

# **FREE HORMONE REPLACEMENT THE REAL TRUTH: BALANCE YOUR HORMONES NATURALLY AND SWING FROM THE CHANDELIERS! PDF**



Dr Sandra Cabot M.D. ,Sandra Cabot MD | 240 pages | 01 Jul 2003 | Atlasbooks Dist Serv | 9780967398310 | English | none

## **Improve Your Libido | Liver Doctor**

JavaScript seems to be disabled in your browser. For the best experience on our site, be sure to turn on Javascript in your browser. This book will help women of all ages.

By exploring the common misconceptions as well as the true facts about H. Today's woman is smart and well educated, and wants to know ALL her options. This paradigm has now been shown to be categorically wrong and menopause should no longer be treated as a disease. Many women now find themselves in the dilemma of "I don't feel safe with HRT, but I don't feel well without it.

Thankfully Dr Cabot shows us how natural bio-identical hormones made in the laboratory from plant hormones can be given in low doses and in forms that are much safer than the conventionally used brand name HRT. For example, natural hormones can be given in the form of creams and lozenges that are tailor made for every individual woman.

The solutions to the side effects of synthetic or excessive doses of HRT are provided, which enables the patient to become aware of all her options. Delicious recipes and menus are provided to enable women to increase their intake of cancer preventing phyto-estrogens and antioxidants. Natural hormones can be given in the form of creams and lozenges that are tailor made for every individual woman. The experts are confused as well; some believe that conventional HRT is still safe, other eminent professors implore doctors to take women off HRT.

Just because yet another hormone controversy has raised its head, does not mean that all women will want to stop taking any form of HRT. There is no doubt that natural hormones can help us to feel and look younger, as well as keep us sexually young.

Yes "hormones make the world go round", and controversial or not, they are not going to become strictly taboo! Many of these women now feel frightened and confused and somewhat abandoned, as they now wonder what they can do about their flagging hormones.

However the consensus is that it is no longer safe for women to take synthetic or cross species hormone tablets long term for the prevention of heart disease or osteoporosis.

Well that has to be accepted, but what women really want is something to improve the quality of their lives as they struggle with the symptoms of menopause. Dr Cabot's book is well researched and contains the most recent information from clinical trials using synthetic and natural hormone replacement therapy. This book will also be of great interest to medical doctors who are faced with the daunting challenge of helping menopausal women.

Many doctors are unaware of the huge and wide-ranging benefits that natural hormone replacement can offer women with hormonal imbalances. By submitting your email address you agree to joining our mailing list. Hormone Replacement - The Real Truth.

Skip to the end of Hormone Replacement the Real Truth: Balance Your Hormones Naturally and Swing from the Chandeliers! images gallery. Skip to the beginning of the images gallery. Currently In stock. SKU: Add to Cart. FREE shipping in the U. Dr Cabot shows us how natural Hormone Replacement the Real Truth: Balance Your Hormones Naturally and Swing from the Chandeliers! hormones made in the laboratory from plant hormones can be given in low doses and in forms that are much safer than the conventionally used brand name HRT Dr Cabot's book is well researched Hormone Replacement the Real Truth: Balance Your Hormones Naturally and Swing from the Chandeliers!

contains information from clinical trials using synthetic and natural hormone replacement therapy. Stop the confusion! Here is a book that tells the truth!

This book helps you answer the questions- How do I feel and look today? How does my mind function? Do I have energy and vitality? Do I feel sexual, sensual and feminine? Can I have a good sexual relationship with my partner? How can I remain healthy for the next 20 years? This book gives you SAFE and EFFECTIVE answers to; Menopause Balancing your hormones naturally Osteoporosis Weight excess Heart disease The tests you need Dr Cabot says; "Women are not so much interested in how they will feel in 20 or 30 years time, but rather want to be able to enjoy the still relatively young years, at least in today's terms, that exist between the ages of 45 to Dr Cabot's book brings new hope and clarity for thousands of women who have been left wondering how they will cope.

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## **Good Menopause – Make These the Most Vibrant Years of Your Life!**

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Return to Book Page. As women approach menopause, they are inundated with conflicting opinions from doctors, friends, and the media about Hormone Replacement Therapy HRT. Sanda Cabot takes the myth out of HRT and provides the Hormone Replacement the Real Truth: Balance Your Hormones Naturally and Swing from the Chandeliers!

and na As women approach menopause, they are inundated with conflicting opinions from doctors, friends, and the media about Hormone Replacement Therapy HRT. Sanda Cabot takes the myth out of HRT and provides the safe and natural options women have been looking for. Drawing on her 25 years of experience helping women through menopause, Dr. Cabot leads readers to effective solutions for such challenges as tackling weight excess, preventing heart disease, slowing down the aging process, and reducing depression and anxiety.

Clear charts and tables outline the varieties and benefits of synthetic and natural hormones. Includes recipes for foods to aid in weight loss and a special recipe for hormone cream to enhance sexual pleasure. Get A Copy. Paperbackpages. More Details Original Title.

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Showing Rating details. All Languages. More filters. Sort order. Cat rated it it was amazing Jun 19, Michelle rated it it was amazing Oct 22, Amy rated it it was amazing Dec 24, Kim marked it as to-read Apr 02, Cally added it Apr 24, Sue added it Feb 26, Tracy Robinson marked it as to-read Jan 06, Ashraf Elrefaey marked it as to-read Aug 15, Evelyn Vogel added it Apr 01, Darren marked it as to-read Sep 02, Caitlin marked it as to-read Feb 14, R marked it as to-read Nov 18, Kathryn added it Mar 30, Keturah marked it as to-read Jan 04, Maryana Stojanovic-djordjevic added it Feb 23, Pert marked it as to-read Apr 01, There are no discussion topics on this book yet.

About Sandra Cabot. Sandra Cabot. Dr Sandra Cabot has written many popular books on health and she is Hormone Replacement the Real Truth: Balance Your Hormones Naturally and Swing from the Chandeliers! well known under this name.

This was considered ethical behavior and was smiled upon by the medical registration boards, as it could then not be construed as to be advertising for extra patients.

This is considered to be more ethical and conservative, which is appropriate as the medical profession is a conservative profession. There is also a touch of French ancestry in Sandra, and that is why she chose a French nom de plume!

Dr Sandra McRae is a registered medical doctor in NSW, Australia where she has medical practices in which she works with other medical doctors and naturopaths. In Australia a bachelor of medicine and surgery is designated by the letters MBBS, which appear after the name of the doctor. Dr Sandra Cabot is published in many different countries and languages. During the mids Dr Cabot spent 6 months working as a volunteer doctor at the largest missionary hospital in Hormone Replacement the Real Truth: Balance Your Hormones Naturally and Swing from the Chandeliers!

the Leyman hospital. Dr Sandra Cabot travels extensively giving lectures and public seminars and visits isolated areas in Australia to share her message of natural health. Today she is asked by many different organizations and hospitals to lecture all over Australia and New Zealand. Books by Sandra Cabot. Escape the Present with These 24 Historical Romances. You know the saying: There's no time like the present In that case, we can't Read more Trivia About Hormone Replaceme No trivia or quizzes yet.

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