

FREE NINTH KARMAPAS OCEAN OF DEFINITIVE MEANING PDF



Download The Ninth Karmapas Ocean Of Definitive Meaning PDF/ePub – PDF eBook Card

Advanced Search Search Tips. Description: The Ocean of Definitive Meaning by the Ninth Karmapa — is the most profound and famous text on Mahamudra ever written and is of vital importance in the living Kagyu Ninth Karmapas Ocean of Definitive Meaning.

It offers a detailed, uniquely comprehensive presentation of instruction on both the view and the practice. In the teachings contained in this book, Thrangu Rinpoche has distilled the essence of the Ninth Karmapa's massive text into manageable proportions and has given pointed guidance on the implementation of its instruction. According to Thrangu Rinpoche, Mahamudra practice is especially appropriate for Westerners and contemporary practitioners because it can be realized in the context of virtually any lifestyle.

Mahamudra dissolves the artificial separation between phenomena and emptiness, revealing the radiant display of mind. The Ninth Karmapa's text has traditionally been available only to advanced students. However, Khenchen Thrangu Rinpoche has kindly Ninth Karmapas Ocean of Definitive Meaning to the publication of these core teachings on the text, which he gave in the context of a retreat he led in the mountains of British Columbia for Western students.

His compelling presentation provides teachers and students with a systematic approach to some of the highest practices in the Kagyu tradition. Thrangu Rinpoche's extraordinary wisdom and insight make this new commentary a peerless jewel in the canons Ninth Karmapas Ocean of Definitive Meaning spiritual literature. All prices are in USD. Copyright Dharma Treasures. Sitemap Ecommerce Hosting by BigCommerce. Please wait Search Advanced Search Search Tips. New Products.

Brocade, Patchwork 39"x39". Add To Cart. Door Curtain, Wind Horse. Door Curtain 8 Symbols. Door Curtain, Endless Knot. Our Newsletter. Click to enlarge. The Nyingma School of Tibetan Buddhism. The Magic of Awareness. The Life of Longchenpa. The Practice of Mahamudra. Related Products. You Recently Viewed

The Ninth Karmapa's Ocean of Definitive Meaning - Dharma Treasures

The Ocean of Definitive Meaning by the Ninth Karmapa — is the most profound and famous text on Mahamudra ever written and is of vital importance in the living Kagyu tradition. It offers a detailed, uniquely comprehensive presentation of instruction on both the view and the practice.

According to Thrangu Rinpoche, Mahamudra practice is especially appropriate for Westerners and contemporary practitioners because it can be realized in the context of virtually any lifestyle.

Mahamudra dissolves the artificial separation between phenomena and emptiness, revealing the radiant display of mind. However, Khenchen Thrangu Rinpoche has kindly consented to the publication of these core teachings on the text, which he gave in the context of a retreat he led in the mountains of British Columbia for Ninth Karmapas Ocean of Definitive Meaning students.

His compelling presentation provides teachers and students with a systematic approach to some of the highest practices in the Kagyu tradition. The most in-depth and famed text on Mahamudra ever written, The Ocean of Definitive Meaning by the Ninth Karmapa offers a detailed, uniquely comprehensive presentation. The availability of the translation of this text has traditionally been restricted to advanced students only. However, Khenchen Thrangu Rinpoche has consented to the publication of these core teachings.

He believes Mahamudra is especially appropriate for Westerners because it can be realized in the context of virtually any lifestyle, revealing the radiant display of mind. When you buy a book, we donate a book. Sign in. May 16, ISBN Add to Cart. Also available from. Available from. Paperback —. Also by Khenchen Thrangu Rinpoche. See all books by Khenchen Ninth Karmapas Ocean of Definitive Meaning Rinpoche.

Product Details. Inspired by Your Browsing History. Medicine Buddha Teachings. Khenchen Thrangu Rinpoche. The Seven-Point Mind Training. Alan Wallace. Enlightened Courage. Dilgo Khyentse. The Bodhisattva Guide. Guided Buddhist Meditations. Thubten Chodron. Pure Appearance. A Drop from the Marvelous Ocean of History. Lelung Tulku Rinpoche, XI. How Karma Works.

Geshe Sonam Rinchen. Kunzang Pelden. Vajra Wisdom. The Heart of Unconditional Love. Tulku Thondup. Magic Dance. Thinley Norbu. Opening the Door to Bon. Refining Gold. The Dalai Lama. Transforming Adversity into Joy and Courage. Geshe Jampa Tegchok. The Supreme Siddhi of Mahamudra. Living Dharma. Jack Kornfield. Tibetan Yogas of Body, Speech, and Mind. Tenzin Wangyal.

The Nature of Mind. The Heart Treasure of the Enlightened Ones. Patrul Rinpoche. Mind Training. Brilliant Moon. Machig Labdron and the Foundations of Chod. The Six Yogas of Naropa. Always Present. Jigme Phuntsok. Great Perfection. Dzogchen Rinpoche. Dzigar Kongtrul and Helen Berliner. The Heart Is Noble. Ogyen Trinley Dorje Karmapa.

The Pocket Dalai Lama. The Three Principal Aspects of the Path. Related Articles. Looking for More Great Ninth Karmapas Ocean of Definitive Meaning Download Hi Res. LitFlash The eBooks you want at the lowest prices. Read it Forward Read it first.

