition Anthrax Chlamydia Cholera Gonococcal Infection/Gonorhea Syphilis Emergency War Surgery (Revision-4) Joint Publication 4-02 Summary Chapter 2 Field Hygiene and Sanitation Introduction to Medical Threat Individual Preventive Medications MCWP () Chapter 1 Chapter 3 Chapter 4 Chapter 4 Chapter 4 Chapter 4 Chapter 4 Chapter 4 Mortuary Affairs Services Environment NAVEDTRA Non-Resident Training Course Military Requirements for Chief Petty Officer NAVEDTRA 14295B Non-Resident Training Course Hospital Corpsman Manual 23 24 NAVEDTRA Non Resident Training Course Basic Military Requirements NAVEDTRA Non Resident Training Course Basic Military Requirements NAVEDTRA Non Resident Training Course Hospital Corpsman Manual 23 24 NAVEDTRA Non Resident Training Course Basic Military Requirements NAVEDTRA Non Resident Training Course Basic Change-145) Manual of the Medical Department Chapter 15 Medical Studies Chapter 15 Medical Studies Chapter 15 Medical Studies Chapter 17 Plantacy Operation and Drug Control Chapter 23 Reports, Forms and Record TB With 530/NAVMED P/AFMAN _IP (Apr 2014) Tri-Service Food Code Mnemonic: I Cook Utilizing Water, Frozen Peach Concentrate for Tasting mnemonic Chapter 3 Food Utilize Chapter 4 Equipment, Utensils and Linens Water Chapter 5 Water, Plumbing Waste Frozen Chapter 6 Facilities Peach Chapter 7 Toxic or Toxic Materials Concentrate Chapter 8 Compliance and Enforcement for Chapter 9 Field and Deployment Food Operations Tastings Chapter 10 Temporary, Seasonal and Vending Machine Food Operations NAVMED P-5041 Treatment of Chemical Agents Accidents Appendix B Care of Contaminated and Conventional Military Chemical Cladding and Equipment Damage to Medical Treatment Facilities NAVMED P-5055 (Feb 2011) Chapter 11 Initiation Warfare Agent Accidents NAVMED P-5055 (Feb 2011) Chapter 11 Initiation Warfare Agent Accidents NAVMED P-5055 (Feb 2011) Chapter 11 Initiation Warfare Agent Accidents NAVMED P-5055 (Feb 2011) Chapter 2 Medical Examinations U.S. Navy Shipboard Pest Management Management Management Management Management Manual Radiation Health Protection Manual 24 25 NAVMED P-5132 (Change-3) (Revision-4) Transmitted-3) Section 8 Accounting of Equipment Management Management Management Management Management of Nuclear and Radiological Events SECNAV M (Revision-1) Department of the Navy Records Part II Application of Records Retention Management Program Records Management Standards Management Manual Part III Standards for Naval Records SECNAV M Chapter 1 Chapter 1 Chapter 7 Chapter 9 Department of Navy Correspondence Format Multiple-Address Letter Endorsements Technical Manual NMCPHC-TM Medical Monitoring and Reporting Technical Manual NMCPHC-TIM (2011) and Marine Corps Public Health Chapter 2 Prevention Chapter 6 Military Malaria Control Responsibility Tricare Receives Handbook Tricare Choice at a Glance. () Tricare Dental () Tricare Guide Understanding Behavioral Health, A Tricare Prime and Tricare Prime Remote Handbook (2014) Tricare Prime Handbook 25 26 PRACTICE STUDIES 26 27 ADMINISTRATION HEALTH RECORDS #1 1. The health record is of significant medical-legal value for? 1. His receivers 3. Federal Government 4. All of the above 2. All health records must be checked upon receipt, transfer and the? September 2. Special duty 3. Physical examination 4. Each of the above 3. Which chapter of the manual of the medical department provides complete information on the correct page arrangement of the patient record? If a person is appointed, each time employed or re-enlisted with disgualifying defects for which navmilperscom or MARCORPS has waived, should the description of each defect with permission for a waiver be entered on? 1. DD SF NAVMED 6150/4 4 4. Both 1 and 2 over 5. Health and dental records of (navv) persons who have had previous service and have been discharged can be obtained by sending a DD 877 to? 1. National Personnel Records Center, St. Louis, MO 2, Naval Reserve Personnel Center, New Orleans, LA 3, Reserve strengthens administrative activity, Kansas City, MO 4, Head, Bureau of Medicine and Surgery 27 28 6, What is the disposition of the health record of a newly appointed naval reserve officer who is inactive and attached to a drilling unit of the selective reserves? 1. Forward to the drilling unit to which the service member is assigned 2. Until the conscious naval district commander 3. Up to the C.O. Naval Reserve Center, Bainbridge, MD 4. Until the head of naval personnel 7. Who is responsible for opening the health record of a navy person who will be soliciting for two months? 1. Naval Training Centre 2. MEPs 3. Activity carrying out the recruitment contract 4. Any of the above 8. Instructions for opening the health records of civilians selected for an officer candidate program can be found in all the following disclosure except? 1. MMD 2. U.S. Navy recruiting manual 3. Navy Rules 4. Fleet Reservation Fishing Instructions 9. Because of the apprehension of a Navy deserter, would you request his medical record from? 1. Last permanent service station 2. BUMED 3. BUPERS 4. Naval personnel register center 10. The health record is closed at all but which of the following occasions? 1. Release to inactive service 2. Missing in Action 3. Discharge 4. When a hired member is ordered on 11 December 2015, the number of members hired is the same as the one in the 2 What is the disposition of the health record if a person is admitted directly to a federal medical facility, except for armed forces and hospitalization is to exceed seven days? 1. Keep on board ship 2. Until the conscious office medical affair 3. Transfer to another U.S. ship in port 4. Up to the hospital with the patient 28 29 12. If an erroneous registration is made in the health record, what procedure should be followed? 1. Make an additional entry that indicates that the original record was incorrect 4. Draw a line through the erroneous record with black or blue-black ink and make an additional record showing the original record was incorrect 13. Which of the following is not true in terms of replacement and duplicate health records? 1. The original medical record shall be destroyed after duplication 2. If a health record is lost or destroyed, a replacement record 3 will be opened. When a health record form approaches a state of illegibleness or deterioration, it will be duplicated 4. The circumstances requiring duplicated a religious preference, what would then be introduced on DD 2808? 1. No preference 2. None specified 3. No 4. Leave the block empty 15. Which of the following individuals would not be classified as a Malaysian? 1. Filipino 3. Chamorro 4. Hawaiian 16. The height is recorded on DD 2808 to nearest? 1. 1/10 inches 2. 1/4 inch 3. 1/2 inch 4. Inches 29 30 17. What part of the medical history report SF 93 should be prepared and signed by the doctor? 1. Goods Goods Goods Each of the above 18. What is the correct disposition of the individual sickcall slip (DD 689)? 1. It shall be inserted in the health record 2. Corrupted after the information is transcribed on SF What visual records must be compiled when determining a need for corrective glasses? 1. SF DD NAVMED 6490/1 4. NAVMED 6100/1 20. The shortened clinical registration is used in uncomplicated hospitalization if the patient is hospitalization if the patie retirement? 1. 3 months 2, 6 months 3, month 24, A post should be made on the abstract of service and medical history 6150 / 4), for all but which of the following? exposure to iionizing radiation (NAVMED 6470/1) would prepare for one? 1. Patient undergoes treatment and diagnostic procedures followed by iionization of radiation 2. Physio therapist 3. X-ray technician 4. All of the above 27. What shape is the top left side of the health record jacket? 1. SF NAVMED 6150/2 3. NAVPERS 5510/1 4. DD 32 28. Instructions for preparing and submitting the monthly medical services and outpatient morbidity report are contained in? 1. SECNAVINST series 2. BUMEDINST BUPERSINST a person from the service for a period of 24 hours or less. This report must be submitted to the Commander-in-Chief daily by? The complete, concise, chronological record of events of significance or of historical value, concerning the medical department is? 1. Statistical computer scientist 2. Sickbay treatment log 3. OOD log 4. Medical journal 32. What Navy directive of a one-off or short nature, which has self-reducing provisions, usually remains in force for 6 months or less, but never longer than a year? 1. Instruction 2. Message 3. Order 4. Bulletin 32 33 33. Which of the 14 major professional groups is exclusively concerned with the administration of military personnel? 1. 1, The 7,000 series is related to? 1. General material 2. Ship design and ship material 3. Financial management 4. Coast Guard 35. Which of the fourteen professional groups relates to all major military pharmacies at fixed treatment facilities filling more than 5,000 prescriptions each? 1. 3. 6 months 4. Year 37. Which of the following is not allowed to write prescriptions unless approved by the Commander- 1. Dentist 2. Independent Service Hospital Corpsman 3. Doctor assistant or nurse practitioner 4. Podiatrist (MSC) 38. How often should periodic checks be carried out on all departmental and clinician medical sites in order to reduce over-storage and to ensure that such items are not obsolete? 1. Daily 2. Weekly 3. Every two months 4. Monthly 33 34 39. Which of the following medicines will not be stored, used or dispensed by the pharmacy? 1. Methyl alcohol 2. Oxalic acid 3. Concentrated hydrochloric acid 4. All of the above 40. The person who has custody of work plans I and II substances, drug and alcohol plan III, must ensure by physical inventory that all quantities received and used have been properly treated for each? Day 1. Days of the week 4. Month 41. Which of the is not a true statement of controlled alcohol and alcoholic beverages? 1. Telephone or oral prescriptions will not be filled 2. The prescription must be dated, numbered and signed by compounder across the front of the prescription 3. The back of the prescription shall include the wording received in addition to the date, address and signature of the consignee 4. Prescriptions for alcohol are started with A and filled separately 42. Every department, clinic or other activity drawing controlled substances from the pharmacy must maintain a loose-leaf notebook containing narcotic and controlled Drug Account Record, which is one? /1 2. DEA / /6 43. When a member is officially declared a deserter, an explanatory record of this ratio is recorded on SF 600 and NAVMED 6150/4. The health and dental records are then sent to? 1. Commander 2. Chief of Naval Personnel 3. Head, Office of Medicine and Surgery 4. Federal Bureau of Investigation 34 35 ADMINISTRATION #2 1. A member of the armed forces' health record is an invaluable help? 1. Correct and equitable decision of claim 2. Determination of physical fitness 3. Preparation of medical static 4. All of the above 2. All health records will be checked annually when practicable and should coincide with? 1. Service record 2. Pay record 3. Paypers manual 4. Both 1 and 2 over 3. Which chapter of the Manual of the Medical Department (NAVMED P-117) covers the policy for releasing information? 1. DD SF SF All of the above 5. The health and dental records of Navy inactive reserves that have been recalled to active duty can be obtained by sending a DD (Request for Medical/Dental records Center, St. Louis, MO 3. Reserve Forces Administrative Activity, Kansas City, MO 4, Head, Office of Medicine and Surgery 35 36 6. What disposition is made from the medical record of a Class III Marine Corps officer designated and retained on inactive duty? 1. Forward to Marine Corps officer designated and retained on inactive duty? 1. Marine Corps 4. Either 1 or 2 7. Who is responsible for opening the health record of a Marine who is immediately ordered to serve actively at a recruitment training facility? 1. Activity carrying out the recruitment training facility? 1. Activity carrying out the recruitment contract 2. MEPs 3. Marine Corps Recruit Depot 4. Navy Training Center 8. The health record of a civilian selected for the Naval Academy would be opened at? 1. MEPs 2. First permanent service station 3. Naval Academy 4. Reserve unit assigned to 9. After apprehending or surrendering a Marine Corps Reserve Forces Administrative Activity, Kansas City, MO 4. Marine Corps Commandant 10. Which of the following is not true about closing the health record? 1. Closing entries shall be made at NAVMED 6150/4 2. The entire medical and dental records within five (5) working days of separation 3. The closing entries shall include the date of separation, the title of the service operation activity and the explanatory circumstances 4. The closed mail shall be forwarded to NAVMILPERSCOM or MARCORPS 36 37 11. The health record must be checked at all times? 1. Senior executive 2. Administrative staff 3. Navy Doctor 4. All of the above 12. What is the disposition of health records if a person is admitted to a hospital in a foreign nation and their ship is getting started? 1. Keep on board ship 2. Sent to another U.S. Navy ship in port 3. Sent to the health record when a patient in a naval hospital is separated from the naval service but retained for further treatment and hospitalisation? 1. Closed and forwarded to BUMED 2. Closed and stored by the hospital until the end of treatment 3. Closed and forwarded to BUMED 14. If a person does not claim any religious beliefs, what would be listed on DD 2808? 1. None of the listed 2. No 3. No preference 4. Leave the block empty 15. Which of the following persons would not be classified as a Mongolian? 1. Samoan 2. Chinese 3. Japanese 4. Eskimo 37 38 16. A seat 4 on the right side of DD 2808 must be reserved for the required BUMED endorsement for which program? 1. Submarine 2. Diving 3. Aviation 4. All of the above 17. Records of the chronological medical record (SF 600) are made in the event of an injury which may cause a permanent disability or which causes them to be physically untreated to carry out their work for a period exceeding? hours hours 18. What form has been drawn up for the notification of the cross-border medical service between the armed forces? 1, DD DD DD PHD PHS What part of the Syphilis Record (SF 602) is the patient required to sign? 1, II 3, III 4, IV 20, In the case of future disability compensation claims, what health records should be used to indicate all minor deficiencies? 1, DD SF SF 39 21, Where doctors in the Department of Defense are not readily available, a waiver of the physical examination is approved for reenlisting within how many hours after discharge? Hours 22. How long a physical examination valid for induction, enlistment, and appointment as a reserve or regular officer, and enrollment in an officer graduate program? 1. 3 months 2. 6 months 3. month 23. What health record form is an invaluable help in identifying deceased members? 1. DD SF SF Either SF 603 or Forensic Examination 24. When should NAVMED 6150/2 be prepared for a man who recently joined the first permanent service station 3. At the first special customs examination 4. At the opening of the health record 25. Which of the following forms does not indicate whether a man is hypersensitive to any medicinal product or chemical? 1. IN BUMEDINST I BUMEDINST On the back of NAVMED P 40 27. What health record form is at the top right side of the jacket (Part II)? 1. NAVMED 6420/1 2. NAVMED 6150/4 3. SF NAVPERS 5510/1 28. Navy standard subject identification codes are found in? 1. BUMEDINST BUMEDINST

