## FREE COLON HEALTH: THE KEY TO A VIBRANT LIFE PDF





Norman W. Walker | 122 pages | 25 Aug 2008 | Book Publishing Company | 9780890190692 | English | Prescott, United States



Colon Health by Norman W. Walker focuses your full attention on this forgotten part of the body. He will lead you on a tour of each vital organ of your body explaining how it is affected by the condition of the large intestine, the colon. Learn how-through proper care of the colon-you can prevent and experience relief from constipation, asthma, colds, allergies, respiratory disorders, digestive Dr.

Learn how-through proper care of the colon-you can prevent and experience Colon Health: The Key to a Vibrant Life from constipation, asthma, colds, allergies, respiratory disorders, digestive problems and numerous other ailments. Get A Copy.

Paperbackpages. Published July 10th by Norwalk Press first published More Details Original Title. Other Editions 5. Friend Reviews. To see what your friends thought of this book, please sign Colon Health: The Key to a Vibrant Life. To ask other readers questions about Colon Healthplease sign up.

Has anyone read this book of Dr Walker? I would appreciate your opinions See 1 question about Colon Health... Lists with This Book. This book is not yet featured on Listopia.

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Walker died at the age of So he must have done something right. My biggest problem with this book is that on almost every page it recommends colonic irrigation. And it's Colon Health: The Key to a Vibrant Life to be the holy grail to treat all illnesses.

If you have: Cancer? Kidney, heart, liver, lungs or testes issues? You guessed it. Some of the premises don't make any sense and there is no evidence for the claims - Well, Norman W. Some of the premises Colon Health: The Key to a Vibrant Life make any sense and there is no evidence for the claims - removed tonsils as a cause of melancholia?!?

I didn't mind the book as I agree with the main premise - healthy colon is really important and can probably prevent various diseases especially auto-immune. But this is 21st century - we already know that and there are much better ways to clean your colon in top shape. Aug 08, Roger Bailey rated it did not like it Shelves: nonfictionreligious-supernatural-nonsense. Oftentimes it is obvious at first glance that a so-called health book is pseudoscientific quackery.

Other times I have to start reading it to tell and when that happens I find myself making excuses for it until it becomes undeniable quackery. In the latter case I am often suspicious before I decide, but every time I am suspicious my suspicions are born out. That Colon Health: The Key to a Vibrant Life the case with this book. First, I was suspicious before I even started reading because I understood that the author would prescribe Oftentimes it is obvious at first glance that a so-called health book is pseudoscientific quackery.

First, I was suspicious before I even started reading because I understood that the author would prescribe colonic irrigation for virtually any ailment that might afflict one. My excuse was that specialists are, of course, going to emphasize the virtues of their specialty and bypass other considerations with the best of intentions. Then my suspicions were increased when I started reading and noticed that the author kept making references to cosmic vibrations and god. As for the cosmic vibrations, my excuse was that authors often make pretty free use of metaphoric writing.

Properly that should be used to clarify, but all too often it is used to impress or to deliberately obscure to make the point seem mysterious and revelatory. Metaphor does not necessarily mean that it is incorrect though. As for god, there are actually physicians who have religious convictions and yet practice scientific medicine that is helpful and not harmful despite the religion.

The religion still increased my suspicions though. What really clinched my suspicion of quackery, though, was when he started to deny that viruses cause colds. In fact, he strongly implies that he does not even believe in the existence of viruses. After that I had to take everything with a very large grain of salt, but I continued to read anyway. The rest of the book is filled with much misinformation, but that misinformation is mixed in with Colon Health: The Key to a Vibrant Life truth to give it credibility.

I will not ttry to remember every false statement to repeat them here, but I would advise reading something based on real science for your health advice. This is a great book about one the most important organs of the body and how it relates to all the other organs. Its amazing how much we overlook the health of the colon, I know I have for a long time, especially since so much of our health relates to it. Norman Walker writes with lots of care not only for the body but he looks at the metaphysical aspects too.

A great health book. Sep 22, Merna rated it did not like it Shelves: author-hatewhy-is-this-a-book. Probably the most shamelessly advertising medical book I've ever read before. The fact that it praises colon irrigation at least twice in every page isn't exactly a good thing.

It was simply horrific. Aug 21, Haiku Burgiel rated Colon Health: The Key to a Vibrant Life liked it. A fascinating book filled with realizations about society and health issues that are still prevalent today.

