

FREE POSITIVE EDUCATION: THE GEELONG GRAMMAR SCHOOL JOURNEY PDF



Jacolyn M Norrish | 360 pages | 14 Jul 2015 | Oxford University Press | 9780198702580 | English | Oxford, United Kingdom

Positive Education: The Geelong Grammar School Journey - Oxford Scholarship

Every good story is about change. Change is an essential part of Positive Education. Like the characters from our favourite books and movies, changing the landscape of a school does not imply there is something wrong with your school to start with, that your school is currently somehow doing Negative Education; rather Positive Education is about celebrating, shifting and broadening the scope of what a school already does.

Renowned storyteller, George Lucas is known to have used this template in constructing his epic *Star Wars*. The narrative involves a series of stages whereby the hero moves from their ordinary world to confront a major challenge and returns to their home transformed. Many schools are called to the Positive Education: The Geelong Grammar School Journey of Positive Education due to their increasing awareness about the wellbeing of young people both in school and beyond the school gates.

Statistics in this area have been very useful in helping us understand the magnitude of the problem. Statistics can be overwhelming because of their magnitude, leaving people with the feeling that they cannot make a difference. In describing the kind of problems we face in relation to mental health, we need to make such statistics meaningful and personal so that they appeal to the head and heart.

Even our most courageous heroes like Harry Potter and Dorothy from *Wizard of Oz* will resist the change being put to them. Similarly, educators confronting these statistics may not see the need for change and instead opt for no change. Like our favourite heroes, change-makers and school leaders need to make a stronger case for Positive Education by appealing to how the external problem impacts educators, how each member of the school community are a significant part of the solution and how exciting and worthwhile the journey will be.

Below, we address questions that may arise: Mental health problems can be largely invisible to the untrained eye. Change-makers need to find a way of connecting mental Positive Education: The Geelong Grammar School Journey statistics to the everyday reality of school life. A teacher is much more likely to be on board when mental health problems are humanized, for example, when they have worked and struggled alongside children and families suffering mental illness.

Making a stronger case might involve the sensitive sharing of stories about people who have been affected by mental illness. Helping school staff to empathise with one person through a story can be much more effective than discussing the general problems of many.

Another angle is to tie Positive Education to something teachers already care about — learning. There is a significant amount of research supporting the reciprocal relationship between mental health problems and learning. A comprehensive review of mental health and learning by The Royal Swedish Academy of Sciences in found that experiences of early school failure predicted the onset of mental health problems, and conversely mental health problems negatively impacted academic achievement.

It is important to connect this research finding with activities teachers already do. In the famous novel *Lord of the Rings*, Frodo, the hobbit, is approached by Gandalf, the great wizard, and asked to go on a dangerous quest safe-guarding a ring.

Understanding that everyone has a role to play in the wellbeing of the school community is at the heart of GGS's applied Positive Education: The Geelong Grammar School Journey of Learn it, Live it, Teach it, Embed it. When teaching mathematics we would demonstrate how we want students to set out their sums by modelling it on the board.

If a teacher had the habit of doing sums in their head, then it is unlikely students would develop habits of setting out sums correctly. Positive Education: The Geelong Grammar School Journey a similar way, if a teacher loses their temper easily and cannot find any time within the day, it would be hard for students to learn how to effectively balance the demands of school life from that teacher.

Setting and creating the vision is an essential part of the Call to Adventure for all members of the school community. Dorothy did not follow the yellow brick road just for fun, she followed the road to get home. Having a clear vision of where the school wants to go with Positive Education inspires others to go on the journey and protects against the inevitable moments of confusion and disillusionment.

The way in which change-makers and school leaders set-up the vision is important. Many schools have successfully used backward design thinking beginning with a discussion of the purpose of education, and the skills Positive Education: The Geelong Grammar School Journey attributes they want their students to leave their school with.

Visions tend to run into problems when they are too abstract, not really lived or shared by all. It is best to construct visions in such a way that each person in the community understands how they can work towards it. It is at these stages that schools must make important decisions about who they will consult with, who will be trained and how they will proceed.

Georgiana has strong experience working directly with students, teachers and families in her work as an educational psychologist. Her time working on large-scale mental health initiatives in schools has given her a sound understanding of mental health prevention and promotion. Hero's Journey image, re-drawn by user Slashme and published on Wikipedia under a Public Commons licence.