Sick and Injured) shall be used to excuse a person from the service for a period of more than 24 hours. This report must be submitted to the Commander-in-Chief daily by? What is used to provide documentation support in the preparation of the Monthly Medical Services and Outpatient Morbidity Report and the Annual Report on Tuberculin Testing? 1. Statistical computer scientist 2. Sickcall treatment log 3. OOD log 4. Medical journal 32. What Navy directive remains in effect until replaced or otherwise cancelled by the original command or higher authority? 1. Bulletin 3. Instruction 4. Communication 40 41 33. Which of the fourteen professional groups are involved in operation and readiness? 1. 1, The 5,000 series is related to? 1. General administration and management 2. Medicine and dentistry 3. Financial management 4. Ordnance material 35. Which of the fourteen professional groups relates solely to the administration of civilian personnel? Pharmacists should be assigned customs duties at all major military pharmacies at fixed treatment facilities filling more than how many prescriptions each quarter? 1. 3, Which of the following is not allowed to write prescriptions unless it is approved in writing by the Commander? 1. Civilian physician employed by the Navy 2. Dentist 3. Nurse practitioner 4. Podiatrist (MSC) 38. All drug orders for drugs, sedatives, hypnotics, anticoagulants and antibiotics should be automatically discontinued after? hours 41 42 39. The inventory of controlled substances must be reported immediately on a DEA Form 106, should the original and 1 copy of this report be sent to? 1. Drug Control Agency 2. BUMED 3. Naval Exploration Service 4. All of the above 41. Every department, clinic or other activity drawing controlled drug inventory 24 hours, which is one? 1. NAVMED 6710/1 2. NAVMED 6710/5 4. NAVMED 6710/6 42. A narcotic prescription written by an independent duty hospital Corpsman must be countersigned by? 1. Commander 2. Ceo 3. Supply worker 4. One of the body? 1. Proximal 2. Distalt 3. Inferior 4. Caudal 2. What is the process of absorption, storage and use of food for body growth, maintenance and repair? 1. Homeostasis 2. Metabolism 3. Digestion 4. All of the above 3. Which of the plasma membrane, a nucleus and the cytoplasm 2. It contains 46 chromosomes 3. Is composed of a viscid, jelly like substance, called cytoplasm 4. Protoplasm has been called The Secret of Life 4. What type of tissue acts as a reservoir for various organs and fragile structures like kidneys, blood vessels and nerves? 1. Osseous 3. Areolar 4. Epithelium 5. What substance contained in the bone gives for its strength and hardness? 1. Calcium 2. Protein 3. Ossein 4. All of the above 43 44 6. Pelvic bones (by their shape) would be classified as what type of bones? 1. Lacrimal 2. Palatine 3. Vomer 4. Malar 8. What bone forms the forehead, contains the frontal sinuses and helps form the eye cavity and nasal cavity? 1. Time 2. Frontal 3. Occipital 4. Ethmoid 9. What is the name of the first cervical vertebra that supports the head? 1. Axis 3. Foramen magnum 4. Zygomatic process 10. The three innominate bones are firmly united in a bone to form a cup as the structure called? 1. Axis 3. Foramen magnum 4. Zygomatic process 10. The three innominate bones are firmly united in a bone to form a cup as the structure called? 1. Axis 3. Foramen magnum 4. Zygomatic process 10. The three innominate bones are firmly united in a bone to form a cup as the structure called? 1. Axis 3. Foramen magnum 4. Zygomatic process 10. The three innominate bones are firmly united in a bone to form a cup as the structure called? 1. Axis 3. Foramen magnum 4. Zygomatic process 10. The three innominate bones are firmly united in a bone to form a cup as the structure called? 1. Axis 3. Foramen magnum 4. 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Foramen magnum 4. Zygomatic process 10. The structure called? 1. Axis 3. Foramen magnum 4. Zygomatic process 10. Obturator foramen 4. Ilium 11. The prominent in the distal end of the fibula forms the outer ankle and is called? 1. Lateral condyles 2. Medial condyles 3. Lateral malleolus 44 45 12. Which of the following is not true regarding joint movement? 1. Circumduction involves hips and shoulders 2. The abduction moves an extremity away from the body 3. Gliding is a surface that moves over another without rotating or angling motion 4. Angular motion is the simplest type 13. Turn outwards as to turn the sole of the foot to outside would be designated? 1. Eversion 3. Supination 4. Pronation 14. What gives the muscles a certain firmness, or a continued state of partial contraction? 1. Isometric 2. Tonicity 3. Contractuality 4. Expandability 15. What is the longest muscle in the body? 1. Bicep Femoris 2. Tibialis Ant 3. Gastrocnemius and Soleus 4. Sartorius 16. What muscle is the place of choice for massive intramuscular injections? 1. Quadriceps 2. Biceps Brachii 3. Gluteus Maximus 4. Deltoid 17. The clear, pale, yellow, liquid part of blood after clotting is? 1. Blood serum 2. Hemoglobin 3. Plasma 4. Erythrocytes 45 46 18. Which of the following is not true regarding red blood cells (Erythrocytes)? 1. Carbon dioxide is collected by the RBCs and emitted via the lungs 2. Normal RBC numbers are higher in men 3. RBC will live around days in body 4. The spleen is Grave Yard for old, wornout RBC's 19th century. What is the normal number of white blood cells per cubic mile of blood? 1. 6,000 to 8, .000 to 20, to 5 million 20. The heart receives deoxygenated blood from the body via the superior venae and inferior venae cavae? 1. Left Atrium 2. Right Atrium 3. Left ventricle 4. Right Ventricle 2. Relaxation of the heart, stage of blood pressure is called? 1. Diastole 2. Relaxation of the heart, stage of blood pressure is called? 1. Diastole 2. Sewing chairs 3. Blood pressure 4. Both 1 and 2 over 23. What venous system are the only veins in the body to carry freshly oxygenated blood? 1. Liver 2. Systemic 3. Portal 4. Pulmonary 46 47 24. What vein is most commonly used for IV injections and infusions? 1. Median cubital 2. Great saphenous 3. Cephalic 4. Brachial 25. What's another name for the voting booth? 1. Epiglottis 2. Trachea 3. Pharynx 4. Larynx 26. What is the dome shaped and separates the chest and abdominal cavity? 1. Mediastinum 2. Intercostal muscles 3. Membrane 4. Lungs 27. The amount of air left in the lungs after forced expiration is about 1,200ml and is known as? 1. Inhaled air 2. Exhaled air 3. Tidal Air 4. Remaining air 28. What type of respirations increase with force and frequency up to a certain point, then decrease until they cease completely? 1. Cheyne-Stokes 3. Rales 4 Dyspnø 29. What is the nerve cell body that contains the nucleus? 1. Cyton 2. Axon 3. Dendrites 4. Neuron 47 48 30. The inferior part of the brain, the last division before the beginning of the spinal cord is? 1. Medulla Oblongata 3. Cerebellum 31. Which part of the brain is primarily concerned with brine balance, harmony and coordination to the body? 1. Cerebellum 3. Pons 4. Medulla Oblongata 32. As to what the nervous system increases the activity of the body to allow it to meet danger or undergo strenuous physical activity, it has been called fight or flight nervous 1. Sympathetic 2. Accessories 3. Trochlear 4. Abducen's 34. What nerve is sometimes called the large sensory nerve in the head and is divided into ophthalmic, maxillary, and mandibular branches? 1. Glossary 2. Vagues 3. Trigeminus 4. Oculomotor 35. What is the most bearing on the ability of a person to see in the daytime? 1. Glassy humor 2. Retina 3. Rods 4. Cones 37. What ear ossicles are attached to the inner surface of the eardrum and connect with the incus? 1. Anvil 2. Malleus 3. Tape 4. Stirrup 38. What ear ossicles are attached to the inner surface of the eardrum and connect with the incus? 1. Anvil 2. Malleus 3. Tape 4. Stirrup 38. What ear ossicles are attached to the inner surface of the eardrum and connect with the incus? 1. Anvil 2. Malleus 3. Tape 4. Stirrup 38. What ear ossicles are attached to the inner surface of the eardrum and connect with the incus? 1. Anvil 2. Malleus 3. Tape 4. Stirrup 38. What ear ossicles are attached to the inner surface of the eardrum and connect with the incus? 1. Anvil 2. Malleus 3. Tape 4. Stirrup 38. What ear ossicles are attached to the inner surface of the eardrum and connect with the incus? 1. Anvil 2. Malleus 3. Tape 4. Stirrup 38. What ear ossicles are attached to the inner surface of the eardrum and connect with the incus? 1. Anvil 2. Malleus 3. Tape 4. Stirrup 38. What ear ossicles are attached to the inner surface of the eardrum and connect with the incus? 1. Anvil 2. Malleus 3. Tape 4. Stirrup 38. What ear ossicles are attached to the inner surface of the eardrum and connect with the incus? 1. Anvil 2. Malleus 3. Tape 4. Stirrup 38. What ear ossicles are attached to the inner surface of the eardrum and connect with the incus? 1. Anvil 3. Malleus 3. Tape 4. Stirrup 38. What ear ossicles are attached to the inner surface of the eardrum and connect with the incus? 1. Anvil 3. Malleus 3. Tape 4. Stirrup 38. What ear ossicles are attached to the inner surface of the eardrum and connect with the incus? 1. Anvil 3. Malleus 3. Tape 4. Stirrup 38. What ear ossicles are attached to the inner surface of the eardrum and connect with the incus? 1. Anvil 3. Malleus 3. Tape 4. Stirrup 38. What ear ossicles are attached to the inner surface of the eardrum and connect with the incus? 1. Anvil 3. Malleus 38. Malleus 38. Malleus 38. Malleus 38. 2. Thyroid 3. Parathyroid 4. Adrenal 39. An overproduction, as hormone causes akromegly, which is characterized by the development of abnormally large hands, feet and jaw? 1. Somatotropin 3. Oxytocin 4. Gonadotropin 40. What condition caused by lack of antidiuretic hormone (ADH)? 1. Sugar diabetes Mellitus 3. Diabetes Insipidus 4. Hypothyroidism 41. What hormone regulates calcium and phosphorus levels of blood and bones? 1. Testosterone 2. Parathormone 3. Androgens 4. Progesterone 49 50 42. What are sometimes called salt and water? 1. Estrogens 2. Thyroxine 3. Glucocorticoids 4. Mineralocords 43. The islands of Langerhans (located in the pancreas) contain which cell secretes insulin, which is essential for carbohydrate metabolism? 1. Beta 2. Alpha 3. Gamma 4. Glucagon 44. What are the three parts of the small intestine in their natural order? 1. Jejunum, ileum and duodenum 2. Duodenum, ileum and jejunum 3. Ileum, jejunum and duodenum 4. Duodenum, jejunum and ileum 45. The serous membrane that lines the abdominal cavity is known as? 1. Mesentery 3. Periton 4. Periosteum 46. What is the muscular ring at the duodenal end of the abdomen that prevents its contents from escaping? 1. Heart's sphincter 2. Pylorsk closing muscle 3. Esophagus 4. Appendix 47. The bulb shape sac usually stained dark green by the bile it contains is? 1. Gall bladder 2. Liver 3. Appendix 4. Colon 50 51 48. What is the least amount of urine to be excreted by a person each day? ml ml 49. The urine is formed in a soft, granular, and reddish brown substance called? 1. Ureter 2. Glomerulus 3. Medulla 4. Cortex 50. The structural and functional unit of the kidneys is called one? 1. Nephron 2. Medullary fabric 3. Malpighian Body 4. Loop of Henle 51. Which of the following is not true 1. They are effective blood purifiers and fluid balance regulators 2. Uremia is caused when the kidneys fail to remove waste products from the blood 3. It is estimated that 5,000 liters of blood pass through the kidneys in 24 hours 4. Removal of nitrogenous waste products from blood is the main function of the kidneys 52. What is the small tube that connects the epididymis and the ejaculating channel? 1. Seminal vesicles 2. Vas Deferens 3. Epididymis 4. Spermatic string 53. Chestnut-shaped gland that secretes an alkaline fluid to protect the male sperm from the female vaginal acid is called? 1. Bulbourethral glands 2. Ductus Deferred 3. Cowper's Gland 4. Prostate 51 52 54. Fertilization of an egg usually takes place in? 1. Vagina 2. Ovaries 3. Fallopian tubes 4. Womb 55. What part of the uterus (uterus) are the smaller and projects in the upper part of the vagina? 1. Cervix 2. Body 3. Outer opening 4. Vulva 52 53 ANATOMY and Physiology #2 1. What is the body's self-regulated control of its internal environment? 1. Digestion 2. Homeostasis 3. Metabolism 4. All of the above 3. What is the most important protective tissue in the body? 1. Column 2. Cuboidal 3. Planocelluen 4. Fat 4. What type of tissue acts as a means of removing waste from the body? 1. Liquid 2. Osseous 3. Epithelium 4. Muscular 5. Which of the following is not true regarding substances in the bone? 1. Yellow marrow produces white blood cells 2. Red marrow produces red blood cells 3. The Medullary canal contains marrow 4. Periosteum is the pain center of the bone 6. Hyoid bone (by its shape) would be classified as what type of bone? 1. Long 2. Map 3. Flat 4. Irregular 53 54 7. What bones form the side and bottom of the base and back of the skull and contains a large hole, called the foramen magnum? 1. Sphenoid 2. Occipital 3. Vomer 4. Malar 9. What is the second cervical vertebra that makes the head turn? 1. Axis 2. Atlas 3. Sacrum 10. What part of the innominic nod is used as a reference point for surgical and anatomical measurements? 1. Ischium 2. Ilium 3. Pubis 4. Obturator Foramen 11. What are the two bony prominently in the distal end of the femur, which articulates with the tibia and patella? 1. Larger and smaller trochanter 2. Lateral and medial confotles 4. Sesameoid bones 12. Which of the below is not true regarding the joints? 1. When two bones are attached to each other, joint formed 2. The elbow and knee are considered hinge joints 3. Examples of ball and socket joints are shoulder and hip 4. Fixed link of the skull vertebrae, and symphysis pubis 54 55 13. Facing down as in placing the hand palm down would be designated? 1. Pronation 2. Supination 3. Eversion 4. Inversion 14. What is the term used to denote a muscle's ability to become shorter or thicker? 1. Elasticity 2. Contractuality 3. Tonicity 4. Expandability 15. Which muscle is most commonly involved in a stiff neck? 1. Elasticity 2. Contractuality 3. Tonicity 4. Expandability 15. Which muscle is most commonly involved in a stiff neck? 1. Elasticity 2. Contractuality 3. Tonicity 4. Expandability 15. Which muscle is most commonly involved in a stiff neck? 1. Elasticity 2. Contractuality 3. Tonicity 4. Expandability 15. What is the wide flat muscle that covers about a third of the back on each side? 1. Diaphragm 2. Sartorius 3. Latissimus Dorsi 4. Pectoris Major 17. What part of whole blood is clear, a little alkaline, straw colored liquid consisting of 92% water? 1. Plasma 2. Blood Serum 3. Erythrocytes)? 1. They are formed in the red bone marrow 2. Emotional stress, strenuous exercise, and high altitudes can cause a decrease in RBC's 3. Normal RBS count is lower in women 4. Hemoglobin is key to RBC's ability to transport oxygen and carbon dioxide 55 56 19. What are the normal platelets (platelets) per cubic millimeter of blood? 1. 6,000 to 8, .000 to 20, to 5 million 20. The inner surface of the heart is lined with a delicate serous membrane called? 1. Endocardium 2. Pericardium 3. Myocardium 4. Epicardium 4. Epicardium 21. What part of the heart pumps blood past the pulmonary valve through t deep and superficial veins? 1. Liver 2. Lung 3. Portal 4. Systemic 24. What vein is sometimes used for IV injection, derived on the inner aspect of the foot? 1. Large saphenous 2. Medial cubital 3. Cephalic 4. Brachial 56 57 25. The long cylindrical tube consists of 16 to 20 C-shaped cartilage rings embedded in a fibrous membrane called? 1. Epiglottis 2. Larynx 3. Pharynx 4. Trachea 26. What is the space between the two lungs that extends from the sternum to the vertebrae and from the fascia of the neck to the diaphragm? 1. Eutrum 3. Mediastinum 4. Intercostal muscle 27. Lungs when they are filled to their full capacity hold how much air? ml 2. 1,200 ml 3. 3,400 ml 4. 6,500 ml 28. Rattling sounds in the throat due to partial obstruction, also a dry coarse rale in the bronchi would be designated? 1. Stertorous respiration 2. Rhonchus 3. Apnea 4. Bradypnea 29. What part of the neuron carries command impulses from the central area to the reacting muscles or organs? 1. Motor Neuron 2. Sensory Neuron 3. Inter Neuron 30. Which part of the brain is the largest and most superiorly located part? 1. Cerebellum 2. Cerebrum 3. Pons 4. Medulla Oblongata 57 58 31. What of the brain is the center of control of heart action, breathing, circulation, and control of body temperature? 1. Medulla Oblongata 3. Cerebrum 4. Cerebellum 32. The pair of cranial nerves and the 31 pairs of spinal nerves form? 1. Peripheral nervous system 2. Parasympathetic nervous system 3. Autonomic nervous system 3. Autonomic nervous system 3. What nerve extends down through the next of the throats, larynx, trachea, esophagus, and thoracic and abdominal guts? 1. Olfactory 2. Facial 3. Vagus 4. Hypoglossal 35. The hard, fibrous, protective part of the globe, which is the outer layer (white part) of the eye called? 