Pass it on! Stay in Touch Sign up. We are experiencing technical difficulties. Please try again later. Become a Member Start earning points Ninth Karmapas Ocean of Definitive Meaning buying books!

The Ninth Karmapa's Ocean of Definitive Meaning

We are shipping to all international locations. Learn more here about our many free resources and special digital offers. The most in-depth and famed text on Mahamudra ever written, The Ocean of Definitive Meaning by the 9th Karmapa offers a detailed, uniquely comprehensive presentation. Thrangu Rinpoche has distilled the essence of the 9th Karmapa's massive text and gives guidance in implementing the instructions.

The availability of the translation of this text has traditionally been restricted to advanced students only. However Khenchen Thrangu Rinpoche has consented to the publication of these core teachings. He believes Mahamudra is especially appropriate for Westerners because it can be realized in the context of virtually any lifestyle, revealing the radiant display of mind. Compelling, systematic approach to some of the highest teachings in the

Kagyü tradition.

The first question posed is, "What is your mind's nature like? You have been looking to see how the mind comes to rest, how the mind moves, and so on. There are several things you might have experienced and that therefore might constitute your answer to this first question. You might say, "Well, there is nothing to find; I cannot find anything; there is simply nothing there.

Another question posed is whether or not there is any difference in your experience between the practice of tranquility meditation and this first practice of insight meditation. Previously, when you were practicing tranquility alone, you brought your mind to a state of rest in a natural way. Now, Ninth Karmapas Ocean of Definitive Meaning you are doing in the initial practice of insight is looking at the mind within that state of rest or stillness.

Is the experience of looking at the mind within stillness any different from the experience of stillness itself, of the experience of tranquility alone?

It might be exactly the same; there might be no difference whatsoever, or it might be slightly different. If you say that there is no Ninth Karmapas Ocean of Definitive Meaning whatsoever, that the experience of looking at the mind within stillness and the experience of just achieving a state of stillness itself are not different, then you are still just practicing tranquility. There is as yet no practice of insight, and the text says that you need to remember that tranquility alone, while it can weaken kleshas, cannot eradicate them; it cannot generate great wisdom.

So, if there is no difference between this first practice of insight and the practice of Ninth Karmapas Ocean of Definitive Meaning, you need to keep looking. If there is a difference, if in your experience looking at the mind Ninth Karmapas Ocean of Definitive Meaning stillness and Ninth Karmapas Ocean of Definitive Meaning resting in stillness are slightly different, then our text says you probably have a partial experience of your mind's nature, in which case you should continue in the same way.

Your mind, which is looking, is fully capable of seeing its own nature. It is not something that is distant from you or hidden from you in any way. About looking at the mind, Ninth Karmapas Ocean of Definitive Meaning was written by the Third Gyalwang Karmapa, Rangjung Dorje, in his Aspiration of Mahamudra, When one looks repeatedly at the mind which cannot be viewed or cannot be looked at.

That line indicates that, when you look at your mind, there is no object to be seen in the visual sense of something you can look at physically. He continues, When you do so, you vividly see Ninth Karmapas Ocean of Definitive Meaning which cannot be seen. Vivid seeing is what we call insight or lhaktong in Sanskrit, vipashyana.

That which cannot be seen is the mind, which is not an object that is in any way separate from that which is looking. This kind of looking is not like looking outside yourself at trees or hills or buildings, and so on. Yet, while it is not an object to be viewed outside the looker, it can be experienced. There is an experience, which here is called vividly seeing that which cannot be seen.

Now, when we look at the mind in this way, we are not trying to condition or alter the mind in any way. We are not trying to convince ourselves that that which does not exist, exists. We Ninth Karmapas Ocean of Definitive Meaning not afraid of finding nothing and so are trying to find something. Nor are we trying to convince ourselves that that which exists, does not exist. We are not afraid of finding something and are not desperate to turn it into nothing.

When we describe the mind, we have to say that it is not something in the usual sense of that word, because it has none Ninth Karmapas Ocean of Definitive Meaning the substantial characteristics that we normally associate with words like something or existence.

But we also cannot say that it is nothing, because when we say nothing, we mean nothing at all, absolutely nothing. If the mind were nothing in that sense, then it would be an utter absence, like the absence of mind in a corpse. The mind is not nothingness. Now, in order to attempt to communicate this state or characteristic of the mind, mahasiddhas have used different terminology. They have sometimes referred Ninth Karmapas Ocean of Definitive Meaning it as the unity of cognitive lucidity and emptiness, or as the unity of the expanse and wisdom.

Sometimes they simply say that it is inexpressible and beyond words. In any case, it is this nature, which cannot Ninth Karmapas Ocean of Definitive Meaning easily characterized as one thing or another, that we are attempting in this practice to experience directly.

The previously quoted stanza by Rangjung Dorje goes on to say, "If you vividly see that which cannot be seen, you cut through doubt about any kind of, 'It is this,' or 'It is not this;' 'It is that,' or 'It is not that.

It is not something that is distant from you or hidden from you in any way. It is, therefore, most important to put the effort into looking at the mind in this way. Menu Search. Cart You have no items in your shopping cart. Search: Search. My Account Login. Shambhala logo. You can see this in context of the original newsletter here.

Here is an excerpt from chapter 6: The first question posed is, "What is your mind's nature like? Related Topics Kagyü Tradition.

The following article is from the Autumn, issue of the Snow Lion Newsletter and is for historical reference only.