Enter your details below to receive fortnightly email updates from the Institute of Positive Education containing articles, research updates and upcoming training events. Below, we address Positive Education: The Geelong Grammar School Journey that may arise: What does mental health and wellbeing have to do with teaching?

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Crafting Your School's Positive Education Journey - Geelong Grammar School

Established in Geelong Grammar School has built an international reputation as the provider of an excellent education, with a rich heritage of innovation. In the school staked its reputation on a radical new approach to teaching and learning it called Positive Education. Developed from the science of Positive Psychology, Positive Education aims to teach children, young people, and adults the skills and mindsets that will enable them to live flourishing, fulfilling, and resilient lives.

Central to Positive Education: The Geelong Grammar School Journey approach is the Model for Positive Education with the domains of positive relationships, positive emotions, positive health, positive engagement, positive accomplishment, and positive purpose, with character strengths serving as an underpinning and integrative framework.

The chapters of this book include state-of-the-science overviews by international experts who have visited Geelong Grammar School and shared their wisdom and knowledge. Through case studies, examples, and stories, school staff and other members of the community share practical ways in which Positive Education has been implemented in the classroom and across the school. Keywords: Geelong Grammar School flourishing Positive Psychology Positive Education wellbeing positive institution character strengths.

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Positive Education: The Geelong Grammar School Journey by Jacolyn M. Norrish

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Thanks for telling us about the problem. Return to Book Page. Preview — Positive Education by Jacolyn M. As part of the Oxford Series in Positive Psychology, Positive Education: The Geelong Grammar School Journey is the story of one school's development of a more holistic approach to education: one with student wellbeing at its heart.

Balancing academic findings from the thriving field of Positive Psychology, whilst exploring the adaptation of this science into an innovative radical new approach to teaching called Positive Education, Positive Education: The Geelong Grammar School Journey provides an explanation of the key tenets of Positive Psychology and examines the practical application of this Positive Education: The Geelong Grammar School Journey, leading to the Geelong Grammar School's cultivation of the ground-breaking Positive Education program.

Moreover, the book offers educational practitioners the key facets of the approach so as to inspire them to embark on their own journey with Positive Education. Get A Copy. Kindle Edition pages. More Details Other Editions 1. Friend Reviews. To see what your friends thought of this book, please sign up.

To ask other readers questions about Positive Education please Positive Education: The Geelong Grammar School Journey up. Lists with This Book. This book is not yet featured on Listopia. Community Reviews. Showing Average rating 3. Rating details. All Languages. More filters. Sort order. Sophie Blunt rated it it was amazing Sep 30, Reviewer rated it did not like it Oct 30, Sheccid MK rated it liked it May 22, Feistykel rated it really liked it Nov 30, Rijn Vogelaar rated it really liked it Jan 11, Catherine rated it really liked it Aug 07, Kuljit marked it as to-read Nov 23, Megan Hartley marked it as to-read Mar 05, Santhat Phongsawat marked it as to-read May 29, Heather Carreiro marked it as to-read Aug 02, Shane is currently reading it Aug 23, Biniam Tewolde is currently reading it Jan 14, Linda Saleski is currently reading it Feb 24, Sam marked it as to-read Jun 12, Diptarup Chowdhury is currently reading it Jun 16, Nicola Isabelle marked it as to-read Aug 19, Mohanad marked it as to-read Sep 12, Kim Miller marked it as to-read Dec 02, Joseph Chan marked it as to-read Apr 26, Kal M marked it as to-read Aug 10, Nika Maglaperidze marked it as to-read Dec 11, Rachael Gore added it Dec 15, Tanya marked it as to-read Feb 19, Shikha Bohra marked it as to-read Mar 22, Emma Sheppard added it Nov 23, GMatic marked it as to-read Jan 21, Aruna marked it as to-read Mar 02, Jordan A marked it as to-read Mar 15, There are no discussion topics on this book yet.

About Jacolyn M. Jacolyn M. Escape the Present with These 24 Historical Romances. You know the saying: There's no time like the present In that case, we can't Read more Trivia About Positive Educatio No trivia or quizzes yet.

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