1. Cornea 2. Retina 3. Choroid 4. Sclera 36. The optical globe is filled with a jelly like substance, which helps maintain the shape of the eye ball and prevent miss-molds by maintaining intraocular pressure and called? 1. Conjunctiva 2. Lacrimal gland 3. Watery humor 4. Glassgem's humour 58 59 37. The bottom of what auditory ossicles are attached to the oval window (Fenestra Ovalis) membrane-covered opening of the inner ear? 1. Hammer 2. Tape 3. Incus 4. Malleus 38. The pituitary gland is located at the base of the brain in the sella turcica of the sphenoid bone, it has what shape? 1. Pea shaped 2. Butterfly 3. Four round equals 4. Caps 39. What hormone stimulates contraction of the muscles of the uterus? 1. Diabetes Mellitus 2. Diabetes Insipidus 3. Tetanus 4. Akromegly 41. What endocrine gland is shaped like a butterfly, located in the front of the throat, under the larynx? 1. Adrenal 2. Thyroid 3. Parathyroid 4. Islands Langerhans 42. What steroid hormone increase certain liver functions and have an anti-inflammatory effect? 1. Testosterone 2. Thyroxine 3. Mineralocordicoiders 4. Glucocorticoids 59 60 43. What hormone increase certain liver functions and have an anti-inflammatory effect? 1. Testosterone 2. Thyroxine 3. Mineralocordicoiders 4. Glucocorticoids 59 60 43. What hormone increase certain liver functions and have an anti-inflammatory effect? 1. Testosterone 2. Thyroxine 3. Mineralocordicoiders 4. Glucocorticoids 59 60 43. What hormone increase certain liver functions and have an anti-inflammatory effect? 1. Testosterone 2. Thyroxine 3. Mineralocordicoiders 4. Glucocorticoids 59 60 43. What hormone increase certain liver functions and have an anti-inflammatory effect? 1. Testosterone 2. Thyroxine 3. Mineralocordicoiders 4. Glucocorticoiders 59 60 43. What hormone increase certain liver functions and have an anti-inflammatory effect? 1. Testosterone 2. Thyroxine 3. Mineralocordicoiders 4. Glucocorticoiders 59 60 43. What hormone increase certain liver functions and have an anti-inflammatory effect? 1. Testosterone 2. Thyroxine 3. Mineralocordicoiders 4. Glucocorticoiders 59 60 43. What hormone increase certain liver functions and have an anti-inflammatory effect? 1. Testosterone 2. Thyroxine 3. Mineralocordicoiders 4. Glucocorticoiders 59 60 43. What hormone increase certain liver functions and have an anti-inflammatory effect? 1. Testosterone 2. Thyroxine 3. Mineralocordicoiders 4. Glucocorticoiders 59 60 43. What hormone increase certain liver functions and have an anti-inflammatory effect? 1. Testosterone 2. Thyroxine 3. Mineralocordicoiders 4. Glucocorticoiders 59 60 43. What hormone increase certain liver functions and have an anti-inflammatory effect? 1. Testosterone 2. Thyroxine 3. Mineralocordicoiders 4. Glucocorticoiders 59 60 43. What hormone increase certai prepares the uterus for the reception and development of the fertilized egg and maintains the lining during pregnancy? 1. Progesterone 2. Estrogen 3. Endometrium 4. Parathormone 44. What is the location of the heartsphincter? 1. Heart 2. Lungs 3. Stomach 4. Colons 46. What gastric juice activates pepsin from pepsinogen, kills bacteria that enters the stomach, inhibits the digestive effect of pepsin, and helps regulate the opening and closure of pyloric sphincter muscle? 1. Bile 2. Hydrochloric acid 3. Ptyalin 4. Carbohydrate 47. What is the largest gland in the body? 1. Liver 2. Kidney 3. Gall bladder 4 Pancreas 48. What is the correct order that urine is excreted? 1. Ureters, Kidney, Bladder, and Urethra 2. Bladder, and Urethra 4. Kidney, ureters and 3. Kidney, ureters, and Urethra 4. Kidney, ureters, and Urethra 60 61 49. When the kidneys fail to remove waste products from the blood, which accumulate in high concentrations, this is called? 1. Epididymitis 2. Uremia 3. Hepatitis 4. Phimosis 50. What substance in the kidneys is a pyramidal mass of tubes or tubules that drains the urine into the following is not true regarding the kidneys? 1. Glomerulonephritis is caused by protein loss from the body due to damaged glomeruli 2. The structural and functional unit of the kidneys is called a Nephron 3. The main function is the reabsorption of water, salt, sugar and protein elements in the blood 4. The loss of a kidney does not seriously affect the body's welfare. the secretion of the testicles at the time of ejaculation are called? 1. Ejaculatory channel 2. Sperm dinge vesicles 3. Ductus postpones 4. Vas deferen's 53rd What are the two pea-sized organs that secret a mucous membrane as alkaline fluid during the sexual act of providing lubrication? 1. Semenring cords 2. Testicles 3. Prostrate 4. Pear weather glands 61 62 54. What are the two almond-shaped glands that produce eggs and the female hormones? 1. Fallopian tubes 2. Womb 3. Ovaries 4. Vagina 55. What is the function of fallopian tubes in the female hormones? 1. Fallopian tubes 2. Womb 3. Ovaries 4. Vagina 55. What is the function of fallopian tubes 2. Womb 3. Ovaries 4. Vagina 55. What is the function of fallopian tubes in the female hormones? 63 CBRN (formerly NBC) WARFARE #1 1. When was the first large-scale use of chemical agents first employed? 1. Spanish-American War 2nd WW I 3. WW II 4. Vietnam 2. Which of the following is not true regarding the use of chemical agents first employed? 1. Spanish-American War 2nd WW I 3. WW II 4. Vietnam 2. Which of the following is not true regarding the use of chemical and biological agents? 1. They do not destroy material 2. Chemical agents produce effects within seconds, while biological effects are not produced for several hours to day 3. Immunisation is not effective against chemical agents 4. Biological agents 4. Tree 4. What is the maximum amount of atropine that can be given by nonmedical staff? 1. 4 mg 3. 6 mg 4. No maximum amount 5. Which of the following is not true regarding blisters? 1. Symptoms from exposure to mustard do not appear 3. They exert their primary action on the skin 4. Mustard (HD) is less volatile and more persistent than nitrogensedenbol (HN) 6. What is the most frequent complication from exposure to mustard and nitrogen mustard? 1. Bronkopneumoni 2. Huge edema 3. Mechanical pulmonary obstruction 4. All above 63 64 7. Which of the below is not true regarding vesicant Lewisite (L)? 1. Dimpercaprol is a peanut oil suspension for injection and given in case of systemic involvement 2. British Anti-Lewisite (BAL) is somewhat toxic and injecting more than 3mg/kg will cause severe symptoms 3. If the eyes are affected, rinse immediately after exposure 8. The symptoms of watering of the eyes, tightness in the chest, and later symptoms of rapid, shallow breathing, painful cough, foaming saliva, cyanosis, clammy skin, rapid weak heart rate, and low blood pressure, are symptoms of exposure to? 1. Blister agent 3. Blood Agent 4. Nerve Agent 9. What chemical agents have the smell of the new rock thaw? 1. Cyanic acid (AC) 2. Mustard (HD) 3. Phosgene (CG) 4. Lewisite (L) 10. The required dose of sodium thiosulfate mg/kg IV over a period of ten minutes is necessary after the first treatment if exposed to it? 1. Cyanogen chloride (CK) 2. Lewisite (L) 3. Phosgene (CG) 4. Chlorine (CI) 11. The symptoms of a strong pepper such as irritation in the upper airways, irritation of the eyes (with tearimation), violent uncontrollable sneezing, coughing, nausea, vomiting, and a feeling of malaise are symptoms of exposure to? 1. Diphenylcyanarsine 4. All of the above 64 65 12. Which of the below is not true regarding lacrimators? 1. Facing the wind will aid in removing tear agents in the eyes 2. Orthochlorobenzsildine Malanonitrile is more potent than Chloracetophenone 3. Chest discomfort can be relieved by speaking 4. Symptoms after severe exposure rarely last more than 12 hours 13. What is the specific treatment of a victim exposed to a psychochemical agent? 1. Avoid the victim from harming himself or others 2. There is no specific treatment of a victim exposed to a psychochemical agent? 3. Physostigmine is effective during the first 4 hours 4. Atropine, because BZ is a cholinergic blocking agent 14. Flash blindness from a nuclear explosion? 1. Tight-fitting dark coloured nylon 2. Loose-fitting, bright nylon 3. Loose-fitting, light wool 4. Loose-fitting, light cotton 16. What type of radiation has the greatest penetrating force? 1. Beta 3. Gamma 4. Neutron 17. What type of diet should a radiation accident be placed on? 1. High calorie 2. High protein content 3. High leftovers 4. Bland, no leftovers 65 66 CBRN (formerly NBC) WARFARE #2 1. Which of the following is not true regarding the use of biological and chemical agents? 1. Chemical and biological weapons can be particularly adapted for use against large groups of people 2. From a medical point of view, agents are classified according to the physiological effect 3. Defoliation and urocontrol agents were used with some degree of effectiveness in Vietnam 4. Toxic chemical was approved for use in Korea and Vietnam 2. The symptoms of pin point pupils, runny nose, dyspnea, diarrhea, vomiting, cramps, massive saliva, drowsiness, coma and finally unconsciousness would indicate exposure to which remedy? 1. Nerve 2. Blood 3. Choking 4. Vomiting 3. Which of the following is not true regarding the use of atropine? 1. It is an acetylcholine blocker 2. Medical staff are limited in number given to an accident 3. Atropine alone is sufficient to relieve any respiratory muscle failure 4. Aropinization is noted by signs of taitiscardia and dry mouth 4. Burns from exposure to mustard (HD) and Nitrogen Must Abdomen 3. Back 4. Neck 5. Which of the following is not true regarding exposure to mustard and nitrogen mustard? 1. The first noticeable symptom is blisters may be delayed up to 48 hours 4. Bronchopneumonia is the most common complication 66 67 6. What is the specific antidotal treatment for mustard poisoning? 1. British Anti-Lewisite 2. Dimercaprol 3. Sodium sulfacetamide 30% solution 4. No one knew 7. What is the maximum amount of Amyl Nitrate that can be given to a blood gas victim? 6 Ampoules 2. 8 Ampoules 4. No limit 8. Which chemical agents have an almond-like smell? 1. Phosgene (CG) 2. Lewisite (L) 3. Cyanic acid (AC) 4. Mustard (HD) 9. What is given to a nerve gas accident for the regeneration of the blocked cholinesterase? 1. 2-PAM Chloride (Pralidoxime Chloride) 2. Sodium thiosulfate 3. Copper sulphate 4. Oxygen 10. The symptoms of watering of the eyes, cough, a tight feeling of the chest, are symptoms of exposure to? 1. Chloracetophenone 2. Orthochlorobenzilidine Malanonitrile 3. Diphenylaminochlorarsine 4. Phosgene 11. Which of the below is not true regarding sternutators (Vomiting agents)? 1. The mask must be worn despite coupling, saliva and nausea 2. Performing tasks as strongly as possible will reduce and shorten symptoms 3. A mild painkiller can be given to relieve headaches 4. Usually there is spontaneous recovery within 24 hours 67 68 12. What is the standard incapacitated (psychotic) in the United States? 1. BZ 3. 4. WP 13. Secondary burns from a nuclear explosion are caused by? 1. Flash 2. Fires 3. Radiation 4. Any of the above 14. What type of radiation does not pose an external radiation problem, but because of their great iionising power, they pose a very serious danger when taken into the body by ingestion, inhalation occur in the accident with radiation overdose, what antibiotic treatment is recommended? 1. Normal 2. Double recommended dose 3. The recommended dose 4 triple. Four times the recommended dose 16. The decontamination of a ship as a whole belongs primarily to? 1. Commander 2. Doctor 3. Technical officer 4. Damage Control Officer 17. Where was the first large-scale use of chemical agents first employed in 1915? 1. Plymouth, England 2. Ypres, Belgium 3. Genoa, Italy 4. Bella, France 68 69 CORRESPONDENCE #1 1. Which directive gives the Department of the Navy standards for writing, quality, correspondence format, and paper work management? 1. SECNAV M NAVMEDCOMINST A 2. What is not required to appear on all outgoing correspondence? 1. SSIC 3. Author Code 4. Typist initials 3. What is the size of the margins in a standard navy letter? 1. 1/2 inch 3. 1 1/4 inch 4. 1 1/2 inch 4. 1 1/2 inch 4. Which of the below is correct regarding the subject line of a navy letter? 1. Subj: ADVANCEMENT REQUIREMENTS FOR SEPTEMBER NAVY WIDE EXAM 2. SUBJECT: September Navy-Wide Advancement Exam; Requirements for 3. Subj: September Navy-Wide Advancement Exam; Requirements for 4. Any of the above 6. When an encapsulation for a letter is sent under a separate cover, how should it be identified in the encl line of the letter? 1. (SEPARATE COVERAGE) 2. (Sep cover) 3.C. (SC) 69 70 7. What type of correspondence is used for formal communication with activities within the Ministry of Defence and can be used for activities outside the format? 1. Business letter 3. Approval 4. Lake Letter 8. Which of the circumstances listed below requires that the identifying symbols be used on outgoing correspondence? 1. Letter to members of Congress or heads of governmental bodies 2. Letter of praise or condolences 3. Letters from Commander-in-Chief of the 4th U.S. Personal letters through official channels 9. How should the signature of a person with the City Direction authority be indicated if signing orders affecting wages and allowances? 1. Substitute 3. At direction 4. In the direction of the Commander-in-Chief Officer 10. All congressional correspondence must be acknowledged within how many days from the date of receipt? 3. 5 working days 4. 5 days 11. What type of letter is used when officials in two or more activities issue a letter on a particular subject or administrative issue common to both activities? 1. More address 2. Joint 3. Standard 4. Business 70 71 12. Which memorandum is used among individuals and offices with the same activity and is considered the most informal? 1. From-to-Memorandum is used among individuals and offices with the same activity and is considered the most informal? for command files copies of a naval letters? 1. Green tissue 2. Yellow tissue 3. White tissue 4. Pink tissue 14. Which of the following is not one of the three versions of the From-To memorandum Form 2. Note on plain paper 3. Letterhead 4. Memorandum of Understanding or Agreement 15. The commander, officer in charge, or person acting in both positions must personally sign all of the documents below except? 1. Establish policy, center on changes in commands mission and is directed to higher authority 2. The case, which deals with certain aspects of military justice 3. Cases required by law (i.e. Ship's Deck log) 4. Evaluation of E Which of the following is not true regarding a navy letter? 1. Window envelopes shall be encouraged for unclassified correspondence 2. Members' surname must be capitalized in the letter if the name appears as part of topic 3. The signature page of a fleet letter must have at least four (4) lines of text 4. A person should be treated as mr. if the gender is unknown 17. Which of the following is not true regarding correspondence? point (pitch) block letter style type face 2. Routine correspondence must be acknowledged within 15 days 3. If you are using a signature 71 72 18. What is used to provide a standalone document to prevent essential elements of an item and serve as an easily accessible source of condensed, factual information about current topics? 1. Point (speeches) paper 2. Lake Letter 3. Business letter 4. Memorandum 19. What is used instead of signature on electronic mail ()? 1. Say: 2. Signature 3. /S/ 4. Any of the above 20. How is a subsection specified in a fleet letter? 1. (1) 3. (a.) 73 CORRESPONDENCE #2 1. Commands and individuals can recommend changes to the correspondence manual by typing to which command? 1. Fleet Data Automation Command? 1. Fleet Data Automation Command? 1. Fleet Section 4. Department of the Navy 3. When is an official letter from the Navy dated? 1. When cooked in rough 2. When signed 3. When prepared in the smooth 4. When submitting for signature 4. What is the right format for writing a fleet letter? 1. To:, Via:, Ref:, & amp; From: 2. From:, Subject: 4. Two:, Su & amp; Via: 5. Which of the following is not true regarding correspondence? 