An interesting and short read though at sometimes it can get a little slow at times. Very little about the actual colon itself and more about its connection to other parts of the body. Feb 01, Marcia rated it really liked it. Lovely little booked packed with life saving information. Served as a useful reminder, booked a colonic irrigation! Il testo proponeva di spiegare come mantenere la salute del colon, ma la spiegazione sui lavaggi del colon si riduce a poche frasi senza approfondimento della metodica.

Viene solo consigliato di rivolgersi ad un esperto. S i dilunga sulla fisiologia dei vari organi, in modo impreciso e non scientifico. Pur essendo la dieta fondamentale, non approfondisce mai l'argomento. Lo definirei simile a una recensione, che dice e non dice. May 01, Austin rated it it was amazing. Simple to read and to the point. Every household needs to have and read this book. Short and concise and easy to understand. Jan 16, Genevieve rated it it was amazing. Sep 23, Kaitlyn added it.

He's a G. I'm going to get a colon irrigation one of these days. I thought I already changed this to "read"? View all 6 comments. Darlene rated it it was amazing May 11,

## Colon Health: The Key to a Vibrant Life! by Norman W. Walker

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See details. Overview Dr. Walker focuses your full attention on this forgotten part of the body. He will lead you on a tour of each vital organ of your body explaining how it is affected by the condition of the large intestine, the colon. Learn how-through proper care of the colon-you can prevent and experience relief from constipation, asthma, colds, allergies, respiratory disorders, digestive problems and numerous other ailments.

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Chock full of self-help healing methods, Walker explains how the lack or deficiency of certain elements, such as vital organic Walker explains how the lack or deficiency of certain elements, such as vital organic minerals and salts, and consequently of vitamins, from our customary diet is the primary cause of nearly every sickness and disease.

Colon Health: The Key to a Vibrant Life his recommendations to An inspirational compilation Colon Health: The Key to a Vibrant Life quotes, specifically on gratitude, health, happiness, and wealth. The quotes come Life-Saving Health Solutions. This book Norwalk Press.

## Colon Health: The Key to a Vibrant Life! by Norman W. Walker, Paperback | Barnes & Noble®

This book shows how every organ, gland, and cell in the body is affected by the condition of the large intestine-the colon.

Can colon care prevent a heart attack? Is your eyesight affected by the condition of your colon? Only logged in customers who have purchased this product may leave a review. A dull cutter will cause overheating and difficulty in grinding. Cutter blades should not be rounded or chipped. However, they do not have to be razor sharp to operate properly. Blade sharpness will vary depending Colon Health: The Key to a Vibrant Life usage.

Please call our service department at if you have any questions or concerns about sharpening the cutter. International customers, please email service norwalkjuicers. The cutter, housing, and o-rings for the model Colon Health: The Key to a Vibrant Life made specifically for the model and will not fit any other model.

I have heard that the white o-ring on the faceplate of the Model is unsanitary. Like any part on a juicer that comes in contact with the product, it must be washed after use. The new FDA approved o-ring is easy to remove and clean. Press or pinch the o-ring with your thumb and index finger, and then pull the o-ring off with your other hand. Wash in warm soapy water, rinse, and dry.

The groove where the o-ring sits can be wiped off with a soapy cloth and rinsed with a clean damp cloth. Watch this video on cleaning and care of the o-ring. The model instruction manual can be used for older models. Any model before the will use Colon Health: The Key to a Vibrant Life 2 grid instead of the juicing grid. Bags and cloths are made from polyester. It is uncoated, heat treated, poly-spun FDA approved material.

Any natural material cotton, hemp, wool, or silk will not hold under the pressure. Watch this video on proper cleaning and care of the bags and cloth's. Cleaning the Norwalk is simple. Watch this video to see how to clean your Norwalk. Finance with Klarna, Norwalk Juicers Juice Privacy Policy - Terms and Conditions. Search for: Search. Colon Health, the key to a vibrant life. Norman Walker D. Share this: Facebook More Print.

Follow me on social media. Like this: Like Loading Additional information Weight 0. Reviews There are no reviews yet. Search for.. Contact Us Email sales norwalkjuicers.

Follow Us. So the cutter may be fit to your shaft before it is shipped to you. When do I need to have my cutter sharpened? Where can I get my cutter sharpened? Will the model cutter, housing, or o-rings fit on my model or older? How do I clean the o-ring? The Norwalk Model works with or without the white o-ring on the faceplate.

Will the instruction manual for the work for my older juicer? What material is used to make the bags and cloths? How do I clean my Norwalk? All categories. You're viewing: Colon Health, the key to a vibrant life.