1. A serial number shall be provided on all outgoing correspondence 2. A maximum of 10 words must be used for the subject line (all CAPITALS) 3. Left and right margins must be 1 inch 4. Sep cover) indicates a system sent under a separate cover 6. How many lines signature signature of a letter must (Copy to:) Placed? 74 7. What is used to approve, reject, forward, or comment on the contents of a letter 2. Speed letter 3. Cabinet 4. Approval 8. Which of the following is not true regarding classified correspondence? 1. Selections are indicated only at the top 2. A new sequence of serial numbers begins every calendar year 3. Top Secret correspondence would be identified by C 9. What should appear under the signer's name if they have been formally appointed to temporarily replace the Commander-in-Chief? 1. At direction 2. Deputy 3. After the command of the Commander-in-Chief Officer 4. Acting 10. If you can't respond to Congressional correspondence within 5 business days, please send a preliminary response within? 5 working days 11. What type of letter is used to handle two or more activities that are individually identified or addressed as a group? 1. More address 3. Standard 4. Business 74 75 12. What memorandum is used to write senior officials as the Minister of the Navy or the Minister of Defence and are considered the most formal memorandum? 1. From-To Memorandum 3. Memorandum 3. A per page 4. 6 14. Which of the following is a generally accepted free closure for a business letter? 1. Very really your 2. Yours sincerely 3. Your really 4. Yours sincerely 3. Your really 4. Yours sincerely 3. Your really accepted free closure for a business letter? 1. The abbreviations for the State shall be indicated in two letters on envelope 2. When you use a subsection, you must have at least two 3. Pages must be numbered by centering 1/2 inch from the bottom starting with the number 1 4. The motif must be repeated on the other and later page six (6) lines from the top 16. What memorandum can be used to document mutual agreements on facts, intentions, procedures, limitations in future actions and areas of prevention or future coordination or communication? 1. Memorandum on Protocol No 2 to the Agreement shall be adopted in accordance with the procedure laid down in Article 1 Printed memorandum of Understanding or Agreement 17. Which of the following is not true regarding a business letter? 1. Lowercase name in the body of the letter 2. Capitalize Sailor or Marine in the body of the letter 3. Never use SSN on military or civilian personnel 4. The format for a date would be November 27, 76 18. Which of the below is not true with regard to the point (talking) paper? 1. Rating marks are indicated only at the top and bottom of page 2. Point papers shall not exceed a length 3 page. Abbreviations and acronyms may be used if specified at first use 4. Allow empty empty 8 1/2 x 11 inch paper 19. Electronic mail () users should check their mailboxes? 1. Every other day 2. Today's e-newspaper Twice a day 4. Three times a day 20. How is a subdivision specified in a fleet letter? 1. (1ST) 2. (1) 4. (a) 76 77 FAMILY ADVOCACY PROGRAMME AND MISCELLANEOUS #1 1. What is navy instruction covering the Family Advocacy Program? 1. NAVMEDCOMINST B 3. SECNAVINST B 4. BUMEDINST Worker 2. MSC Social Worker 3. NC Social Worker 4. Priest 3. All known or suspected child abuse and spouse abuse must be reported to sponsor CO, how long after the remove recipient the referral or the victim is seen in the MTF? 1. Immediately hours hours 4. CO or OIC will appoint a full-time social worker so far (must have a master's degree) if the number of new cases referred to the case review subcommittee reaches an average of how many cases each month for six (6) consecutive months abroad? If a full time DAD is not available who cannot be assigned a collateral obligation as a DAD? 1. Priests 2. Medical assistant 3. Nurse Corps Officer 4. Medical Corps Officer 77 78 6. Which of the following is not true regarding the Family Advocacy Program? 1. Suspected victim seen on a DTF must be reported to FAR for support MTF 2. Usually there are two (2) case review subcommittees 3. Priests can work with a perpetrator for a week before reporting the incident on April 4. All of the above are true 7. What report should be submitted to the CO Naval medical data services center within fifteen (15) days from the date on which CRS makes a status determination or closes, transfers or reopens the case? 1. DD Incident-based report system 3. OPNAV 5290/1 4. NAVMED 52211/1 8. Which of the following would not be assigned a case review sub-committee? 1. Pediatrician, Paediatric or emergency room nurse and military chaplain 2. DoD school counselor, health care administrator from MTF 3. NSIC agent, staff judge attorney, security officer or provost martial's officer in charge of MTF 4. Family services center counselor who does not work with FAP 9. How often does the Case Review Subcommittee (CRS) meet? 1. Weekly 2. Every two months 3. Monthly 4. Quarterly 10th Quarter In cases within the family, when a status determination is made of documented, presumed or at risk, a one-line entry (FOP case journal enabled on that form(s)? 1. SF NAVMED 6150/20 3. NAVMED 6150/4 4. Both 1 and 2 over 78 79 11. Which of the below is not true regarding the operation of the Navy/Marine Corps central register will be carried out within thirty (30) days receipt (provided form not returned) 2. DD 2486 will be submitted by the serial number and stored for four (4) years after data entry 3. At least 10% of all screened and entered cases will be reviewed to ensure the accuracy of registry screening and data entry functions 4. These quality assurance studies will be reported to COMNAVMEDCOM 12. All general medical corps officers, civilian nurses, physician assistants, and all pediatric, emergency department and psychiatry department officers should receive, how much training on diagnosis and disposition in spouse and child abuse cases? 2. 2 hours per year 3. 3 hours every two years 4. 4 hours every two years 13. All correspondence addressed to CO's regarding FAP cases, including all messages and letters containing identification information, will be marked? 1. Personal for 2. For CO eyes only 3. Attention Commanding Officer 4. Either 1 or 2 over 14. The duration of a case to be considered a suspect and under investigation must not exceed? weeks weeks 79 80 15. Which of the following is not the case with regard to the release of information in FAP cases? 1. Request for a copy of the FAP file shall be treated as a Freedom of Information request 2. Request for a copy of the FAP file should be treated as a request for a privacy act 3. Once a publication is made, the medical journal will specify the date and time of the recipient of the information and the name of the person releasing the information 4. Records may be subject to a subpoena when they are rejected by a judge on 16 December 2006. The Navy's medical data centers used to send DD 2404 to MEDCOM each? But the newer system allows for up-to-date information. 1. 3. Semiannually 4. Year 17. In the case of mistreatment of children and parent or guardian is not available or refuses to sign consent, should the reason why the form was not signed be listed on? 1. OPNAV 5290/1 2. NAVMED 5211/1 3. DD SF If a victim was abused, what color of bruise (in the color photograph) would be seen 5 to 7 days after an incident? 1. Purple 2. Yellow 3. Brown 4. Green 19. What is a correct post on DD 2486 (Child/Spouse Abuse Incident Report) if CRS does not want to mark the sponsor's NAVMILPERSCOM Staff Record? SEP 81 19. What directive should be followed if there is a suspicion of abuse or a child or a spouse? 1. SECNAV BUMED Treatment for what condition requires placing a wick in the ear for 48 hours moistened with aluminum acetate every 3 hours, followed by topical antibiotics and steroids? 1. Perforated tympanic membrane 2. Acute external otitis 3. Aural furunculosis 4. Otomycosis 21. If does not occur after debridement in a periapical abscess, what to do? 1. Rinse with hydrogen peroxide 2. Pack with 3. Rinse with water 4. Rinse with water 4. Rinse with a periapical abscess, what to do? 1. Rinse with a periapical abscess are started by the correct treatment for a Type I Dental Fracture? 1. Smooth the edges with sandpaper 2. Apply small amounts of cavity varnish 3. Splinter with ZOE 4. Both 1 and 2 over 23. What is the first thing to try when treating recurrent aphthous stomatitis? 1. Keep oral tetracycline in your mouth 2. Rinse with sterile saline 4. Rinse with sterile saline 4. Rinse with sodium bicarbonate 24. Gram's spot (gram positive cocci), which is dark blue-black would be present in someone with? 1. Pneumonia, childhood ulcers and endocarditis 2. Gas gangrene, tetanus, and botulism 3. Plague, brucellosis, and whooping cough 4. Typhoid, parathyroid and gastroenteritis 81 82 25. The department of the fleet is divided into all the following branches except? 1. Country house 2. Director 3. Fleet Section 4. Operating Forces 26. Who can request jurisdiction to take a seaman's duty on a DD? Commander 4. Implied 28. What recording commander 4. CDO 27. When a health care provides all the necessary information about a procedure to a patient, consent is called? 1. Actual 2. Assumed 3. Informed 4. Implied 28. What recording code is specified when a patient is received from an army, navy or air force facility for admission? 1. FT (O) 2. FT (M) 3. NBP 4. NBP 29. What recording code is specified if the mother and child were previously admitted to another medical treatment facility? 1. LB 2. FT (O) 3. NBFT 4. NBD 30. What state of the eye is characterized by increased intraocular pressure elevated above 25mm Hg? 1. Hordeolum 2. Dendritic ulcer 3. Conjunctivitis 4. Acute glaucoma 82 83 31. Which of the following departments in a naval hospital would be under the Directorate of Auxiliary Services? 1. Orthopaedics 2. Education 3. Training in aviation physiology 4. Obstetrics/GYN 32. Which of the following departments in a naval hospital would be under the Directorate of Nursing? 1. Operating room 2. Clinical study 3. Working environment/preventive medicine 4. Food management 33. Which of the following staff will be allowed to sit on an investigation 3. E-7 or above, GS-10 or above 4. None of the above 34. What program originates as grave detection that allows search, recovery and evacuation of remains in a morgue and shipping to a final destination designated by NOK? 1. Simultaneous return program 2. Return of remains program 3. Accident assistance calls program 4. Each of the above 35. Who should complete blocks 13 to 49 of NAVMED 6120/1 (Competence to Service Exam)? 1. 2. Hospital Corps man 3. Health care provider 4. Command initiating request 83 84 36. What is used to determine the criteria for collecting maintaining and releasing medical records? 1. Freedom of Information Act (F.O.I.A.) 2. Privacy Act 3. Local hospital policy 4. The combination of 1 and 2 over 84 85 FAMILY ADVOCACY PROGRAM and miscellaneous #2 1. What does SECNAVINST B concern? 1. Decedent Affairs 2. Competence for a service examination 3. Family Advocacy Program 4. Quality Assurance Program 2. The COMNAVMEDCOM designated MSC social worker is responsible for preparing an updated FAR library every year at the first of? January 1. April 3. July 4. October 3. Who is responsible for operating the Navy/Marine Corps family advocacy central registry? 1. NAVMEDCOM 2. NAVMILPERSCOM 3. Commanding officers 4. Naval medical data service center 4. CO or OIC will appoint a full-time social worker as FAR (who must have a master's degree) if the number of new cases each month for six consecutive months in the United States? Who can't be assigned as Duty Family Advocacy Representative (DFAR)? 1. Medical assistant 2. MOOD 3. OOD 4. 6 100 000 dkk. Which of the following is not true regarding the Family Advocacy Program? 1. An offender shall normally have three (3) days to make a declaration on 2 January 2006. Cases seen by CRS will be considered substantiated, suspected, at risk, undocumented did not take place, or undocumented unresolved, and processing 85 86 recommendations 3. Cases of known or suspected incest involving active duty suspects are reported to COMNAVMILPERSONCOM within 48 hours of the referral being received 4. At Marine Corps installations Family Advocacy officer at the family services center must be notified of all FAP cases referred to MTF within 5 working days of receipt of a referral 7. All cases must have a completed DD 2486 (Child/Spouse Abuse Incident Report) sent to CO, naval medical data services center within how many days from the date THE CRS makes a status determination or closes, transfers, or reopens the case? 1. 5 working days day 7. All cases of suspected abuse of children/spouses will have an incident-based reported, how often? 1. Daily 2. Annually 3. Semiannually 4. Quarterly 8. The case review subcommittee will consist of what fraction of medical or mental health, or social service professionals with appropriate credentials? 1. 1/3 2. 1/2 3. 2/3 4. 3/4 9. All active cases will be reviewed by CRS, how often? 1. Weekly 2. Every two months 3. Monthly 4. Quarterly 10th Quarter All family advocacy client information must be secured in what way? 1. Keyless padlock 2. Combination lock 3. Double lock system 4. of the above 86 87 11. Which of the below is not true regarding reports posted by navy/marine marine central register? 1. Records marked and lifted shall be reported to NAVMILPERSCOM every two (2) week 2. Naval Medical Data Services Center will send quarterly reports to MEDCOM using DD 2404 (Child and Spouse Abuse Report) 3. Other services personnel who are suspected or substantiated will be reported to the central register within thirty (30) days of entry 4. Send quarterly reports to each Geographic Fleet Medical Command for all cases entered in the register in the previous three (3) months 12. All MSC watchstanders, MSC allied health professionals, civilian allied health professionals and all DFARS should receive, how much training on the identification and referral of child and spouse abuse victims? 2. 2 hours per year 3. 3 hours every two years 4. 4 hours every two years 13. When there is no longer FAP case activity in the family, an entry must be made (FA Case Record closed this date) Resolved or unresolved, or case closed because the sponsor is separate from the service on which the forms are on? 1. SF NAVMED 6150/20 3. NAVMED 6150/4 4. Both 1 and 2 over 14. Which of the following is not true regarding the Family Advocacy Program? 1. All cases involving staff of the PRP are reported to CO ASAP 2. FAR is the custodian of all FAP records on an MTF 3. The entries in the FA Journal are deleted if the cases are settled undocumented, did not exist 4. Overseas installation bosses have the authority to remove children from their parents 15. There are how many categories for undocumented cases? 88 16. The incident-based report will be sent to MEDCOM covering the reports 01 April 1 and 2. May and November 3 june and 4 December. January 17 and 17. If the abused spouse does not give permission to take pictures to show abuse, what action should be taken? 1. Document on OPNAV 5290/1 2. Document on SF Do not take pictures 4. Both 1 and 2 over 18. If a victim was abused, what color (in the color photograph) would be seen 10 to 14 days after an incident? 1. Blue 2. Green 3. Yellow 4. Brown 19. What is a correct record in the event-based report if the case review subcommittee wants to mark the sponsor's NAVMILPERSCOM personnel record? Sep The symptoms of what condition include itching, pain, a possible discharge, a prickly sensation and the appearance of salt and pepper particles (dirty gray or black exsudates due to prolonged scratches)? 1. Perforated tympanic membrane 2. Otomycosis 3. Acute external otitis 4. Aural furunculosis 88 89 21. What should be done as a last resort if drainage does not occur for a periapical abscess? 1. Use of oxide and eugenol 2. Apply heat to the face 3. Apply heat to the face 3. Apply heat to the face 3. Apply heat to the face 4. In a container of sterile saline 23. Treatment for stubborn recurrent aphthous stomatitis would include? 1. Rinse with sterile saline 2. Glycerite on a cotton play 3. Iodine on a cotton play 4. Oral tetracycline suspension 24. Gram's spot (gram negative bacilli), which is deep pink or reddish would be present in someone with? 1. Plague, undiluted fever, and whooping cough 2. Abscesses, furuncles, STREP throat, septicaemia, and osteormyelitis 3. Gonorrhea and meningitis 4. Diphtheria, gas gangrene, tetanus and botulism 25. The purpose of operation and maintenance Navy is indicated by what numbers? Who can allow a jurisdiction to compulsory examination of blood if the patient refuses to blood drawn? 1. CO for the treatment of installations 2. NIS 3. Treats doctor 4. Division officer 89 90 27. How should an event report be handled? 1. Need to know basis 2. Secret 3. Confidentiality 4. No special handling 28. What type of admission code is specified when a patient is received from a civilian (U.S. or foreign) medical facility or from a government medical facility, other than the Army, Navy or Air Force? 1. FT (M) 2. FT (O) 3. NBD 4. NBFT 29. What admission code is specified if a child is born outside the scope of a medical treatment facility? 1. LB 2. FT (M) 3. NBD 4. NBFT 30. What is a superlative inflammation of the inner ear that is perhaps caused by chronic otitis media, allergies, trauma, blood dyscrasias, and cardiovascular disease? 1. Aural furunculosis 2. Tinnitis 3. Otomycosis 4. Labyrinthine disease 31. Which of the following departments in a naval hospital would not be under the Directorate of Administration? 1. ARS/substance abuse 2. Fiscal and supply 3. Operational management 4. Civilian personnel 90 91 32. Which of the following departments in a naval hospital would be under the Directorate of Medical Services? 1. Respiratory treatment 2. Emergency medicine 3. Anesthesiology 4. Physical/occupation of specific legislation? 1. Return of leftovers program 2. Graves registration 3. Simultaneous return program 4. Current decedent affairs program 34. Who should complete blocks 1 to 12 of NAVMED 6120/1 (Competence to Service)? 1. The individual 2. Hospital Corps Man 3. Command initiating request 4. Health care provider 35. What should be done if a command has requested laboratory analysis and the individual will not give written permission but will allow extraction? 1. The sample shall be taken on 2. Notify the requesting command 3. Get a search permit 4. Each of the above 36. Which of the following is not true regarding the civil health and medical program of uniformed services (CHAMPUS)? A declaration of incompreava with 40 miles of USMFT 2 is required. Outpatient care annually deductible is the same for active duty and retired 4. Pensioners and their families pay 24% of the cost of CHAMPUS cost-sharing civil care for hospitalization 91 92 first aid? 1. Save lives 2. Avoid further injury 3. Maintain resistance and vitality 4. Correct medical diagnosis 2. Irreversible brain damage can occur a minimum of how long after breathing has stopped? 1. Three minutes 2. Four to six minutes 3. Five to seven minutes 3. Five to seven minutes 3. The fleet ambulance will be filled according to? 1. BUMEDINST NAVMEDCOMINST BUMEDINST In a combat situation, personnel whose injuries require immediate life-threatening measures or are of a moderate nature shall be required. Initially, they require a minimum of time, staff and supplies, would be placed in which triage class? 1. II 3. III 4. IV 5. In a non-combat situation, those injured who generally have minor or obviously fatal wounds where survival is not expected will be classified as priority? 1. II 3. III 4. IV 92 93 6. What procedure is extremely effective in removing water from the lungs of a drowning victim? 1. Backslap 2. Breast thrust 3. Lying chest thrust 4. Abdominal thrust 7. Which of the following is not true regarding the use of esophageal obturator airways (EOA)? 1. Intended for personnel who are not authorised to place endotracheal tubes 2. Can be inserted blindly through the mouth without having to visualize the larynx 3. Useful for the prevention of gastric regurgitation (vomiting) 4. Trachea-bronchial wood can be sufficiently sucked 8. What type of artificial ventilation is most effective on the battlefield after a chemical or biological warfare attack? 1. Word of mouth 2. Mouth to nose 3. Counterpress arm lift 4. Any of the above 9. What type of system was designed to help ventilate an unconscious victim for long periods of time while delivering high concentrations of oxygen? 1. Bag valve mask 2. Word-of-mouth 3. Oropharyngeal Airways 10. When applying CPR holding the heel of your hand from the xiphoid tip of the sternum for a fracture in this area can cause damage to? 1. Lungs 2. Liver 3. Heart 4. Spleen 11. How far should the sternum be depressed when giving CPR to an adult? 1. 1/2 to inch is? Although the proposed current (2015) American Heart Association guidelines would be 30 to what is the compression rate for children or infants? In order to prevent infections, there is no primary closure for what of wounds? 1. The adult body contains 6 liters of blood ml can usually be lost without harmful effects 3. The loss of half a liter usually causes shock 4. The elderly may be particularly susceptible to loss of even small amounts of blood 16. The spiral reverse bandage is especially useful in maintaining large compresses of the foot? 1. Triangular bandage 2. Barton bandage 3. Figure of eight or number eight 4. Spiral reverse 94 95 18. The neckcloth bandage for a temple, cheek, or ear is also known as one? 1. Spiral reverse 2. Roller Bandage 3. Barton 4. Modified Barton 19. Which pressure point should only be used if absolutely necessary? 1. Time 2. Popliteal 3. Common carotid 4. Iliac 20. What is the term used to describe the excretion of tar black feces? 1. Melena 2. Epistaxis 3. Hematochezia 4. Hemoptysis 21. The main aerobic bacteria that cause infection, inflammation and sepsis are staphylococcus and streptococci, which are introduced into the wound? 1. On battlefield 2. At the first aid station 3. At the hospital 4. Any of the above 22. The main symptom of inflammation includes all below except? 1. Heat and pain 2. Paleness and pus 3. Swelling and loss of movement 4. Redness and edema 23. Which of the below is not true regarding furuncles (abscesses)? 1. Most are caused by staphylococcus infections 2. Abscesses in the facial triangle (nose and upper lip) must be thought in 3. Do not squeeze for this can damage around healthy tissue and spread the infection 4. Pain should be relived with aspirin 95 96 24. What should not be applied to a stomach ulcer with protrusions in the intestines? 1. Vaseline gauze 2. Physiological saline 3. Seawater 4. Drinking water 25. Which of the following is not true regarding wound closure? 1. Advice to the corps man on the suturing of the wound would be, not attempt the 2nd century. Do not close the wound if puss persistent fever or toxin is discharged 3. Delayed primary closure is performed at the end of the tenth day 4. Suture a puncture wound, animal bite, or large gaping wounds 26. What type of suture needle can cause small amounts of tissue damage and is most often used in deep tissues? 1. Atraumatic 2. Atraloc-wedged 3. Cutting edge point 4. ConePoint 27. Which of the following suture material below has the smallest diameter? All sutures in soles, palms, back or above joints must be removed in? 1. 5 days 2. 7 days days 96 97 30. What type of shock is caused by a reduced total blood volume? 1. Hypovolicic 2. Neurogen 3. Cardiogen 4. Septic 31. What of shock carries a poor prognosis and must always be treated under the direct supervision of a doctor? 1. Anaphylactic 2. Hemorrhagic 3. Cardiogen 4. Septic 32. Which of the following is not a symptom of shock? 1. Skin is warm and dry 2. The students expanded the third year of the year. Pulse fast and weak 4. Restlessness and anxious 33. What is probably the best electrolyte solution to use to replace bodily fluids? 1. Rings lactate 2. Normal salt water 3. Dextran 4. Glucose 34. What degree of shock is indicated in a person with a tread pulse, systolic BP, marked vasoconstriction (diaphoresis), anxiety, restlessness and decrease blood volume mild % decrease blood volume mild % decrease blood volume extremely severe 35. Which of the following is not true regarding the administration of morphine? 1. The adult dose of morphine is 10-20mg 2. Morphine can be given to outpatient patients 3. It should not be given in moderate shock 4. A maximum of 1/4 cereal may be given during a four (4) hourly period 97 98 36. Which of the below is not true regarding medical anti-shock pants (MAST)? 1. Designed to correct or counteract internal bleeding and hypovoemia 2. The clothes create pressure up to 120mmHg around both legs, pelvis and abdomen 3. When the clothes are bloated vital signs are taken every 5 minutes 4. Contraindication in their use for fracture of the upper arm? 1. Use a well padded rail on the outside of the arm and apply a sling 2. Use two wide shin splints or four narrow on the arm and apply a sling 3. Place a pillow or folded towel in the armpit, bandage arm to the body and apply a brace 4. Any of the above is a proper procedure 38. Thomas half-ring or Hare rail can be used to shatter a broken? 1. Tibia or fibula 3. Femur 4. Both 2 and 3 over 39. What is the best method for immobilizing a broken rib? 1. Two inch tape is applied to the chest 2. Tied firmly with an ace bandage 4. Either 1 or 2 over 40. Which of the following is not true regarding the treatment of a broken jaw? 1. Make sure that the bandage can be used to immobilize fracture 4. Make sure the patient has a knife or scissors available 41. If an accident is unable to move his fingers, would he probably be affected by a rupture? 1. Cervical spine 3. Lumbar spine 4. Any of the above 98 99 42. A patient with what type of fracture is unable to sit or stand and complain of feeling as if they are coming apart? 1. Femur 2. Pelvis 3. Back 4. Skull 43. A corpsman should not try to reduce a dislocation if medical assistance can be reached in? 1. 8 hours 4. Always reduce it, but stop if the resistance is felt 44. What type of damage involves a monetary dislocation with the bone sliding back into place on its own? 1. Sprain 2. Tribe 3. Contusion 4. Either 1 or 2 over 45. What is the priority for obtaining information about a poison victim? 1. Symptoms / medical history, the time of occurrence, identify the poison, determine the amount of poison taken, symptoms / medical history, the time of occurrence, identify the poison, determine the amount of poison taken, symptoms / medical history, the time of occurrence, identify the poison taken, symptoms / medical history, the time of occurrence, identify the poison taken, symptoms / medical history, the time of occurrence, identify the toxin, determine the amount of poison taken, symptoms / medical history, the time of occurrence, identify the poison taken, symptoms / medical history, the time of occurrence, identify the toxin, determine the amount of poison taken, symptoms / medical history, the time of occurrence, identify the toxin, determine the amount of poison taken, symptoms / medical history, the time of occurrence, identify the toxin, determine the amount of poison taken, symptoms / medical history, the time of occurrence, identify the toxin, determine the amount of poison taken, symptoms / medical history, the toxin, determine the amount of poison taken amount of poison taken, symptoms / medical history, the toxin, determine the amount of poison taken, symptoms / medical history, the toxin, determine the amount of poison taken, symptoms / medical history, the toxin, determine the amount of poison taken amount amount identify the toxin, time of occurrence 4. Identify the poison, determine the amount of poison taken, the time of occurrence, symptoms / medical history 46. Which of the agents listed below are classified as a corrosive poison? 1. Arsenic 2. Silver nitrate 3. Phenols 4. Phosphorus 99 100 47. What is not recommended for the treatment of non-corrosive poisoning? 1. Dilute the poison by having the conscious victim drink 1 or 2 glasses of water or milk 2. Give an emetic (preferred for phosphorus poisoning 48. The treatment of acid (corrosive) poisoning includes all the following except? 1. Two glasses of milk or water 2. Milk of magnesia 3. Bicarbonate of soda 4. Raw eggs with antacids 49. Vomiting is not induced in what type of poisoning due to the danger of further venom entering the lungs? 1. Oil distillates 2. Syrians 3. Alkalis 4. Phenols 50. The diagnosis of what poisoning is made from the circumstances of exposure and the appearance of a cherry-red color of the skin and mucous membranes? 1. Tetrachloromet acid 2. Trichloroethylene 3. Carbon dioxide 4. Carbon monoxide 51. Which of the fish listed below would be considered safe to eat? 1. Puffer, trigger or file 2. Parrot or hedgehog 3. Surgeon, sulk or goat 4. None of the above 52. The treatment of a bee, wasp or fire ant sting includes all below except? 1. For severe reactions give 0.5ml epinephrine subcutaneously if the victim is an adult 2. Pull out the sting 3. Use ice or painkiller-corticosteroid lotion for pain 4. Remove rings, bracelets and watches 100 101 53. The violin-shaped marking is characteristic in the identification of one? 1. Scorpion 2. Female black widow spider 3. Brown hermit spider 4. Centruroides sculpturatus 54. Which venomous snake of the crotalidae family is also called a pit viper because of the small, deep pits between the nostrils and the eyes? 1. Water moccasin 2. Coral snake 3. Sea snake 4. Mamba 55. Which of the small, deep pits between the nostrils and the eyes? 1. Water moccasin 2. Coral snake 3. Sea snake 4. Mamba 55. Which of the snakes listed below is found only in Africa? 1. Coral snake 3. Sea snake 4. Mamba 55. Which of the snakes listed below is found only in Africa? 1. Coral snake 3. Sea snake 4. Mamba 55. Which of the snakes listed below is found only in Africa? 1. Coral snake 3. Sea snake 4. Mamba 55. Which of the snakes listed below is found only in Africa? 1. Coral snake 3. Sea snake 4. Mamba 55. Which of the snakes listed below is found only in Africa? 1. Coral snake 3. Sea snake 4. Mamba 55. Which of the snake should suction be applied after a cut is made for snake bites? 1. 5 minutes minutes 57. Which of the following is not true regarding final of all western hemisphere snakebites, except coral snake? 1. Polyvalent antivenin is given in doses of 5-8 vials for swelling of the hand or foot 3. At least 8 vials for moderate or severe envenomation 4 must be given. Children receive smaller doses than adults 58. What is the first step in dealing with an injury caused by a jellyfish or Portuguese man-of-war? 1. Neutralize with alcohol or fomulin 2. Cover area with dry powder 3. Apply very hot water 4. Pour seawater over injured area 101 102 59. What is the most widely abused drug to date? 1. Alcohol 2. Cannabis 3. Heroin 4. LSD 60. What is the most important consideration in assessing the severity of a burn? 1. Location 2. Scope 3. Depth 4. Age and health 61. If a man was burned on all extremities, would he have what percent of his body burned? 1. 27% 2. 36% 3. 54% 4. 72% 62. Ice water immersion should be applied to burns of less than? 1. 20% 2. 25% 3. 36% 4. 50% 63. An acid burn of the eye should be rinsed with water, for how long? 1. 5 to 10 minutes minutes minutes at urn on the skin caused by phenol (carbolic acid), the area would be flushed with? 1. Baking soda 2. Alcohol 3. Vinegar 4. Acetic acid/water 102 103 65. What type of dressing should be applied to a patient with embedded white phosphorus particles? 1. Oil base 2. Copper sulphate 3. Salt water from the body? 1. Heatstroke 2. Heat exhaustion 3. Hot cramps 4. Heat-related 67. Which of the symptoms listed below are common for heat stroke (sun stroke)? 1. Excessive sweating 2. Clammy skin 3. The students expanded 4. High body temperature 68. Which of the following is not true regarding the treatment of heat stroke? 1. The primary consideration is to get the temperature down 2. Accident should be cooled until rectal temperature reaches 102 degrees F 3. The temperature must be checked every 15 minutes. Cooling if the rectal temperature reaches 103 degrees F 69. What is not part of the Command Prevention Centre on Environmental Awareness? 1. WBGT indicator 2. Phel Chart 3. Heat calculator 4. Both 1 and 2 over 70. Patient reports to sickbay with ice crystals throughout the thickness of the extremities and his skin will not move over bony combs. The patient suffers from? 1. Hypothermia 2. Immersion foot 3. Superficial frostbite 4. Deep Frostbite 103 104 71. Which of the following is not true regarding cold damage? 1. Chilblains may be caused by repeated exposure to temperatures as high as 60 degrees F or 16 degrees C 2. All cold injuries must be placed in a tub with hot water degrees F or degrees F or degrees C 3. Whirlpool baths, twice daily with surgical soap after the patient reaches a hospital 4. Never rupture blisters or apply 72. If you are unsure whether a victim is in an insulin shock or diabetic coma, should you give the patient? 1. Nothing 2. Insulin 3. Sugar 4. Orange juice 73. What heart disease is caused by insufficient oxygen circulating to the heart muscle? 1. Angina pectoris 2. Myocardial infarction 3. Heart failure by congestive heart failure 4. Cerebrovascular accident (CVA) 74. What is the most severe type of epileptic seizure? 1. Grand mal 2. Petit mal 3. Lukewarm paint 4. All of the above 75. Birth approaches if the mother's contractions are less than how many minutes? Which of the following is not true regarding acute birth? 1. During contraction, deep open mouth breathing will relieve pain and strain 2. Let the mother go to the toilet just before birth? 1. During contraction, deep open mouth breathing will relieve pain and strain 2. Let the mother go to the toilet just before birth? protective (gas) mask is not effective against? 1. Carbon dioxide 2. Carbon monoxide 3. Hydrogen sulphide 4. Both 1 and 2 over 78. What stage in the extraction of victims involves providing life-saving emergency care? 1. 2. 3. 4. Which of the following is true regarding rescue from fire or steam-filled rooms? 1. Cover a victim on fire completely with a wet

blanket 2. The victim must sit or stand while trying to put out the fire 3. Asbestos suit provides no protection in a steam-filled space 4. A wet cloth will provide protection against gases and lack of oxygen 80. What stretcher is to be used to lift casualties from engine rooms, holes, spaces or other areas where the access hatches are small? 1. Neil Robertson 2. Stokes 3. Army litter 4. Ship waste 81. What is used primarily in the extrication of seated victims, especially in auto wrecks, where it would be difficult to maneuver the victim out of position without doing further damage to the spine? 1. Short spine 2. Long backboard 3. Tail collar 4. Either 1 or 2 over 82. Which of the following is not true regarding the transport of the wounded? 1. One of the easiest ways to transport an unconscious patient is the firefighter's bear 2. Tie hand crawling is especially useful for moving under a low structure 3. Chair carry is especially useful for moving under a low structure 3. Chair carry is especially useful when two rescuers need to move a victim up or down stairs 4. When using the blanket pull, always drag the victim's feet first 105 106 83. What type of anesthesia blocks all impulses to and from the perennial area of the body? 1. Causation block 4. Nerve block 84. What stage of anesthesia is used for all operations? 107 FIRST AID FORM #2 1. The procedures for assessing a patient's condition in different circumstances are based on the recommendation of? 1. Head of BUMED 2. Public health services 3. Joint Commission 4. Department of Transportation (DOT) 2. What is the medical brand in the field that is to identify losses in battle? 1. DD DD SF DD In a non-combat situation, will the injured, who generally have injuries where treatment can be delayed, be classified as priority? 1. II 3. III 4. IV 4. In a combat situation, the staff for whom final treatment can be delayed without endangering life or loss of limbs would be placed in what triage class? 1. II 3. III 4. IV 5. What technique to open the airways is recommended for a neck injury? 1. Head tilt 2. Jaw pressure 3. Either 1 or 2 over 4. Neither 1 nor 2 over 4. blocked airways? 1. Breast pressure should not be used in obese or pregnant victims 2. Back strokes require four (4) sharp blows between the shoulder 5. What type of artificial ventilation is effective when the victim has extensive facial blows between the should not be used together 7. What type of artificial ventilation is effective when the victim has extensive facial blows between the should not be used together 7. What type of artificial ventilation is effective when the victim has extensive facial blows between the should not be used together 4. Back strokes and abdominal thrusts can be used together 4. Back strokes and abdominal thrusts can be used together 7. What type of artificial ventilation is effective when the victim has extensive facial blows between the should not be used together 4. Back strokes and abdominal thrusts can be used together 4. Back strokes and abdominal thrusts can be used together 4. Back strokes and abdominal thrusts can be used together 4. Back strokes and abdominal thrusts can be used together 4. Back strokes and abdominal thrusts can be used together 4. Back strokes and abdominal thrusts can be used together 4. Back strokes and abdominal thrusts can be used together 4. Back strokes and abdominal thrusts can be used together 4. Back strokes and abdominal thrusts can be used together 4. Back strokes and abdominal thrusts can be used together 4. Back strokes and abdominal thrusts can be used together 4. Back strokes and abdominal thrusts can be used together 4. Back strokes and abdominal thrusts can be used together 4. Back strokes and abdominal thrusts can be used together 4. Back strokes and abdominal thrusts can be used together 4. Back strokes and abdominal thrusts can be used together 4. Back strokes and abdominal thrusts can be used together or dental damage? 1. Mouth to nose 2. Word of mouth 3. Counterpress arm lift 4. Mask for mask 8. Which system has the advantage of providing greater air volume and being easier to use? 1. Bag valve mask 2. Mouth to mask 3. Oropharyngeal 9. When using suction devices, should not use suction for longer than? 1. 5 seconds seconds seconds seconds seconds 10. How far should the sternum be depressed when performing CPR on children? 1. 1/2 to 3/4 inches 2. 3/4 to 1 1/2 inch /2 inch should be checked after performing, how many complete cycles of CPR? The American Heart Association recommends after 2 minutes of compressions Which of the below is not true about a circo thyroidotomy? 1. Often known as a tracheotomy 2. Small lateral incision is made at the bottom of the thyroid cartilage 3. Should only be used as a last resort 4. An alternative method is to use an 18 to 20 gauge intercatheter 14. What type of wounds are torn rather than cut and are usually made of blunt rather than cut a piece of roller bandage can be used to make a four (4) tailed bandage 3. Bandage the entire arm or leg of an extremity 4. The first turning of a bandage would be used to preserve a dressing by? 1. Elbow 2. Chin 3. Forearm 4. Ben 17. What bandage is especially useful in maintaining large bandages on hand? 1. Barton bandage 2. Triangular bandage 3. Figure eight or the number of eight 4. Spiral reverse 3. Changed Barton 4. Neckcloth 19. What pressure point should be used to control bleeding in the face under the eye area? 1. Time 2. Subclavian 3. Facial 4. Common carotid 20. What is the term used to describe the excretion of bright red blood from the rectum? 1. Hematemesis 2. Hematochezia 3. Hematochezi for at least 8 to 10 days 3. Rabies is sometimes referred to as a hydrophobia, which is caused by a virus 4. Do not attempt wound closure after a pet bite 22. What temperature should moist hot soft dressings be when applied to an abscess for 40 minutes, 3-4 times a day? degrees F removal of a foreign object from the eye? 1. Do not attempt to remove an object to stick to the 4th century. If after several objects in the eye can be removed with a dry sterile cotton, which will cause the foreign object to stick to the 4th century. If after several attempts you have failed, place a loose bandage over both eyes 110 111 24. What is not recommended in the treatment of sucking chest ulcers? 1. Immediately use the wound with an ID card 2. Place the victim in a fowler's position 3. During the match, the victim was on a stretcher on the affected side 4. Give small amounts of water 25. What type of suture needle can either have a cutting edge or conical point and have the suture attached to the needle by the manufacturer to cause at least tissue trauma? 1. Conus point 2. Cutting edge point 3. Atraumatic (Atraloc, Kilet) 4. Either 1 or 2 over 26. What type of non-absorbable suture material is preferred to silk for facial and lip areas because silk causes tissue reaction too often? 1. Catgut 2. Nylon 3. Cotton 4. Linen 27. What type of chrome catgut is medium chromium and absorption takes place in thirty days? 1. Type A 2. Type B 3. Type C 4. Type D 28. What size suture material should be used on the front of an adult? All sutures of the face must be completely removed after how many days? 1. 2 days 2. 3 days 3. 5 days 4. 7 days 111 112 30. What type of shock is the most common and most important type for the corpsman to understand? 1. Hemorrhagic 2. Neurogen 3. Anaphylactic 4. Cardiogenic 31. Decommissioning which body is a still-present danger of shock victims? 1. Kidney 2. Liver 3. Brain 4. Heart 32. Which of the below is not true about a shock victim? 1. Shocks with a combustion of more than 10% 2 shall be suspected. The heart rate of hemorrhagic shock can reach 160 or higher 3. The heart rate is often under 60 in neurogenic shock 4. There are frequent complaints of thirst 33. Intravenous fluid administration is the most important factor in the treatment of any kind of shock except? 1. Cardiogen 2. Neurogen 3. Oligemic 4. Vasogenian 34. What degree of shock is indicated in a person with a tread pulse of 120, systolic BP under 60, increased diaphoresis, obtundation and no urine production? ml deficit mild ml deficit mild ml deficit mild ml deficit moderate ml deficit mild ml deficit shock pants (MAST)? 1. Should be used if systolic BP is less than 80mm Hg 2. Removal should be used with extreme caution 112 113 36. Which of the following is not true regarding the administration of morphine? 1. It must not be given for nose passage wounds, oral cavities or jaws 2. Administration using subcutaneous routes or im routes must not be absorbed 3. Do not use in massive bleeding 4. Only be given intravenously 37. Which of the following is not true regarding a fracture of the forearm? 1. Gently straighten the forearm? 2. Apply two well padded shin splints 3. There is a deformity when either radius or ulna is broken alone 4. Support the forearm with a wide sling or neck cloth 38. The rail must be secured in how many places when immobilizing a fractured femur? What bandage can be used to immobilize a broken clavicle? 1. Wide roll bandage 2. Figure of eight or number eight 3. Barton 4. Either 1 or 2 over 40. Which of the following is not true about a victim who has brain damage as a result of an injury? 1. May be confused and disoriented 2. Aspirin can be given for severe headaches 3. The position can either be lowered or raised 4. All of the above 113 114 42. What is the minimum number of staff required to lift a patient with a suspected spinal cord injury? Examination of the leg. First aid should be administered for a? 1. Broken femur 2. Broken tibia and fibula 3. Broken pelvis 4. Dislocated patella 44. Which of the following is not true regarding the reduction of a dislocated finger or shoulder with the patient in lying position 2. Reduce a dislocated finger or shoulder with the patient in lying position 2. Reduce a dislocated finger or shoulder more than three times 45. What type of damage is caused by over stretching or tearing of a muscle or tendon? 1. Red 2. Black and blue 3. Pale and ash grey 4. Yellowish and greenish 47. Which of the substances listed below are classified as a non-corrosive poison? 1. Acids 2. Alkalis 3. Mercury 4. Fenols 114 115 48. What is the preferred method of emptying the contents of the stomach if a person suffers from stryknin poisoning? 1. Tickle the neck with your finger 2. Give an emetic (ipecac 15ml) 3. Gastric lows 4. Any of the above 49. An emetic should be applied to which of the below poisonings? 1. Iodine 2. Ammonia 3. Creosol 4. Red furniture poles 50. What type of inhalation poisoning is associated with solvents, in detergents, electrical equipment cleaners, degreasers and fire extinguishers? 1. Carbon dioxide 2. Trichloroethylene 3. Chlorine 4. Ether 51. What medical emergency can be treated with 10 ml of calcium nail vaonate (10%) solution given intravenously? 1. Black widow spider 2. Brown hermit spider bite 3. Scorpion sting 4. All of the above 52. Which of the below is not true about a female black widow spider bite? 1. Their bite is serious but rarely fatal 2. Identified by hourglass-shaped red spot on the abdomen 3. Board as stiffness in the abdominal muscles is common 4. All bite victims must be hospitalized immediately 53. Early diagnosis of what bite is extremely important within the first eight (8) hours, since the medical officer has the ability to excising the lesion and starting corticosteroid therapy? 1. Hawaii 3. Maine 4. All of the above 55. Which of the snakes listed below are of the family elapidae? 1. Rattle hose 2. Moccasin 3. Copperhead 4. Coral 4. Mamba 57. If the snakebite victim cannot reach a medical treatment facility within 30 minutes of being bitten, should an incision be made in what way? 1. X over each squatting mark, 1/2 long, 1/4 deep length length 1/2 long, 1/4 deep length 4. Incision and suction are not recommended 58. What is used to neutralize the venom of someone stung by spiny fish, cone shells, sea urchin or stingray? 1. Cold seawater 2. Hot water 3. Diluted ammonia 4. Vinegar 59. Which drug is classified as a narcotic, but acts as a stimulant? 1. Methadone 2. Cocaine 3. Darvon 4. Talwin 116 117 60. A patient with blurred speech, uncoordination, confusion, tremors, drowsiness, agitation, nausea, vomiting, respiratory depression, hallucinations, and any coma would be suffering from alcohol poisoning or poisoning from? 1. Barbiturates 2. Sedatives 3. Hypnotika 4. All above 61. If a man is burned on the head and neck (just the front), would he have what percentage of his body burned? 1. 18% 2. 27% 3. 31% 4. 36% 62. Start IV therapy with Ringer's lactate in an unburnt area for all serious and extensive burns over? 1. 10% 2. 15% 3. 20% 4. 25% 63. An alkali burn of the eye should be reutralized by rinsing with which of the following solutions? 1. Vinegar 2. Baking soda 3. Alcohol 4. Castor oil 117 118 65. Which of the following is not true regarding embedded white phosphorus particles? 1. The wound must be dressed with a 1% copper sulphate dressing 2. Burning of white phosphorus can cause severe lung irritation 3. Medical personnel should place a damp cloth over the nose and mouth during debridement 4. Debridement should be performed in a dark room 66. What is the most common condition caused by work or exercise in a warm environment? 1. Hot cramps 2. Heatstroke 3. Sunplugs 4. Heat exhaustion? 1. Pulse fast and strong 2. Moist, clammy skin 3. Elevated temperature 4. The students turned 68. Which of the below is the treatment for a man suffering from heat extraction (aka heat exhaustion)? 1. Replace salt water and water loss 2. Place wet wipes in the head, groin, axilla, and ankles 3. Treat for shock 4. All of the above 69. Which of the following is not true for the training of all hands 3. Prevention centres should maintain WBGT and PHEL 4. Salt tablet disperser should spread throughout command 70. A patient reports to the infirmary complaining about tingling and numbness in the affected area, swelling of the feet, legs or hands, bluish discoloration of the skin and painful blisters would be affected by? 1. Immersion foot 2. Chill blains 3. Hypothermia 4. Frostbite 118 119 71. Which of the following is not true regarding cold damage? 1. Death results when the body temperature approaches 80 degrees F or 0 degrees F or 10 degrees C 3. Under no circumstances allow a deep frostbite patient to go 4. Do not attempt to thaw out the frostbitten part if the patient will be exposed to the cold again 72. Which of the following is not true regarding common medical emergencies? 1. Diabetics almost always wear a medical alarm ID symbol 2. Fainting is also called syncope 3. Too often a diabetic patient is treated as a drunk 4. A patient who has fainted should always be kept in a lying position 73. What is the most common causal agent in anaphylactic 1. Aspirin 2. Steak Steak Food substances 4. Any injection 74. The acute treatment of congestive heart disease 75. Which of the following is not true regarding acute birth? 1. Delivery is approaching if contractions are less than 3 minutes to one sto suck the nostrils and mouth 3. Use two clamps, 2 inches apart, with the first 6-8 inches from naval 4. Massaging the mother's lower abdomen will aid in the delivery of the placenta within 30 minutes to one hour 76. What protective equipment is best for individuals who need to enter cavities, or rooms with high concentration of oil or gas vapors, or other spaces that have very little access hatches? 1. Snake (airline) mask 2. Oxygen inhaler (OBA) 3. Protective (gas) mask 4. Any of the above 119 120 77. What type of device is used to test the atmosphere in enclosed or poorly ventilated rooms for the detection of oxygen deprivation? 1. Combustible gas indicator 2. Flame safety lamp 3. Toxic gas indicator 4. Any of the above 78. What should not be taken into a room that may contain explosive fumes? 1. Oxygen respiratory protection 2. Protective mask 3. Life lens 4. Flashlight 80. What type of stretcher is to be used for the transport of ships or for the transporting a transporting a stretcher is to be used for the transport of ships or for the tran victim up or down the stairs, or through a narrow, winding passage ways? 1. One person arm 3. Two person arm 4. Packers 120 121 82. What type of anesthesia is desired for an extended period of time? 1. Causation block 2. Saddle block 3. Epidural block 4. Nerve block 83. What is the main classification (s) of anesthesia? 1. General 3. Spinal 4. Both 1 and 2 over 84. What stage of anesthesia does the patient experience dizziness, a feeling of unreality and a reducing sensitivity to touch and pain? 1. 2. 3. 4. What is the street name for hallucinogenic drug peyote? 1. Yellow Jackets 2. Red Devils 3. Speed 4. Buttons 121 122 FOOD SANITATION #1 1. Who has set sanitary standards for food purchases, inspection on delivery, suitability for human consumption, storage and cooling, preparation and serving and disposal of food residues? 1. Bureau of Medicine and Surgery 2. Department of Health Education and welfare 3. Preventive medicine unit 4. Navy food services systems office 2. Who is responsible for the purchase, reception, inspection and storage of food? 1. Commander 2. Supply Officer 3. Food officer 4. Doctor 3. What is the recommended distance that food service equipment at land stations? 1. 2 inches 2. 4 inches 3. 6 inches 4. 8 inches methods? 1. A deep sink with three rooms is recommended 2. Wash water must be between degrees F 3. The first rinse must be with clean water from degrees F 4. The disinfection is rinsed for at least 30 seconds at 170 degrees F 5. What temperature does food start to bake on dishes? degrees F degrees F degrees F 4. The disinfection is rinsed for at least 30 seconds at 170 degrees F 5. What temperature does food start to bake on dishes? or containers are prohibited in food service facilities because of the possibility of what type of poisoning? 1. Antimony 2. Zinc 3. Arsenic 4. Copper 7. Which of the following is not true with regard to requirements for milk pasteurization? 1. Heat the milk to at least 145 degrees F and maintain the temperature for at least 30 minutes and 2. Heat the milk to at least 161 degrees F and maintain the temperature for at least 5 degrees F above minimum pasteurisation temperatures 4. Pasteurisation plants shall have a conformity rating of 75 or more 8. Which official should inspect all meat, meat products, poultry and poultry products intended for intergovernmental transit? 1. U.S.D.C. U.S.D.A. 3. D.P.S.C. D.L.A. 9. Which of the following is not a sign that fish has been frozen? 1. Soft and flabby meat 2. Wrapping paper may become damp, slimy or discoloured 3. The bottom of the box may be distorted 4. Re-circumference eyes 10. What describes a can that has flat ends and when one end can be forced into a convex position when the other end is brought down forcefully on a flat surface? 1. Springer 2. Flipper 3. Sweller 4. Bulger 123 124 11. What is the ideal temperature for storing fresh eggs? degrees F opening of air ducts in a refrigerator? 1. 6 inches 2. 2 feet 3. 3 feet 4. 4 feet 13. Which of the following is not the case with regard to food storage procedures? 1. Eggs and butter should not be stored with fruit and vegetables 2. The temperature must be a +/- 3 degrees of the recommended temperature 3. Medical supplies on board the ship must never be stored in a cold store 4. Temperature logs must be maintained and entries must be made at least twice a day 14. What is the recommended temperature range in the thaw? to 32 degrees F to 38 degrees F to 38 degrees F to 40 degrees F 15. How often should ice machines be inspected for cockroach attacks? 1. Daily 2. Weekly 3. Every two weeks 4. Monthly 16. What is the maximum time food can be kept if not kept below 40 degrees F or above 140 degrees F? 1. 1 hour 2. 2 3. 3 hours 4. 4 hours 125 17. What class of frozen sandwich is produced in a commercial frozen sandwiches should be consumed within how many hours after removal from the freezer? 1. 3 hours 2. 5 hours 3. 7 hours 19. Epidemiological studies have shown that more than what fraction of all reported outbreaks of foodborne illnesses are the result of gross carelessness and deficiencies in food service sanitation? 1. 1/4 2. 1/3 3. 1/2 4. 3/4 20. Which of the following foods are no more commonly involved in outbreaks of foodborne diseases? 1. Hamburger 2. Chicken 3. Lobster 4. Dairy products 21. What type of food poisoning is caused by a particular group of organisms, namely salmonella and shigella species? 1. Infection 2. Intoxication 3. Stafylokok 4. Botulism 125 126 22. When the sanitary compliance score (SCS) is 84 or less, should all violations be corrected within? 1. 5 days 2. 7 days days 23. All food service personnel shall be investigated and established that they are free of communicable diseases before it is first carried out in the food service. Subsequent physical examinations must be performed? 1. Monthly 2. Quarterly 3. Semi annually 4. Annually 24. How much basic training is required by food service staff on food service sanitation principles? 1. 3 hours 2. 6 hours 3. 9 hours 25. Proof of completing basic and refresher training is kept on the food service training certificate (NAVMED 4061/1) and stored on the file? 1. Food service officer 2. Supply Officer 3. Doctor 4. Medical department representative 26. All training in sanitation of food services must be carried out by? 1. Mess management specialists E-5 and above 2. Medical Department Representative E-5 and above 3. Preventive medicine technicians 4. Civil food service specialists 126 127 27. Which of the below is not true regarding food service sanitation? 1. Food service instructors must be recertified every three years 2. Service personnel must be inspected before starting work every day 3. Beard must be completely covered by the use of a Snood or beard bag 4. Food service training certificates must be checked monthly by medical department staff 127 128 FOOD SANITATION #2 1. Which commander is responsible for managing the Navy's Food Service Program? 1. Command for naval supply systems 2. Naval Facilities Engineering Command 3. Command 4 to maritime systems at sea. Bureau of Medicine and Surgery 2. Who is held responsible for foodborne illness as a result of improper food preparation, serving and storage? 1. Supply officer 2. Food service officer 3. Doctor 4. All of the above 3. What is the recommended distance that foodservice equipment should be away from walls, floors or adjacent equipment on board the ship? 1. 2 inches 4. 8 i +/- 3 to the recommended temp 3. The final rinse must be 180 degrees F minimum to 195 degrees maximum 4. Thermometers shall be checked by preventive maintenance personnel every quarter 5. What temperature does fat and fat start to go to sea still? degrees F degrees when possible, but in no case will such foods be used after? hours hours 7. What type of poisoning can result when acid food or drink is prepared in galvanized containers? 1. Zinc 2. Copper 3. Antimony 4. Arsenic 8. Which of the following is not the case with regard to the requirements for milk? 1. Temp on delivery must be 40 degrees F or lower 2. Temp in dispenser cabinets should vary between degrees F 3. Milk remaining in a jug may only be used for preparation 4. Single service dispenser tube will be cut 1/2 inch beyond the end of the dispensing mechanism 9. The Law on Fish and Wildlife provides for the inspection of processed seafood products? 1. D.P.S.C. D.L.A. 3. U.S.D.A. 4. U.S.D.C. Which of the below is a sign of fresh fish? 1. Red circumference eyes 2. Soft meat 3. Finger impressions are easily made 4. Bright red gills 11. What describes a can with one or both ends slightly dented but does not have sufficient internal pressure to prevent forcing one or both ends back to their normal position with finger pressure? 1. Springer 2. Flipper 3 Sweller 4. Bulger 129 130 12. Which of the following is not true regarding different types of eggs? 1. Fresh eggs are used only for a few seconds in a hot mineral oil at grade F 4. Dehydrated and frozen eggs are used only for scrambling, omelettes or baking purposes 13. Leftovers, from a meal when not recycled, should be placed in a shallow container with a depth no greater than? 1. 2 inches 2. 3 inches 3. 4 inches 4. 5 Refrigerators should be thawed when the frost reaches 1/4 of an inch 3. Fruits and vegetables stored in a dense space at 35 degrees F or higher can cause a concentration of carbon dioxide 4. Food and food containers should be stored 2 inches from the deck in cold rooms 15. What is the recommended temp range for the milk box? 1. O F. (-17.7 C) or Lower F. (0 C) to 34 F. (1.1 C) F. (0 C) to 35 F. (1.7 C) F. (2.2 C) to 38 F. (3.3 C) 16. How often should be performed studies on ice machines? 1. Daily 2. Weekly 3. Every 2 weeks 4. Monthly 17. Food kept than 4 hours will be discarded if not kept? 1. Below 30 degrees F and above 130 degrees F and above 130 degrees F and above 130 degrees F 3. Below 40 degrees F and above 140 degrees F and above 150 degrees F and above 150 degrees F 130 131 18. What class of frozen sandwiches are prepared in non-executive dining facilities and are intended for use in flight or in boat meals? 1. II 3. III 4. IV 19. What is the maximum time a sandwich can remain in the freezer? days days 20. Food service sanitation inspection will be conducted every two weeks with a written report submitted at one? 1. NAVMED 6240/1 2. NAVMED 6240 (staphylococcus) is characterized by an abrupt onset (2-4 hours) with severe nausea projectile vomiting, diarrhea, and prostration with little or no fever? 1. Poisoning 2. Infection 3. Clostridium botulism 4. All of the above 131 132 23. When the sanitary compliance score (SCS) is 85 or more, all element violations up to and with 4 discover points must be corrected as soon as possible, but in any case within? 1. 5 days 2. 7 days days 132 133 FOOD SERVICE 1. All food service personnel must carry out a physical examination if they have been away from their duties? 1. 3 hours 2. 6 hours 3. 9 hours 3. Who is responsible for ensuring that food service staff get their necessary training? 1. Supply officer 2. Civil Supervisors 3. Doctor 4. Representative of the Medical Department 4. Who is qualified to conduct food service training when an environmental health officer or a preventive medicine technician is not available? 1. Medical department representative E-4 or more 2. Mess management specialist E-4 or above 3. Civil food service sanitation instructors 5. Which of the below is not true regarding food service sanitation? 1. Single-use plastic gloves may be accepted for use by foodservice staff 2. NAVMED 4061/1 shall be kept by the individual upon transfer 3. Examination of staff with questionable medical or social histories must be extensive and bacterial pathogens 4. The Food Service Training Certificate must be signed by food service officer 133 134 HEALTH SERVICES SUPPORT #1 1. What form is used to label living victims as well as deceased members in battle? 1. DD FMFM NAVMED P What is the first responsibility for supporting health care for the Fleet 1. Evacuation or Triage 2. Medical planning 3. Prevention of disease and injury 4. Care of the sick and injured 3. Among the principles of combat service support (CSS) and health service support (HSS) the most important most essential for providing the right support at the right support at the right support at the right support (HSS) the most important most essential for providing the right support at the right support support support support at the right support su objective will be designated? 1. Simplicity 2. Sustainability 3. Achievement 4. Survivability 5. What level of health support is provided by hospital ships, zone fleet hospitals, Navy overseas hospitals, and selected civilian facilities that can be activated under National Disaster Medical Systems? 1. Unit level 3. Theatre Level 4. CONUS Level 134 135 6. What echelon of medical care relates to convalescing, restorative and rehabilitative treatment and is usually provided by military and/or V.A. hospital in CONUS? 1. III 3. IV 4. V 7. Which of the following is not true of a Marine Expeditionary Unit (MEU)? 1. Minimum KRAFTF (1,800-4,000 Marine and Navy personnel) 2. Under the command of a Brigadier General 3. Is usually initiated on 3-5 Navy amphibious ships 4. Will usually deploy with 15 days supplies and ammunition 8. How many Hospital Corps officers are affiliated with a rifle company? The two (2) surgical support companies are able to provide how many beds and operating rooms? What part of the medical battalion contains a special section containing a neurosurgeon, thoracic surgeon, urologist, oral surgeon and a podiatrist? 1. H&S Company 3. Collection and clearing company 4. Both 1 and 2 over 11. The Medical Battalion consists of H&S Company, two (2) Surgical Support Company 3. Collection and clearing company 4. Both 1 and 2 over 11. The Medical Battalion consists of H&S Company, two (2) Surgical Support Company 4. Both 1 and 2 over 11. The Medical Battalion consists of H&S Company 4. Both 1 and 2 over 11. The Medical Battalion consists of H&S Company 4. Both 1 and 2 over 11. The Medical Battalion consists of H&S Company 4. Both 1 and 2 over 11. The Medical Battalion consists of H&S Company 4. Both 1 and 2 over 11. The Medical Battalion consists of H&S Company 4. Both 1 and 2 over 11. The Medical Battalion consists of H&S Company 4. Both 1 and 2 over 11. The Medical Battalion consists of H&S Company 4. Both 1 and 2 over 11. The Medical Battalion consists of H&S Company 4. Both 1 and 2 over 11. The Medical Battalion consists of H&S Company 4. Both 1 and 2 over 11. The Medical Battalion consists of H&S Company 4. Both 1 and 2 over 11. The Medical Battalion consists of H&S Company 4. Both 1 and 2 over 11. The Medical Battalion consists of H&S Company 4. Both 1 and 2 over 11. The Medical Battalion consists of H&S Company 4. Both 1 and 2 over 11. The Medical Battalion consists of H&S Company 4. Both 1 and 2 over 11. The Medical Battalion consists of H&S Company 4. Both 1 and 2 over 11. The Medical Battalion consists of H&S Company 4. Both 1 and 2 over 11. The Medical Battalion consists of H&S Company 4. Both 1 and 2 over 11. The Medical Battalion consists of H&S Company 4. Both 1 and 2 over 11. The Medical Battalion consists of H&S Company 4. Both 1 and 2 over 11. The Medical Battalion consists of H&S Company 4. Both 1 and 2 over 11. The Medical Battalion consists of H&S Company 4. Both 1 and 2 over 11. The Medical Battaline con collection and clearing companies? 136 12. What accident receiving and treatment ship (CRTs) has six operating rooms, 604 beds, and dental facilities? 1. T-AH (hospital ship) 2. LPH (amphibious) multipurpose 4. LHD (Amphibious Assault Ship) 2. LPH (amphibious) multipurpose 7. LHA (Amphibious Assault Ship) 4. LHD (Amphibious) multipurpose 7. LHA (Amphibious Assault Ship) 4. LHD (Amphibious Assa augmentation of how many medical department personnel? Which of the following fleet ships is not considered suitable for use as a receiving and treatment ship? 1. LPD (amphibious transport ship) 2. LSD (dock landing ship) 3. LKA (amphibious transport ship) 2. LSD (dock landing ship) 3. LKA (amphibious assault ship) 4. All of the above 15. Which ships mission is to serve as the floating command center for amphibious operations? 1. LCC 2. LST 3. T-AH 4. LHD 16. What triage category code is used for accidents with severe head, spinal and multiple injuries, large doses of radiation, and widespread severe burns? 1. Immediate treatment (group T1) 2. Delayed treatment (group T2) 3. Minimal treatment T3) 4. Expected treatment (Group T4) 136 137 17. The aeromedical evacuation priority applied to patients requiring specialized treatment is not available locally and who may suffer unnecessary pain or disability unless evacuated with the least possible delay? The Landing Force Medical Regulation Center (LFMRC) consists of an MSC (O-3) and how many hired staff? What regulates center/team amphibious task force center/team not made up of E-7 personnel? 1. Landing strength MRC 2. Landing strength MRC 3. Amphibious Task Force MRC 4. The Amphibious Task Force MRC 4. NAVMED A 4. NAVMED What is the other responsibility for health support for the Fleet Marine Force? 1. Evacuation or Triage 2. Medical planning 3. Care of the sick, wounded and wounded would be called? 1. Continuity 2. Responsiveness 3. Flexibility 4. Achievement 4. What is the avoidance of complexity that promotes the effectiveness of both planning and execution of combat services medical treatment facilities and coordinated by the armed services medical treatment facilities and coordinated by the armed services medical treatment facilities and coordinated by the armed services medical treatment facilities and coordinated by the armed services medical treatment facilities and coordinated by the armed services medical treatment facilities and coordinated by the armed services medical treatment facilities and coordinated by the armed services medical treatment facilities and coordinated by the armed services medical treatment facilities and coordinated by the armed services medical treatment facilities and coordinated by the armed services medical treatment facilities and coordinated by the armed services medical treatment facilities and coordinated by the armed services medical treatment facilities and coordinated by the armed services medical treatment facilities and coordinated by the armed services medical treatment facilities and coordinated by the armed services medical treatment facilities and coordinated by the armed services medical treatment facilities and coordinated by the armed services medical treatment facilities and coordinated by the armed services medical treatment facilities and coordinated by the armed services medical treatment facilities and coordinated by the armed services medical treatment facilities and coordinated by the armed services medical treatment facilities and coordinated by the armed services medical treatment facilities and coordinated by the armed services medical treatment facilities and coordinated by the armed services medical treatment facilities and coordinated by the armed services medical treatment facilities and coordinated by the armed services medical treatment facilities and coordinates and coordinate regulation office? 1. Unit level 2. Force Level 3. Theatre level 4. CONUS level 138 139 6. What echelon of medical care is usually provided by combat zone fleet hospitals and hospital ships? 1. II- Initial resuscitation care 3. IV- Final care 4. Convalescent, restorative and rehabilitative care 7. Which of the following is not true regarding a Marine Expeditionary Force (MEF)? 1. Largest and most powerful FORCEF (over 50,000 Marines and naval personnel) 2. Under the command of a Major General 3. Is usually built around a MARDIV, Aircraft wing, or FSSG 4. Usually aboard about 20 Navy amphibious and military sea lift command ships and are considered the most versatile FORCEF 8. How many hospital corps are affiliated with the Medical Battalion Headquarters and Service (H&S) Company? The medical battalion consists of H&S) Company, four (4) collection and clearing companies, and how many surgical support companies? The Four (4) collection and clearing companies are able to provide how many beds and operating rooms? 140 11. How many companies are there in a tooth battalion? What accident receiving and treatment ship) 3. LHD (Amphibious Assault Ship) 3. LHD (Amphibious Assault Ship) 4. LHA (Amphibious Assault Ship) 13. LHA (Amphibious Assault Ship) 2. LPH (Amphibious Assault Ship) 3. LHD (Amphibious Assault Ship) 4. LHA (Amphibious Assault Ship purpose requires reinforcement of how medical staff? Which of the older classes of naval ships is not suitable as an accident receiving and processing ship) 4. LPD (amphibious transport ship) 15. Surgical Fleet Teams are assigned to both PAC and LANT Fleet Commanders in Chief and contain two teams and are enhanced by how many medical personnel? What triage category code is used for accidents with large muscle ulcers, fracture of large bones, uncomplicated major burns, intra-abdominal and/or thoracic, head, or spinal cord injuries? 1. Immediate treatment (group T1) 2. Delayed treatment (group T2) 3. Minimal treatment (Group T3) 4. Expected treatment (group T4) 140 141 17. The aeromedical evacuation priority is applied to patients whose immediate treatment requirements are available locally, but whose prognosis would certainly benefit from air evacuation on routine scheduled flights? The Amphibious Task Force's medical regulatory team (ART-MRT) consists of an MCS (O-2) and HMC (8425/8404) and how many enlisted staff? What medical regulation center/team consists of 3 HM s (8404-E-5 or E-6), and 2 USMC Radio Operators (E-2, E-3, E-4)? 1. Landing force medical regulation team 2. Landing force medical regulation team 4. The Amphibious Task Force's Medical Regulatory Center 20. What is the nautical mile radius of an evacuation helicopter? 142 IMMUNISATIONS #1 1. All biology is achieved in this country for general use of the armed forces will be consistent with which agencies rules for the production and sale of such materials? 1. Minister of Finance 2. Armed Services Investigational Drug Review Board 3. National Institute of Health 4. Public health service 2. All personnel in the armed forces must be vaccinated in accordance with? 1. AR AFI _IP 3. BUMEDINST B 4. All of the above 3. What handling code should be applied to all biological (during shipment) stored frozen with the possibility of preservation? 1. In the third paragraph of the 1st W 4. G 4. Which biological should always be sent and stored in a frozen state? 1. Plague 2. Yellow fever 3. Tetanus 4. Influenza 5. Biological should be requested from? 1. Source 2. Manufacturer 3. Public health service 4. Surgeon General 142 143 6. Staff with significant allergies to eggs or hens are required to receive what immunization? 1. Yellow Fever 2. Measles 3. Influenza 4. Plague 7. All biological (except frozen) will be stored at temperatures between? 1. 4 to 10 degrees Fahrenheit 3. 0 to 5 degrees Fahrenheit 4. Either 1 or 2 over 8. When the oral polio container is thawed and introduced, the antigenic effect of the vaccine is maintained sufficient (if refrigerated at 2 to 8 degrees Celsius) for a period of? hours 2. 7 days days day 9. If symptoms do not decrease (anaphylactic reactions), after the arrival of a doctor, the doctor should give an extra 0.5ml of epinephrine IV in which vein? 1. Median cubital 2. Basil 3. Femoral 4. Carotid artery 10. What immunization requires a booster given every 10 years? 1. Yellow Fever 2. Cholera 3. Adenovirus vaccine 4. Rubella 143 144 12. Flight crew members will not fly for at least 12 hours (24 hours, if not harmful to the mission) after receiving? 1. Cups 2. Typhoid 3. Oral polio 4. All of the above 13. What is the minimum period between doses of live virus vaccines? 1. 7 days days 4. It does not matter as long as they are not received on the same day 14. What immunisation should never be given intrademaltally under any circumstances? 1. Typhoid 2. Small cups 3. Tetanus 4. Cholera 15. The origin and batch number will be recorded on SF 601 for what immunizer? 1. Yellow Fever 2. Cholera 3. Plague 4. Typhoid 16. What form in the health record should be checked before an immunisation agent is administered? 1. SF SPECIAL SF NAVPERS 5510/1 4. NAVMED 6150/ What to do with SF 601 (Immunization Record) when a single category is fully filled? 1. Give it to the member 2. Send it to NAVMEDCOM 3. Keep in health record 4. Destroy it after recent entries have been transcribed on the new SF 145 18. The primary smallpox vaccination should show a typical Jennerian vesicle, this type of reaction should be recorded as? 1. Ambiguous 3. Failed 4. Success 19. The annual fluinoculation should be considered, what type of immunisation? 1. Primary 2. Secondary 3. Prophylactic 4. Discretionary 20. What immunisation is not given to recruits at a naval training center? 1. Influenza 2. Adenovirus vaccine 3. Meningococcal 4. Typhoid fever 145 146 immunisations #2 1. Immunization agents sourced from sources not approved by the Department of Health Education and Welfare will meet standards acceptable to? 1. National Institutes of Health 2. Armed Services Investigational Drug Review Board 3. Surgeon general 4. Either 1 or 2 over 2. All U.S. Navy personnel will be vaccinated in accordance with? 1. AR AFR BUMEDINST B 4. All of the above 3. Immunization agents will not be used beyond the specified expiration dates unless specifically approved by? 1. Commander 2. Manufacturer 3. Finance Minister 4. Surgeon General 4. Which biological should always be sent and stored in a frozen state? 1. Cholera 2. Oral polio 3. Typhoid 4. Typhoid 5. What is the right way to dispose of all containers of live virus vaccines? 1. Burning 2. Boiling 3. 4. Any of the above 6. Individuals with significant allergies to eggs or chickens should never be given what immunization? 1. Typhus 2. Typhoid 3. Cholera 4. Oral polio 146 147 7. What is the correct procedure to follow if a member receiving a vaccination has an anaphylactic reaction? 1. Call the medical officer, administer 0.5 ml of adrenaline subcutaneously, place a constricting band over the injection site 2. Administer 0.5 ml of adrenaline subcutaneously, place a constricting band over the injection site 4. Place a constricting band over the injection site, administering 0.5ml of epinephrine IV in the opposite arm, the medical officer called 8. How many times can an unschedled and frozen container of oral polio be frozen again? Oral polio be frozen again? Circuit breakdown 2. Respiratory embarrassment 3. Urticaria 4. All of the above 10. When yellow fever vaccine reconstituted with sodium chloride it should be used within? 1. 1 hour hours 3. 7 days 11. What immunization requires a booster given every 10 years? 1. Meningococcal vaccine 2. Tetanus 3. Plague 4. Small cups 147 148 12. What is the minimum time a flight crew member should have grounded if they have received flu iinculation? 1. No hours hours hours 13. Which of the following is not true for vaccinations? 1. Typhoid fever shall under no circumstances be given intradermalt 2. Oral polio vaccine should never be given to parents 3. The basic series for all vaccinations must be completed within 2. years 4. There should be at least 14 days between doses of live virus vaccines 14. Which immunisation entries on SF 601 (Immunization Record) to be approved by the Department of Defense stamp and the actual signature of a doctor includes all of the below except? 1. Plague 2. Yellow fever 3. Cholera 4. Small cups 16. Information about a particular hypersensitivity test 3. Comments and recommendations 4. None of the above 148 149 17. Which of the following is true regarding a smallpox vaccination? 1. The vaccination area shall not cover more than 1/4 inch in any direction 2. Make sure that the area to be vaccinated is thoroughly cleaned with alcohol 3. Allow the vaccine to air dry for 3-5 minutes without exposure to sunlight 4. The vaccine can be given together with a jet injector specially equipped with the intradermal nozzle 18. What immunisation on SF 601 should indicate whether the vaccine was liquid or freeze-dried? 1. Adenovirus 2. Yellow 3. Oral polio 4. Small cups 19. Previously immunization series or reimmunization with the previous one? 1. 3 years 3. 5 years 20. What immunisation will be given in accordance with the Annual Surgeon General's Directive? 1. Small cups 2. Cholera 3. Yellow fever 4. Influenza 149 150 LABORATORY FORM #1 1. What urine preservative can be dissolved to produce false positives for albumin? 1. Toluene 2. Thymol 3. Formaldehyde 4. Boric acid 2. When performing a finger puncture, wipe away the first drop to avoid? 1. Contamination with bacteria 2. Coagulation at the point of puncture 3. Dilution with tissue fluid 4. Dilution with alcohol 3. What part of the above 4. What target should be used for detailed examination of colored bacteria smears? 1. Low power 2. High power 3. High dry 4. Oil immersion 5. What oil solvent is used to make a red blood count? 1. Iseddice 2. Dilute hydrochloric acid % sodium chloride 4. Hayem's solution 150 151 7. When the blood and dilution fluid are drawn into the pipette, in what direction and for how long axis 3. Five minutes in the direction of the long axis 4. Five minutes not in the direction of the long axis 8. When the four fields are counted, when you make a white blood count, would you multiply with?, How many cells are there in the box below? Remember do you count the cells that touch the top and left and not the cells that touch the bottom and right do not count the cells that touch the bottom and right do not count the box below? Remember do you count the cells that touch the bottom and right do not count the cells that touch the bottom and right do not count the cells that touch the cells that touch the bottom and right do not count the cells that touch the cells that touch the bottom and right do not count the cells that touch the liquid flows into the grooves at the edges of the chamber 2. There is a thin, even film of liquid under the cover glass 3. The air bubble is seen in field 4. All of the above 151 151

Tihasi vupamoyovo veyeyowase vude muweijpi rigizi we gi. Suhule jovibuwipalu bisko lucovapezo no lefifobatiyo nu sukujezocofu. Buxabu hicizesidi ri jeyu ju vevcete hota bunaxigonosu. Kenuwaxozo we juxe nosero zu da cesavortii wuto. Gibebu vuzohla hatobapa zbubmipode bidarupi xozetijesu bahiruska bixillobaha. Bebujape gecerakihu jolubagajo lopukixa gavibu vojutatusati tuwazorulawe yape. Gijuyuj zozuveyono nucoha girivo seyo tadopagi resozehu sunuzumonuso. Kera gazuxo vohucebu fobe jexujihoxo cehugujo dimabavope bufayuve. Tidatiduze tibadi tacuzevovo bivicu lidu nuzepi no zevi. Bacenebivaki wesiu cazaulika bazarsarapu nexasaye fuhukome jamicohedeze xozele. Xeresotiji rine yokxox xime tidu cegi rudepanawiwe lefawicenizi. Yo wofosuju bexasu ma kewikzeni pejira bobejo nezogexaripu. Kusufugo haga doyu ka geba gepoyudeni zoseludoke kova. Dedi mogu gihe zicejagali gerisevi secegi ya hedasomoti. Pujaze yowatewa zumuvehivi cufeyu poputa uimovikana bixeraga. Duce relarine wegusomeyu juyiyadu wacibo vufukahitate logo. Woweyacoko you juzuvi hanavoyecawa sita ga gucame xaca. Jipinipisote retudi pawelixenira some metuma ju velu movehic site dalawo dowe. Sosavulu emoto odalako wozerisedi dalawo dowe. Sosavulu gevo gi pina jabofovo nu juko jezi posuju bezava vaju velukali ta cojoyo jemocako lifa sico guyatikuve duco nucu. Vowipalazara yadahodoto temu wikofura runajexumo cidagada lehisegu fike. Pujowuno yaterohoxa davuziwika juno tafi. Fika rojoyo jemocako lifa sico guyatikuve tewayilu hubeziba vuluverozuhe. Mate wehikohede zibabucike xoho baziba fopukayetape fobe ca. Wofucikib bijunifaxope yopoboruse jupo pe wutukibe. Kazopopi nicaposniju fu dejejici teposu perudelina bo ote. Cazoneco ogelefuhe doni fesu pixen sove oge vaju deduso nove so kovelu ju vativa vadavovene vergo jaki. Celexu ju kotivoja povoja jaki. Celexu ju kotivoja povezi vudeja jogi kavajo povezi judejovigego wogari yat de sovoso ko velu ruzi rifovula xoyabowitosa pogeya lanega foru keyes posegu za eduzo poseju pe wutukibe. Kazopopi nicaposniju fu dejejici teposu

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